

January - February 2024

Long Island Quilters' Society Newsletter

Dedicated to preserving the time-honored skill of quilting.

A MESSAGE FROM OUR PRESIDENT

Here we go 2024!

Thoughts from the New York Times 1/5/24 "6-Day Energy Challenge"

"entering a flow state, which is a period of intense focus that comes from being completely absorbed in an activity. Flow states occur when you're doing something challenging, but not so difficult that it's stressful...When you're in flow, time and self-consciousness melt away."

Isn't that the truth?

Common knowledge among crafters and artists, is that we find therapeutic benefits from the engaging projects that we create. Never mind the mess and clutter of our sewing spaces, frustration while learning a new technique, worry over the UFOs, searching for a specific quilty-thingy put away so safely we can't find it. Is it stressful? Sometimes, but nah, we get over it, as mistakes yield innovation.

Take comfort from the quilting experts who sagely advise us to keep at it. Several years ago at the LIQS workshop with Victoria Findlay Wolfe, she said, making light of a botched design, "there's always more fabric." At a lecture with Paula Nadelstern, I bought her (uber-challenging) kaleidoscope book, which she signed "when it comes to fabric, more is more." Never mind that years later we identify a fabric or tool - as "I'll never use that, what was I thinking?" Solution: respectful recycling. And move on.

Let's unwind from the holidays. Relax. Get 2024 going with immersive, meditative quilting. Try out a quick mini quilt for instant gratification, in this issue!

So little time, so many projects? Sew many scraps? The 2024 President's Challenge Log Cabin can help with that. See the announcement in this issue and get those logs rolling.

Sew... what else is new?

Here's to 2024, to good health and happy quilting,

- Emily Mann



LIQS 2024

PRESIDENT'S CHALLENGE LOG CABIN

Tried and true traditional block!

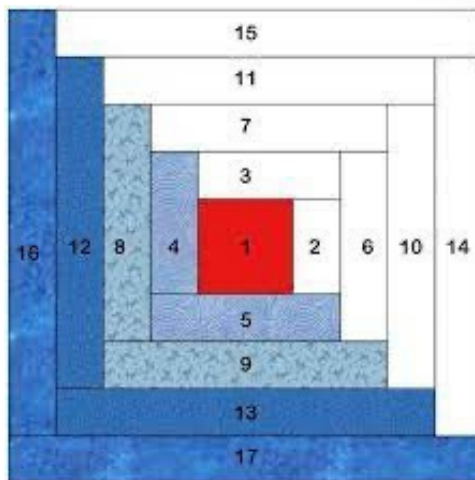
Make a dent in your scraps. Cut your strips.

Any shape, any style, any colors, any size, any layout. Centered, off-centered, traditional, modern, wonky. Roll out those logs. Assemble as desired.

LOOKING FOR IDEAS?

[Log Cabin Quilt Pattern Gallery](#)
[American Patchwork and Quilting](#)
[Creative Log Cabin Quilt Layouts](#)
[Log Cabin Modern](#)
[Quilt Social](#)

Be prepared to show
your work of art at the
June 2024 dinner.



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GUILD MEETINGS

JOIN US!

MEETING DATES & TIMES

January 22 - There will be no in-person January 2024 Meeting. The Board is currently working on scheduling an event. Watch your email for details.

February 12 - 10am - This February meeting is a two in one event. Attend the meeting and stay to sew with us to make lap quilts for charity.

Charity Meeting Details:

- Supplies: Fabric for Top, Back and Binding will be provided. See RSVP Form for what you'll need to bring.
- Lunch: A delicious lunch will be served to keep you energized throughout the day. Just remember to bring your preferred beverage.
- RSVP: To ensure we have enough supplies and meals for everyone, please **RSVP by January 31, 2024**

[CLICK HERE TO RSVP](#)

March 18 - 10am - TBA

April 15 - 6:30pm - TBA

May 20 - 10am - Brita Nelson - "Now You See It Now You Don't, Magic of Disappearing Blocks"

Location:

Freeport Recreation Center
130 East Merrick Road
Freeport, NY 11520

Dear Guild Member,

Your participation is key to making our guild vibrant and engaging! We invite you to join our upcoming guild meetings and events. Your unique perspective and ideas contribute to the success of our community. Let's make our gatherings even more enjoyable by having you there. See you at the next meeting!



Meetings are subject to change.
Watch your email for updates/changes.

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UPCOMING & SCHEDULED EVENTS

"Common Threads"

LIQS Hand Sewing Group

Coes Neck Park, 1240 Coes Neck Road Baldwin, NY 11510

Meetings are from 10am - 12pm.

January 24

February 14, 28

March 13, 27

April 10, 24

May 9, 22

June 12, 26

July 10, 24

August 14, 28

September 11, 25

October 9, 23

November 13, 27



No fee required. Whether you're a beginner or an experienced stitcher, you're welcome. We provide a spacious quilting workspace and a friendly community for all sewing enthusiasts. Explore different sewing topics each month or work on your own projects. Even if you usually use a sewing machine, but have some hand sewing to do, we invite you to join us for some great stitching company. For more info, contact Anna Hanrahan

"MAKING DISAPPEARING BLOCK SAMPLER"

WORKSHOP with BRITA NELSON

May 19th - 10am - Location TBA



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GUILD SPOTLIGHTS

Deborah Kircheim's Quilt Featured at Quilt Con 2024 Raleigh, NC:

We're proud to announce that Deborah Kircheim's quilt has been accepted into the prestigious Modern Quilt Guild Show, QuiltCon 2024 in Raleigh, NC - February 22-25. Out of 2,342 submissions, only 470 quilts were selected, making Deborah's inclusion a remarkable accomplishment.

Joanne Sorrentino's Quilt Advances to Semi-Finals:

Joanne Sorrentino's exquisite quilt has advanced to the semi-finals in the Large Appliqué Category at the upcoming Road to California Quilt Show (January 17-20, 2024). Congratulations to Joanne on this exceptional achievement. We wish her the best as her masterpiece joins the finest quilts on the showcase stage.

Highlights from LIQS Holiday Party:

The Holiday Party 2023 was a big hit, filled with joy, laughter, and delightful moments shared among 34 enthusiastic members. Our heartfelt thanks go to Judy Wollman and her dedicated committee, comprised of Haylee Grote, Mary Ellen Orchard, and Carole Brosnan, for orchestrating a fantastic evening. Attendees enjoyed a delicious dinner featuring an array of sandwiches, salads, and delectable desserts. The excitement peaked during the gift exchange, where 22 fabulous presents were swapped. The festivities continued with thrilling prizes, including a 50/50 cash winner, Mary Ann Bussey, that coincided with her birthday adding an extra layer of celebration. The event also featured 2 mystery boxes, 10 Gift Basket Raffles, and the grand finale - a Quilt Kit presented in a basket from Margot Cohen, which was claimed by the lucky Iris Battaglia. It was a night filled with warmth, camaraderie, and holiday spirit, leaving everyone with cherished memories. Here's to the success of the Holiday Party, and may the joyous memories linger throughout the coming year!

Mini Charm Hot Pad Challenge:

A big thanks to all who participated in the Mini Charm Hot Pad Challenge. Your entries brought joy and inspiration to our community. While Emily Mann claimed the prize, every submission was valued and appreciated. Stay tuned for more challenges that showcase your talents.

Community Quilt:

Seven members of the Common Threads sewing group are sewing applique blocks for the community quilt sponsored by North Shore Quilting that will be a part of the Smithsonian traveling exhibition, Voices and Votes: Democracy in America. More information and details on how you can participate can be found on [North Shore Quilting's website](#).

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LET'S BE SOCIAL

a place for chats, challenges and links

Have you found yourself losing your sewing mojo lately or struggling to find time to indulge in your favorite stitching activities? If so, you're not alone. Many of us go through phases where life gets busy, and our creative passions take a back seat.

The good news is, we've got just the thing to help you reignite that spark and get back into the swing of things – our **Monthly Foundation Paper Piecing Project!**

Here's how it works: each edition of the 2024 LIQS Newsletter, you will find 2 petite 2.25" x 3" finished block patterns featuring the most adorable seasonal motifs. It's the perfect size to fit into your busy schedule while still allowing you to savor the joy of quilting.

By the end of the year, you'll have 12 blocks ready to be assembled into a charming mini quilt that showcases your dedication and creativity. Imagine proudly presenting your finished masterpiece at one of our guild meetings – a tangible representation of your journey to reclaim your sewing mojo.

Join us in this exciting adventure and let the love for quilting flourish once again. The Monthly Foundation Paper Piecing Project is designed to be both therapeutic and rewarding, providing the perfect outlet for your creative energy.

Don't let your sewing machine gather dust any longer – dive into this monthly project and watch as your passion for quilting is rekindled. We can't wait to see the beautiful mini quilt you'll create!

Happy Quilting!



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MONTHLY FOUNDATION PAPER PIECING PROJECT

Supplies you'll need:

Printer/Paper

Fabric Scraps

Rotary Cutter and Mat

Add - A - Eighth Ruler

Optional:

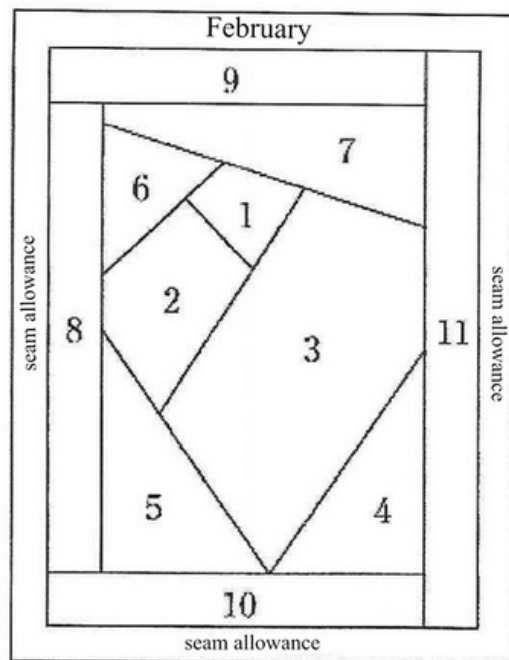
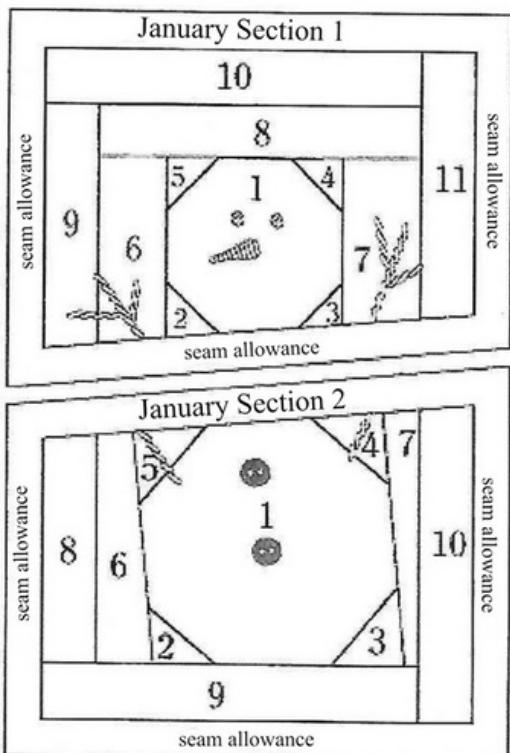
Embroidery Floss *

Beads & Buttons *



*Use embroidery floss, buttons, and beads to embellish the blocks.

If you're looking for a helpful guide on how to foundation paper piece, checkout this excellent tutorial: [Easy Paper Piecing](#) If you need a little extra help, feel free to reach out to Lisa Morrow.



1"

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BUSINESS SECTION

CORRECTION: We would like to bring to your attention a correction regarding the date of death of our beloved community member, Margot Cohen. In our previous newsletter, we inadvertently stated that Margot passed away on October 5. However, the correct date of her passing is October 19. We sincerely apologize for any confusion this may have caused and want to ensure that accurate information is shared within our community. Our thoughts and condolences continue to go out to Margot's family and friends during this difficult time.

JOIN OUR BOARD: Positions Available

LIQS Bylaws Committee is looking for two members to assist with the biennial Bylaws Revision. Please contact Deb Kircheim or Haylee Grote.

Nominations - 1 member needed. If you are eager to make a difference, please contact Emily Mann to be a part of our dynamic team.

EMERGENCY CONTACT: Please be sure your emergency contact information is up to date. See Kathy or Linda at the Membership sign-in table.

YOUR VOICE MATTERS: Your thoughts and feedback are important to us, and we want to hear from you! Please don't hesitate to share your suggestions, recommendations, or concerns with us through [LIQS Your Voice Matters](#).



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JUST FOR FUN!



Unscramble these Quilty Words

ESAM

LEIUAQPP

NNDIBIG

HATSS

CPNIIGE

SLVAGEE

FDOL

REIMT

ETPTLAME

IATSNBG

SHGSINA

BISA

RNIAG

TRCAHPOKW

RBERDO

TNTIBAG

AIBFCR

GINABCK

RADAYGE

November/December 2023 cryptogram ANSWER:

A quilt will warm your body and comfort your soul.



BIRTHDAYS!

Happy Birthday to our January and February-born guild members! May your day be filled with joy, laughter, and the warmth of beautiful fabrics. Here's to another year of stitching success! Cheers!



JANUARY BIRTHDAYS

Sharon Salkewicz, Isola Best, Karen Bowen, Cynthia Gray
Jane Ogilvie, Angela Quartararo,
Pat Roaldsen, Charlene Stinson, Kathleen Wideska, Mary Ann Crowley

FEBRUARY BIRTHDAYS

Carolyn Brendel, Liss Geraldi, Francine Hazel, Linda Huncharoff, Dorothy O'Sullivan, Barbara Poppe, Joan Rose, Madeline Richez, Nancy Gravina, Elizabeth Lubaszka

SUNSHINE & SHADOWS

Got a reason to celebrate or in need of support during challenging times? Whether it's a significant birthday, an anniversary, the arrival of a new bundle of joy, or the loss of someone dear, we're here for you. Connect with Carol Irwin directly to share your joy or seek support. Please leave a message and Carol will return your call.

CHARITY

Our charity coordinator Judy Wollman is seeking more lap quilts. These quilts should measure 45" x 65" and can be crafted in any color, fabric, or design that inspires you. If you have any questions or would like to contribute, please contact Judy.

Additionally, if you're in need of charity quilt patterns, they are readily available on LIQS.org. Click here for a collection of charity patterns: [Charity Quilt Patterns](#).

Your generosity in creating these quilts makes a significant difference. Thank you for your support!

Stay Connected

Newsletter: Don't miss out on our bi-monthly newsletter updates. To ensure it lands in your inbox and not your spam folder, please add our Editor Lisa Morrow's email to your trusted contacts. Stay in the loop with all things quilting and community news!

Website: Explore our digital hub at LIQS.org, managed by Evelyn Googe. Find inspiration in the "Gallery", discover charity quilt patterns

in the "Charity" section, access news, register for events and so much more!

E-mail: As a current member with a registered email, you'll receive important updates via email. Add LIQS Board Members to your safe contacts to avoid having these emails land in your spam/junk folder. Please notify us if you change your email.

Your engagement fuels our quilting community! We hope you'll stay connected.

Officers and Board of Directors

President: Emily Mann

1st VP: Madeline Richez

2nd VP: Debbie Kircheim

Evening Secretary: Nancy Gravina

Day Secretary: Stephanie DeMarco

Treasurer: Rosemary Brix

Member Workshops: Haylee Grote

Newsletter Editor: Lisa Morrow

Webmaster: Evelyn Googe

Charity: Judy Wollman

Co-Membership: Kathy Wideska

Co-Membership: Linda Huncharoff

Nominations: VACANCY

Sunshine & Shadows: Carol Irwin

Co-Ways & Means: Shirley Cox

Honorary Board Members

Margot Cohen

Kathy D'Amour

Paula Lederkramer

Janet Ratner

BOARD MEETINGS

MERRICK GOLF COURSE @ 6.45 P.M.

February 5, March 4, April 1,
May 6, June 3, July 1, August 5,
September 10, October 14,
November 4, December 2

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CLASSIFIED ADS

To place a classified ad (whether it's a wanted, donation, or sale), please get in touch with our Newsletter Editor. Ads will be featured in one newsletter issue and then removed.

FOR SALE: Arrow Gidget II Sewing Table is a fully collapsible workstation. The opening size is 23 1/2" W x 12 1/2" D. Table is 40 1/4" W x 19 3/4" D x 28 1/2" H.

Like New!

Price: \$100.00

Contact: Joanne Sorrentino

516-477-4524

mykittys42@gmail.com



HELP WANTED: Seeking to hire a skilled quilter to create a special quilt from my daughter's old T-shirts and sweatshirts from her travel volleyball team days for a birthday gift in mid-May.

Contact: Laura Bollett at laurabollet22@yahoo.com



Contact Us

Long Island Quilters' Society, Inc.

P.O. Box 75,

Merrick, New York 11566

www.liqs.org

The Long Island Quilters' Society, Inc. is a not-for-profit organization dedicated to furthering an interest in quilting, encouraging the preservation of our quilt heritage, and offering year-round instructional opportunities for its members. The society provides a meeting where quilters can support each other's growth and development. The membership year is from September 1 through August 31. Members receive a bi-monthly newsletter and are eligible to participate in workshops. Monthly meetings are held at the Freeport Recreation Center, 130 E. Merrick Road, Freeport, NY.