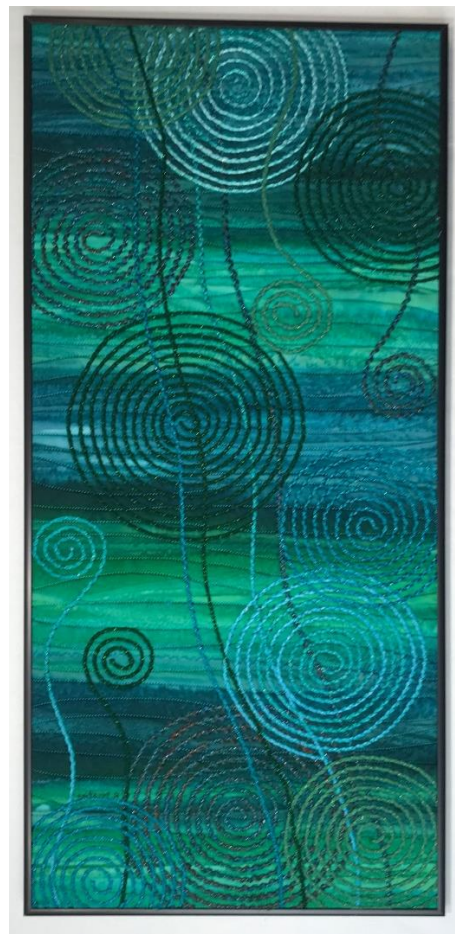


Spiral Quilt – Whole Cloth Couching

Materials List



Striped Batik – 38" x 18"

or you may use any fabric of your preference.

Backing, facing & sleeve – 1 yard

Batting – 38" x 18"

Stabilizer of your choice. I use Pellon 806 Stitch n' Tear – 38" x 18"

(We will be adding a layer of stabilizer into our quilt sandwich before basting it all together)

Thread – these are what I like to use but you may have your own favorites

Madeira – Super Twist #30 – 2 or more colors

Glide Thread

YLI Wonder Invisible Thread

Yarn

Assorted colors to match – 3 colors or more

Use worsted weight or use 2-3 strands together to match that weight

<https://www.paradisefibers.com/>

For those in Europe:

<https://www.yarn-paradise.com/>

Don't be afraid to try a variety of yarns

Fray Check by Dritz

Rotary Cutter and Mat

Scissors

Chalk Board Chalk or your marking tool of choice to mark curvy lines if you wish

Sewing machine with ability to zig zag stitch

Cording, open toe or couching foot: Bernina #21, #20, #1, or comparable foot for your brand of machine

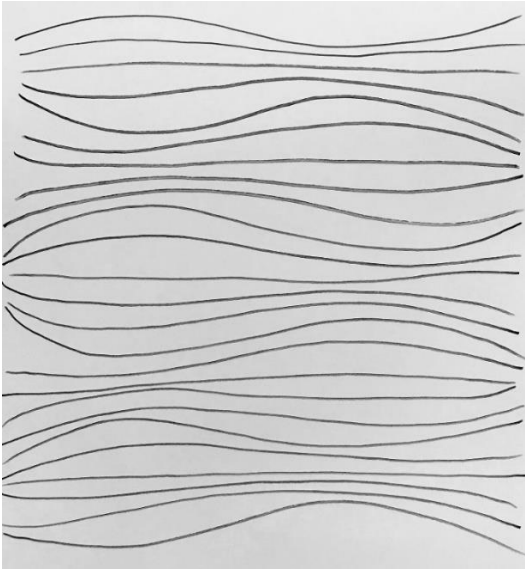
Walking foot for quilting.

In a 3 hour class you will do the following steps before arriving at class.

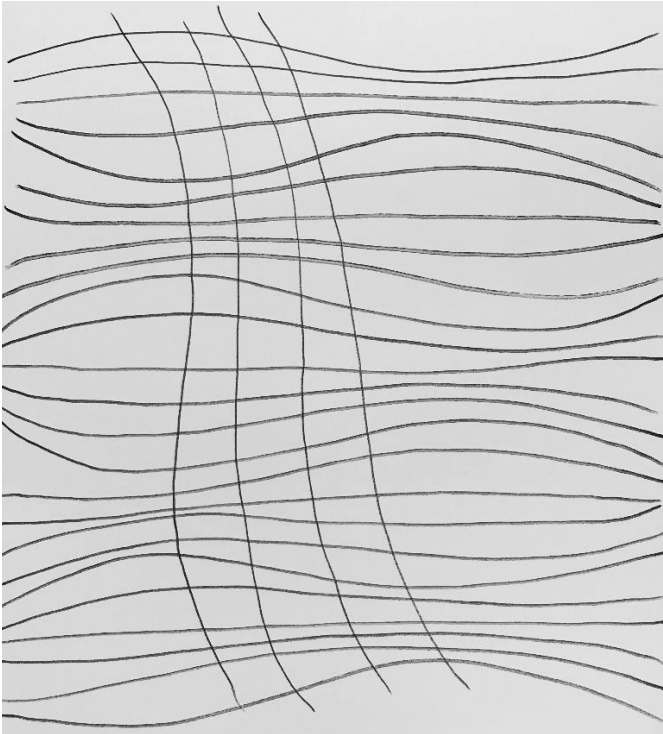
In a 6 hour class we will be doing these steps in class

We will be making a quilt sandwich of (top to bottom) batik stripe fabric, stabilizer, batting and backing. We will baste these layers together. For basting, use large hand or machine stitches to sew all the way around the outer edge of the quilt. Starting in the middle, stitch straight lines to top, bottom and each side of the quilt. If you wish to get a head start on the quilting you will have more time to focus on couching during class.

Below is my drawing for suggested wavy lines for quilting. These can be done using your walking foot:



Below are my suggested initial wavy lines for couching from top to bottom (we will be doing this in class):



Below are examples of a spiral and a fiddleheads we will be couching (in class):

