



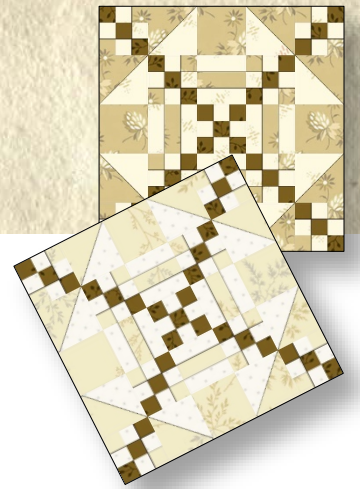
## Our Friendship Block:

**Block Size:** 15" x 15" fin. size (15-1/2" x 15-1/2" unfin.)

**Large Lap / Single Size:** 12 blocks – Make 1 block each week.

**Queen Size:** 25 blocks – Make 2 blocks each week plus 1 block.

**Finished Quilt sizes:** Large Lap/Single: 67" x 85" OR Queen: 103" x 103"



## A quick word from me:

The goal to a 'sew along' project is to sew one or two blocks each week – a very fun, no-rush, manageable project. There will be those that rush through it, no doubt and some (like me) will work slower and catchup later. Whichever way, you like to get the job done is all good to me! My wish is for you to enjoy and have fun with this project and at your own pace – truly no pressure here. No, I have NOT completed the quilt ahead of you! I will be sewing right along with you keeping up (or trying to) with this challenge. The goal is to make the blocks over 12 weeks, and on the 13<sup>th</sup> week I will be providing the instructions for the quilt setting and borders to finish your quilt.

Our *Friendship* quilt blocks (also known as *Queen's Crown*) are a larger size at 15-1/2" unfin. and involve several different pieced units within, making it fun to do. **Only 2 fabrics plus the POP fabric will be selected each time you make a block.** For each block, you will pair 1 fabric from the Lightest Creams and 1 fabric from either the Medium Creams OR the Darkest Creams (but not both) and always the POP fabric. Important - when choosing these two Cream fabrics make sure there is a value contrast between them so the piecing will show. If you step back, squint and cannot see a difference between the two chosen fabrics – pick again!

When all of the blocks are completed you should have an equal number made using the Medium Creams and the Darkest Creams except for the queen size quilts – you will make a 'plus one' block of your choice, medium or dark.

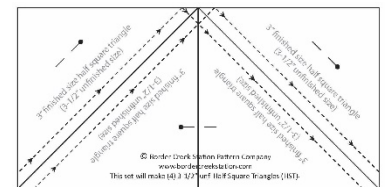


**Planning Ahead:** Pair each of the Medium Creams and each of the Darkest Creams with one of Lightest Creams before beginning. In this manner each pair will have the right amount of value difference.

## A quick word about Techniques:

I have designed the *Sew Easy Triangle* paper to use for easy and perfect half square triangles every time. A special package of this preprinted paper can be purchased from our webstore. I will be providing instructions for using our product, as well as, a traditional method. Yes, you can use a different technique to make your half square triangles just make sure the cutting fits into fabric requirements given.

**Please note:** I cannot guarantee fabric amounts with other techniques. Please add yardage if you are using another method and are unsure how much it will take.



Border Creek Station Pattern Company

• [www.bordercreekstation.com](http://www.bordercreekstation.com) •

## Fabric Requirements:

These fabric requirements are provided for two different quilt sizes as designed.

The fabric selections are based on the VALUE of fabrics and in this case, specifically all creams placed in three groups - the lightest, the mediums and the darkest of creams. If you are using fabrics with colour, they should also be sorted by value following this same concept.

### PLEASE READ THROUGH ALL INSTRUCTIONS BEFORE CUTTING

#### Please Note:

- Use an accurate scant 1/4" seam allowance throughout this project unless specified.
- Starch or Best Press® fabrics before cutting for easier handling. I highly recommend to spray all fabrics and let them dry (to prevent size distortion) then press and cut as instructed.
- Drawn diagrams do not show seam allowances – do not trim to match diagram.

The Block Fabric Set:	Fabric size:	Large Lap / Single Size:	Queen Size:
The Lightest Cream Group	<u>Each</u> piece: 9" x 42" WOF	12 pcs.	25 pcs.
The Medium Cream Group	<u>Each</u> piece: 7" x 42" WOF	6 pcs.	13 pcs
The Darkest Cream Group	<u>Each</u> piece: 7" x 42" WOF	6 pcs.	13 pcs

The Quilt Setting:	Large Lap / Single Size:	Queen Size:
<b>The POP Fabric and Binding:</b> The Coffee or Chocolate Drizzle	1.5m or 1-5/8 yds	2.4m or 2-5/8
<b>Background:</b> The Luscious Whipped Cream	2.8m or 3-1/4yds.	4.0m or 4-3/4yd.

## Cutting Requirements:

Each block requires:

- the POP fabric
- (1) Lightest Cream fabric
- (1) of either Medium Cream fabric or Darkest Cream fabric

Each fabric will only be used once – in one block except the POP fabric which is used in every block.

Use the following Cutting Charts (on the next page) for the cut sizes of the pieces required to make the units that will create this block.

Please refer to the cutting diagrams (below the Cutting Charts) for the Cream Groups to indicate the best placement for the cutting.



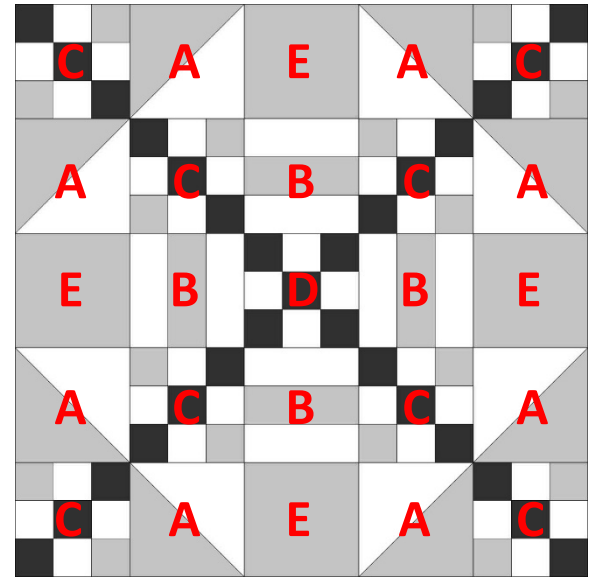
# The Cutting Charts:

## For EACH Block:

This cutting chart uses the *Sew Easy Triangle* paper to establish the cut sizes. If you prefer a different method, please refer to that specific technique to cut as required.

From the Lightest Creams	Cut Size:	# of pcs.
<b>A: HSTs</b>	4-1/2" x 8-1/2"	2 pcs.
<b>B</b>	1-1/2" x 15"	2 pcs.
<b>C</b>	1-1/2" x 25" 1-1/2" x 13"	1 pc. 2 pcs.
<b>D</b>	1-1/2" x 3-1/2" 1-1/2" x 1-1/2"	1 pc. 2 pcs.

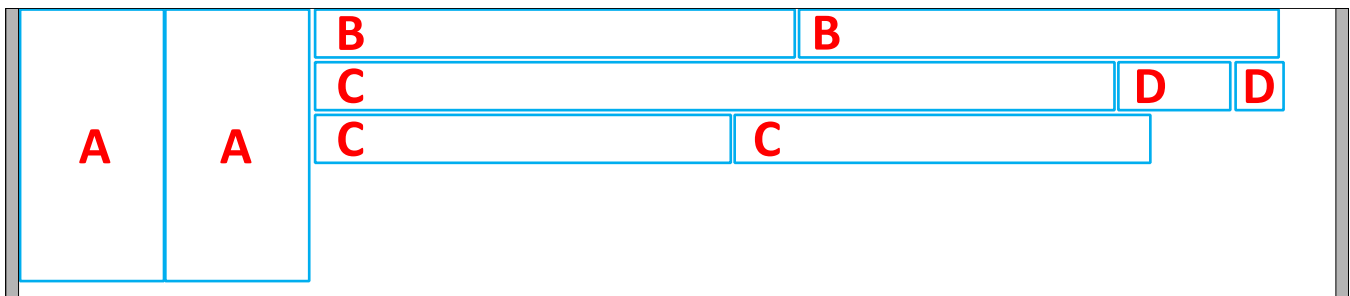
From the Medium Creams OR Darkest Creams	Cut Size:	# of pcs.
<b>A: HSTs</b>	4-1/2" x 8-1/2"	2 pcs.
<b>B</b>	1-1/2" x 15"	1 pc.
<b>C</b>	1-1/2" x 25"	1 pcs.
<b>E</b>	3-1/2" x 3-1/2"	4 pcs.



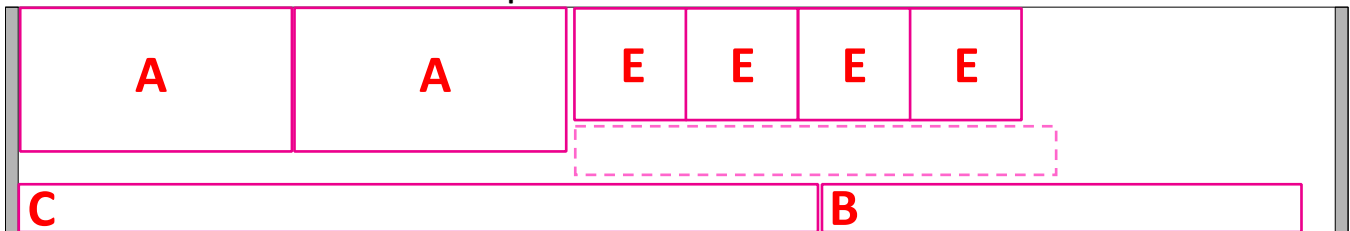
From the POP Fabric	Cut Size:	# of pcs.
<b>C and D</b>	1-1/2" x 42" WOF	Cut strips as needed, subcutting as directed for each unit.

# The Cutting Diagrams:

## For the Lightest Cream Group – 9" x 42" WOF



## For the Medium and the Darkest Cream Group – 7" x 42" WOF



**Note:** The dashed rectangle represents an optional cut placement for B if the fabric piece is short of the 40" required.



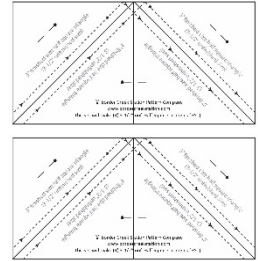
# A: Making the Half-Square Triangles

To make the 3" finished size (3-1/2" unfinished size) HSTs: **Please select your preferred method.**

## Method 1: Using our *Easy Half Square Triangle Paper*

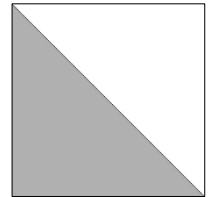
This method requires two printed unit for each *Friendship* block. Each printed unit makes (4) HSTs.

<b>For A:</b>	<b>To make (8) units:</b>
<b>From the Lightest Cream Group</b>	Use (2) 4-1/2" x 8-1/2" pcs.
<b>From the Medium Cream Group</b> <b>Or</b> <b>From the Darkest Cream Group</b>	Use (2) 4-1/2" x 8-1/2" pcs.



Using our *Sew Easy Triangle Paper* provides a stable foundation for quick stitching and easily tears away for perfect Half Square triangles. These are included in the Sew Along Printed Foundation Package.

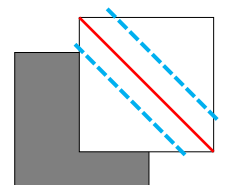
1. With paper scissors trim printed *Sew Easy Half Square Triangle* units 1/8" larger than the outside solid printed line. Fabric will be cut larger than the measurement of the paper product. This is important to be accurate.
2. **With the LIGHTER fabric piece on top, place fabric pieces right sides together.** Position one printed *Sew Easy HST* unit on top, printed side up and pin to secure in the open areas of the paper. Repeat for the remaining fabric pieces to prepare for stitching.
3. With pinned units at the sewing machine, use a shorter stitch length (i.e. 1.8 to 2.0 machine setting) and begin stitching on the dashed lines marked on the paper. There is no need to backstitch. Remove pins. Remember to chain piece!
4. With rotary cutter carefully trim the outside edges of fabric to match the SOLID printed lines of the paper and then cut on all remaining solid lines to separate the HSTs.
5. With paper still attached, open up HSTs and press seam allowance to the darker of the two fabrics. Clip wings and then carefully remove all paper. Voila – perfectly sized 3-1/2" x 3-1/2" unfinished size HSTs!



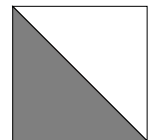
<b>This will make:</b>	(8) 3-1/2" x 3-1/2" Half Square Triangles.
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## Method 2: Traditional Method for Half Square Triangles

<b>For Unit A:</b>	<b>To make (8) units:</b>
<b>From the Lightest Cream Group</b>	Cut (4) 4" x 4" pcs.
<b>From the Medium Cream Group</b> <b>Or</b> <b>From the Darkest Cream Group</b>	Cut (4) 4" x 4" pcs.



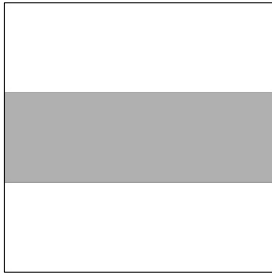
1. With a pencil lightly mark on the wrong side of the **LIGHTER fabric** squares **diagonally from corner to corner** as shown by the **solid red line** in the diagram.
2. With right sides together, place marked **LIGHTER fabric** square on top of the **Medium or Darkest Cream** square. As per the **blue lines** (shown in diagram) stitch a scant 1/4" away from drawn line. Cut apart on the RED solid line as shown. Open and press to the DARKER fabric as indicated by the arrow. This will make 2 identical HSTs from each of the sewn square pairs. Repeat with the other paired squares to make 8 identical HSTs.



- Once complete these blocks should measure 3-1/2" x 3-1/2" unfinished. At this point I always trim the units to size by aligning the 45-degree line on the ruler over the diagonal center seam, aligning ruler markings of 3-1/2" with the outside edges and trim to tidy, rotating block to complete all four sides.

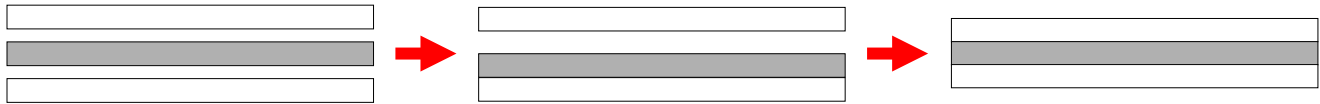
<b>This will make:</b>	(8) 3-1/2" x 3-1/2" Half Square Triangles.
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## B: Making The Rails

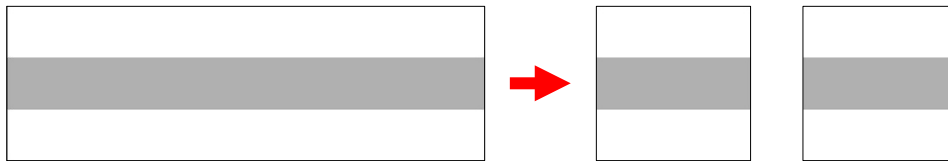


<b>For B:</b>	<b>To make (4) units:</b>
<b>From the Lightest Cream Group</b>	Use (2) 1-1/2" x 15" pcs.
<b>From the Medium Cream Group</b> <b>Or</b> <b>From the Darkest Cream Group</b>	Use (1) 1-1/2" x 15" pc.

- Lay out join (2) 1-1/2" width **Lightest Cream** strips on either side of (1) 1-1/2" width strip **Medium or Darkest Cream** strip as shown.
- Along the length, join the first two strips together. Press seam carefully to the darker fabric. Trim to tidy the width of the **Medium or Darkest Cream** strip, which is soon to be the center strip, by placing the ruler along the sewn seam measuring 1-1/4" wide from the sewn seam to the raw edge. Trim to tidy along the long raw edge.
- Now join the remaining (1) 1-1/2" width **Lightest Cream** strip to the trimmed edge of the center strip. Press seam towards the darker center strip. This sewn strip should now measure 3-1/2" wide x 15". Using the same method, trim to tidy the width of each **Lightest Cream** strip.



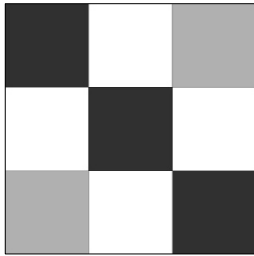
- Subcut into (4) 3-1/2" x 3-1/2" sections. While subcutting, align ruler markings to the horizontal seam to keep cuts straight (at 90-degrees) and cut carefully.



<b>This will make:</b>	(4) 3-1/2" x 3-1/2" Rail units.
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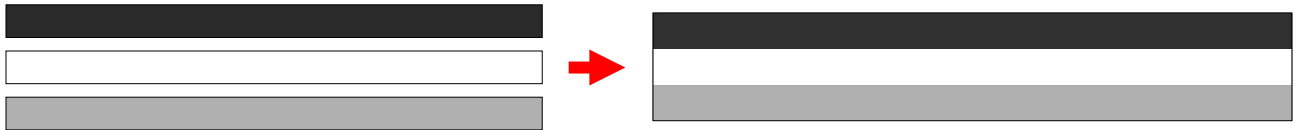
# C: Making the Nine Patch Blocks



For C:	To make (8) units:
From the POP Fabric	(1) 1-1/2" x 25" pc. (1) 1-1/2" x 13" pc.
From the Lightest Cream Group	(1) 1-1/2" x 25" pc. (2) 1-1/2" x 13" pc.
From the Medium Cream Group Or From the Darkest Cream Group	(1) 1-1/2" x 25" pc.

## Step 1: With the 25" length pieces

1. Lay out and join (1) 1-1/2" x 25" **POP fabric** strip, (1) **Lightest Cream** strip and (1) **Medium or Darkest Cream** strip in the order as shown in the diagram below.
2. Along the length, join the first two strips together. Press seam carefully to the darker fabric. Trim to tidy the width of the **Lightest Cream** strip. Trim to tidy the width of this (soon to be) center sewn strip by placing the ruler along sewn seam measuring 1-1/4" wide from the sewn seam to the raw edge. Trim to tidy along the raw edge.
3. Now join the (1) 1-1/2" width **Medium or Darkest Cream** strip to the trimmed edge of the center strip. Press seam to the outside darker strip. This sewn strip should now measure 3-1/2" wide x 25". Using the same method, trim to tidy the width of outside strips.



4. Subcut into (16) 1-1/2" x 3-1/2" sections. While subcutting, align ruler markings to the horizontal seam to keep cuts straight (at 90-degrees) and cut carefully.

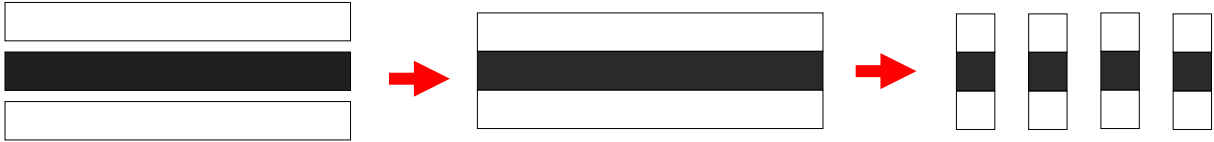


<b>This will make:</b>	(16) 1-1/2" x 3-1/2" units.
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**Step 2: With the 13" length pieces**

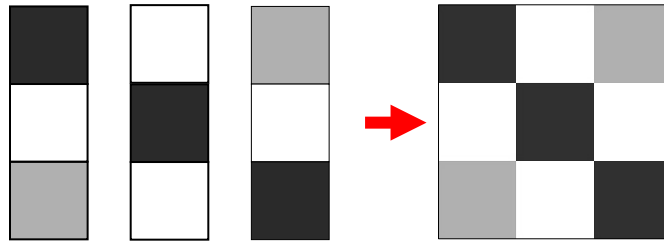
- Using the same method as above, lay out and join (2) 1-1/2" width **Lightest Cream** strips on either side of (1) 1-1/2" width strip **POP fabric** strip as shown. Trim width of sewn strips as before. Press seams to the inside POP fabric strip, and subcut into (8) 1-1/2" x 3-1/2" sections.



<b>This will make:</b>	(8) 1-1/2" x 3-1/2" units.
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**Step 3: Joining the Units**

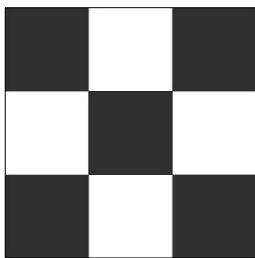
- Using the subcut units from above, layout join pieces together carefully as shown to make *Nine-Patch* units. Watch the position of the POP fabric when joining the pieces together. Press seams towards the outside edge of the block. This will relieve the excess bulk.



- Continue to make all (8) of the *Nine-Patch* blocks. These blocks should measure 3-1/2" x 3-1/2" unfin. Trim to tidy edges.

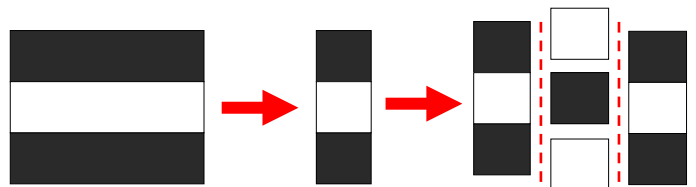
<b>This will make:</b>	(8) 3-1/2" x 3-1/2" Nine-Patch blocks
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**D: Making the Center Nine Patch Block**



For B:	To make (8) units:
From the POP Fabric	(2) 1-1/2" x 3-1/2" pcs. (1) 1-1/2" x 1-1/2" pc.
From the Lightest Cream Group	(1) 1-1/2" x 3-1/2" pc. (2) 1-1/2" x 1-1/2" pcs.

- Using the same method as before, join the strips as shown, press seams to the darker fabric, and trim width to tidy as before. Then subcut into (2) 1-1/2" sections.
- Lay out the cut pieces and join all together carefully as shown to make center *Nine-Patch* unit.



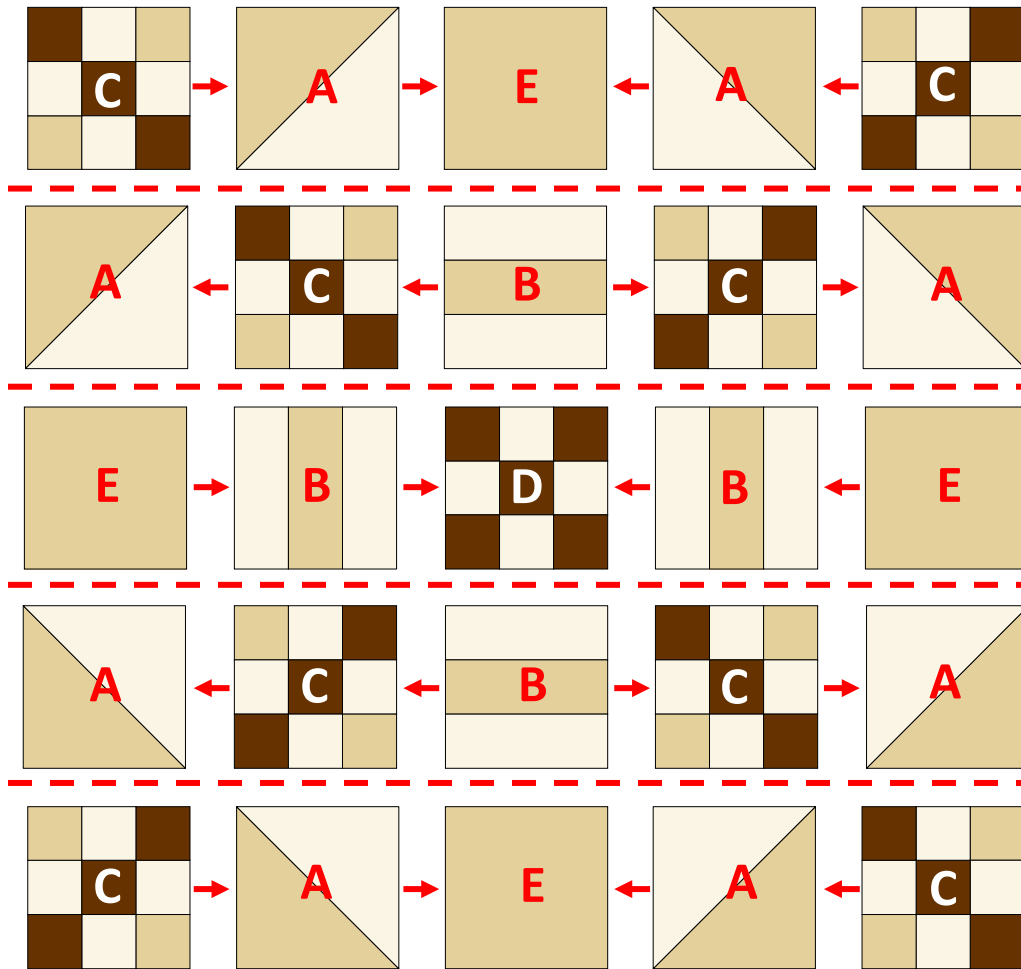
<b>This will make:</b>	(1) 3-1/2" x 3-1/2" Center Nine-Patch block
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# The Friendship Block Assembly:

1. Referring to the block diagram, carefully lay out the cut and sewn pieces to make the *Friendship* block. Make sure the HSTs and the Nine-Patches have been positioned correctly to create the secondary pattern within the block – they can be tricky and who wants to ‘reverse sew’?
2. With a 1/4” seam allowance, join the pieces together in their horizontal rows as shown. Press seams as shown by the arrows.
3. Now join the horizontal rows together to assemble the block. Press seams as shown by the arrows.
4. This block should measure 15-1/2” x 15-1/2” unfinished. Trim to tidy edges, if necessary.
5. Are you making a queen size? Sew your additional block for this week.



**This will make:** (1) 15-1/2” x 15-1/2” unfin. size *Queen’s Crown* block

*Thank you for sewing along with me on this adventure!*

Don’t forget to join our Facebook Group to share your progress and meet other quilters around the world who are also working along with you!

