



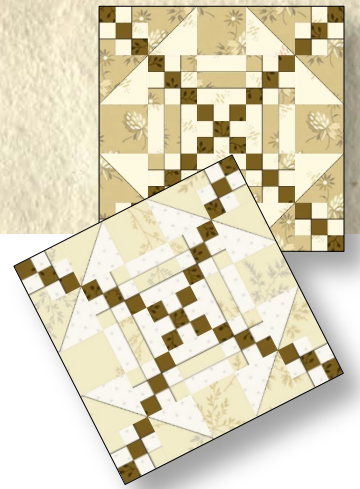
Finishing Instructions:

Block Size: 15" x 15" fin. size (15-1/2" x 15-1/2" unfin.)

Large Lap / Single Size: 12 blocks – Make 1 block each week.

Queen Size: 25 blocks – Make 2 blocks each week plus 1 block.

Finished Quilt sizes: Large Lap/Single: 67" x 85" OR Queen: 103" x 103"



A quick word about the layout:

This year the quilt has been designed with a 'straight-set' layout with sashing and lovely pieced cornerstones that continue the secondary design created within the blocks. This is where the Background Fabric will be used. Many of you have been asking why we haven't used it to date. Well, because that is how I designed it – lol! This is the setting to frame all of your lovely blocks and since we used some very light tonal colours, the setting needs to still enhance the blocks, so it is lighter than the other fabrics used. I am providing the detailed instructions for this layout and borders **BUT you are welcome to use whatever layout and setting design you wish – they are YOUR blocks!**

PLEASE READ THROUGH ALL INSTRUCTIONS BEFORE CUTTING

Please Note:

- Use an accurate scant 1/4" seam allowance throughout this project unless specified.
- Starch or Best Press® fabrics before cutting for easier handling. I highly recommend to spray all fabrics and let them dry (to prevent size distortion) then press and cut as instructed.
- Drawn diagrams do not show seam allowances – do not trim to match diagram.

Making the Cornerstone Blocks:

Please refer to the detailed instructions and diagrams for your specific quilt size.



The Cornerstones:

For the Cornerstones	Large Lap /Single Size:	Queen Size:
Background Fabric: The Luscious Whipped Cream	Cut (4) 1-1/2" x 42" WOF Strips	Cut (6) 1-1/2" x 42" WOF Strips
The POP Fabric: The Coffee or Chocolate Drizzle	Cut (4) 1-1/2" x 42" WOF Strips	Cut (8) 1-1/2" x 42" WOF Strips

Step 1:



Background Fabric: The Luscious Whipped Cream	
Lap/Single Size:	Use (2) 1-1/2" x 42" WOF strips Cut (1) strip (of the 2) in half to make 2 pieces.
Queen Size:	Use (3) 1-1/2" x 42" WOF strips

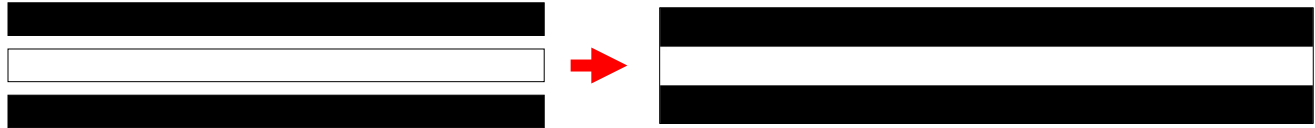


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The POP Fabric: The Coffee or Chocolate Drizzle	
Lap/Single Size:	Use (3) 1-1/2" x 42" WOF strips Cut (1) strip (of the 3) in half to make 2 pieces.
Queen Size:	Use (6) 1-1/2" x 42" WOF strips

1. Lay out and join (2) 1-1/2" x 42" WOF **POP fabric** strips and (1) **Background Cream** strip in the order as shown in the diagram below.



2. Along the length, join the first two strips together. **Press seam carefully to the darker fabric.** Trim to tidy the width of the center **Background Cream** strip. Trim to tidy the width of this (soon to be) center sewn strip by placing the ruler along sewn seam measuring 1-1/4" wide from the sewn seam to the raw edge. Trim to tidy along the raw edge.
3. Now join the remaining (1) 1-1/2" width **POP fabric** strip to the trimmed edge of the center strip. **Press seam to the outside darker strip.** This sewn strip should now measure 3-1/2" wide x 42" WOF. Using the same method, trim to tidy the width of **both** outside strips.
4. Subcut into (27) 1-1/2" x 3-1/2" sections (you might get as many as 28 pcs. – that is fine, too. Just count and refer to your total number of pieces required). While subcutting, align ruler markings to the horizontal seam to keep cuts straight (at 90-degrees) and cut carefully.



5. Repeat with the remaining cut strips as noted in the chart above for the size of quilt that you are making. For the Lap/Single size sew together the half strips using the same instructions (a whole strip was not required).

Total Yield	
Lap/Single Size:	40 pcs.
Queen Size:	72 pcs.

Step 2:

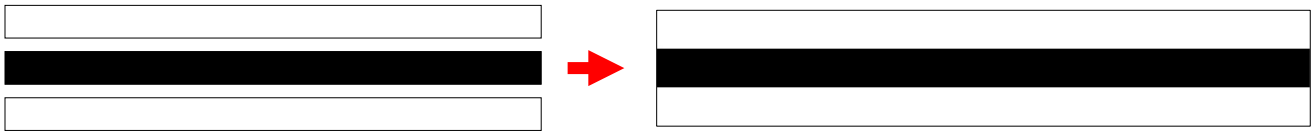


Background Fabric: The Luscious Whipped Cream	
Lap/Single Size:	Use (2) 1-1/2" x 42" WOF strips
Queen Size:	Use (3) 1-1/2" x 42" WOF strips Cut (1) strip (of the 3) in half to make 2 pieces.

The POP Fabric: The Coffee or Chocolate Drizzle	
Lap/Single Size:	Use (1) 1-1/2" x 42" WOF strips
Queen Size:	Use (2) 1-1/2" x 42" WOF strips Cut (1) strip (of the 2) in half to make 2 pieces.



1. Lay out and join (2) 1-1/2" x 42" WOF **Background Cream** strips and (1) **POP fabric** strip in the order as shown in the diagram below.



2. As with the previous strips, join the first two strips together. **Press seam carefully to the darker fabric.** Trim to tidy the width of the center **POP fabric** strip. Trim to tidy the width of this (soon to be) center sewn strip by placing the ruler along sewn seam measuring 1-1/4" wide from the sewn seam to the raw edge. Trim to tidy along the raw edge.
3. Now join the remaining (1) 1-1/2" width **Background Cream fabric** strip to the trimmed edge of the center POP strip. **Press seam to the center darker strip.** This sewn strip should now measure 3-1/2" wide x 42" WOF. Using the same method, trim to tidy the width of **both** outside strips.
4. Refer to the number of pieces required and subcut into 1-1/2" x 3-1/2" sections. While subcutting, align ruler markings to the horizontal seam to keep cuts straight (at 90-degrees) and cut carefully.

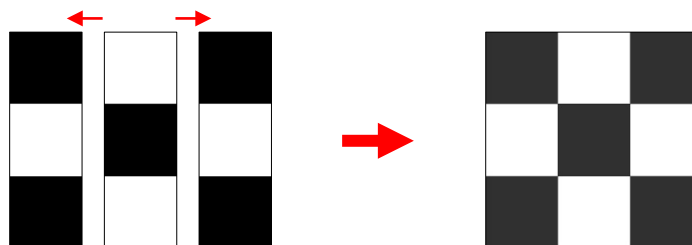


6. Repeat with the remaining cut full length as noted in the chart above for the size of quilt that you are making. For the Queen size sew together the half strips using the same instructions (a whole strip was not required).

Total Yield	
Lap/Single Size:	20 pcs.
Queen Size:	36 pcs.

Step 3: Joining the Units

1. Using the subcut units from above, layout and then join pieces together carefully as shown to make *Nine-Patch* Cornerstone units. Press seams towards the outside edge of the block as shown by the red arrows. This will relieve the excess bulk.



2. Continue to make all of the *Nine-Patch* blocks required. These blocks should measure 3-1/2" x 3-1/2" unfin. Trim to tidy edges.

Total Yield	
Lap/Single Size:	20 blocks
Queen Size:	36 blocks



The Quilt Assembly

Cutting the Sashing

For the Sashing	Large Lap /Single Size:	Queen Size:
Background Fabric: The Luscious Whipped Cream	Cut (3) 15-1/2" x 42" WOF Strips	Cut (5) 15-1/2" x 42" WOF Strips
	Subcut each strip for a total of: (31) 3-1/2" x 15-1/2" pcs.	Subcut each strip for a total of: (60) 3-1/2" x 15-1/2" pcs.

Note: For the Queen Size if this does not yield the total number of pieces required, cut (1) strip 3-1/2" x 42" WOF and subcut into 15-1/2" lengths.

- Using a design wall or large surface will make the assembly of the quilt center easier. Carefully lay out the blocks, sashing and cornerstones as they will be placed in the quilt center. As it pleases you, alternate the placement of the lighter and the darker *Friendship* blocks.
- Follow the Quilt diagram guide on the following page for the size of quilt that you are making.
- Begin by carefully joining the blocks, sashing and cornerstones within their respective horizontal rows. Pin carefully with right sides together, matching edges, seams and block corners. Stitch carefully with 1/4" seam, guiding the seam so any points will not be cut off short.
- Press seams towards the sashing** to relieve bulk but watch for shadowing. Shadowing is when the seam allowance is pressed towards a lighter fabric (like the sashing) but from the front of the quilt, the darker fabric of the seam allowance can be seen causing an unsightly darker shadow. This can be fixed by trimming the seam allowance of the darker fabric back just a bit so that it does not extend farther than the lighter one.
- Return each sewn and pressed row back to its original position within the layout and repeat this procedure with remaining blocks to make all horizontal rows as shown.
- Now join together the sewn horizontal rows to assemble the entire quilt center. With right sides together, join rows by pinning to secure at matching seams, centers, and points for the entire row before stitching. Sew carefully.
- Pressing these long seams can be a bit tricky. Press seams towards the sashing to relieve bulk but watch for shadowing. Seams may be 'twisted' at the cornerstones to relieve bulk. Once joined this will form the quilt center as per the diagram for your quilt size.

Quilt Center Layout:

The Lap/Single size: 3 blocks per Row with Sashing between blocks. Make 4 block rows, alternating the placement of the lighter and the darker *Friendship* blocks. Place Sashing and Cornerstone rows between, as shown. Once sewn the quilt center should measure 57-1/2" x 75-1/2" unfinished.

The Queen size: 5 blocks per Row with Sashing between blocks. Make 5 block rows, alternating the placement of the lighter and the darker *Friendship* blocks. Place Sashing and Cornerstone rows between as shown. Assembled the quilt center should measure 93-1/2" x 93-1/2" unfinished.

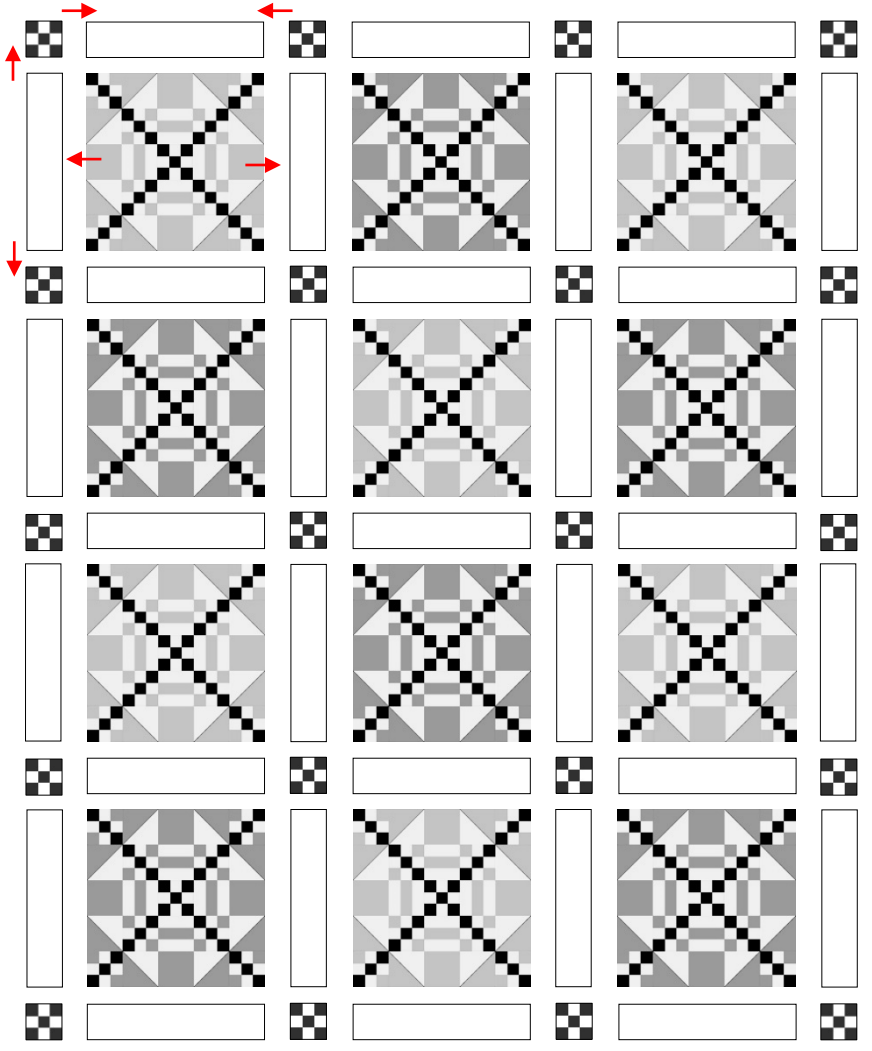
Please refer to the assembly diagram on the next page for both sizes.



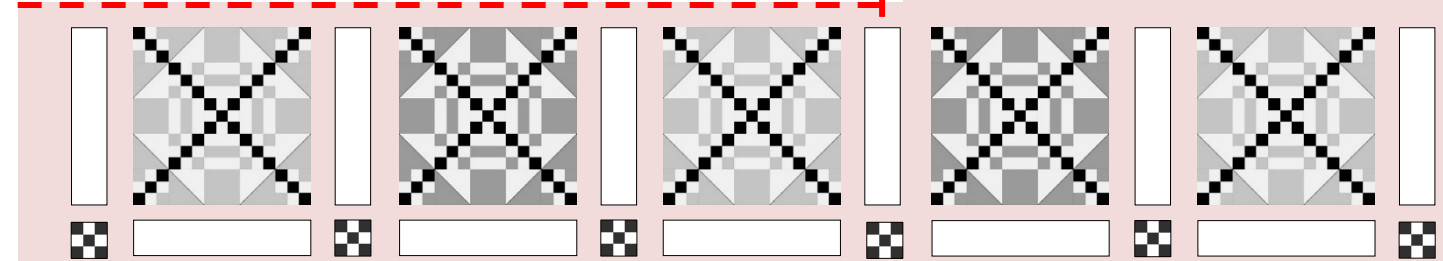
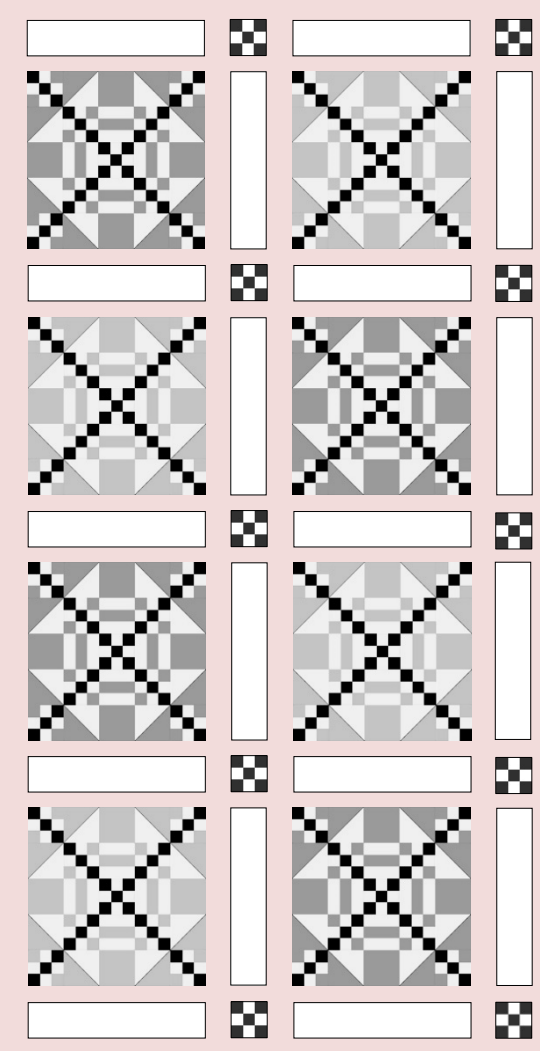
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Lap/Single Size:



Queen Size:



Adding The Borders

Please read through the "General Border Instructions" below... For the purpose of this quilt design all borders will be joined by establishing and keeping consistent the joining of the borders LEFT & RIGHT first, then the TOP & BOTTOM.

When you are adding a plain border to the quilt top:

1. Fabric for plain border strips will be cut longer than actual measurement required. Strips will be joined end to end to obtain length where indicated with seams pressed open.



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2. Fold the border strip in half end to end and mark or pin to indicate the center. Measure out from center, half of the measurement needed for the length of the quilt side and mark. Repeat for the other end.
3. Find the middle of the quilt side and with right sides together and edges even, match centers of border strip to quilt center and pin. Now match the outer markings to the edges of the quilt; these should line up at the very edge of the quilt. Do not trim excess fabric yet. Pin along edge to secure border to quilt top.
4. Join border strips to quilt center by carefully stitching with a 1/4" seam allowance. Be careful of any points in the quilt center's blocks. Border ends will be loose and floppy - do not trim.
5. Press seams to this plain border or as instructed. Trim the excess fabric from the attached border strips by laying the quilt top flat. Use a longer ruler (6" x 24") and place along the quilt using the sewn seam on a ruler line to ensure the outside corner edge is 90-degrees. This will keep the corners square. Now carefully trim any excess fabric off the ends.

Cutting the Border

For the Borders	Large Lap / Single Size:	Queen Size:
Background Fabric: The Luscious Whipped Cream	Cut (8) 5-1/2" x 42" WOF Strips	Cut (11) 5-1/2" x 42" WOF Strips

Large Lap / Single Size:

Left & Right and Top & Bottom Borders:

- Join the short ends of (2) 5-1/2" x 42" strips to make one longer strip. Press seams open. Repeat to make a total of (4) strips.
- Following the *General Border Instructions*, attach (2) longer border strips to the quilt center LEFT & RIGHT sides. Press seam to this border. Trim ends even with quilt top.
- Repeat from above and attach the remaining (2) longer border strips to the quilt center TOP & BOTTOM sides.

Quilt should measure:

Large Lap / Single Size:	67-1/2" x 85-1/2" unfinished.
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Queen Size:

Left & Right Borders:

- Cut (1) 42" strip in half to make (2) 21" length strips.
- Join the short ends of (1) 5-1/2" x 21" half strip and (2) 5-1/2" x 42" strips to make one longer strip. Press seams open. Repeat to make a total of (2) strips.
- Following the *General Border Instructions*, attach (2) longer border strips to the quilt center LEFT & RIGHT sides. Press seam to this border. Trim ends even with quilt top.

Top & Bottom

- Join the short ends of (3) 5-1/2" x 42" strips to make one longer strip. Press seams open. Repeat to make a total of (2) strips. Repeat from above and attach the remaining (2) longer border strips to the quilt center TOP & BOTTOM sides.

Quilt should measure:

Queen Size:	103-1/2" x 103-1/2" unfinished.
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Quilting & Finishing:

1. Prepare backing fabric and layer with batting. Backing and batting should be at least 10" to 12" larger than the quilt top.
2. Baste quilt top, backing and batting layers to prevent any shifting during the quilting process.
3. Using the quilting method of your choice, the quilt can now be quilted.

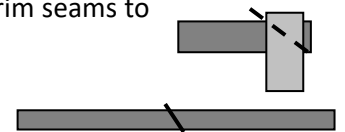
Adding the Binding:

I prefer a continuous binding method and cut the fabric on the cross-grain (from selvedge to selvedge) for straight sided quilts such as this.

1. Lay quilted quilt on a flat surface and using the long ruler, trim the excess batting and backing 1/4" larger from quilt top. Make sure all quilt corners are perfect 90-degrees.

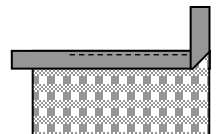
The POP Fabric: The Coffee or Chocolate Drizzle	
Cut 2-1/4" wide strips x 42" WOF (or preferred width of 2-1/2" for binding)	
Lap/Single Size:	Cut 8 strips
Queen Size:	Cut 11 strips

2. From the binding fabric, cut the number of required strips from selvedge to selvedge 2-1/4" wide (or a preferred width of 2-1/2" for binding). Join all strips together as per diagram using a 45-degree seam. Trim seams to 1/4" and press open.

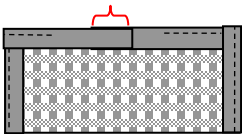
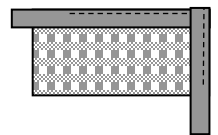


3. With right sides out, fold and press sewn binding strips in half lengthwise, matching raw edges.

4. Leaving a 7" binding tail and matching raw edges to quilt top, begin along one side and sew binding to the quilt's edge using walking foot and 1/4" seam allowance. Stop sewing 1/4" from corner of quilt. Remove quilt from the machine and miter at corners by folding strip up (vertically) making a 45-degree angle on corner, pin. Bring binding straight back down, folding so this new fold is at the outer edge of the quilt and raw edges are now even with the next side and pin. Begin sewing from the outside edge a 1/4" seam along this new side.



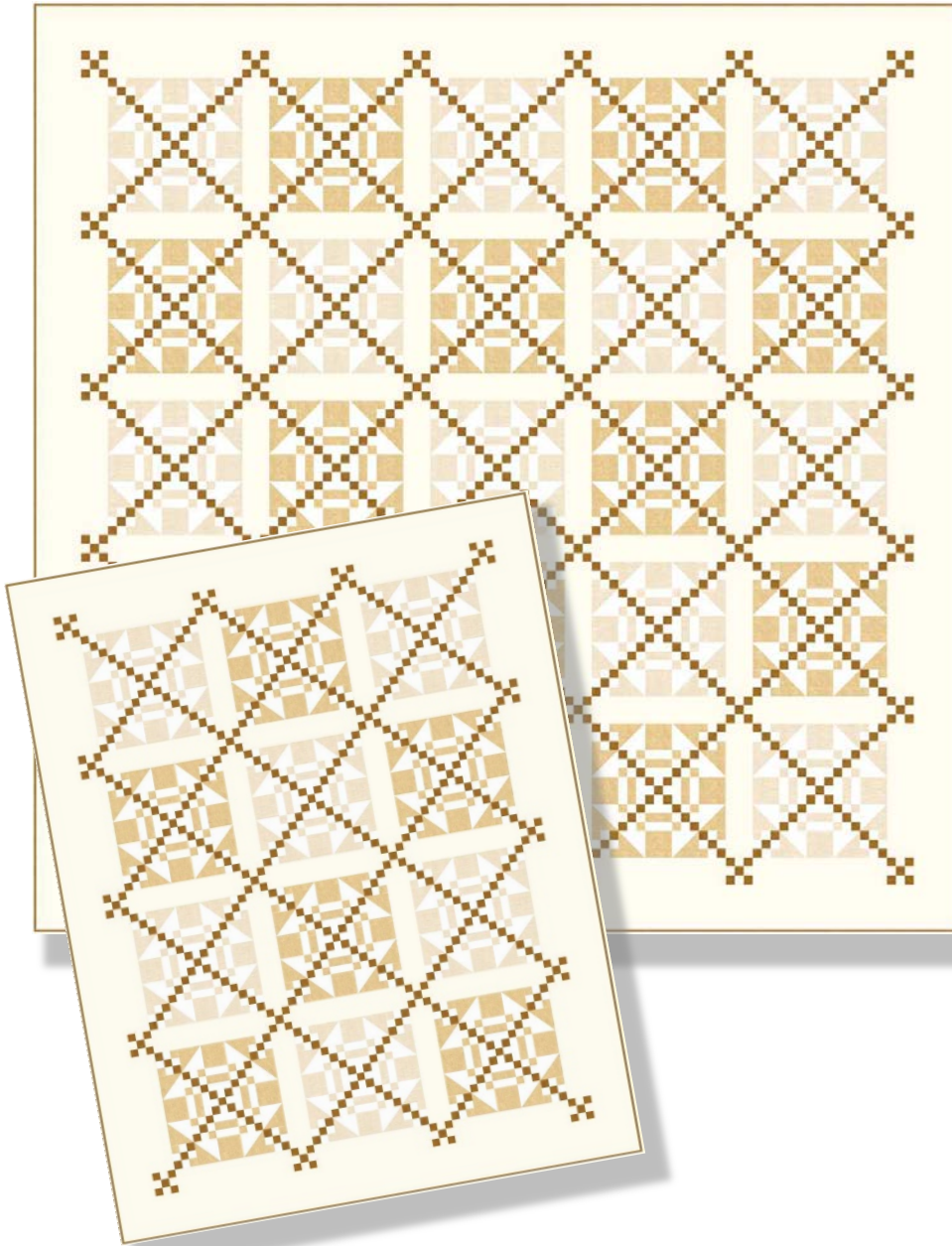
5. Continue stitching binding and mitering all four corners until about 12" away from starting point. Backstitch to secure leaving a tail of binding. Remove from machine.



6. In the unstitched area, overlap ending and beginning tail of binding strip. Measure and mark overlap at 2-1/4" (or 2-1/2" if used) as per diagram. Snip off excess end at mark.

7. Open folded binding ends and with right sides together as in #2, stitch using a 45-degree angled seam. Trim seams to 1/4" and press open, then repress fold of binding matching raw edges. Pin to quilt edge as this should now lay flat and finish stitching seam.
8. Fold binding over to the back and begin hand stitching. The folded edge of the binding should meet with the stitching of the seam line. Form a folded miter at the corners in the opposite direction from the front and continue stitching around the quilt.





Thank you for sewing along with me on this adventure!

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