



Our Friendship Block:

Block Size: 8" x 8" fin. size (8-1/2" x 8-1/2" unfin.)

All seams are 1/4" seam allowance.

Each *Friendship* block will feature TWO colours (A and C) plus the Background fabric. BUT EACH block should feature a different colour combination for A and C placement for a scrappy but cohesive look. The Flying Geese portion will be scrappy.

We will be making a total of:

Double Size: 42 blocks – that is 2 blocks a week. **Queen Size:** 81 blocks - that is 4 blocks a week.

PLEASE READ THROUGH ALL INSTRUCTIONS BEFORE CUTTING

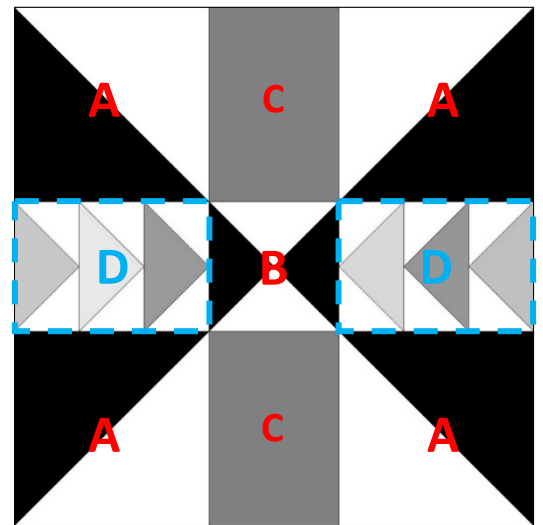


A quick word about the Fabric Requirements:

When cutting the fabrics cut from all of the assorted fabrics for each of the cut pieces that are required to make the block. Then select cut pieces to combine colours as you wish for each block. See the samples in the righthand corner above.

A quick word about Techniques:

I have designed the *Easy Half Square Triangle* paper to use for easy and perfect half square triangles every time. A special package of preprinted Sew Along Foundation paper can be purchased from our website. This package also includes foundation patterns for the Flying Geese strips in the block. For this strip I recommend paper piecing this unit – fast, easy and accurate. I will be providing instructions for using our product plus a traditional method. Yes, you can use a different technique to make your HSTs or Flying Geese. **Please note:** I cannot guarantee fabric amounts with other techniques.



General Cutting Requirements: For EACH Block

This cutting chart uses the Sew Along Printed Foundation Paper to establish the cut sizes. If you prefer a different method, please refer to the specific technique in the following pages.



From the Colours:		Cut Size:	For Double	For Queen
A for HSTs*	From Colour 1	4-1/2" x 8-1/2"	1 pc.	1 pc.
B	From Colour 1	3-1/2" x 3-1/2"	1 pc.	1 pc.
C	From Colour 2	2-1/2" x 3-1/2"	2 pcs.	2 pcs.
D	Assorted Colours	3-1/2" x 3-1/2"	6 pcs.* Subcut each ☒.	6 pcs.* Subcut each ☒.

* To make (1) *Friendship* Block only 1 of the triangles from 6 different fabric colours will be used to make the Flying Geese Strips. Keep the remaining assorted cut triangles together to be used when making the other blocks.



Border Creek Station Pattern Company

• www.bordercreekstation.com •

From White Background:		Cut Size:	For Double	For Queen
A for HSTs*	Background	4-1/2" x 8-1/2"	1 pc.	1 pc.
B	Background	3-1/2" x 3-1/2"	1 pc.	1 pc.
D	Background	2-1/2" x 2-1/2"	6 pcs. Subcut each 	6 pcs. Subcut each 

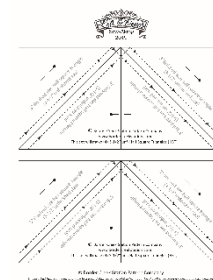
A: Making the Half Square Triangles

To make the 3" finished size (3-1/2" unfinished size) HSTs: **Please select your preferred method.**

Method 1: Using *Easy Half Square Triangle Paper*

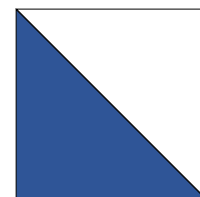
This method requires one printed unit for each *Friendship* block. Each printed unit makes (4) HSTs.

For Unit A:	For EACH <i>Friendship</i> Block:
From Colour Fabric	Use (1) 4-1/2" x 8-1/2" pc.
From White Background Fabric	Use (1) 4-1/2" x 8-1/2" pc.



Using our ***Sew Easy Half Square Triangle paper*** provides a stable foundation for quick stitching and easily tears away for perfect Half Square triangles. These are included in the Sew Along Printed Foundation Package.

1. With paper scissors trim printed *Sew Easy Half Square Triangle* units 1/4" larger than outside solid printed line. Fabric will be cut larger than the measurement of the paper product. This is important to be accurate.
2. **With right sides together place LIGHTER fabric piece on top of DARKER piece.** Position one printed *Sew Easy HST* unit on top, printed side up and pin to secure in the open areas of the paper. Continue pairing the remaining fabric pieces and *Sew Easy HST* units to prepare for stitching.
3. With pinned units at the sewing machine, use a shorter stitch length (i.e. 1.8 to 2.0 machine setting) and begin stitching on the dashed lines marked on the paper. There is no need to backstitch. Remove pins. Remember to chain piece!
4. With rotary cutter carefully trim the outside edges of fabric to match the SOLID printed lines of the paper and then cut on all remaining solid lines to separate the HSTs.
5. With paper still attached, open up HSTs and press seam allowance to the darker of the two fabrics. Clip wings and then carefully remove all paper. Voila – perfectly sized 3-1/2" x 3-1/2" unfinished size HSTs!

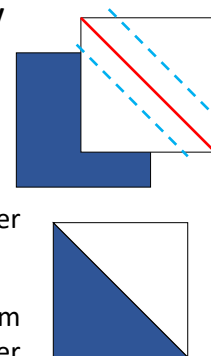


Method 2: Traditional Method for Half Square Triangles

For Unit A:	For EACH <i>Friendship</i> Block:
From Colour Fabric	Cut (2) 4" x 4" pcs.
From White Background Fabric	Cut (2) 4" x 4" pcs.



1. With a pencil lightly mark on the wrong side of the 4" White Background fabric squares **diagonally from corner to corner** as shown by the **solid red line** in the diagram.
2. With right sides together, place marked White Background Fabric square on top of the Colour Fabric square. As per the **blue lines** (shown in diagram) stitch a scant $\frac{1}{4}$ " away from drawn line. Cut apart on the RED solid line as shown. Open and press to the DARKER fabric as indicated by the arrow. This will make 2 identical HSTs from each of the sewn square pairs. Repeat with the other paired squares to make 4 identical HSTs.
3. Once complete these blocks should measure 3-1/2" x 3-1/2" unfinished. At this point I always trim to tidy by aligning the 45-degree line on the ruler over the diagonal center seam, aligning ruler markings of 3-1/2" with the outside edges and trim to tidy, rotating block to complete all four sides.



B: Making the Quarter-Square Triangles

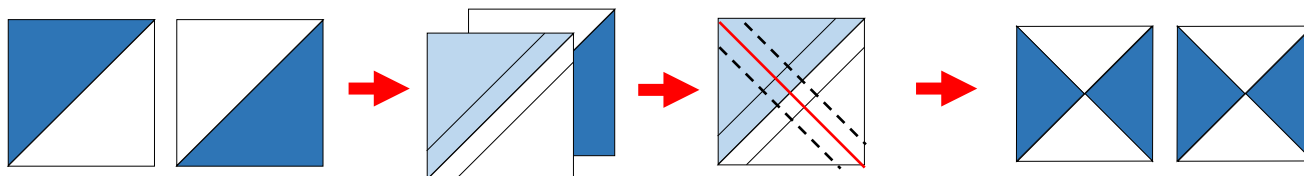
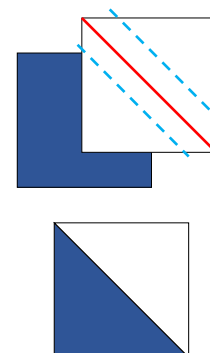
To make the 2" finished size (2-1/2" unfinished size) QSTs:

This technique makes 2 identical QSTs. Keep the second one for an additional block.

For Unit B:	For EACH Friendship Block:
From Colour Fabric (same as used for the HSTs)	Cut (1) 3-1/2" x 3-1/2" pc.
From White Background Fabric	Cut (1) 3-1/2" x 3-1/2" pc.

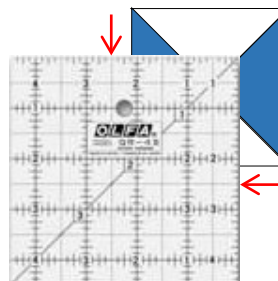
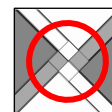
Due to the small size of this unit, cut sizes are larger and sewn unit will require trimming.

1. With a pencil lightly mark on the wrong side of the 3-1/2" White Background fabric squares **diagonally from corner to corner** as shown by the **solid red line** in the diagram.
2. With right sides together, place marked White Background Fabric square on top of the Colour Fabric square. As per the **blue lines** (shown in diagram) stitch a scant $\frac{1}{4}$ " away from drawn line. Cut apart on the RED solid line as shown. Open and press to the DARKER fabric as indicated by the arrow. This will make 2 identical HSTs from each of the sewn square pairs.
3. Keeping 'same fabric' HSTs together, follow the steps below placing them right sides together and nesting their seams. Stitch as before a scant $\frac{1}{4}$ " away from the drawn diagonal line. Cut apart on the RED line – voila! This makes TWO quarter-square triangle blocks.



4. When pressing this center seam, twist the center of the seam allowance open, loosening the stitches of the fabric at the center seam so the intersecting seam fans out and lays flat to opposite sides. This will relieve the excess bulk.
5. This QST block should measure 2-1/2" x 2-1/2" unfinished. At this point I always trim to tidy by aligning the 45-degree line on the ruler over the diagonal center seam, aligning ruler markings of 2-1/2" with the outside edges (as shown in diagram) and trim to tidy, rotating block to complete all four sides.
6. Use 1 Quarter Square Triangle for each *Friendship* block. Keep the remaining unit for another block.

Back side of unit



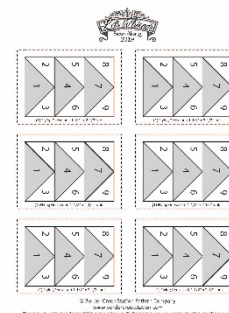
D: Making the Flying Geese Strips

To make the (3) 1" x 2" finished size (1-1/2" x 2-1/2" unfinished size) FG: **Please select your preferred method.**

Method 1: Using our Printed Pattern Paper

This method requires two printed units for each *Friendship* block using the Sew Along Foundation Paper.

For Unit D:	For EACH <i>Friendship</i> Block:
From ASSORTED Colour Fabrics	Use (6) pcs.
From White Background Fabric	Use (6) pcs.



- ✓ Use 1/4" seam allowance when making these small blocks.
- ✓ Stitch length should be small – 1.8 to 2.0.

1. With paper scissors trim printed units 1/4" larger than outside solid printed line. Fabric will be cut larger than the measurement of the paper product.
2. Refer to the *General Instructions* (at the end of this pattern) for the paper piecing technique that I prefer to use. Tools are great, especially the *Add-a-Quarter™* trimmer for easy accurate trimming.
3. Follow the piecing order as numbered on the block pattern. Place the correct fabrics as indicated by the shading. Use the assorted Colour fabrics for the center shaded 'goose' (#1, #4 and #7) and White Background fabric for the non-shaded side of the block.
4. Once completed, trim the Unit D along the dashed outside lines to measure 2-1/2" x 3-1/2" unfinished. Make 2 strip units for each *Friendship* Block. Do not remove the paper foundation from fabric pieces until instructed to do so.

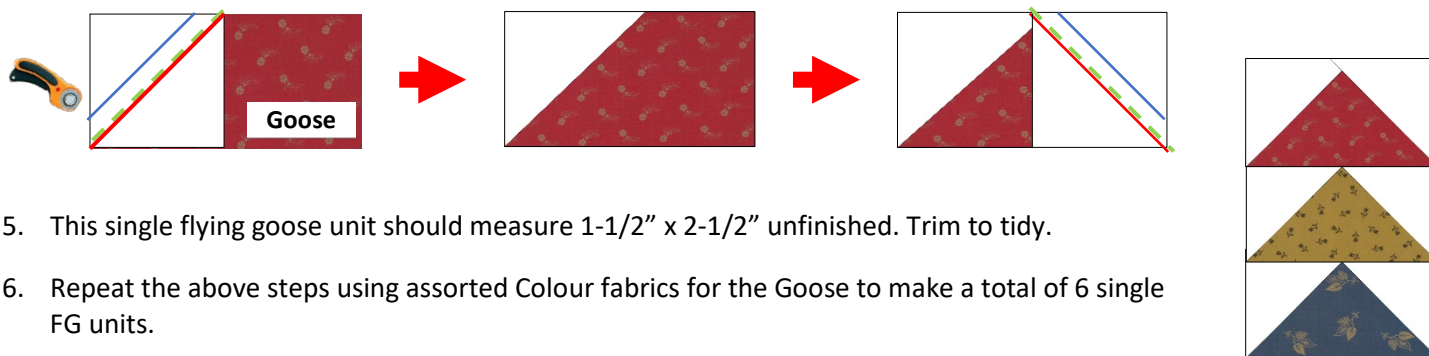
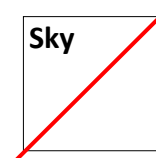


Method 2: Using the 'Flip & Sew' method

For Unit D:	For EACH <i>Friendship</i> Block:
From ASSORTED Colour Fabrics	(6) 1-1/2" x 2-1/2" pcs.
From White Background Fabric	(12) 1-1/2" x 1-1/2" pcs.



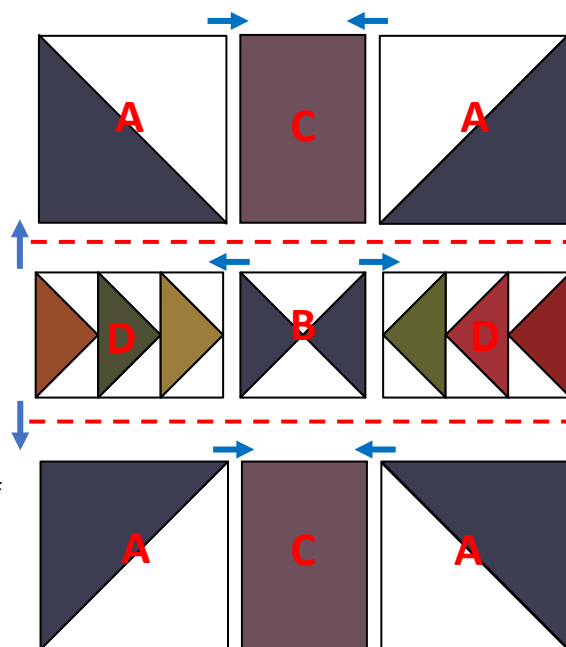
1. With marking pencil lightly mark on the wrong side of the White Background fabric 1-1/2" x 1-1/2" **Sky** squares **diagonally from corner to corner** as shown by the **red** line in the diagram.
2. With right sides together, place the marked **Sky** 1-1/2" square at the left-hand side of the assorted Colour 1-1/2" x 2-1/2" **Goose** piece as shown in the diagram below. Stitch to the outside but right beside the drawn line as shown by the **green** dashed line.
3. Trim the outer corner to give 1/4" seam allowance as shown. Press the **Sky** fabric back over to the corner, pressing seam to the corner fabric.
4. Repeat this step for the right side of the Colour 1-1/2" x 2-1/2" **Goose** piece by placing the 1-1/2" x 1-1/2" **Sky**, stitch and trim being careful that angles are mirror image.



5. This single flying geese unit should measure 1-1/2" x 2-1/2" unfinished. Trim to tidy.
6. Repeat the above steps using assorted Colour fabrics for the Goose to make a total of 6 single FG units.
7. Join 3 single geese together to make a strip set. Repeat to make 2 strip sets.

The Friendship Block Assembly:

1. Referring to the block diagram, carefully lay out the cut and sewn pieces to make the *Friendship* block. Make sure the HSTs have been positioned correctly to create the secondary pattern within the block – they can be tricky and who wants to 'reverse sew'?
2. With a 1/4" seam allowance, join the pieces together in their horizontal rows as shown. Press seams as shown by the arrows.
3. Now join the horizontal rows together to assemble the block. Press seams as shown by the arrows. Carefully remove the foundation paper in the flying geese strips.
4. This block should measure 8-1/2" x 8-1/2" unfinished. Trim to tidy if necessary.
5. Each block should feature a variety of different colours to make each one different – thus giving a scrappy feel. Sew your additional blocks for this week!



Thank you for sewing along with me on this adventure!



General Instructions: Paper or Foundation Piecing Technique

- Prepare pattern by tracing, or copying onto paper to exact size (100%). If tracing, ensure that all lines and numbers are in the exact same placement to the pattern.
- Solid lines indicate stitching lines. Dotted lines on outside edge show unfinished block size.
- ONE Foundation pattern is needed for EACH unit required.
- Machine settings:
 - ✓ A sharp needle at least a size 80/12 or 90/14.
 - ✓ Thread should be neutral to the fabrics being used.
 - ✓ Stitch length should be small – 1.8 to 2.0.
- Organize sewing table by placing cut fabric pieces in order of numbered placement from left to right.
- Using a trimming ruler such as the *Add-An-Eighth™* or the *Add-A-Quarter™* by CM Designs makes trimming easier.

To ensure placement of all pieces – hold pattern up to light and from the wrong side you should see lines for fabric placement. Since fabric is stitched on the wrong side of pattern, the block will be the mirror image of the original pattern

To begin: On the back of printed foundation pattern...

Step 1: Place and Sew the first two pieces.

1. **Start with placement #1:** This fabric is placed first and is RIGHT-SIDE OUT. It should be centered to the placement spot. Edges should overlap at least 1/4" on all sides of pattern. Pin in place or use a dab of glue to secure. No sewing is done to this piece.
2. **Placement #2 is next:** Find the line on the pattern that is between #1 and #2. This is your sewing line. This piece of fabric is placed right sides together on top of #1 fabric. Place fabric so that edge extends at least 1/4" overlapping the seam line to be sewn. (Once sewn, this piece will be folded back to cover all and extend past the seam allowances of #2 space.). Pin to secure from *front side* to make sure pieces do not shift.
3. **Stitch:** place so fabric is on the bottom and paper pattern on top to see marked stitching lines. Stitch directly on marked line of pattern. All sewing is done following exactly on the lines marked on the paper pattern. Stitch from and into the outside seam allowances where printed lines are adjoining seam allowance. Stitching can go beyond marked lines that are stopped by other marked lines on the pattern.
4. **Trim:** This trim method is completed when sewing the very first seam: Test fabric size first by flipping it over to cover the intended section of pattern. This is your chance to correct any errors in positioning. In order to trim, keep fabric piece as sewn (right sides together with previous section) and fold back the paper pattern flush to the just sewn seam. Position ruler or the Add-a Quarter™ or Add-an-Eighth™ trimmer (used for smaller piecing) against the folder paper edge exposing the seam allowance to be trimmed. Using rotary cutter, trim to tidy seam allowance.
5. **Press:** Fold fabric into place with paper underneath and press lightly with iron.

Step 2: Then Trim, Position, Stitch, Press.

Trim, Position, Stitch, Press is the order to be followed when joining on all succeeding fabric pieces.

1. **Trim:** This trimming is done to help align the next (and following) fabric pieces easily. In order to trim, keep fabric piece as pressed. On paper front and using a piece of cardboard aligned with next seam, fold back paper and position ruler or trimmer and trim to the proper seam allowance along the edge of the next seam.
2. **Position:** Now position the next fabric piece by aligning with the newly cut edge for a perfect placement and
3. **Stitch:** Sew to join.
4. **Press:** Fold fabric into place with paper underneath and press lightly with iron.
5. **Continue:** Following this same order of steps: Trim, position, stitch, press to complete all remaining piecing for unit.

Step 3: Trim Completed Unit

When all piecing is completed, trim the outside edge of unit from the paper side by using the seam allowance line marked on all sides. Unless otherwise instructed, remove the paper (unless using a foundation or wash away product) carefully to avoid stretching; when paper piecing, the placement of fabric sometimes does not follow the straight grain rules that we would normally use for piecing.

