

Lisa's Pattern And Tips and Tricks:
October 2022



Easy Piecing Grid - On Point Border Projects
Table Runner Plus More



Overall Tips & Tricks

- Rotating cutting mat and Stripology ruler are extremely helpful when cutting lots of squares. Always cut extra squares to give yourself more design options.
- Always place your squares on the **fusible side up** of the Easy Piecing grid
- Use either **Easy Press or Best Press** to press your piece nice and flat. This will always need a bit more pressing than usual.
- Use a small amount of Unique Stitch, inside seam allowance, to hold rickrack into position.
- **Very important Note:** Use a full square at the edge when the grid shows a 1/2 triangle. They will flop over the edge of the grid and that's okay. This will give you enough extra room for 1/4" seam allowance.

Ten Sisters Easy Piecing Grids are very familiar to Patchwork Garden; however, now there are border grids available: On Point and Regular. Border Grid comes in different finished sizes. We will be using 2" finished On Point, that makes a finished size 72" x 8 1/2" border. We will be creating a table runner, candle mats and pot holders from the border. Lisa is using fall fabric colors. You can use any color scheme, season or Holiday fabric desired. Color schemes could be scrappy, controlled scrappy, creating a pattern, adding applique and/or rickrack or your own design.

Challenge Project Options

Option #1- Two table runners either rectangular or pointed (35" x 13 1/4" each); or

Option #2- 1 runner (rectangular or pointed) and 3 candle mats (13" square) and/or pot holders (9 1/2" square).

Challenge is to use a whole, on point border Easy Piecing grid. You can use Lisa's suggested patterns or come up with your own ideas as long as you use the whole grid.

Helpful Tools:

- Stripology Ruler for cutting squares- Optional, but very helpful
- Favorite ruler for cutting squares (Lisa also likes Creative Grid 3 ½” x 12 ½” ruler)
- Rotating cutting mat
- Applique pressing sheet
- Fabric glue stick or Unique Stitch
- Best Press or Easy Press, Easy Press Pen
- Fall leaves for applique (pre-fused and cut packs are available)
- Rickrack

Fabric Requirements:

(1) Easy piecing Grid, On Point Border grid, 2” finished (72” x 8 ½”)

2 yards of background fabric for the background edge, added borders and binding (This is a generous amount for more option use)

(Option for different fabric for binding- ½ yard)

Multiple assorted printed fabrics, precuts, scraps for cut squares. Total yardage = ½ yard. (Lisa used at least 9 - 15 different Fall fabrics for variety)

2 yards of ½” Rickrack for each runner (Optional)

Fall leaves applique 8 pack- Optional (Lisa used 6 leaves for runner and 2 for potholder)

1 yard of 100% cotton Batting or Fusible fleece

1 yard Backing

Insul-Bright for each pot holder, 1 piece- 9 ½” square and 1 piece- 7” x 9 ½” for Pocket

Cutting Squares For All Options:

Very helpful to use Stripology ruler and rotating cutting mat

Background (Grey or your choice) Cut 6- 2 ½” x WOF strips

Sub-cut (88) 2 ½” squares

Assorted variety (fall or your choice) prints- Cut (99) 2 ½” squares. (½ yard total fabric) Lisa used between 9 -15 different prints

Option #1 Runners (Rectangular or Pointed)

Additional Cutting & Sewing Instructions

Second runner fills grid 14 through 25.

Bkgd fabric- Cut (4) 2 ½” x WOF for borders on long sides only

Binding- Cut (6) 2 ¼” x WOF strips (*your choice, Lisa used background fabric*)

Cut batting or fusible (2) 36” x 14” pieces

Backing- Cut (2) 37” x 15” pieces

Table Runner sewing instructions (Rectangular or Pointed):

1. After the sewing of squares is complete, trim all sides of runner, making sure there is ¼” for seam allowance.
2. Measure the long sides and cut borders to that measurement.
3. If you would like to add rickrack in between the seams, add a dot of Unique Stitch to the outside edges. Place the rickrack flush to the edge (long sides only). Press to dry glue.
4. Pin the border onto the long sides only. Stitch an accurate ¼” seam allowance along the sides. Press toward border. If making a pointed runner, trim the extra part of the border by following the angled points.
5. Fuse fusible fleece or batting to the back side of the pieced runner top.
6. Add applique to the top with Rickrack. Stitch applique as desired. Topstitch a straight line down the center of Rickrack if desired.
7. Add backing, quilt as desired.
8. Add binding, fold binding to back, press well and stitch closed.



Option #2 Runner with 3 Candle Mats or Potholder With Pockets

Additional Cutting & Sewing Instructions

Bkgd fabric- Cut (2) 2 ½" x WOF for borders on long sides only (runner)

Binding- Cut (3) 2 ¼" x WOF strips (runner)

Cut batting or fusible fleece 36" x 14" piece (runner)

Backing- 37"x 15" piece (runner)

See Option 1 Table Runner sewing instructions under Option1 Above

Cutting for each candle mat:

Cut (1) 2.5" strip of background fabric for border for each candle mat

Batting or fusible fleece- 14" x 14" for each candle mat

Backing- 14" x 14" for each candle mat

Candle Mat sewing instructions:

1. After the sewing of squares is complete, trim all sides of candle mat, making sure there is ¼" for seam allowance.
2. Measure right and left sides, cut border and sew to sides. Press to border.
3. Measure top and bottom sides, cut border and sew. Press to border.
4. Fuse fusible fleece or batting to the back side of the pieced top.
5. Add rickrack if desired by adding glue (Unique Stitch) and placing rickrack down. Press to dry glue. Topstitch a straight line in the center of the rickrack.
6. Add backing, quilt as desired. Trim extra backing.
7. Add binding, fold binding to back, press well and stitch closed.



Cutting for each Potholder:

No border needed

Binding- cut (2) 2 ¼" strips (also used for accent on pocket, cut 10" x 2 ¼" piece)

Cut 10" sq- backing

Cut 9 ½" x 14"- pocket, fold in half, press (9 ½ x 7")

Cut (1) 9 ½" squares- 100% cotton batting and (1) 9 ½" square of Insul-Bright

Cut (1) 9 ½" x 7" piece 100% cotton batting and (1) 9 ½" x 7" piece Insul-Bright



Potholder sewing instructions:

1. After the sewing of the squares is complete, trim all sides of the potholder, making sure there is ¼” for seam allowance.
2. Measure right and left sides, cut border and sew to sides. Press to border.
3. Measure top and bottom sides cut border and sew. Press to border
4. Place 1 layer of 100% cotton batting and 1 layer of Insul-Bright to the back side of the pieced top. Add backing so that the right side is facing out. Trim extra backing.
5. Baste layers or pin well before quilting as desired.
6. Fold pocket fabric in half and press. (9 ½”x 7”)
7. Add 1 layer of 100% cotton batting and 1 layer of Insul-Bright to inside of folded pocket. Bind the folded side of the pocket.
8. Add applique (Lisa added 2 leaves) or quilt if desired, to hold pocket layers together. Baste with a 1/8” seam.
9. Assemble potholder, right side down and pocket right side out. Baste together with 1/8” seam.
10. Add binding, fold binding to back, press well and stitch closed.

Follow layout diagram for placement of squares on last page. **Thank You Helen for this digital drawing, you did a great job!** The grey shaded squares are where the background fabric goes. Use a full square even where the grid shows a diagonally cut square. Let those squares flop over the grid. This process will allow for your ¼” seam allowance. The white squares are for your coordinated squares.

See TenSisters Easy Piecing Instructions for sewing grid together. Lisa also demonstrates this in PWP video. After this part of sewing is complete, the finishing instructions are as follows.

Easy Piecing Instructions



1. Cut out squares of Fabric. Use the Layout as a placement guide. Place **WRONG SIDE** of fabric to **BUMPY** or **FUSIBLE** side of the printed interfacing. ***MAKE SURE THE FUSIBLE SIDE IS UP!!**

The dotted lines make it easy to know where to put your fabric squares. Don't worry if they haven't been cut perfectly-- if the square is caught in the consistent seam allowance it creates perfect intersections!

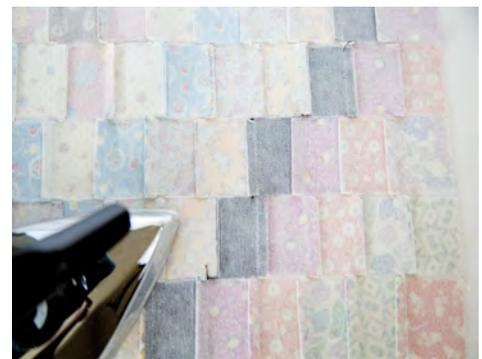


2. **PRESS** – not iron – for a few seconds, then lift the iron and place it again, until the entire panel is secured.



3. Fold on the **DOTTED** line(fold line), making sure the dots are running right along the fold. Sew a 1/4" seam allowance. Continue this step along all vertical rows.

4. Snip right to the seam at each intersection. Press each row in opposite directions- use steam. Turn over and press the right side of the fabric, making sure the seams are laying flat.



5. Fold the row right sides together- notice the intersections naturally nestle into each other! Sew a 1/4" seam allowance. Continue this step on all horizontal rows. Press well, using steam.

6. Stitch each completed panel together, using a 1/4" seam allowance, being careful to nestle seams at intersections. You may want to use pins. Press well, using steam. Notice perfect intersections! No segmented seams on the back! Flat, stable quilt top!



Lisa's On Point Border

Table Runner, Candle Mats/Pot Holders

# of Squares	Pieced Runner	Applique d Runner	3 Candle Mats/Potholders
Background (Grey)	38	38	15
Focus Fabrics (Lisa used fall fabrics)	58	34	13
Cream Backgrounds	NA	24	NA

Blue crop lines are for creating the pointed table runner

Cut between rows 13 and 14

Cut in middle of row 18

Cut in middle of row 22

