



QUILTING AND DESIGNS

Hockey Table Runner

15" x 51"

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Fabric Requirements:

Canada Red Kona .6metre

Background fabric .2 metre

Hockey Mask and Hockey Net fabric .2 metre

Instructions:

1. From the Canada Red Kona Fabric cut 4 strips 3 ½" Width of Fabric WOF. Sub cut to make 5 x 3 ½" x 3 ½" squares. Cut to make two strips 3 ½" x 15 ½". Sew together two strips at the short end, sub cut to make two strips 3 ½" x 51 ½".
2. From the Goalie Mask Fabric cut 2 strips and sub cut to make 20 x 3 ½" x 3 ½" squares.
3. From the white and mask fabric cut 3 squares 8" x 8" each.
4. With right sides together, place the mask fabric and white fabric on the table. With a fabric marker or pencil, mark on the two diagonals corner to corner. Also mark two lines one vertical and one horizontal in the middle crossing the centre of the square.
5. Sew a ¼" line on both sides of the two diagonal lines. press
6. Cut first on the vertical and horizontal lines then cut the two diagonal lines. Press the half square triangle to the darker side.
7. Repeat to make 24 half square triangles.

Assembling the Blocks

1. Sew two half square triangles to each side of one mask square. Press to the Mask. Make 10 section A.
2. Sew two half square triangles to each side of the five-red fabric and press to the mask fabric. Make five section B
3. Sew two section A to either side of the five section B. Press.
4. Sew the five blocks together and press.
5. Sew the two long red borders to either side of the runner. Sew the remaining short red borders to the top and bottom of the runner.

