Quilts for Kids Four-Patch Quilt

SEND COMPLETED QUILT TO:
QUILTS FOR KIDS, INC.
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Fabric Requirements:

- 1 Yard of focus fabric
  - Sub cut into **15** – 6 ½" squares
  - Sub cut into **4** – 3 ½" strips (outer border)
- 1/3 Yard of Fabric A
  - Sub cut into **3** – 3 ½" strips
- 1/3 Yard of Fabric B
  - Sub cut into **3** – 3 ½" strips
- 1/4 Yard for Inner Border
  - Sub cut into **4** – 1 ½" strips
- 1 ½ Yard for Backing

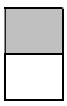
Use a good quality cotton thread and not clear monofilament, as it melts in dryers.
A ¼" seam allowance is used for all seams.
Finished quilt size is approximately 38" wide by 44" tall.
Crib size cotton batting will be needed.

Assembling the Four Patch Blocks:

1. Sew one A strip and one B strip together to make a strip set as shown below. Press toward the darker fabric. You will make three of these strip sets.

A
B

2. Cut these strip sets into 30 units that measure 3 ½" x 6 ½". Sew these units together to create 15 four-patch blocks that will measure 6 ½" square.



30 - 3 ½" x 6 ½" units

15 – 6 ½" four-patch blocks

Assembling the Quilt:

1. Alternate focus fabric squares with four patch blocks, as shown in the diagram below. Make 3 rows with 3 focus and 2 four patches and 3 rows with 2 focus and 3 four patches. You will create a checkerboard pattern. Make sure your 4-patch blocks are all set in the same direction to create diagonal lines across the quilt.
2. Sew rows 1-6 together and press the seams in the direction indicated in the diagram.
3. Add the side inner borders first. Then add the top and bottom inner borders.

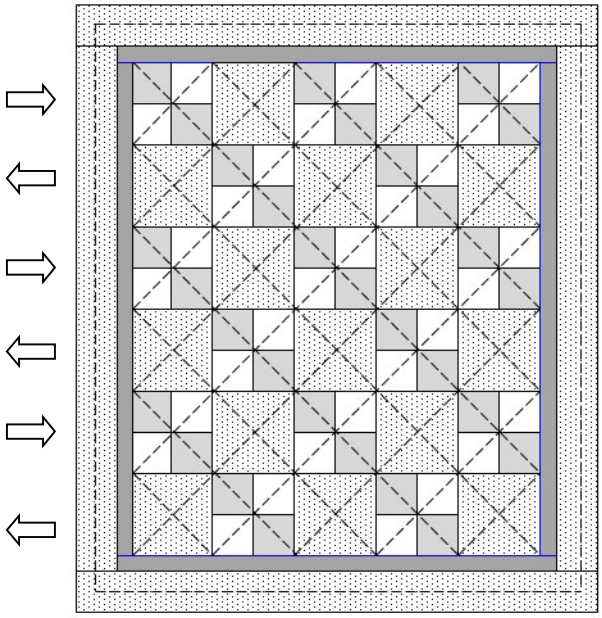
4. Add your outer borders in the same manner as the inner borders, first adding the side borders and then adding the top and bottom borders. Your quilt top should look like the diagram below.

A note on BATTING: Use 1/8 – 1/4 inch LOW LOFT batting. Cotton is preferred to Poly-fil type batting.

A note on QUILTING: This quilt will be loved and washed a lot, so make sure that there's lots of quilting to hold up to daily hospital washings. Unfortunately, hand-tied or hand quilted items will not hold up in a hospital environment.

5. Baste the quilt layers then MACHINE quilt. Quilt in the borders as well.

Arrows indicate direction to press seams.



Suggested Straight Line Quilting

We recommend quilting in the ditch horizontally and vertically between all blocks as well as diagonally, as shown in the diagram. Don't forget to quilt around the inner border and add some quilting to the outer border. Alternately, you may choose to do an all-over meander or design.

6. Bind the quilt as you normally would, using traditional binding or folding the backing to the front of the quilt, using a machine stitch. *To use the backing as a binding, cut the batting even with the top of the quilt *but* *leave the backing an inch larger*. Double fold the backing onto front of the quilt and top stitch.
   Note: A Zig-Zag stitch will help keep binding edges down so won't snag on I.V. or other items. Keep binding on front of the quilt to $\frac{1}{4}$ to $\frac{1}{2}$" wide. **REMOVE ALL PINS!**
7. **Wash and dry the completed quilt**. Ship the finished quilt to Quilts for Kids headquarters. Your quilt will bring joy to a child in need!

Thank You for your support of Quilts for Kids!