



Helen's Closet Nelson Pants

Instructor: Sadie Metter

Location: Treelotta (In-person attendance is assumed. Please let us know if you plan to join us via Zoom instead.)

Class Description:

The Helen's Closet Nelson Pants are the perfect blend of comfort and versatility—and they're quick and satisfying to sew! In this class, you'll make a pair of cozy knit pants designed for lounging, everyday wear, or light activity. The Nelson Pants feature a soft fabric waistband with options for an extra-tall fold-over waistband (Views A & B) or a shorter waistband (View C). Choose from full-length, cropped, or knee-length views for a custom fit and style.

Nelson has a snug fit through the waist and hips with relaxed legs, making them ideal for soft, stretchy knits like bamboo jersey, or athletic knits for yoga and movement. This pattern can be sewn entirely on a home sewing machine—no serger required. However, you can sew them on a serger or overlocker as well. Options and Choices!

Skills you'll learn:

- Sewing with knit fabrics
- Constructing a comfortable fabric waistband

Skill level: Perfect for confident beginners and beyond

Please complete before first class:

- All fabric pattern pieces cut out in your desired size. Refer to Nelson Pants Pattern. (Fabric Recommendations: These pants are designed for stretchy knits with great recovery. Light to medium weight jersey knit fabrics with at least 60% stretch widthwise and 40% stretch lengthwise. If your chosen fabric has less than the recommended stretch percentage, size up. If you would like to use a rib knit, size down.)
- Note: There is a great ruler diagram explaining how to determine the amount of stretch in your fabric located in the pattern instructions. I highly recommend you check that out before cutting!

Supplies:

- Sewing Machine or Serger (Note: If using a serger, it must be in good working order and you must already know how to thread and use it. We will not have time to trouble shoot machine issues out of respect for other students)
- Coordinating Thread
- Ballpoint Needles
- General sewing notions and supplies
- Your Nelson Pattern Instructions
- Your pattern pieces pre-cut out from your knit fabric

Optional:

Treelotta Class Policies

We are a fragrance-free shop: As a courtesy to individuals who are sensitive to fragrances, we would ask that you refrain from wearing any perfumes, scented lotions or body sprays, or strong scents in general. Thank you.

Class cancellation: Classes fill up quickly and we often have a waiting list. **If you cannot make it to class, please let us know at least three days in advance to receive store credit.** Out of consideration for our instructors, cancellations less than three days before class (or no-shows) will be charged full price. If you are experiencing any fever,

cough, shortness of breath, or any other flu/Covid-like symptoms please do not come to class. Please contact us to let us know by phone at 303-997-4372.

Classes with registration of fewer than three participants three days prior to class date may be canceled by the instructor. In the event of inclement weather, the instructor will have the discretion to cancel class.

Classes start on time. Please arrive 10-15 minutes early to get set up.

Parking: Parking is available on the street in front of the shop as well as in our parking lot behind the shop. For after-hours or weekend parking, you may also park in the Malley Recreation Center lot (which is across the alley from the parking lot behind our building). Please do not park in this lot on weekdays from 9-5 as you will likely be ticketed.