



# Intro to Garment Sewing

**Instructor: Sabrina Winckler**

**Location:** In-person attendance is strongly recommended as we have many supplies and tools for you to play with will not be available to Zoom attendees.

## **Class Description:**

Are you new to garment sewing and not quite sure how to get started? If so, this class will provide you with essential basics and hands-on practice to give you the confidence to sew your own wardrobe. Several finished garments will be used as examples to illustrate how various sewing techniques are used in real garments. A document with helpful tips and references will be provided for you to take home.

Although we will not be creating a “wearable” project during this class, you will gain a foundational knowledge of skills and techniques to help you as you begin your garment sewing journey. Come join us!

Here is what we'll be covering in this class:

- Features on your sewing machine, such as various stitch options and settings, needleplate markings, presser foot markings.
- Tools you will need for successful garment sewing.
- How to read and understand Pattern Instructions
- How to take your measurements and choose your pattern size ● Basics of adjusting patterns between sizes to align with your body measurements.
- Choosing fabrics that work well for your pattern.
- Interfacings – when they are used, how to pick the right type for your garment. ● Tracing your pattern pieces, then laying out the pattern on your fabric for cutting.

**HANDS ON PRACTICE:** In addition to the above topics, we will also provide a fabric kit to allow you to practice the following techniques:

- Sewing straight seams and curved seams.
- Sewing knits with “stretch” stitches
- Grading seams and notching curved seams.
- Pressing techniques and tools.
- Basting, easing, and gathering techniques.

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- Staystitching, edgestitching, understitching, topstitching – what are they and how are they used in garments.
- Options for finishing the raw edges of your seams, including zigzag, faux overlock, French seams, Hong Kong seams, and bias binding seams. ● Sewing perfect corners, such as a pointed collar or a shirt cuff. ● Hand sewing: Running stitch (for basting), Invisible Ladder stitch.

As time allows: Making a buttonhole and installing a zipper may be demonstrated.

## **Skill level: Beginner**

Students should also be familiar with operating their sewing machine for straight line and zigzag stitching.

## **Please complete before first class:**

- Check that your sewing machine is in good working order.
- Optional: If you have a garment pattern in mind that you are thinking about sewing soon, please bring that pattern to class as you may want to reference it during our class discussion.

## **Supplies:**

- A Kit with scrap fabrics will be provided to students for the Hands-On portion of the class.
- Sewing machine needle: Size #80 Universal
- Needle plate for Zig-Zag stitch
- Presser Feet: Zig-Zag Foot (wide slot). Optional: Edgestitch Foot, ¼" Foot. ● Hand sewing needle.
- Thread: Polyester threads of 2 different colors (one color for top thread, a different color for bobbin thread).
- Scissors, thread snips, pins, small ruler, fabric marker, writing pen or pencil.

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# Treelotta Class Policies

We are a fragrance-free shop.


As a courtesy to individuals who may be sensitive to fragrances, we would like to ask that you refrain from wearing any perfumes, scented lotions or body sprays, or strong scents. Thank you.

**Class cancellation** Classes fill up quickly and we often have a waiting list. If you cannot make it to class, please let us know at least three days in advance to receive store credit. Cancellations less than three days or no-shows will be charged full price. If you are experiencing any fever, cough, shortness of breath, or any other flu/Covid-like symptoms please do not come to class. Please contact us by phone at 303-997-4372.

Classes with registration with fewer than three participants three days prior to class date may be canceled by the instructor. In the event of inclement weather, the instructor will have the discretion to cancel class.

Classes start on time. Please arrive 10-15 minutes early to get set up.

Parking is available in back. For after hours or weekend parking, you may also park in the Malley Senior Rec Center lot. Please do not park in this lot during weekday/9-5 as you will be ticketed.

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