

## UPCOMING EVENTS

**Saturday & Sunday July 14<sup>th</sup> & 15<sup>th</sup> Mission Partner Weekend - The Diocese of Jackson Mississippi**


**July 15<sup>th</sup> thru July 20<sup>th</sup> Dunlap Community Vacation Bible School**  **6-8:30pm at the Methodist Church**

**Thursday, July 19<sup>th</sup> Mass at Rose Vista 1:00pm**

**Saturday, July 21<sup>st</sup> 8:00pm Family Movie Night Woodbine Main Street** 

**Sunday, July 22<sup>nd</sup> Thank You Reception for Kristi Mentink after 9am mass at Sacred Heart Parish Center** 


**Sunday, July 29<sup>th</sup> Farewell Reception/Supper**  **for Pastor Carla –Dunlap Fair Grounds 5–8pm**

**Sunday, July 29<sup>th</sup> Knights of Columbus Euchre Tournament St Patrick's Hall**  
registration & food 5:30pm games start 6:00pm 

**Friday, August 3<sup>rd</sup> Dunlap Care Center Mass 2:30pm**

**August 3<sup>rd</sup> – 7<sup>th</sup> 4 County Fair Dunlap** 

**Saturday, August 4<sup>th</sup> First Saturday Mass 8:30am Sacred Heart**

**Sunday, August 5<sup>th</sup> Breakfast after mass St Patrick Parish Center**  
Sponsored by the Catholic Daughters and the Knights of Columbus 

**Friday, August 10<sup>th</sup> 5K Glow Run & Walk Woodbine Main Street 7::00pm**

**Saturday, August 11<sup>th</sup> Jason Hoffman Tractor Pull Dunlap**

**Sunday, August 12<sup>th</sup> Eucharistic Adoration**  **3:00pm Sacred Heart**

### SEPTEMBER 29 & 30, 2018 DES MOINES

 [www.ChristOurLifelowa.com](http://www.ChristOurLifelowa.com)

For questions: Woodbine Contact is Andrea Harper 712-592-1532

Dunlap Contact is Rose Thompson 712-643-5333

PS... there will be a bus leaving from Harlan each day and returning each evening. More information is available on the bulletin board.

### Take 24 - Young Adult Ordinary Time Retreat!



All young adults are invited to Take 24 hours from July 27-28 (6 p.m. - 6 p.m.) in retreat, experiencing the power of God's love in the midst of Ordinary Time.



Please note to help keep the prayer list updated I will be discontinuing a name after 4 weeks. If you would like someone's name on longer than 4 weeks you will need to just let me know. Thanks Debbie (PS this doesn't include nursing home residents)

Please pray for: Joleen Wessling, Georgiana Bissen, Father Paul Kock (Paula Riester's uncle) Jim Goeser (son-in-law of Ralph & Eula Kramer), Ruth Lacey, John Houston, Michelle Leuschen, Wally Murphy, Alvin Ring, Tamera Magee (Jolene Wessling daughter) Jeff Mumm, Betty Frazier, Donald Dai, & Betty Murphy **Remember in Prayer those in the nursing homes:** Katheryn Stessman, Terri Thompson, Walter & Catherine Bissen, Kathleen Heller, Phyllis Hansen, Mary Ann Melby, Darlene Trierweiler, Betty Wheeler, David Niziol, Norma Sullivan, JoAnn Thompson, Pete Heller, Evelyn Jochims, Marie Heller, Lavina Schwarte, Pete Gross, Sandy Mahlberg, Virgil Koppold, Dean Block, Clarice Rule, Francis Mumm, & Ray Krajicek

JULY 15<sup>th</sup>  
2018

**St. Patrick  
Dunlap** 

**Sacred Heart  
Woodbine** 



### Our Mission Partner for 2018: The Diocese of Jackson Mississippi

The beginnings of the Diocese of Jackson go back to 1837. Today it covers 80% of the state of Mississippi. At nearly 40,000 square miles (3 times the size of our diocese), **it is the largest diocese east of the Mississippi River.** However, **Catholics only comprise 2% of the total population.** Of their 65 counties, 11 counties have no Catholic church, and 23 counties have a Catholic church but no resident priest. There are 94 parishes or missions but less than 70 active priests. Its population is almost 40% African-American with a growing number of Hispanics. **It is one of the poorest regions in the country.** Many parishes cannot support themselves. These mission appeals also make it possible for **over 1000 poor children** to attend Catholic schools.

Despite its many challenges as a home mission, the Diocese of Jackson reaches out to the best of its ability with Christlike missionary and ecumenical initiatives to all people within its boundaries. They look to Catholics in the more established areas for encouragement and help. **They are grateful for your prayers and generosity!**

We will welcome **Fr. John Bohn from Jackson, MS., this weekend** and will take up an offering to help them.



Celebrate Our  
Freedom to Worship

### Eucharistic Celebrations:

**Saturday, July 14<sup>th</sup> 4:00pm Sacred Heart**  
Ray Houston  
**5:15pm St Patrick**  
Jerry Klein

**Sunday, July 15<sup>th</sup> 9:00am Sacred Heart**  
Kenneth & Verena Coenen  
**10:30am St Patrick**  
Ed & Bonnie Gunia

**Tuesday, July 17<sup>th</sup> 8:00 am Sacred Heart**  
Matt Assmann

**Wednesday, July 18<sup>th</sup> 8:00am St. Patrick**  
Mark Wessling & Trisha

**Thursday, July 19<sup>th</sup> Rose Vista 1:00pm**  
Mass for the People

**Friday, July 20<sup>th</sup> 8:00am St. Patrick**  
Rene Assmann

**Saturday, July 21<sup>st</sup> 4:00pm Sacred Heart**  
Jim Dording  
**5:15pm St Patrick**  
Jim Schaben Sr.

**Sunday, July 22<sup>nd</sup> 9:00am Sacred Heart**  
Theresa Sullivan  
**10:30am St Patrick**  
Kenneth & Lois Anderson

**Sacrament of Reconciliation**  
**Woodbine – Saturday 3:30pm**  
**Dunlap – Saturday 6:00pm**



### **Our condolences to:**

The Johnson family on  
Dort's passing;

Eternal rest grant unto her O  
Lord and let perpetual light  
shine upon her. May she rest in peace.

**Please let me know of any accidents or illness within our Parish families. If you know of someone who is in need of a visit feel free to contact me. Thank you so much for your assistance. Father Joel**

JULY 7<sup>th</sup> JULY 8<sup>th</sup>  
not available this week



## Sacred Heart Church

### Lending/Giving Library

We have created a lending/giving resource library for Sacred Heart children, teens, parents and other adults, to be located in the cry room at the back of the church. If you have any gently used Christian books, music, or movies (DVD & VCR) please drop them off in the cry room. If you have any questions, give Teresa Coenen a call 712-579-6537.

### Church remodeling Project

We are continuing to collaborate on ideas for PAINT, FLOORING, and ALTAR FURNISHINGS. Please look to the display board in the church entry to see process and ideas. We are working on ideas, bids and donation of time and talent to complete our plans for church interiors project. We would like to have all interested come forward before August 1. Thank you in advance for your generosity! Questions? Andrea Harper 712-592-1532.



**Thank You Reception  
for Kristi Mentink  
after 9am Mass on Sunday July 22<sup>nd</sup>**

We didn't want Kristi to leave Woodbine without our appreciation for all she has done to help us be a better parish. As you might have heard, Kristi and her husband Matt are moving to northwest Iowa in order to be closer to family. And while we are happy for her, we will miss how she has generously shared her time and talent here at Sacred Heart. She has served on the Pastoral Council, in Religious Education, and just last year headed up our chicken dinner, among many other things. In addition to all she has done for the school, Woodbine will be losing an "MVP".

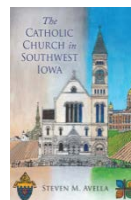
### Inspirational Retreat by John S. Carpenter Author of "Be Not Afraid to Follow the Footprints from Heaven" at St Patrick's in Neola

**Friday, August 10, 2018**  
**6:30-8:30 pm** "Amazing Marian Apparitions"  
(Cookies & Social afterwards)

**Saturday, August 11, 2018**  
**4:00-5:15 pm** "Blessed Mary's Messages & Predictions"  
**5:30-6:30 pm** Mass  
**6:30-7:00 pm** Meal  
**7:00-8:15 pm** "He is Alive! Science Finds"

### New History Book: The Catholic Church in SW Iowa

The Diocese of Des Moines is celebrating the release of its comprehensive history book, *The Catholic Church in Southwest Iowa*. Written by historian Fr. Steven Avella, this book tells the stories of the people and places that shaped our diocese into the faith community it is today. More information on the bulletin board.



### Saturday July 21<sup>st</sup> 4:00pm

Lector: Helen Reisz  
EME: John Houston  
(Cup): Helen Reisz & Jim Reisz  
Servers:  
Music:  
Ushers: John Houston & Jim Reisz  
**Sunday July 22<sup>nd</sup> 9:00am**  
Lector: Jean Stamp  
EME: Mary Heistand  
(Cup) Todd Heistand & Marshall Scichilone  
Servers: Courtney O'Day & Adalynn Coenen  
Music: Andrea Harper



sugar, flour, brownie mix, crackers, peanut butter, pancake mix, syrup, pork n beans, mushroom soup, spaghetti, salt, pepper, paper towels, toilet paper, shampoo, tooth paste.

JULY 7<sup>th</sup> JULY 8<sup>th</sup>  
Plate \$67.25 Plate \$79.00  
Tithes \$825.00 Tithes \$355.00  
Total \$892.25 Total \$434.00

## Saint Patrick Church



### Farewell Celebration Honoring Pastor Carla Johnsen

**Sunday, July 29<sup>th</sup> 5:00 to 8:00pm at the 4 County Fairgrounds**  
*Potluck Meal and Fellowship ~ Please bring your favorite dish to share! St John members will be providing broasted chicken from the Gold Slipper, desserts, tableware, & drinks.*  
St John Lutheran Church invites our parish members, the Dunlap community & surrounding area to join them to celebrate Carla's 17 years of service to our churches and community! Please join us to say "Thank You" and wish her & her family well as she begins her new ministry at American Lutheran Church in Lincoln, Nebraska.  
Please let us know if you plan to attend via the facebook event page "Farewell Celebration for Pastor Carla" or by call/text to Pat Hein at 239-404-0778

### A Big 4th of July THANK YOU !!

We had well over 60 people help with the food booth on the 4th of July. I cannot thank you enough- those who donated, prepared, served, and cleaned up. Not only has is brought in extra money to the parish and served our community, but it shows a deepening commitment to the parish. 2 years ago we couldn't get any volunteers, and look at us now! A special thank you goes to the organizing committee who worked for many weeks on the arrangements.  
May the Lord bless you all! Father Joel

### You're Invited to the VBS Concert



**This Friday at 6pm at the Dunlap Care Center** the youth from VBS will share their songs and their joy with the residents - and they would love to see you!

### Attn St Patrick Parishioners...

We are starting planning meetings for our Fall Festival Chicken Dinner. Did you know that this year is our 40<sup>th</sup> year!! If you have some ideas to make our 40<sup>th</sup> year special please share them with us!



### CUCUMBERS NEEDED

The Parish Chicken Dinner is coming up fast! St. Patrick's Church is in need of cucumbers for the Parish Dinner coming up September 9<sup>th</sup> If anyone has any extra please drop them off either at the office or at 804 Eaton Street in Dunlap. (Ann (Baldwin) Smith's home)  
**THANK YOU!**

### Saturday, July 21 – 5:15 p.m.

Lector: Don Stessman  
EMHC: Bob Klein, Don Stessman  
Rod Summerfield  
Music: Guitar Mass  
Cantor: Pat & Joyce Cogdill  
Servers: Owen Lehan, Haley Follman, Lauryn Muff

### Sunday, July 22 – 10:30 a.m.

Lector: Jane Tremel  
EMHC: Andi Sharp, Jayne Klein, & Tami Dunham  
Music: EveVonne Muff  
Cantor: Don & Rose Thompson, & Grace Reineke  
Servers: Johnny Tremel, Maria Puck, & Anna S.  
Care Center: Andi Sharp, Mary Jane

### Dunlap Community Vacation Bible School July 15<sup>th</sup> thru 20<sup>th</sup> 6:00 – 8:30pm

All Preschool-6th Grade students (as of the 2017-2018 school year) are encouraged to attend. To register call 643-5612  
Dunlap United Methodist Church



REP will be starting soon and we are in need of teachers and helpers! Please consider donating your time once a week for the benefit of our children in our church. for more information contact Dawn Fokken dlfokken@gmail.com or call the office 643-5115

## Hallelujah!



### This Week's Sacred Heart Birthdays

**JULY**  
14<sup>th</sup> Samantha Fitchhorn  
14<sup>th</sup> Annalee Coenen  
16<sup>th</sup> John Sullivan  
16<sup>th</sup> James Sullivan  
16<sup>th</sup> Deborah Tremel  
17<sup>th</sup> Franz Reisz  
21<sup>st</sup> Matthew Monahan  
22<sup>nd</sup> Bailey Swenson  
22<sup>nd</sup> Brenner Sullivan  
25<sup>th</sup> Evan Olson  
26<sup>th</sup> Olivia Bartels  
27<sup>th</sup> Margaret Reisz  
29<sup>th</sup> Julieta McHugh  
30<sup>th</sup> Abby O'Day



### This Week's St. Patrick Birthdays



14<sup>th</sup> Zachary unham  
14<sup>th</sup> Owen Lehan  
14<sup>th</sup> Dana Sturgill  
14<sup>th</sup> Aileen Heffernan  
15<sup>th</sup> Bennett Lee  
17<sup>th</sup> Lauryn Muff  
19<sup>th</sup> Clarice Rule  
20<sup>th</sup> Georgan Assmann  
22<sup>nd</sup> Kathleen Hanigan  
23<sup>rd</sup> Susan Cogdill  
23<sup>rd</sup> Gerald Malone  
23<sup>rd</sup> Gavin Amunson  
26<sup>th</sup> Peter Heller  
26<sup>th</sup> Patrick Heffernan  
26<sup>th</sup> Robert Fouts  
28<sup>th</sup> Mary Klein  
28<sup>th</sup> Julie Hanigan  
28<sup>th</sup> Chelsey Schwery

Thank you to those that have stepped up and volunteered to help with the watering this summer. I do need some more weeks filled in tho. Please let me know if you are willing to commit to watering for a 2 week period.  
thanks Debbie



# The Four-Word Prayer That Could Change Everything In Your Life

Taken from "[Come Matter Here](#)" by Hannah Brencher



On the days when I get really fearful, I say a tiny prayer. It's called a breath prayer. During a series my pastor in Connecticut taught on the Beatitudes, he taught us how to say breath prayers — short prayers that get right to the point. You can say them anywhere and in any posture. **You simply pick a sentence, something that looks like a prayer, and repeat it under your breath over and over again, as the song of your heart, a battle refrain. Not long after, the breath prayer makes a little space in your heart and stays there.**

I love the idea of breath prayers. There are plenty of times when I can't find the words or don't have the energy to get on my knees and pray. There are even times when I feel like my prayers aren't good enough, as if God won't meet me in my mess. There are days when I feel like every word that comes out of my mouth is fake or forced. Breath prayers help me bridge the gap between praying sometimes and praying without ceasing.

**My breath prayer for when fear tries to overcome me is simple: "Reduce me to love".**

This prayer is not asking that I'll be propelled into something bigger for this world. The prayer is "reduce." Make me smaller. Help me get out of my own way. It's a classic John 3 kind of prayer. In John 3, John the Baptist says flat-out, "I'm not it. I'm not meant to be the center of attention." He tells his disciples that he was sent ahead to prepare the way for the bridegroom. "He must become greater; I must become less" (John 3:30). My heart needs this reminder constantly: "*You are not the center of the universe. You are not the most important. That's God.*" If I want to be open to what God has for me, I also must be open to decreasing, to becoming less.

I stick close to writer Flannery O'Connor's words in her prayer journal:

*"Dear God, I cannot love Thee the way I want to. You are the slim crescent of a moon that I see and myself is the earth's shadow that keeps me from seeing all the moon. Please help me to push myself aside."*

The world doesn't tell us a story about reduction. It tells us to be front and center, always impressive. The gospel is a different story. **Gospel-living requires us to get smaller as we go, so that God can be amplified.**

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**Fr. Joel's note:** *this prayer method of the "breath prayer", or short prayer, has deep roots in our Catholic tradition. It is found in the classic work, "The Cloud of Unknowing" from the 1300's, or our litanies, or the Chaplet of Divine Mercy, or the "Jesus Prayer" of the Orthodox tradition, or in the teaching on Centering Prayer by the Cistercian monk Fr. Thomas Keating.*

*This article is offered as a way to help us to pray more and to pray better.*