



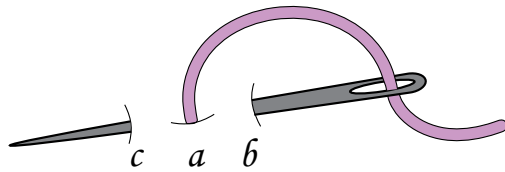
# My Favorite Embroidery Stitches

by Pearl P. Pereira

Copyright 2016

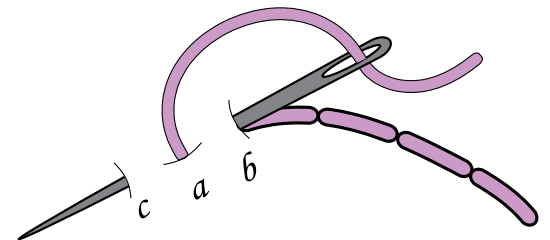
The following embroidery stitches were used in many of my quilt patterns. Refer to the pattern for thread color and stitches used in the quilt you are making.

## Back Stitch



*Step 1.*

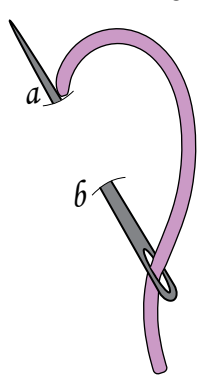
Bring needle up through the fabric at *a*. Take a small backwards stitch inserting the needle going down at *b* and coming up at *c* keeping the stitch length the same length on both sides.



*Step 2.*

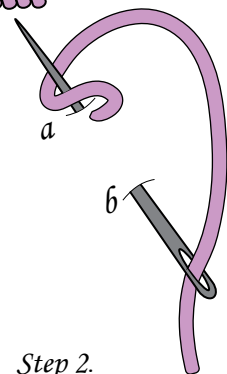
Repeat the stitch following your embroidery drawing.

## Bullion Knot



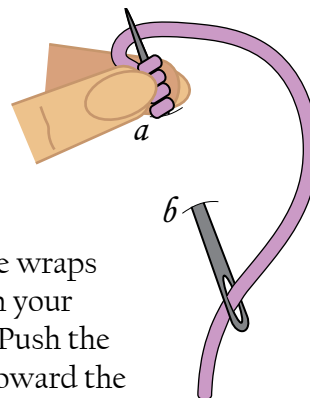
*Step 1.*

Come up at A, down at B, and up at A again.



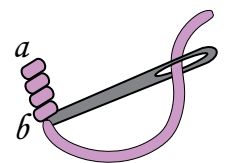
*Step 2.*

Wrap the thread around the needle in a clockwise direction.



*Step 3.*

Hold the wraps between your fingers. Push the wraps toward the fabric, continue wrapping the thread the desired number wraps until the staked wraps are the same width as the space between *a* & *b*.



*Step 4.*

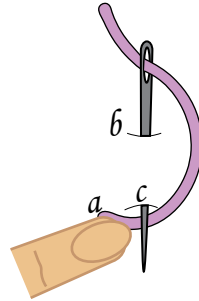
Hold the wraps between your fingers and pull the needle through the wraps away from you to tighten the knot. Pull the needle back down at *b* to finish the knot.



## Buttonhole/Blanket Stitch

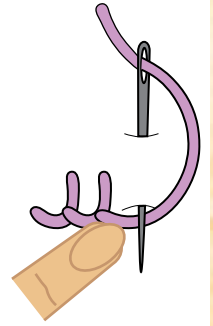
### Step 1.

Come up at *a*, hold the thread with your thumb. Go down at *b*, and up at *c* with the needle over the thread.

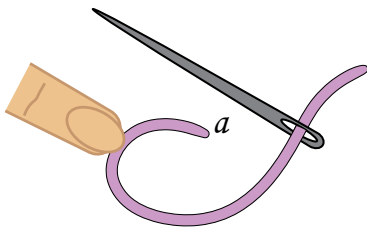


### Step 2.

With the needle over the thread, pull the thread through to tighten the stitch. Repeat.

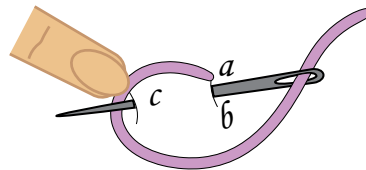


## Chain Stitch



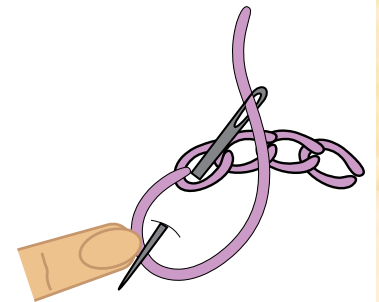
### Step 1.

Come up at *a* form a loop, hold the loop down with your finger.



### Step 2.

Go down at *b* as close as possible to *a*, but in the same hole. Come up at *c* with the needle over the thread.



### Step 3.

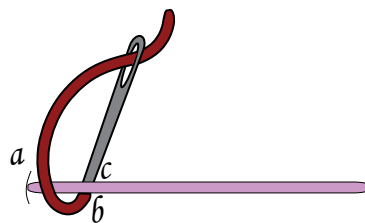
Repeat step 1 & 2.

## Couching Stitch



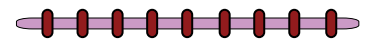
### Step 1.

Come up at *a* with the thread to be couched. Position the thread along the line design line to be couched.



### Step 2.

With a matching or contrasting thread come up at *b* and down at *c* with a small tight stitch. Repeat.

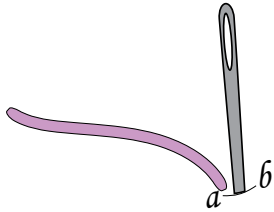


### Step 3.

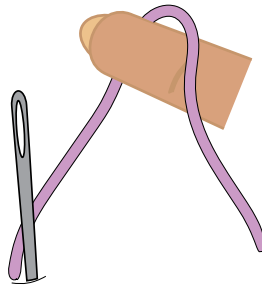
Bring both threads to the back to finish the stitch.



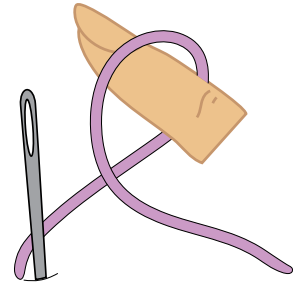
## Drizzle Stitch



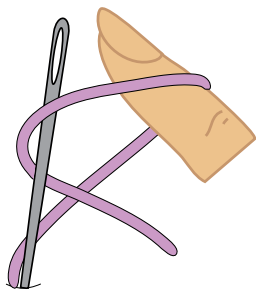
*Step 1.*  
Come up at A, down at B close to A but not in the same hole. Un-thread the needle.



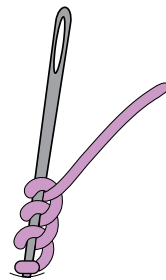
*Step 2.*  
Hold the needle upright with your left hand. Wrap the thread over your right index finger.



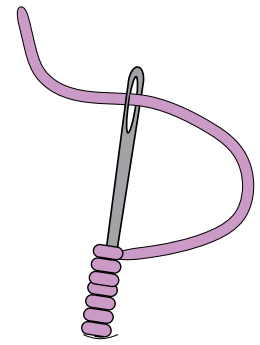
*Step 3.*  
Turn your index finger toward you creating loop.



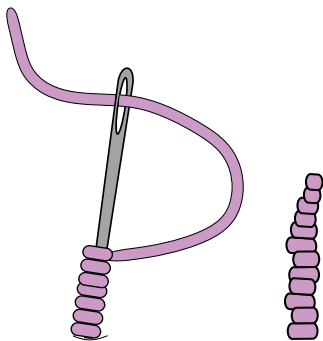
*Step 4.*  
Slip the loop off your finger onto the needle, creating your first cast-on.



*Step 5.*  
Pull the thread tight; slide the thread down to the fabric. Repeat the required number of cast-on stitches.



*Step 6.*  
Re-thread the needle.

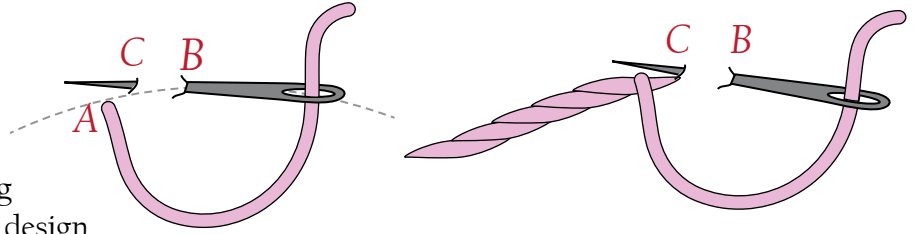
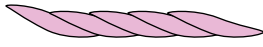


*Step 7.*  
Pull the needle through the cast-on stitches to the back of the fabric to make the Drizzle Stitch.





### Stem Stitch



Work this stitch from left to right, taking regular slightly slanted stitches along the design line. Come up at A and go down at B then up again at C (midway between A & B) keeping the thread below the needle. Repeat B & C following the design line.