SUPPLIES NEEDED
- (3) ¼ yards (18” x 21”): Black Dot, Black Geometric, White Tonal
- One Yard Black Tonal Dots
- One Yard Grey Geometric
- 18” x 52” low-loft batting
- Coordinating thread (match to backing fabric)
- Basic sewing supplies
- Rotary cutter, acrylic ruler, self-healing mat (recommended)
- Ruler, pencil, scissors
- Sewing machine
- Walking/even-feed foot (recommended)
- Iron and pressing surface

BEFORE YOU BEGIN
Read all instructions before beginning project. Do not pre-wash fabrics. Before cutting, press fabrics with a dry iron on cotton setting. Trim away the selvages along the short ends of strips before cutting pieces. Use a ¼” seam allowance and sew fabrics with right sides together (RST) unless otherwise noted. Press seams in the direction of the arrows. wof = width of fabric.

CUTTING
Black Dot:  1 – 9” x 12 ½”
Black Geometric:  1 – 8 ½” x 12”
  1 – 10 ½” x 12”
Black Tonal Dots:  1 – 9 x 14 ½”
  4 – 2 ½” x wof (binding)
White Tonal:  2 – 1 ½” x 9”
  2 – 2 ½” x 9”
  2 – 3 ½” x 12”
  2 – 4 ½” x 12”
Grey Geometric:  1 – 18” x wof (backing)
  1 – 11” x 18” (backing)
  13 – 2” x 16 ½”
SEWING

1. Making the Units (Dia. A):
   - Sew a White Tonal strip (2 ½” x 9”) on each side of the Black Dot rectangle (9” x 12 ½”) to make Unit A. Press seams toward Black Dot.
   - Sew a White Tonal strip (4 ½” x 12”) on each side of the Black Geometric rectangle (8 ½” x 12”) to make Unit B. Press seams toward Black Geometric.
   - Sew a White Tonal strip (1 ½” x 9”) on each side of the Black Tonal Dots rectangle (9” x 14 ½”) to make Unit C. Press seams toward Black Tonal Dots.
   - Sew a White Tonal strip (3 ½” x 12”) on each side of the Black Geometric rectangle (10 ½” x 12”) to make Unit D. Press seams toward Black Geometric.

2. Cutting the Units (Dia. B):
   - With Unit A oriented as shown, square up (trim) left side and cut into three 2 ½” strips.
   - Repeat to cut three 3 ½” strips from Unit B, three 2 ½” strips from Unit C and three 3 ½” strips from Unit D.

3. Sew the two Grey Geometric backing pieces together along the 18” side to make an 18” x 52 ½” backing. Press seam open.

4. Lay out strips cut from Units A-D alternating with the Grey Geometric strips (2” x 16 ½”) as shown in Diagram C.
5. **Quilt-As-You-Go method:** Place backing on a table **wrong** side up. Center batting on top and smooth out any wrinkles. Use a pencil to draw two guidelines 1" from the top and 1" from the left side of the batting as shown in Diagram D. Sew with a basting stitch across the top ¼" from edge to hold the two layers together while adding strips. **Tip:** It is helpful to roll the excess batting/backing from the right side making it easier to fit into your machine.

6. Using the strips laid out in Step 4, place the first strip (Grey Geometric) right side up on top of the batting with the top and left edge aligned to the guidelines (Dia. E). **Tip:** It is **helpful to roll the excess batting/backing from the right side** making it easier to fit into your machine.

7. Place the second strip (Black Dot) RST on top of the Grey geometric strip with right edges aligned and pin though all layers (Dia. F).

8. Stitch ¼" away from right edge, beginning and ending stitching a little beyond the strip onto the batting. This stitching line will be the quilting that will be seen on the back. Open strip and press well (Dia. G). **Tip:** Sewing with an even-feed foot is helpful when sewing through layers.

9. Continue to add the remaining strips using the top guideline to align each of the strips as they are added. Pin, sew and press after each strip is added. Baste the Grey Geometric at each end.

**FINISHING**

10. After sewing the strips, use a rotary cutter and ruler to carefully trim the batting and backing to the same size as the table runner top (16" x 49 ½").

11. Cut the ends of the four Black Tonal Dots binding strips (2 ½" x wof) at a 45-degree angle and sew end to end to make one continuous piece of binding (Dia. H). Fold in half with **wrong** sides together so long edges meet.

12. Pin the binding to the front of the table runner with cut edges even; sew. Turn the folded edge to the back and hand stitch in place (Dia. I).

**FINISHED CARE INSTRUCTIONS**

Wash in cold water, gentle cycle. Lay flat to dry or tumble dry on low.