

Sondalo Table Runner

Finished Size: 14½" x 54½"



Supplies Needed

- 2 Fabric Palette® Sondalo Fat Quarter Bundles (18" x 21") (10 different designs)
- 16" x 56" Low-loft batting
- 17" x 27" Paper-backed fusible web
- Coordinating thread
- Rotary cutter, mat and acrylic ruler
- Masking tape
- Safety pins (size 1 for basting) OR quilt basting spray
- Basic sewing supplies
- Sewing machine
- Even-feed foot (helpful for quilting)
- Iron and pressing surface

Before you begin

Read all instructions before beginning project. Do not pre-wash fabrics. Before cutting, press fabrics with a dry iron on cotton setting. Use a ¼" seam allowance and sew fabrics with right sides together (RST) unless otherwise noted. Press seams in the direction of the arrows.

Cutting

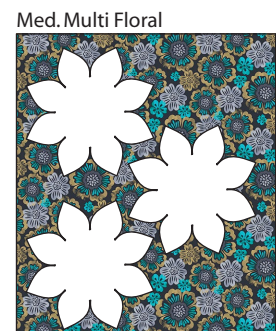
Use a rotary cutter, mat and ruler to cut the number of pieces from each fabric listed below. (wof = width of fabric from selvage to selvage)

Lg. Multi Floral

- 2 – 4 ½" x 14 ½" (Block 1)
- 1 – 7 ½" x 21" (Backing)

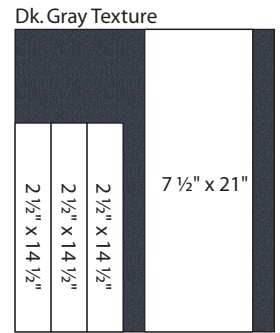
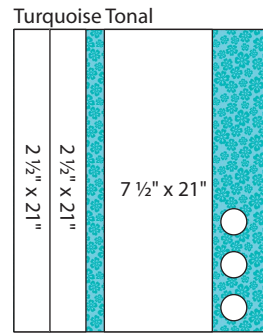
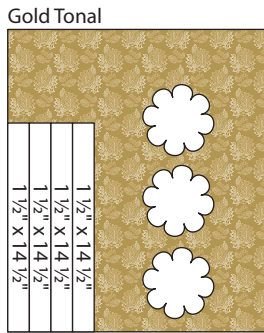
Med. Multi Floral

- 3 – Large Flowers (see Step 4 for instructions)



Gold Tonal

4 – 1 1/2" x 14 1/2" (Block 1)
 3 – Small Flowers (see Step 4 for instructions)



Turquoise Tonal

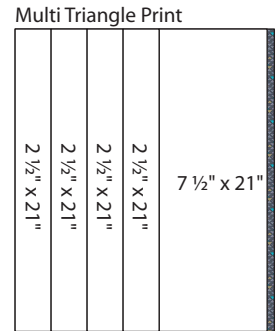
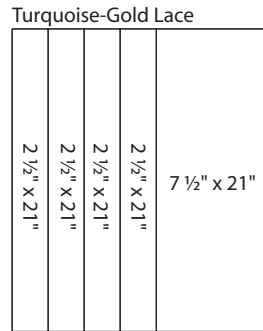
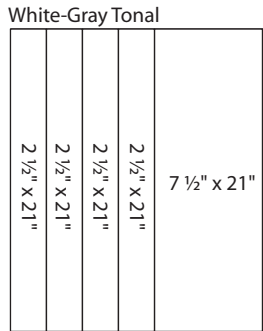
2 – 2 1/2" x 21" (Block 2)
 1 – 7 1/2" x 21" (Backing)
 3 – Flower Centers (see Step 4 for instructions)

Dk. Gray Texture

3 – 2 1/2" x 14 1/2" (Block 2)
 1 – 7 1/2" x 21" (Backing)

White-Gray Tonal

4 – 2 1/2" x 21" (Block 2)
 1 – 7 1/2" x 21" (Backing)

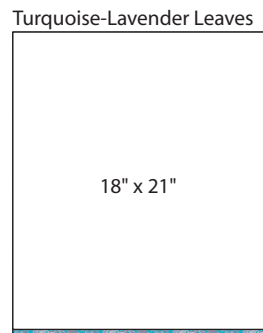
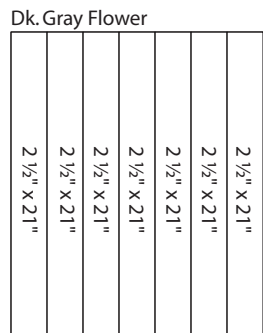


Turquoise-Gold Lace

4 – 2 1/2" x 21" (Block 2)
 1 – 7 1/2" x 21" (Backing)

Multi Triangle Print

4 – 2 1/2" x 21" (Block 2)
 1 – 7 1/2" x 21" (Backing)



Dk. Gray Flower

7 – 2 1/2" x 21" (Binding)

Turquoise-Lavender Leaves

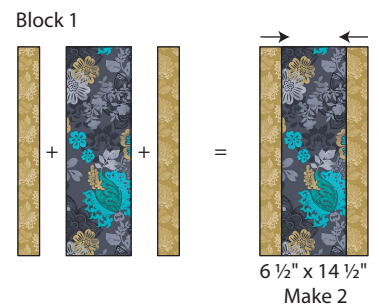
Trim to 18" x 21" (backing)

Sewing

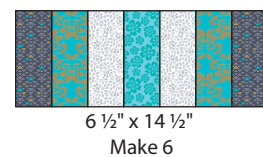
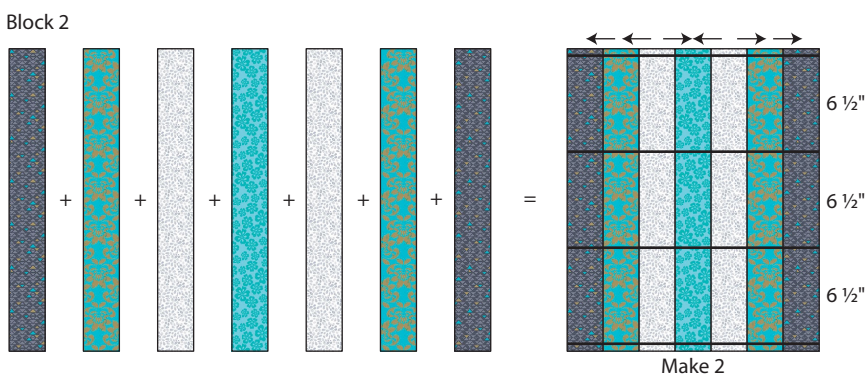
1) Block 1: Place two Gold Tonal rectangles (1 1/2" x 14 1/2") on opposite sides of one Lg. Multi Floral rectangle (4 1/2" x 14 1/2") as shown. Pin, sew and press. Repeat to make two of Block 1 measuring 6 1/2" x 14 1/2" (Dia. A).

2) Block 2: Position the following 2 1/2" x 21" strips as shown in Dia. B: one Turquoise Tonal, two White-Gray Tonal, two Turquoise-Gold Lace, and two Multi Triangle Print. Pin and sew the long sides together; press. The strip set should measure 14 1/2" wide. Straighten one end and cut into three 6 1/2" segments. Repeat to make a second strip set, for a total of six 6 1/2" x 14 1/2" segments.

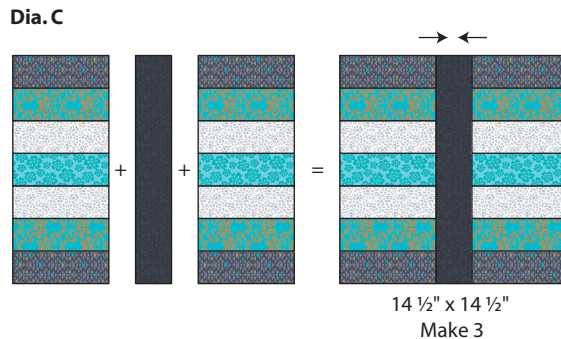
Dia. A



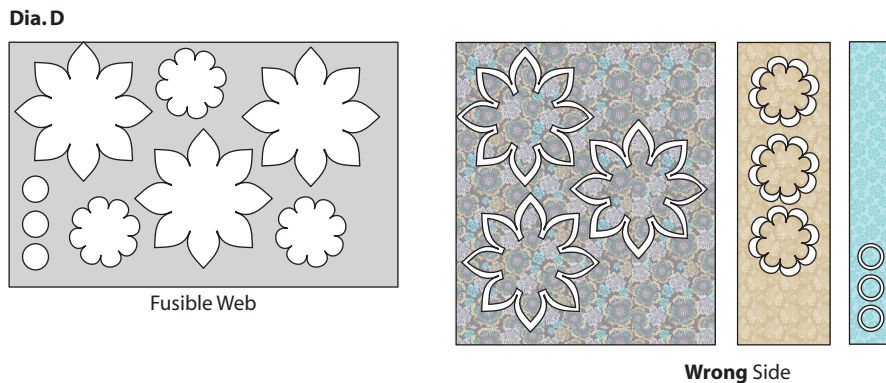
Dia. B



3) Position two segments, made in the previous step, on opposite sides of one Dk. Gray Texture rectangle (2 1/2" x 14 1/2") as shown. Pin, sew and press. Repeat to make a total of three background squares for Block 2, measuring 14 1/2" x 14 1/2" (Dia. C).



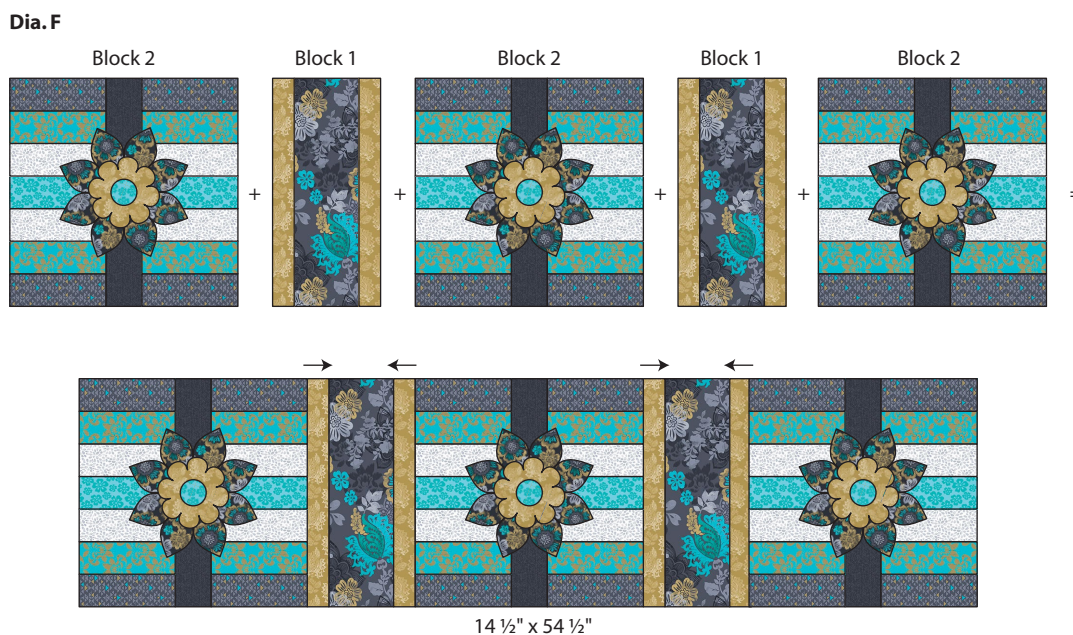
4) **Appliqué Flowers:** Trace three Large Flowers, three Small Flowers and three Flower Centers on the paper side of the fusible web. Cut out each shape 1/8" outside the drawn line. **Tip:** To reduce stiffness, trim the fusible web from the center of each shape, leaving 1/4" all around, before fusing to the fabric. Fuse to the **wrong** side of the fabric following the manufacturer's directions: the three Large Flowers to the Lg. Multi Floral, the three Small Flowers to the Gold Tonal, and the three Flower Centers to the Turquoise Tonal (Dia. D). Cut out each shape on the drawn lines. Remove the paper backing.



5) Center one Large Flower, one Small Flower and one Flower Center on the Block 2 background as shown (Dia. E). Fuse following the manufacturer's directions. Secure the edges of the appliqué shapes with a small zigzag or buttonhole stitch and coordinating thread. Repeat to make three of Block 2.

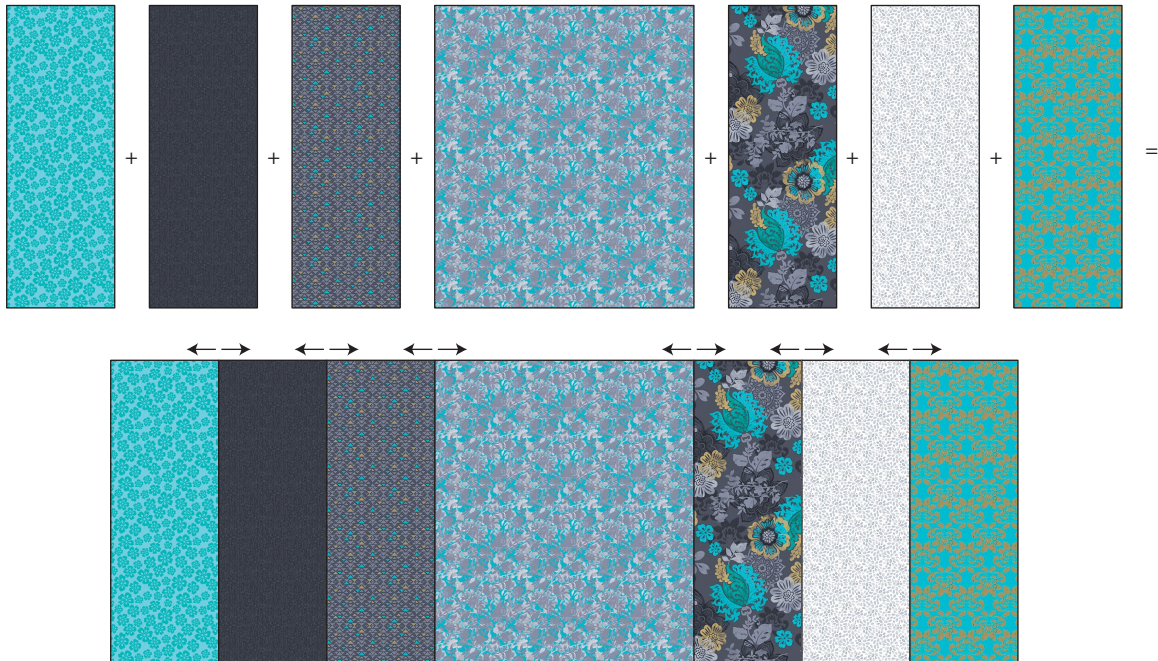


6) Position the blocks as shown (Dia. F). Pin sew and press. The Table Runner top should measure 14 1/2" x 54 1/2".



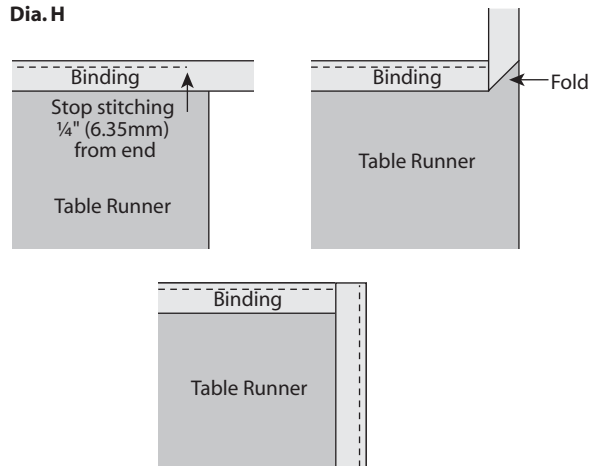
- 7) Follow Diagram G to piece the backing using the 18" x 21" and 7 1/2" x 21" rectangles. Pin the long sides together, sew and press the seams open.

Dia. G



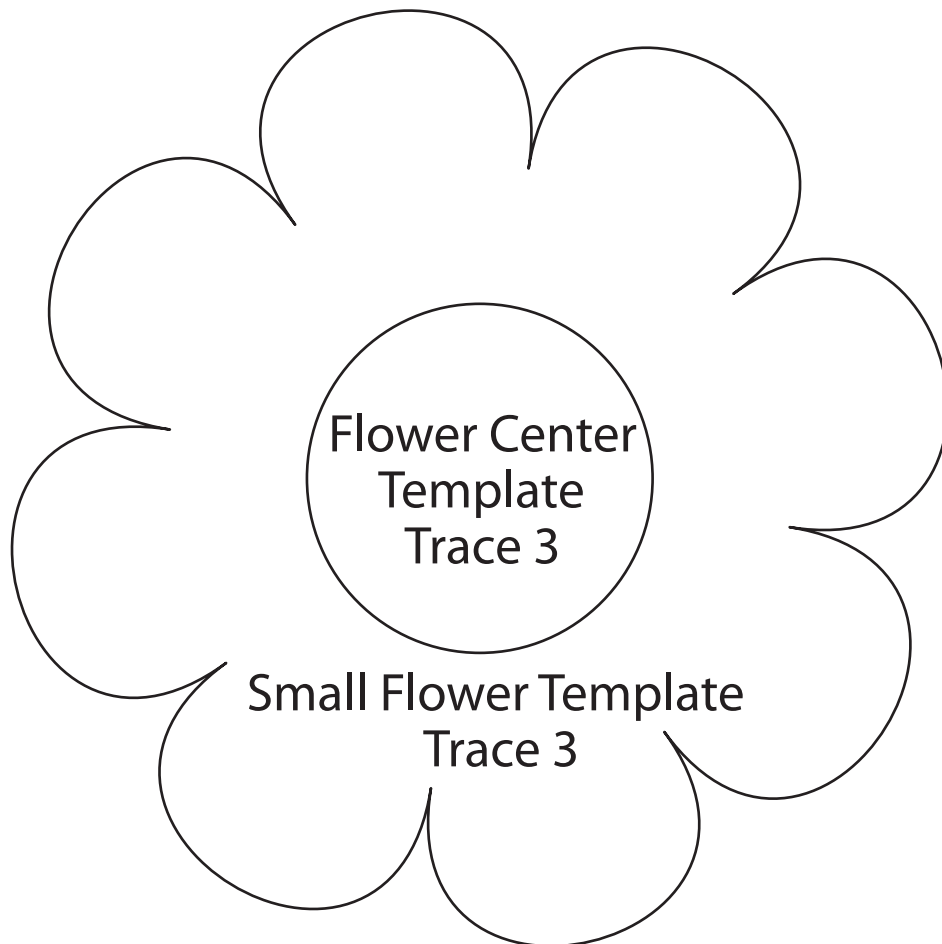
- 8) Press the top and backing well. Place the backing **wrong** side up on a firm surface. Secure the edges with masking tape. Center and layer the batting and top with right side up. Baste the layers together with safety pins or basting spray.
- 9) Begin in the middle to quilt the layers together. "Stitch-in-the-ditch" along the seams in Block 1 and free motion echo quilt around the flower pieces in Block 2, removing the basting as the quilting is completed. **Tip:** Sewing with an even-feed foot is helpful when quilting through multiple layers. Square up corners and edges, trimming excess backing and batting even with the table runner top.
- 10) To make the binding, sew short ends of the seven Dk. Gray Flower 2 1/2" x 21" strips RST end to end to make one continuous strip; press seams open. Press one short end 1/4" to the **wrong** side. Fold in half lengthwise with **wrong** sides together; press.
- 11) Attach binding using a 1/4" seam allowance. Leaving a 2" tail on folded end, place raw edges of folded binding even with the edge of table runner top and sew, mitering the corners (*Dia. H*). Overlap ends 1", trim any excess and finish sewing the binding. Fold binding over to back and hand stitch.

Dia. H



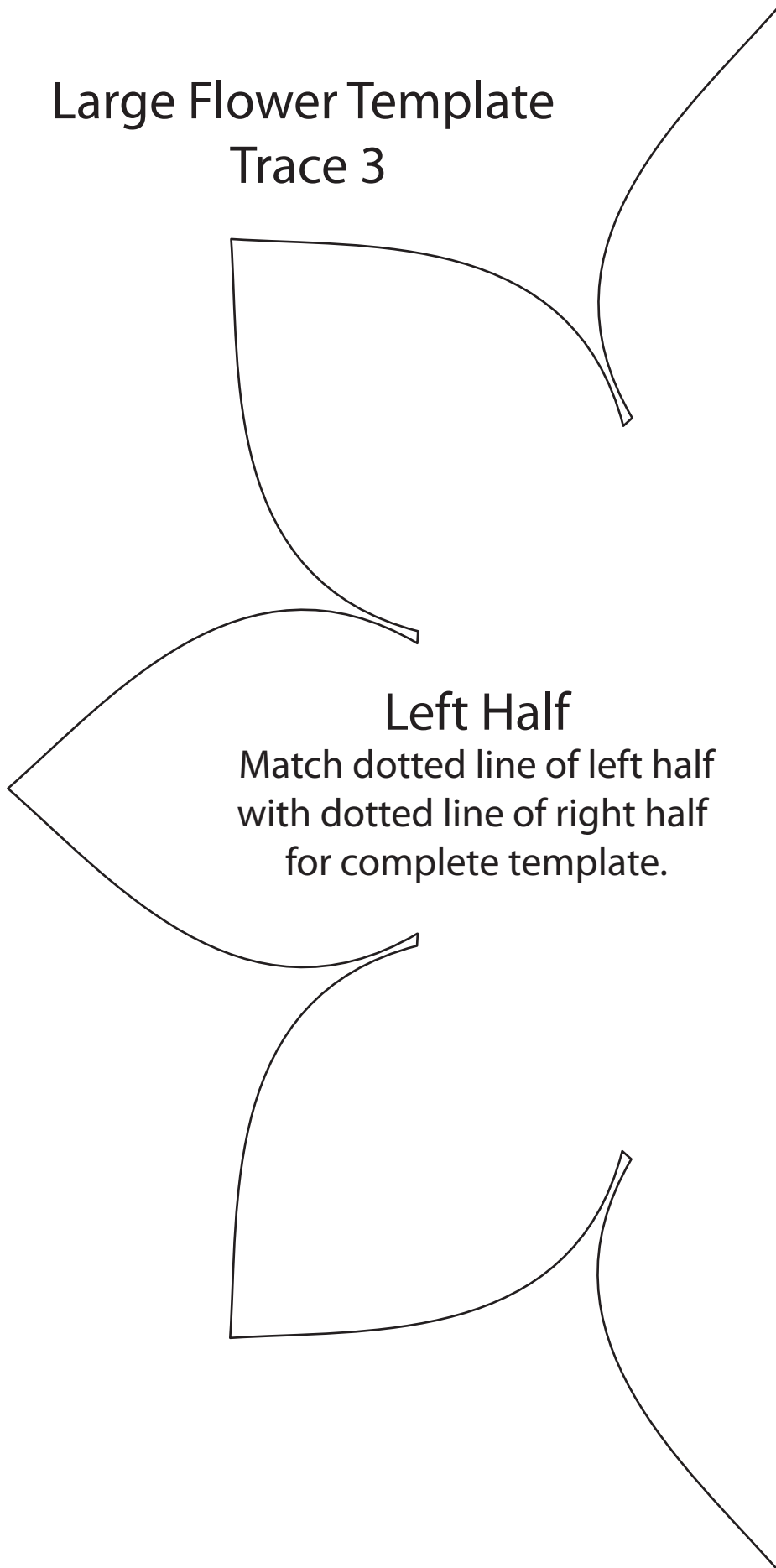
Finished Care Instructions

Machine wash in cold water, gentle cycle; lay flat to dry or tumble dry low.



Large Flower Template

Trace 3



Large Flower Template Trace 3

