

Ruffles Backpack

Finished Size:
13" (33.02cm) (width)
14 ½" (36.83cm) (length)



Supplies Needed

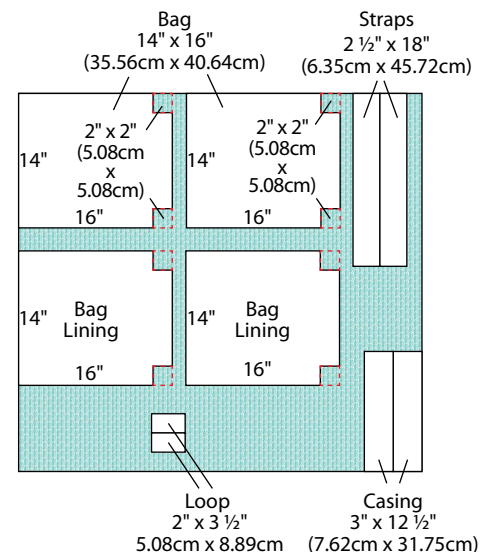
- 1 pkg. Fabric Palette® Nature Birds One Meter (1m x 1.06m / 39" x 42"): *Turquoise Feather*
- 1 pkg. Fabric Palette® Nature Birds Strips (2 ½" x wof / 6.35cm x wof)
- Light weight fusible interfacing - ½ yd (.457m)
- Coordinating thread
- Wooden dowel or chopstick
- Pencil
- Rotary cutter, mat and acrylic ruler
- Safety pin
- Basic sewing supplies
- Sewing machine
- Iron and pressing surface

Before You Begin

Read all instructions before beginning project. Do not prewash fabrics. Before cutting, press fabrics with a dry iron on cotton setting. Use a ¼" (.635cm) seam allowance and sew fabrics with right sides together (RST) unless otherwise noted. Press seams in direction of arrows. wof = width of fabric

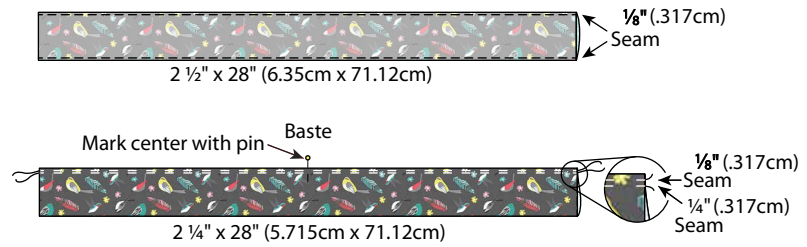
Cutting

- Turquoise Feather:** 4 - 14" x 16" (35.56cm x 40.64cm) rectangles (Bag and Lining)
Cut out 2" x 2" (5.08cm x 5.08cm) square corners on one **14" (35.56cm)** side as shown
- 2 - 3" x 12 ½" (7.62cm x 31.75cm) rectangles (Casing)
2 - 2" x 3 ½" (5.08cm x 8.89cm) rectangles (Loops)
2 - 2 ½" x 18" (6.35cm x 45.72cm) strips (Straps – these will be sewn to the matching 2 ½" x wof strips in the Strips pkg.)
- Strips (trim off selvages):** Set aside the two Turquoise Feather strips (2 ½" x wof) (6.35cm x wof)
Cut 14 remaining strips 2 ½" x 28" (6.35cm x 71.12cm) (Ruffles)



Sewing

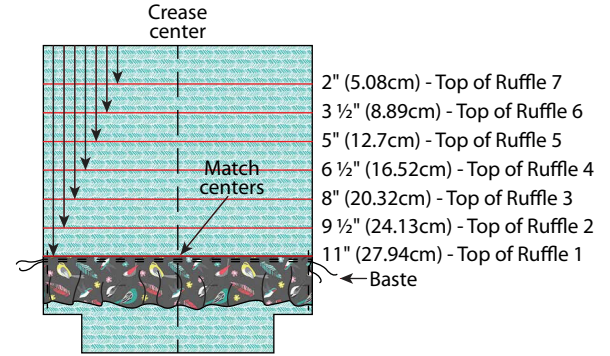
1. Select two 2 ½" x 28" (6.35cm x 71.12cm) strips of the same fabric and place RST. Sew both long edges using a narrow ⅛" (.317cm) seam to make a tube for the Ruffle. Turn right side out with seams at top and bottom; press. Find center and mark with a pin. Finished Ruffle should measure 2 ¼" x 28" (5.715cm x 71.12cm). Repeat to make a total of seven Ruffles using the remaining 2 ½" x 28" (6.35cm x 71.12cm) matching strips.



2. Sew two rows of gathering stitches ⅛" (.317cm) and ¼" (.635cm) along one long edge of each of the seven Ruffles.

3. Fold Backpack Front in half and crease to mark center. Start with the bottom Ruffle and baste short ends to each side of Backpack Front. Match centers and pin. Top edge of Ruffle should measure 11" (27.94cm) from the top edge of the Backpack. Pull gathering threads from each end and adjust gathers evenly across the width; pin. Sew between the rows of gathering stitches as well as the ends at the side edges of Backpack.

4. Pin and sew the next Ruffle at the 9 ½" (24.13cm) line, continuing to work your way up to the top for a total of seven Ruffles. For proper placement, measure from the top edge of the Backpack to the top edge of each Ruffle. **Note:** Refer to photo for placement of designs.

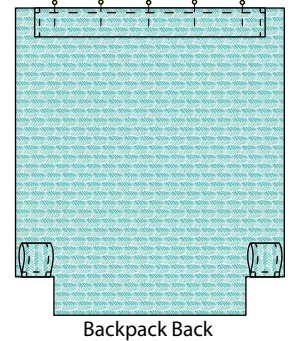


5. Press short edges of Casing ¼" (.635cm) twice to the **wrong** side and sew close to inside fold to hem. Fold with **wrong** sides together so long edges meet; press.

6. Center one Casing on the Backpack Front RST with cut edges even; pin and baste. Repeat for the Back.

7. Fold a Loop piece in half RST so long edges meet and sew only the long edge. Press seam open and turn right side out. Center the seam on the back; press. Repeat to make a second Loop. Topstitch the long edges.

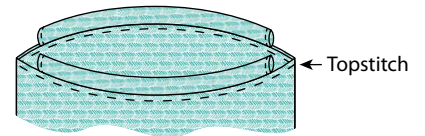
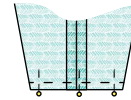
8. Fold the Loop so cut ends meet and seam is centered on inside. On the right side of the Backpack in each back corner, center and pin a Loop with edges even; baste.



9. Sew the Backpack Front and Back RST along the sides and bottom, leaving corners open. Press seams open.

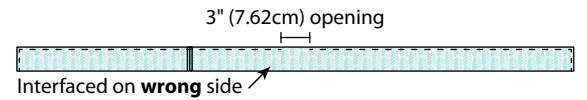
10. Open Backpack so side and bottom seams meet RST. Pin and sew from edge to edge to box each corner. Backstitch over the Loop ends to reinforce.

11. Repeat Steps 9 and 10 (minus the loops) to sew the Lining, leaving a 4" (10.16cm) opening in the bottom for turning right side out.



12. Place Backpack inside Lining RST with side seams and top edges even; pin and sew around the top edge. Turn Backpack right side out and sew opening in Lining closed. Push Lining inside bag so Casing is at top edge of bag; press. Topstitch close to top edge.

13. Place a 2 ½" x wof (6.35cm x wof) strip and 2 ½" x 18" (6.35cm x 45.72cm) strip RST and sew on the short ends to make a Strap 2 ½" x 58" (6.35cm x 147.32cm). Repeat to make two Straps. Cut 2 ½" (6.35cm) strips of interfacing to cover the **wrong** side of each Strap. Follow manufacturer's instructions to fuse the interfacing to the **wrong** side of each Strap. Fold Straps RST and stitch around three sides leaving 3" (7.62cm) open to turn. Turn right side out and use wooden dowel to carefully push out corners; press. Topstitch close to all edges, closing opening.



14. Attach the safety pin to the end of one Strap and feed it through one Casing, then back through the second Casing. Pull to make the ends even. Repeat for the second Strap beginning at the opposite end of Casing.

15. Pull both ends of each Strap through a Loop and tie an overhand knot. Adjust length of Straps as needed.

Finished Care Instructions

Wash in cold water and hang to dry. Press if needed.