



Yoga Bag

Finished size: 12 1/2" x 15"

SUPPLIES NEEDED

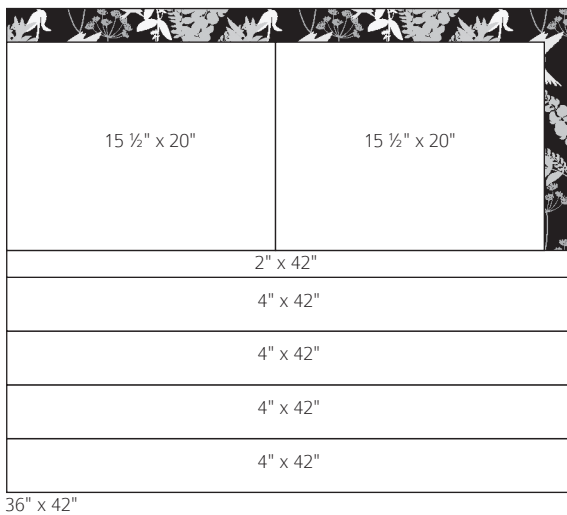
- 1 - 1 Yard Canvas (Multi Leaves and Birds)
- 1 - 1 Yard Cotton (Blue Birds)
- Coordinating thread
- Removable marker
- Safety pin
- Basic sewing supplies
- Sewing machine
- Iron

BEFORE YOU BEGIN

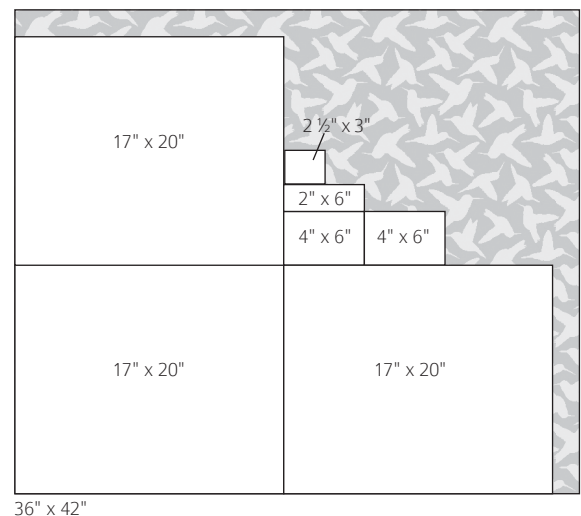
Read all instructions before beginning project. Do not prewash fabric. Before cutting, press fabrics with a dry iron on a cotton setting and trim off selvages. Use a 1/2" seam allowance and sew fabrics with right sides together (RST) unless otherwise noted. Press seams in the direction of arrows. wof = wof of fabric.

CUTTING

Multi Leaves and Birds Canvas: 2 – 15 1/2" x 20" (bag)
 1 – 2" x 42" (drawstring)
 4 – 4" x 42" (straps)

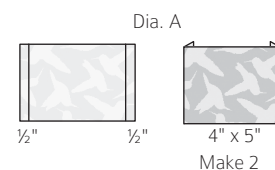


Blue Birds Cotton: 3 – 17" x 20" (bag lining and pocket)
 2 – 4" x 6" (handle)
 1 – 2" x 6" (key tab)
 1 – 2 1/2" x 3" (front drawstring opening)

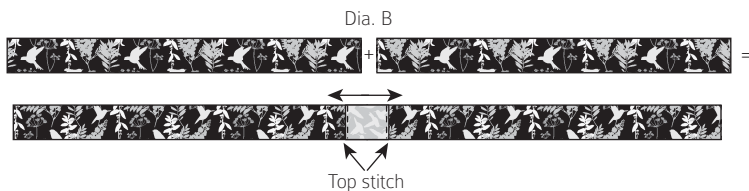


SEWING

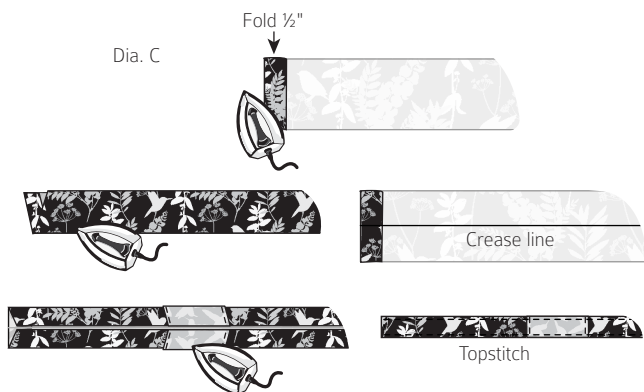
1. Fold the Blue Birds handles (4" x 6") 1/2" to the wrong side on the short edges. They should measure 4" x 5" (Dia. A).



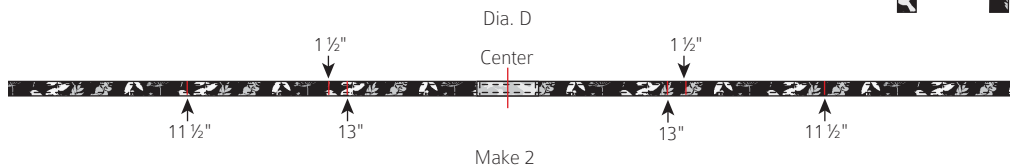
2. Pin two Multi Leaves and Birds straps (4" x 42") RST on one short edge; sew and press the seam open. On the right side, center the Blue Birds handle over the seam and topstitch along the folded edges (Dia. B).



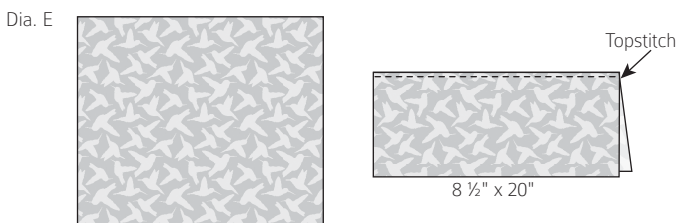
3. Fold the Multi Leaves and Birds straps **wrong** sides together so long edges meet; press to crease the center. Open and fold the ends 1/2" to the **wrong** side and the long edges to the center crease. Fold in half again so that pressed edges meet; topstitch around all edges (Dia. C).



4. Measure 13" from the center of the Blue Birds handle on each side and make a mark on both sides as shown in Diagram D. Mark the remaining measurements (1 1/2", 11 1/2") as shown. Repeat to mark a second strap.



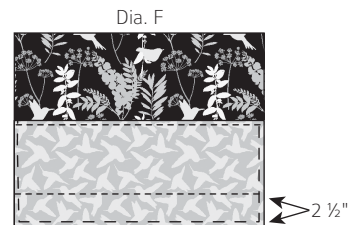
5. Fold one Blue Birds pocket (17" x 20") in half with **wrong** sides together so long edges meet. Pocket should measure 8 1/2" x 20". Topstitch 1/4" from the folded edge (Dia. E).



6. Place the Blue Birds pocket on the right side of one Multi Leaf and Birds bag (15 1/2" x 20"), folded edge at the top with sides and

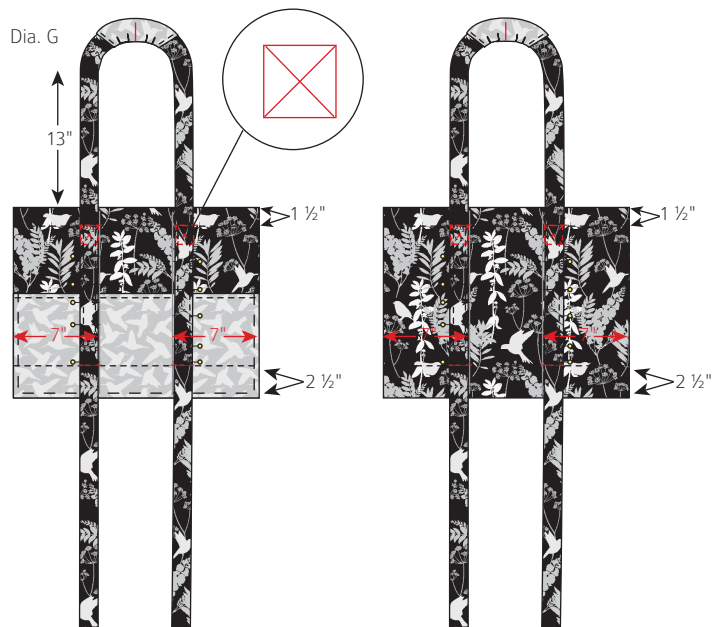
bottom matching; pin and baste the edges together (Dia. F).

7. Draw a line 2 1/2" from the bottom and sew through all layers along the drawn line (Dia. F).



8. Draw a line 1 1/2" from the top edge of the bag. Draw two vertical lines 7" from each side so they are 6" apart. Place one strap along these lines, matching the 13" marking with the top edge of the bag. Pin the strap to the bag and sew on top of the previous stitching on the strap on both edges, starting at the 1 1/2" mark and stopping at the 2 1/2" mark on both sides of each strap.

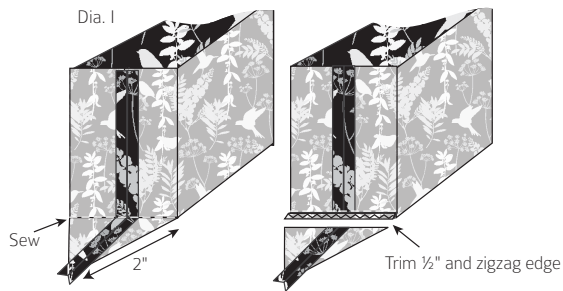
To reinforce the straps at the top, sew an "X" as shown in the expanded detail (Dia. G). Repeat to add the second strap to the other Multi Leaves and Birds bag (15 1/2" x 20" without pocket).



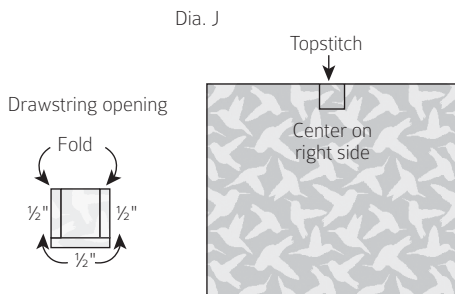
9. Place the Multi Leaves and Birds bag pieces RST; pin, checking that straps are not pinned in seam. Sew the sides and bottom together; press seams open (Dia. H).



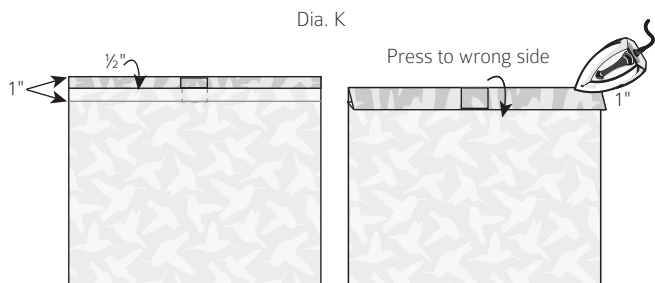
10. Box the bottom by matching the side seam to the bottom seam. Measure 2" from the point and mark from edge to edge; sew. Trim to 1/2" and zigzag edge.(Dia. I).



11. Lining: Fold and press the two short sides and one long side of the Blue Birds drawstring opening (2 1/2" x 3") 1/2" to the **wrong** side to measure 2" x 2". Pin at the center top of a Blue Birds bag lining (17" x 20") on the 20" on the right side edge, with cut edges even. Pin and topstitch around all four edges of the drawstring opening (Dia. J).

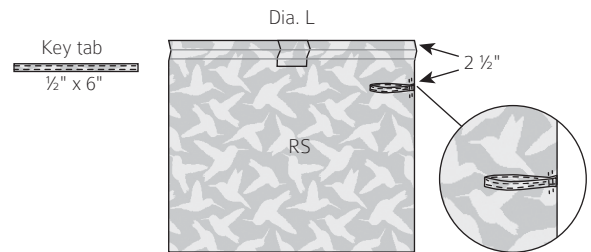


12. Press creases at the top edge of the Blue Birds bag lining 1/2" to the **wrong** side and then again 1" to the **wrong** side. Repeat for the other Blue Birds bag lining piece (Dia. K).

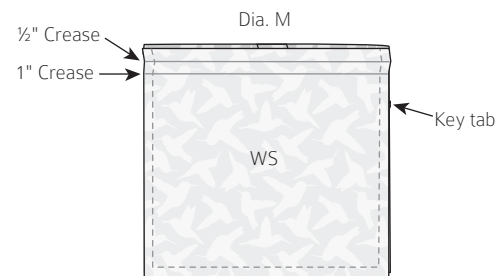


13. Fold the Blue Birds key tab (2" x 6") **wrong** sides together so long edges meet, press to crease the center. Open and fold the long edges to the center crease. Fold in half again so that pressed edges meet; topstitch on both sides.

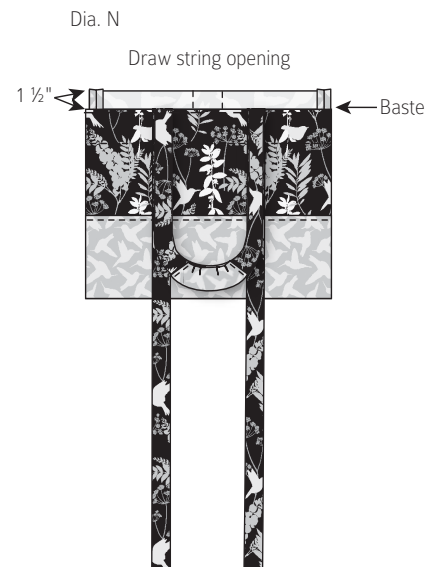
It should measure 1/2" x 6". Fold in half so the cut ends meet. Measure down 2 1/2" from the top edge and pin the key tab with edges even and the fold to the inside; baste (Dia. L).



14. Pin and sew the sides and bottom of the lining together; press the seams open. Refer to Step 10 to box the bottom (Dia. M).

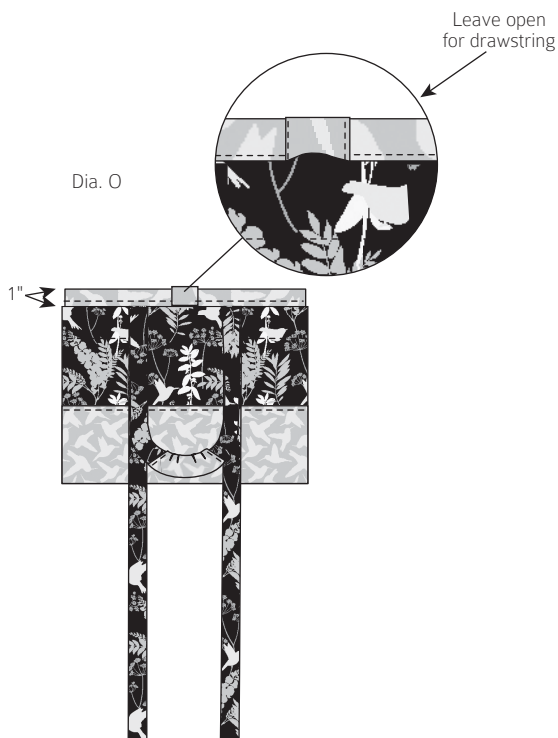


15. Place the lining inside the bag with **wrong** sides together. Position the top of the bag along the 1 1/2" crease in the lining with side seams matching. **Note: Check that the drawstring tab is on the same side as the pocket.** Pin the two pieces together, checking that straps are not pinned in seams; baste (Dia. N).



16. To create the casing and finish the top edge, fold the lining $\frac{1}{2}$ " to the **wrong** side then 1" to the front of the bag along the creases made in Step 12; pin.

Starting on one side of the drawstring tab, sew close to the bottom of the casing through all layers stopping at the other side of the drawstring tab (Dia. O). **Tip: Fold the straps down and pin to the bag to keep from catching them in the seam.**



17. Refer to Step 3 to sew the Multi Leaves and Birds drawstring (2" x 42"). It should measure $\frac{1}{2}$ " x 42". Pin the safety pin to one end, insert into the drawstring opening and feed through the casing. Adjust the drawstring so the ends are even.

18. To secure the drawstring, sew a vertical line through the casing at the center back.

FINISHING

19. Tie a knot at the end of each strap, and drawstring (optional). Place straps around the rolled yoga bag and tie securely.

FINISHED CARE INSTRUCTIONS

Wash in cold water, gentle cycle. Hang or lay flat to dry.