

Boho Girl Shirred Dresses



Finished Sizes (not including straps):

21 ½" x 39" hem circumference - Girl's dress (approx. size 4-6)

8 ½" x 16 ½" hem circumference - 18" Doll's dress - 8" x 10 ½"

Supplies Needed

- Fabric A - Debra Valencia™ Boho Girl Turq Medallions:
1 Half Yard (Girl's dress); 1 Fat Quarter (Doll's dress)
- Fabric B - Debra Valencia™ Boho Girl Turq Damask:
1 Fat Quarter (borders, straps - Girl's dress and Doll's dress)
- Fabric C - Debra Valencia™ Boho Girl Purple Geo:
1 Fat Quarter (trims, bows - Girl's dress and Doll's dress)
- 1 pkg. ¼" White braided elastic
- Coordinating thread
- Removable marker
- Rotary cutter, mat, and acrylic ruler
- Basic sewing supplies
- Sewing machine
- Iron and pressing surface
- Serger (optional)

Before you begin

Read all instructions before beginning project. Do not pre-wash fabrics before cutting. Press with a dry iron on cotton setting. Sew fabrics with right sides together (RST) unless otherwise noted. Backstitch at beginning and end of seams and finish edges with zigzag or serge stitching.

Cutting

Note: Label pieces after cutting.

Girl's Dress:

Fabric A - Boho Girl Turq Medallions:

2 - 18" x 20" (Dress)

Fabric B - Boho Girl Turq Damask:

2 - 5" x 20" (Dress Border)

2 - 2 ½" x 10" (Straps)

Fabric C - Boho Girl Purple Geo:

2 - 1 ½" x 20" (Trim)

2 - 3 ½" x 10" (Straps Back/Trim)

1 - 3" x 21" (Bow)

Elastic: 6 - 12" pieces

Doll's Dress:

Fabric A - Boho Girl Turq Medallions:

2 - 7 ½" x 8 ½" (Dress)

Fabric B - Boho Girl Turq Damask:

2 - 2 ¾" x 8 ½" (Dress Border)

2 - 1 ¼" x 7" (Straps)

Fabric C - Boho Girl Purple Geo:

2 - ¾" x 8 ½" (Trim)

2 - 2 ¼" x 7" (Straps Back/Trim)

1 - 1 ½" x 9" (Bow)

Elastic: 6 - 6" pieces

Sewing

Girl's Dress: Note: Sew using a 1/2" seam allowance.

1. Press one long (20") edge of each Dress piece 1/4" to the **wrong** side, then again 1/4" to the **wrong** side; sew close to inside fold to hem the top edge (Dia. A).

2. To mark braided elastic placement on the **wrong** side of each Dress piece, draw a line with removable marker 5/8" below hemmed edge. Then draw two more lines spaced 5/8" from previous line, for a total of three lines for elastic placement (Dia. A).

3. With RST, fold each Dress piece in half so sides meet and mark the center fold on the **wrong** side. Fold in half again and mark quarters for elastic placement (Dia. A).

4. Follow Step 3 to quarter and mark each elastic braid piece.

5. With **wrong** side facing up, place Dress on pressing surface and pin top edge securely to the surface.

6. Place a piece of elastic along the top placement line with center marks matching and pin horizontally through Dress and elastic. **Note:** Check that you are not pinning to pressing surface. Stretch the elastic so the quarter marks match the Dress marks; pin in place. Pin ends of elastic to side edges of Dress. Unpin Dress from pressing surface.

7. With a straight stitch, secure one end of elastic to Dress, backstitching several times at the beginning of the seam. Set machine for a small zigzag stitch slightly wider than the elastic. **Note:** A straight stitch sewn through the center can be used if zigzag is not available. Continue sewing over the elastic, stretching it taut between marks until reaching the opposite end; stitch ends securely with backstitches (Dia. B). **Tip:** It may be helpful when sewing elastic to use an open-toe or cording foot and a needle-down position if available. Repeat Steps 6 and 7 with the two remaining pieces of elastic on the marked lines.

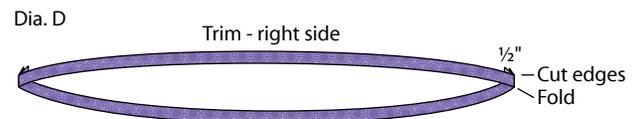
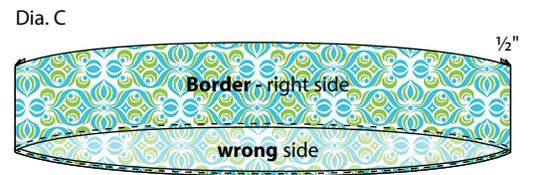
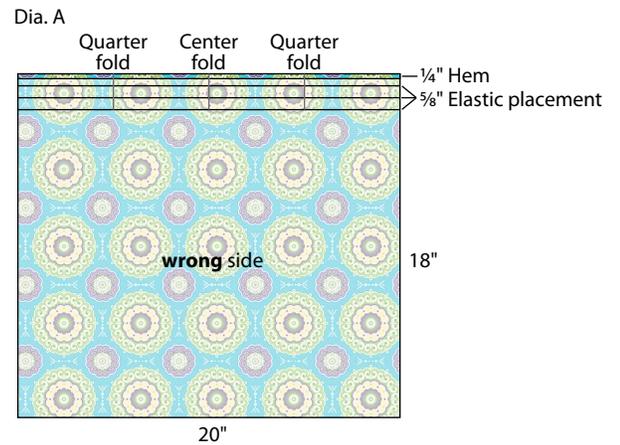
8. Follow Steps 5 - 7 to sew elastic to the second Dress piece.

9. Pin the Dress pieces RST with elastic rows matching and sew the side seams. Turn Dress inside out and try on child. If shirred bodice fits snugly, continue on to Step 10. If shirred bodice is too loose, pin or baste side seams to create the desired fit, checking that the alterations are equal on both seams. Sew seams and trim seam allowances to 1/2". Press open and finish seam edges.

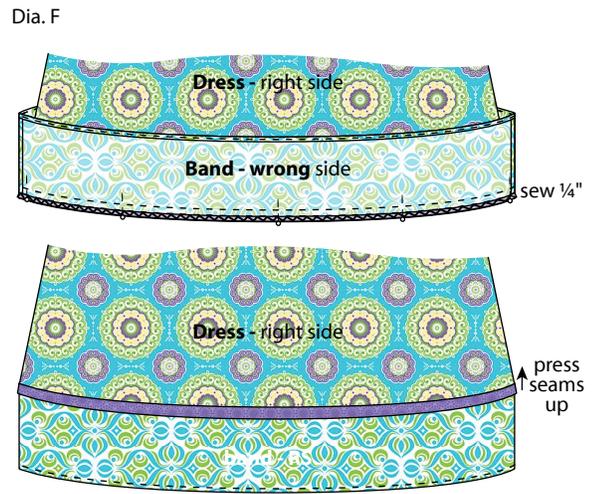
10. Pin the short edges of the two Fabric B Border pieces RST to make a circle. Sew and press seams open. Press one edge 1/4" to the **wrong** side, then again 1/4" to the **wrong** side; sew close to inside fold to hem the bottom edge (Dia. C).

11. Pin the short edges of the Trim pieces RST to create a circle; sew and press seams open. Fold in half **wrong** sides together so long edges meet; press (Dia. D).

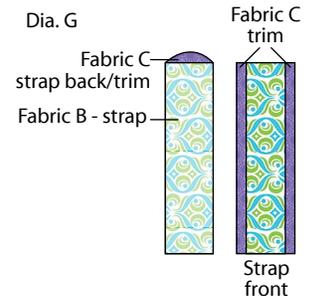
12. Pin the Trim to the right side of the Border with side seams matching and cut edges even; baste (Dia. E).



13. Pin the basted edge RST to the bottom edge of the Dress with side seams matching and cut edges even; sew and press seam towards Dress (Dia. F).

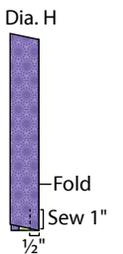


14. Pin the long edges of the Straps and Straps Back/Trim RST; sew with a 1/4" seam to create a tube. Turn right side out and press Strap flat with equal amounts of Trim showing on each side (Dia. G). Repeat for second Strap.

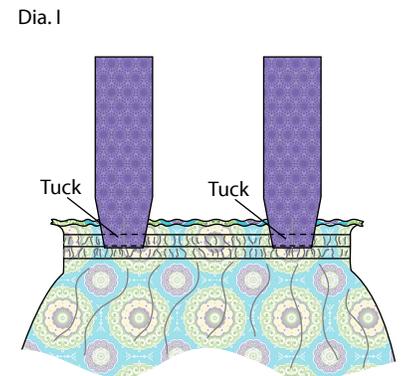


15. Turn the Dress inside out and try on child to pin Straps in place; mark placement on **wrong** side of Dress. Trim Straps if needed leaving 1 1/2" on each end of Strap for sewing to Dress; serge or zigzag each end to finish.

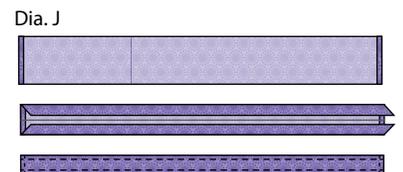
16. To make a 1" tuck on Strap fronts, fold one end of each Strap in half (Trim sides together); pin. Measure in 1/2" from fold and sew 1" up from bottom edge (Dia. H).



17. Pin Straps at placement marks with the bottom edge of Straps over the second row of elastic. **Note:** Check that the tucked end of the each Strap is pinned to the same side of the dress. Zigzag stitch over elastic stitching lines to attach Straps (Dia. I).



18. Press the short edges of Fabric C - Bow 1/4" to the **wrong** side. Fold Bow in half **wrong** sides together so long edges meet; press. Open and fold long edges to center crease; press. Fold so pressed edges meet and topstitch 1/8" from all edges (Dia. J). Tie in a bow and hand stitch to the center of the Shirred bodice or place where desired.



Doll's Dress: *Note: Sew using a ¼" seam allowance.*

19. Press one long (8 ½") edge of each Doll Dress piece ¼" to the **wrong** side, then again ¼" to the **wrong** side; sew close to inside fold to hem the top edge (Dia. A).
20. To mark the elastic placement on Doll's Dress, measure down ½" below top edge of Dress. Mark two more rows ½" from previous row, for a total of three lines for elastic placement.
21. Follow Steps 3-18 to complete the Doll's Dress. ***Note:** Do not use bodice fitting instructions in Step 9. If dress is altered it will not fit over the Doll's body.*

Finished Care Instructions

Machine wash in cold water, gentle cycle; remove immediately from the washer. Tumble dry low or hang to dry.