

Reverse Appliqué T-Shirt and Jeans



Supplies Needed

- One 18" x 20" fat quarter
- T-shirt and jeans
- Heavy thread (embroidery floss, craft thread, or pearl cotton)
- Iron
- Tracing paper
- Black marker
- Basic sewing supplies
- Removable marker or chalk pencil
- *Optional:* Temporary adhesive spray

Instructions

Note: Launder t-shirt, jeans, and fabric before beginning project.

Peace T-Shirt

Cutting

Fat Quarter: Cut 1 - 9" x 10 1/2" rectangle

Marking

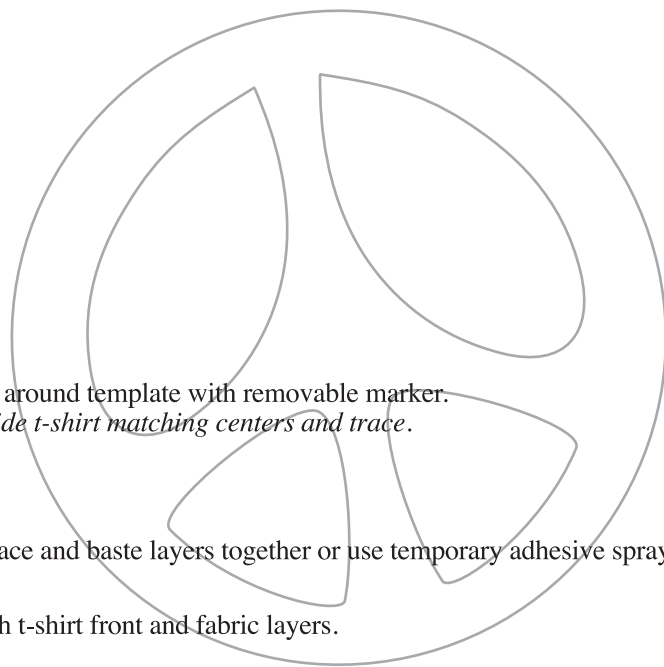
1. Fold t-shirt in half lengthwise to find center. Press fold to mark.
2. Trace large peace sign template on tracing paper with black marker.
3. Cut out template and center on front of t-shirt. Pin in place and trace around template with removable marker. Remove template. *Tip:* For light colored t-shirts, place template inside t-shirt matching centers and trace.

Layering and Stitching

4. Turn t-shirt inside out with front facing up.
5. Place fabric rectangle over design area with wrong side up. Pin in place and baste layers together or use temporary adhesive spray.
6. Turn shirt right side out.
7. With heavy thread, sew on marked lines with running stitches through t-shirt front and fabric layers.

Finishing

8. Inside of stitched area, separate the layers and cut a small hole in t-shirt layer only, using sharp scissors. Carefully trim away the t-shirt layer inside appliqué leaving about 1/8" of t-shirt edge.
9. Turn t-shirt inside out and trim excess fabric away from outside edge of appliqué close to stitching.



Care instructions: Machine wash gentle cycle in cold water. Tumble dry on low or hang dry.

LOVE Jeans

Cutting

From the remainder of the fat quarter: Cut 4 - 6" squares

Marking

1. Trace letters on tracing paper with black marker and cut out.
2. Arrange on pant leg as desired and pin in place.
3. Trace around each letter with removable marker.
4. Remove letters.

Layering and Stitching

5. Turn jeans inside out with design area facing up.
6. Place a fabric square wrong side up over each letter on front of leg. Pin in place and baste layers together or use temporary adhesive spray.
7. Turn jeans right side out.
8. With heavy thread, sew on pattern lines with running stitches through jeans front and fabric layers.

Finishing

9. On the right side of jeans, separate the layers and cut a small hole in jeans layer only using sharp seissors. Carefully trim away the jeans layer inside each appliqué leaving about 1/8" of denim.
10. Turn jeans inside out and trim excess fabric away from outside edge of appliqué close to stitching.

Peace
T-shirt
Template
Stitch on
lines

