



How to make your Abbey Double Pocket Dress

Finished length (as shown on model): 25"

Supplies Needed:

- 1 pkg Little Dress Boutique™ Abbey Pre-cut Dress Pieces
- 1 pkg Little Dress Boutique™ Abbey Strips
- Little Dress Boutique™ Abbey Fabric Quarter: White Multi Floral
- Wood dowel or chopstick
- Safety pin
- Rotary cutter, acrylic ruler & mat
- Scissors
- Basic sewing supplies
- Sewing machine
- Iron & pressing surface



Directions

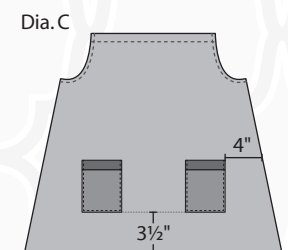
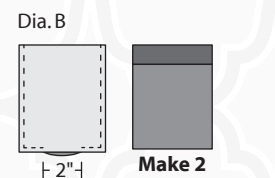
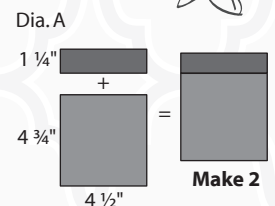
Read all instructions before beginning project. Do not pre-wash fabrics. Use a $\frac{1}{4}$ " seam allowance and sew fabrics with right sides together (**RST**) unless otherwise noted. Backstitch at the beginning and end of each seam to secure stitching. Before cutting, press fabrics with a dry iron on cotton setting. Finish seam allowances with zigzag or serge stitching, or pinking shears.

Fitting Information:

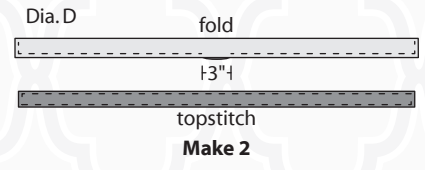
The Abbey Double Pocket Dress as pictured is 25". Consult the fitting information section from the Little Dress Boutique™ Abbey Pre-cut Dress Pieces package for fitting guidelines. Depending on the techniques you choose for embellishment, finished dress length may vary.

Sewing:

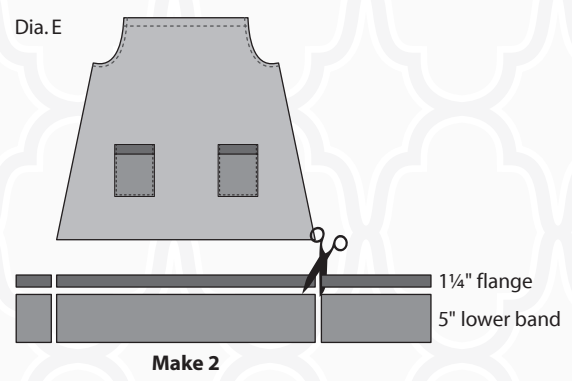
1. Follow Steps 1-3 of the dress instructions to make the dress.
2. Make pockets from the fabric quarter and 5" strips. Cut two rectangles $4\frac{3}{4}$ " x $4\frac{1}{2}$ " from fabric quarter for lower pocket. Cut two rectangles $1\frac{1}{4}$ " x $4\frac{1}{2}$ " from a strip for upper pocket. Place $4\frac{1}{2}$ " sides of pocket pieces together with edges aligned; pin and sew. Press seam allowance toward upper pocket. Make two (Dia. A).
3. Cut two rectangles $5\frac{1}{2}$ " x $4\frac{1}{2}$ " from fabric quarter for lining. Place pocket and lining **RST** and stitch around all sides leaving 2" open at bottom to turn. Turn right side out, pushing out corners and press. Repeat for the second pocket (Dia. B).
4. For pocket placement on dress front, measure $3\frac{1}{2}$ " from the bottom and 4" from the sides, or place as desired. Pin and stitch around the sides and bottom of each pocket, closing the opening (Dia. C).



5. Make shoulder ties from two different 5" strips (to make as pictured on model). Cut one strip in half lengthwise into two 2 ½" x 42" strips. Fold one cut strip in half **RST** so long edges meet and sew ¼" from all cut edges leaving a 3" opening in the center for turning. Turn right side out and use a wood dowel or chopstick to carefully push out corners; press well. Topstitch close to all edges, sewing opening closed. Cut the other strip in half lengthwise and repeat for the second tie (Dia. D). Attach a safety pin to one end of tie and feed it through the front casing; repeat with second tie for the back casing. Pull to gather at shoulders. **Note:** For quick serged ties, sew with **wrong** sides together and finish edges with a serged rolled hem.



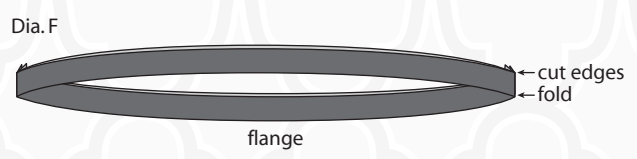
6. Make lower band from 5" strips. Measure the bottom width of the dress and cut two strips 1 ¼" wide by the length of your measurement for the folded flange. Cut two strips 5" wide by the length of your measurement for band bottom (Dia. E).



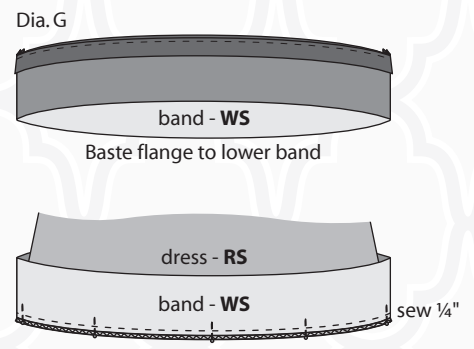
7. Continue with Step 4 of the dress instructions to sew side seams and turn dress right side out.

8. If altering the length of your dress from the fitting information, make sure of the desired length before proceeding. Adding the lower band will add approximately 4" to the length of your dress.

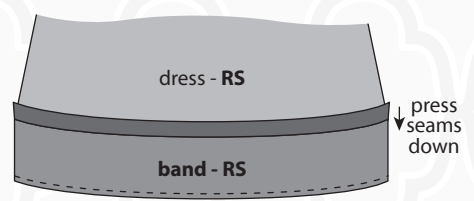
9. Continue making lower band. To make the flange, pin the short edges of the two narrow 1 ¼" strips **RST** and sew with a ½" seam to create a circle; press seams open. Fold **wrong** sides together so long edges meet; press (Dia. F). To make the band, pin the short edges of the 5" strips **RST** and sew with a ½" seam to create a circle; press seams open.



10. Pin the narrow band to the top of the wide band with cut edges even and side seams matching; baste a scant ¼" from the edge. With the folded flange on the inside, pin the lower band to the right side of the dress with cut edges even and side seams matching. Sew using a ¼" seam and press the seam allowance toward the band so the flange is up (Dia. G). Finish edge of seam with zigzag or serge stitching.



11. Press bottom edge of band to the **wrong** side ¼" twice; press. Sew close to edge to hem the dress.



Finished Care Instructions:

Machine wash warm and hang to dry. Press on cotton setting if needed.