

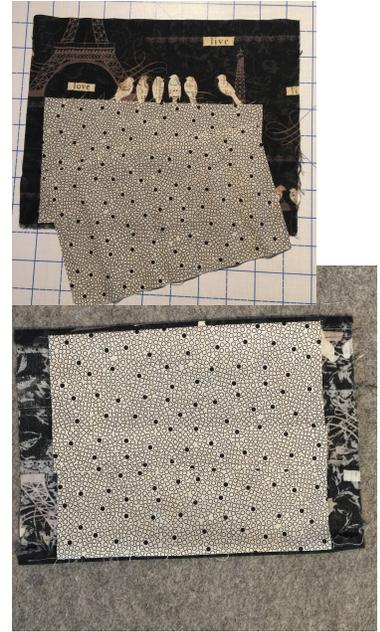
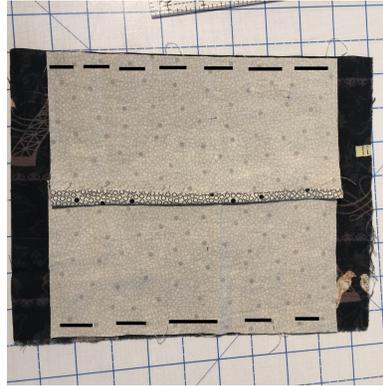
# Pleated Mask with Opening for Filter

## Material Needed:

- (1) 10" x 8" piece of Fabric (Front)
- (2) 7.5" x 5.5" piece of Fabric (Lining)
- either (2) pieces of 6.5" Elastic or (4) pieces of 16" long Ties or (1) 44" shoe lace or Tie
- (1) Nose Wire (pipe cleaner or gardening wire, ends folded in; bread twist ties)

## Steps to Make the Mask

1. Fold and press under **one** 7.5" long side of each lining fabric 1/4" and stitch.
2. Place both lining pieces on front fabric (right sides together), centered. Sew using 1/4" seam allowance.
3. Iron seams toward lining and then fold over to cover main fabric. Lining will overlap.
4. **Create Pleats:** With Main fabric facing, make marks 1" and 2" from top both sides, fold fabric so the 1" mark "kisses" 2" mark, secure/press. Make two more folds on each side. Press folds in place. Turn mask and stitch down each side of mask very close to the edge to firmly anchor the pleated fabric.

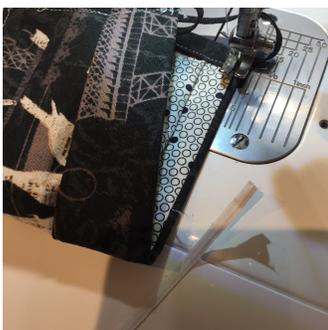


## 5. Finish Sides, Create Tube for Elastic

- On back of mask fold ends 1/4" and press. Fold again to cover the raw edge of the lining fabric and overlap the anchoring stitches. Hold in place with clips. (This creates a tube that can be used to insert a long tie.)

## 6. Sewing tube in place, adding Elastic or tie, and top stitch, adding wire.

- Stitch along inner fold of each side. Tuck end of 7" elastic into top of side tub and secure by back and forth stitching. Secure the other end of this elastic on the bottom of that side. These steps can be combined by starting to sew the tucked in elastic then stitch down to the bottom, secure the other end of elastic. Do not trim thread, but continue around the mask by top stitching around. Repeat elastic on the other side.



- Insert a nose wire in the center of the top of the mask while top stitching around the mask (TOP OF THE MASK: Folds are facing down).

**Mask will measure about 3.5" x 8".**



Pattern modified from this [YouTube Video](#).