

## Block of the Month: October 2015

### Ribbon Twist

For October Breast Cancer Awareness, we selected a block that reminds us of the pink ribbon. Use two different pink fabrics - one darker than the other and a light background to really make the twist pop. Practice accurate cutting and your 1/4" seams with the 2" strips and pieces.

### Materials Needed for a 12 1/2" Block

FAB A (light pink on diagram): A pink fabric (solid or print). Cut: A minimum of 19"x2" strip, sub-cut into two 6 1/2"x2" strips and three 2"x2" squares.

FAB B (dark pink on diagram): lighter or darker pink than FAB A. Cut: A minimum of 31"x2" strip; sub-cut into one 9 1/2"x2" strip, three 6 1/2"x2" strips, and one 2"x2" square.

Background (BG): Use low volume prints or tone-on-tone in a light color. Cut: One 6 1/2"x5" piece; two 6 1/2"x 3 1/2" piece, one 5"x2" strip, one 3 1/2"x2" piece, and one 2"x2" square.

### Instructions

Layout all cut pieces per diagram, and then sew them together in **units** starting in the second row: sew FAB A 2"x2" squares to each side of BG 3 1/2"x2" piece. Sew this unit to FAB A 6 1/2"x2" piece. Add the BG 6.5"x3.5" piece to this unit on short end (referring to diagram for direction). Now make 2 long 12.5" strips: FAB A 2"x2" + BG 2"x2" + FAB B 9.5"x2"; then FAB A 6.5"x2" + BG 5"x2" + FAB B 2"x2". Sew these 2 strips together per diagram. Then sew this long unit to the first unit along the 12.5" side matching seams.

Now sew BG 6.5"x3.5" piece to FAB B 6.5"x2". Sew 6.5"x5" BG to 6.5"x2" FAB B strip. Add to this unit FAB B 6.5"x2" strip as shown in drawing. Sew this unit to BG+FAB B unit as shown, and finally sew the bottom half of block to the top half of block matching seams. Voila.

Make one or several of these blocks (each should be different, please) and bring to the October 5 meeting to start collecting points to win all BOM made by guild members. 5 points/ blocks will get you to enter your name into the drawing pot. See specific BOM guidelines on how to collect points on [www.mpqg.org](http://www.mpqg.org) Activities tab.

**Cutting and Layout Diagram**  
(pieces shown in cut sizes not finished)

