

## Valerie's Quinoa Salad

### Ingredients:

- 2 diced oranges (I prefer mandarins if available)
- 1 diced red pepper
- 3/4 cups dried cranberries
- 3 sliced green onions
- 100g feta, crumbled (3 oz.)
- 2 cups cooked Quinoa

### Dressing:

- olive oil
- rice wine vinegar
- 2 Tbsp. Orange juice concentrate

### Method:

1. Mix all of salad ingredients together.
2. Whisk all of dressing ingredients together.
3. Toss salad with dressing.
4. Refrigerate for several hours before serving.



*Recipes from Ingrid at Quiltessential Co. Inc. St. Albert, Alberta.*