



A good friend is someone who not only gives you a free pattern, but a working model of an adult sized bib and gives it just in time for a Frugal Friday idea! Perfect for my almost completely housebound MIL who can only walk (using a walker) with a lot of pain. So, many meals are prepared and served to her as she sits in her favorite chair in the living room.

As any of you who has ever tried to watch TV.... and eat at the same time... knows, something almost always spills...and often you end up ruining a nice or even favorite piece of clothing. Time to protect and defend the elderly with a 'senior' bib!

And as someone who is *almost* ready for a working model for myself, I know this will not only be appreciated for its feminine look.... unlike a typical adult bib, or the use of a kitchen towel upon one's front.....but for its practicality. It's simply made of a few pieces of fabric, a simple pattern and a little trim. And it can be opened and closed with a simple velcro closure in the back.

And furthermore, it's actually *two* patterns in one! One side of the pattern is a ladie's version with a round collar, and the other side, a typical pointed-end gentleman's collar. Add a bow or a little ribbon for the lady (and perhaps a few decorative buttons) and a nice homemade bow tie for the man.

Enlarge photo and notice the approximate sizing for all...width about 16", length about 29" and the choice of rounded or pointed collars shown. For the body, you create your own pattern in an elongated curved shape as shown. You want it long enough to go down onto the abdomen, wide enough to cover someone's front size, with a neck opening large enough to be comfortable, but not gaping. Enlarge all photos and the rulings on the mat will help you create your own 'to size' pattern.

Cut out a duplicate front and back section out of fabric #1 and a collar from fabric #2 ...using a round collar section for a woman and the pointed collar section for a man. The collar section is folded and place on the fabric's fold and only the side you want is traced and cut-out around.

Sew right sides together, leaving an opening for turning. Top stitch around edges (adding eyelet trim previously, if desired) Trim with buttons or bows and stitch on a little velcro closure...one to each side section, one up on top, one under(on the opposite side.)

As I leave this morning, to drive DH to an unexpected trip to an oral surgeon (for a painfully impacted wisdom tooth) and wisdom tooth removal surgery at 7:40 am today, I'm wondering if there's still enough time to make him a quick gentleman's version....

And if he doesn't want to wear it, I may.....especially after fitting in all of those ice packs, milkshakes, bowls of soup, and ice cream I'm going to be serving in the middle of an already busy schedule!

Added into my plans for working at the State Fair all day tomorrow in our Mid-Valley Quilt Guild's demonstration booth, I suspect I'll be either frothing at the mouth or drooling before the day's end, not to mention that I can never, ever eat without spilling something. And if I'm wearing white or something brand new, or I'm out in public...well, it's guaranteed!

So, it's an absolute given that one of these might just need to fit into my life...at least for private usage ;)

Until then, thanks to 'Friday' for a great gift idea and blog post for my 'Frugal Friday Freebie' pattern giveaway. And if you didn't catch this, my friend's name who gave me the bib and the pattern....is truly Friday! Practically perfect in every way!

other versions..with collars and without:



Want it even longer?

