

Laura Heine Making Fish Supply List

Instructor: Mary Gorfine

(760) 831-3219

marygorfine@gmail.com

We appreciate your support when you buy your supplies from Monica's. Students receive 10% off class supplies and 10% off your entire purchase on class day (excluding sale items)

Pattern: Laura Heine's *Making Fish* pattern. This will introduce you to her strip style patterns. We will make 1 fish in class—I bet you'll have so much fun that you will want to make more!

You won't need a sewing machine in class. You'll go home knowing how to finish your piece

Prep BEFORE class:

- Please read through your pattern so that you are familiar with the process.
- Choose one of the fish and trace your design onto the Pattern Ease with a black Sharpie marker. Note: unlike her other patterns, you will NOT be building your fish on the foundation. Make sure your marks are dark enough to see through your applique pressing sheet.
- Cut your fabrics into 3" x approx. 11" pieces.
- If you are familiar with Steam-a-Seam 2, pre-fuse your fabrics and sort into color families

Supplies:

Fabric: We will have some kits available (enough for at least 2 fish in each kit) for \$20

Choose scraps in 2 color families plus an (optional) light yellow/gold. I suggest 5 to 7 fabrics in each of your main colors and 2 to 3 of the light. You only need 1 piece approx. 3" x 11" of each fabric.

Scraps of polka dot fabric for eyes.

½ yd. Pattern Ease Foundation

1 ¾ yds. regular weight Steam-a-Seam 2, 12" wide

Small, sharp scissors for trimming

Paper scissors

Rotary cutter, ruler, mat

Goddess applique pressing sheet. This is an oversize sheet—your pressing sheet needs to be longer than your fish

Something to hold all those little pieces of fabric while you work. I used a baking sheet with a rim.

Several snack or sandwich bags (to take your extra pieces home)

Recommended: iron & pressing surface—we have some at the shop

A small bag other container for scraps

Painters tape for securing pattern and pressing sheet to work surface

I recommend bringing a mailing or other tube—you can roll your fish around it for travel