
the halton spa cloth trio

A relaxing trio of “spa cloths” to knit & enjoy. If you can cast on, knit, and bind off, you can make a Garter Stitch spa cloth. If you can purl, you can make all three! Just one skein of luxurious Cascade Ultra Pima Cotton + one pair of 4 mm (US 6) knitting needles yields three ~ 6.75” (17 cm) square spa cloths.



GARTER STITCH

Cast on 36 stitches.

Row 1: Knit to end of row.

Repeat this row until your cloth is as long as it is wide (ie. a square).



GARTER + SLIP STITCH

Cast on 41 stitches.

Row 1: *K6, slip 1 stitch purl-wise; repeat from * to last 6 stitches, K6.

Row 2: *K6, P1; repeat from * to last 6 stitches, K6.

Repeat these 2 rows until your cloth is as long as it is wide—end after working a Row 1.



SEED STITCH

Cast on 35 stitches.

Row 1: *K1, P1; repeat from * to last stitch, K1.

Repeat this row until your cloth is as long as it is wide.

GETTING STARTED: Use any cast-on method you like. Personally, I like the long tail cast-on method; it's tidy & flexible.

PRO TIP (optional): Slip the first stitch of every row *knit-wise* to create neater edges.

FINISHING: Bind off knit-wise. Cut your working yarn—leaving a 6” (15 cm) tail—and weave in loose ends on wrong side.

ABBREVIATIONS

K: Knit **P:** Purl

Knit-wise: as if you were going to knit the stitch—ie. enter the stitch from front to back.

Purl-wise: as if you were going to purl the stitch—ie. enter the stitch from back to front.

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