



PATTERN COLLECTION

Home



Pink Promise Blanket

Designed by Afifa Sayeed

SKILL

Knitting

DIFFICULTY

Easy

SIZES

One Size

FINISHED MEASUREMENTS

Length: 48"

Width: 48"

MATERIALS

[Universal Yarn Major](#) (100% acrylic; 200g/328 yds)

- 128 Valentine (A) - 3 skeins
- 121 Strawberry Punch (B) - 3 skeins

Needle: US Size 10 (6 mm) 32" circular or longer (to accommodate large number of sts) *or size needed to obtain gauge*

Notions: Tapestry needle

GAUGE

14 sts x 20 rows = 4" in Stockinette stitch (St st) *after blocking*

14 sts x 26 rows = 4" in garter stitch *after blocking*

Save time, check your gauge.

Knit, Relax, Smile, Repeat!

2025 © Universal Yarn, Inc.

www.universalyarn.com

All rights reserved. This pattern may not be reproduced for business, trade or sale.

Questions? Contact patterns@universalyarn.com

PATTERN NOTES

The Pink Promise Blanket was designed with warmth and coziness in mind, while also carrying a deeper meaning. Worked in soft shades of pink and rose, it serves as a symbol of strength, resilience, and hope during Breast Cancer Awareness Month. The plush, oversized stitches showcase Major's vibrant color transitions beautifully, creating a piece that is as uplifting to look at as it is comforting to wrap around yourself. Whether gifted to a loved one or made in honor of survivors and fighters, this blanket is a heartfelt reminder of care, courage, and community.

This blanket is knit flat modularly from the corner outwards to the edge. We recommend weaving in your ends as you go to save time.

A visual guide is included to help you best understand the construction.

PATTERN BEGINS BLANKET

Block 1

With color A, cast on 14 sts.

Work in St st until piece meas approx. 4" from cast-on edge. Bind off all sts.

Block 2

With color B and RS of Block 1 facing, pick up and knit 14 sts along right edge of Block 1.

Work in garter st until piece meas approx. 4" from picked up edge. Bind off all sts.

Block 3

With color B and RS facing, pick up and knit 28 sts along the upper edge of Blocks 1 and 2.

Work in garter st until piece meas approx. 4" from picked up edge. Bind off all sts.

Block 4

With color A and RS facing, pick up and knit 28 sts along the right edge of piece.

Work in St st until piece meas approx. 4" from picked up edge. Bind off all sts.

Block 5

With color A and RS facing, pick up and knit 42 sts along the upper edge of piece.

Work in St st until piece meas approx. 4" from picked up edge. Bind off all sts.

Block 6

With color B and RS facing, pick up and knit 42 sts along the right edge of piece.

Work in garter st until piece meas approx. 4" from picked up edge. Bind off all sts.

Block 7

With color B and RS facing, pick up and knit 56 sts along the upper edge of piece.

Work in garter st until piece meas approx. 4" from picked up edge. Bind off all sts.

Block 8

With color A and RS facing, pick up and knit 56 sts along the right edge of piece.

Work in St st until piece meas approx. 4" from picked up edge. Bind off all sts.

Block 9

With color A and RS facing, pick up and knit 70 sts along upper edge of piece.

Work in St st until piece meas approx. 4" from picked up edge. Bind off all sts.

Block 10

With color B and RS facing, pick up and knit 70 sts along right edge of piece.

Work in garter st until piece meas approx. 4" from picked up edge. Bind off all sts.

Block 11

With color B and RS facing, pick up and knit 84 sts along upper edge of piece.

Work in garter st until piece meas approx. 4" from picked up edge. Bind off all sts.

Block 12

With color A and RS facing, pick up and knit 84 sts along right edge of piece.

Work in St st until piece meas approx. 4" from picked up edge. Bind off all sts.

Block 13

With color A and RS facing, pick up and knit 98 sts along upper edge of piece.

Work in St st until piece meas approx. 4" from picked up edge. Bind off all sts.

Block 14

With color B and RS facing, pick up and knit 98 sts along right edge of piece.

Knit, Relax, Smile, Repeat!

2025 © Universal Yarn, Inc.

www.universalyarn.com

All rights reserved. This pattern may not be reproduced for business, trade or sale.

Questions? Contact patterns@universalyarn.com

Work in garter st until piece meas approx. 4" from picked up edge. Bind off all sts.

Block 15

With color B and RS facing, pick up and knit 112 sts along upper edge of piece.

Work in garter st until piece meas approx. 4" from picked up edge. Bind off all sts.

Block 16

With color A and RS facing, pick up and knit 112 sts along right edge of piece.

Work in St st until piece meas approx. 4" from picked up edge. Bind off all sts.

Block 17

With color A and RS facing, pick up and knit 126 sts along upper edge of piece.

Work in St st until piece meas approx. 4" from picked up edge. Bind off all sts.

Block 18

With color B and RS facing, pick up and knit 126 sts along right edge of piece.

Work in garter st until piece meas approx. 4" from picked up edge. Bind off all sts.

Block 19

With color B and RS facing, pick up and knit 140 sts along upper edge of piece.

Work in garter st until piece meas approx. 4" from picked up edge. Bind off all sts.

Block 20

With color A and RS facing, pick up and knit 140 sts along right edge of piece.

Work in St st until piece meas approx. 4" from picked up edge. Bind off all sts.

Block 21

With color A and RS facing, pick up and knit 154 sts along upper edge of piece.

Work in St st until piece meas approx. 4" from picked up edge. Bind off all sts.

BORDER

Note: Border is worked with color B only.

Right Edge

With RS facing, pick up and knit 154 sts along right edge of piece. Work in garter st until piece meas approx. 2" from picked up edge. Bind off all sts.



Top Edge

With RS facing, pick up and knit 161 sts along top edge of piece. Work in garter st until piece meas approx. 2" from picked up edge. Bind off all sts.

Left Edge

With RS facing, pick up and knit 161 sts along left edge of piece. Work in garter st until piece meas approx. 2" from picked up edge. Bind off all sts.

Bottom Edge

With RS facing, pick up and knit 168 sts along bottom edge of piece. Work in garter st until piece meas approx. 2" from picked up edge. Bind off all sts.

FINISHING

Gently wash and block to finished measurements. Weave in ends.

Knit, Relax, Smile, Repeat!

2025 © Universal Yarn, Inc.

www.universalyarn.com

All rights reserved. This pattern may not be reproduced for business, trade or sale.

Questions? Contact patterns@universalyarn.com

Abbreviations

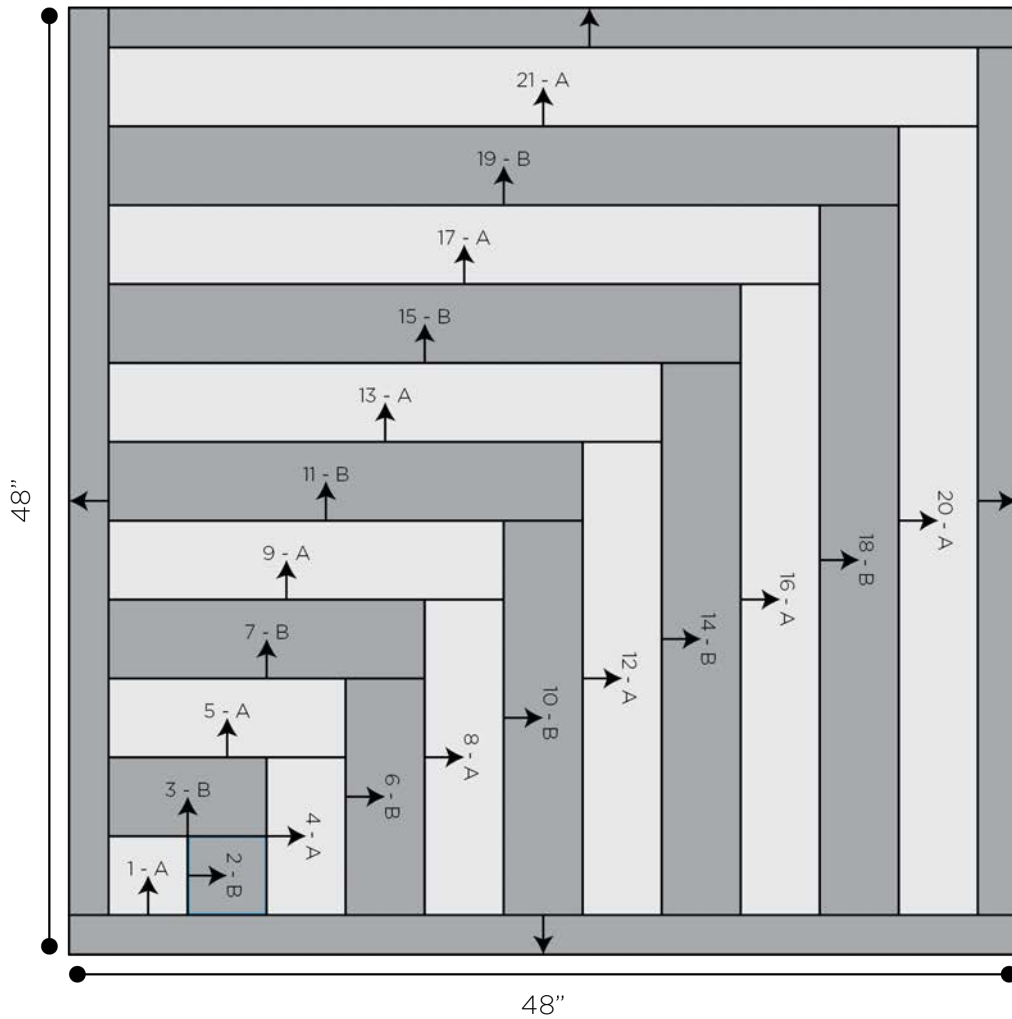
approx. approximately
 garter st knit every row
 k knit
 meas measures
 RS right side

St st

Stockinette stitch (knit on RS rows, purl on WS rows; in the rnd, knit every rnd)
 stitch(es)
 wrong side

st(s)

WS



Key

- color A - St st
- color B - garter st

↑ arrows indicate direction of knitting

Knit, Relax, Smile, Repeat!

2025 © Universal Yarn, Inc.

www.universalyarn.com

All rights reserved. This pattern may not be reproduced for business, trade or sale.

Questions? Contact patterns@universalyarn.com