



MAHALLE TOP DOWN SOCK

Designed for Urth Yarns

Materials: 1 kit Urth Uneek Sock

75% merino, 25% nylon

2 skeins, 50g each

Size: Women's S, M, L – 7 (8, 9)" /17.75 (20.25, 22.75) cm foot length.

3 (3.25, 3.5)" / 7.5 (8.25, 9) cm at widest point on foot, each size .25"/.5 cm wider at calf. To fit

US shoe size: S (4-6.5), M (7-9.5), L (10-12.5)

Total length of sock about 22 (20, 18)" / 56 (51, 45.75) cm from toe to top of cuff.

Needles: US 1 / 2.25 mm 9" circular needle, or 4-5 DPNs for the leg, heel flap, foot, and toe

US 0 / 2 mm 9" circular needle or 4-5 DPNs for a narrower 2x2 rib cuff if desired.

Notions: Stitch markers, small stitch holder, tapestry needle

Gauge: US1/2.25mm 34 sts x 44 rounds = 4"/10cm in stockinette st.

US0/2mm 40 sts x 44 rounds = 4" /10cm in 2x2 rib st if a tighter rib is desired.



Abbreviations:

CO – Cast on

Cont – Continue

DPNs – Double pointed needles

Dec – decrease

K – Knit

K2tog – knit two stitches together

P – Purl

P2tog – Purl two stitches together

PM – Place marker

Rep – Repeat

RS – Right side

Sl – Slip

Ssk – slip 1 st knitwise, slip next st knitwise, return both sts to left needle and knit them together

SM – Slip marker

St(s) – Stitch(es)

WS – Wrong side

Pattern Notes:

"Mahalle" means "neighborhood" in Turkish. This is a Top Down version of the traditional Toe Up sock which has been knit in Turkish families for generations, taught to the girls from the time they can first manage the 4 to 5 DPNs used. No woman follows a written pattern, but learns at the elbow of her elder sister, mother, or auntie.

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The sock starts in the round with a 2x2 rib cuff. The leg is then worked to the heel flap, which is worked flat with decreased vertical sides, so it snugly fits around the wearer's heel. The foot is then worked again in the round to the flat toe box decreases, and the tip of the toe is grafted together using Kitchener Stitch and working yarn. Note: The Leg section is 4 sts larger than the Foot. The number of Leg or Foot sts is easily increased or decreased at the Heel flap section for better fit, as desired. The foot and leg lengths below can also be adjusted as desired, based on the total length per size as noted above.



Pattern:

2 x 2 Rib Cuff:

CO 64 (68, 72) sts using smaller DPNs/circular needle, if desired. Or use the larger needle for the entire sock, as is usually done by Turkish knitters. PM to denote EOR.

All Rounds: *K2, p2* to EOR.

Rep until work measures 3.5"/9cm or desired length. Cuff pictured is 3.5"/9cm.

Switch to the larger needle(s) or continue with that size.

Leg:

Knit 64 (68, 72) sts in the round until the Leg measures about 12 (9, 6)" / 30.5 (23, 15) cm from the start of the Leg section (**not** including cuff).

Short Row Heel Flap – Worked Flat:

Rearrange the sts so that 32 (34, 36) top/instep sts are reserved on the circular needle, on a stitch holder or reserve needle, using point protectors to keep the sts in place. PM if needed. Knit until the end of these stitches so that the working yarn is ready to work the Heel Flap, which is worked **only** over the remaining 32 (34, 36) sole sts with 2 DPNs.

Row 1 (RS): Knit 32 (34, 36), turn work

Row 2 (WS): Purl 32 (34, 36), turn work

Rep rows 1-2 until heel flap measures 2"/5cm, ending on a WS row.

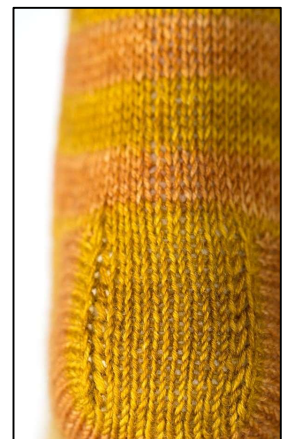
Turn Heel:

Divide these sts on three DPNs, as follows: left hand needle 11 (12, 12) sts, center (working) needle 10 (10, 12) sts, right hand needle 11 (12, 12) sts. The second or center needle is the working needle when turning the heel, therefore work the following rows on the center needle and incorporate stitches from side needles 1 and 3 as indicated:

Row 1 (RS): Knit until 1 st remains on working needle. K2tog using the remaining st on the working needle and the first st on side holding needle. Turn work.

Row 2 (WS): Purl until 1 st remains on working needle. P2tog using the remaining st on the working needle and the first st on other side holding needle. Turn work.

Cont until all left and right ndl sts have been worked on to the center ndl. 10 (10, 12) sts.



Foot: Heel to Toe Box – Knit in the Round

RS: Repositioning sts onto DPNs or circular needles as worked, knit the center needle 10 (10, 12) sts, pick up 9 (10, 10) sts on the side of the heel flap, knit across the reserved 32 (34, 36) top/instep sts, pick up 9 (10, 10) sts on the other side of the heel flap. 60 (64, 68) sts. (4 sts dec from Leg st count).

Knit until the sock measures 5.5 (6.5, 7.5)"/14 (16.5, 19) cm from the end of the Heel Flap.

Toe:

Divide work on to two DPNs so that half the stitches are on each DPN and the EOR marker is at the end of the second DPN. The EOR marker may be attached directly to the work rather than held at the end of the DPN to ensure consistent tension while completing the toe box.

Round 1: *K1, ssk, k to 3 sts from end of first DPN, k2tog, k1, rep from * on second DPN.

Round 2: Knit all sts

Rep Rounds 1 - 2 until 8 (12, 16) sts rem on each needle. Using Kitchener Stitch, join two sets of sts to close toe.

Finishing:

Using tapestry needle, weave in ends.

