

Cotton & Chocolate Quilt Company  
1724 Avenida De Los Arboles, E  
Thousand Oaks, CA 91362



Date: \_\_\_\_\_

Day/Time: \_\_\_\_\_

**“Starch Turned” Hand Appliqué Club**  
**Using p3 Designs (Pearl Pereira Method)**  
**Instructor: Marilyn Petersen**

This club is for all levels of students using the Starch Turned Hand Appliqué method developed by Pearl Pereira of p3 Designs. During this club you will be free to work on any appliqué project that you have. I will be focusing on Pearl’s new “Octupuses Garden” project (we will have kits available for this quilt). I will be here to as a facilitator to help with anyone as they work on projects and some of the more advanced students will be encouraged to share their expertise, as well!!! Clubs are always a great time for learning and sharing of projects. This is time for working at your own pace on your own project. I will also be demonstrating the use of the Cameo cutter for cutting out freezer paper shapes and how this works with Pearl’s patterns.

If you are new to this process, I am planning to have a “pre” meeting to introduce students to this process. I will collect everyone’s email at the time of sign-up and provide the meeting date and time. You must have your supplies in hand by this meeting.

**Supplies Needed:**

*Note: All class supplies are available at the shop. I will also have samples of everything at the class so that you have an idea of what all of these items are.*

- Pearl Pereira p3 Designs Book ~ “Off The Block Appliqué” - optional but highly recommended
- Scrap fabric pieces to make the block (see the attached pattern) –for new students only
- p3 Designs Ultimate Appliqué Template Paper
- Roxanne’s Glue Baste-It
- Sharp scissors for fabric and paper.
- Permanent black marking pen (Sharpie works fine – use the fine point)
- #11 Straw needles by p3 Designs or appliqué needles
- Needle threader – my absolute favorite is the Clover threader that we carry in the shop.
- Thread that matches your fabric. I use the DMC 50-weight two-ply machine embroidery thread or the Kimono Silk Thread (both sold at the shop)
- ¼” stencil brush or Pentel water color med weight brush (see me for example)
- p3 Designs Appliqué Stiletto
- p3 Designs Appliqué & Pressing Tool
- Aleene’s “OK To Wash It” permanent glue
- Small craft iron and holder (recommend Cheri’s Cool Tool and I use a mug as a holder). I also use the Rowenta Travel iron or the Shark travel iron for larger pieces.
- Firmly padded ironing surface (Olfa Cut & Press Travel Mats are great as well as June Tailor Cut ‘n Press mat. Both of these have a cutting surface and an ironing surface.
- Niagra Spray starch (Best Press brand does not work for this)
- Small bowl for the starch (if not using the Pentel water color brush)
- Thimble (optional)
- Reading glasses (if you need them!)
- Paper to take notes – there are probably some more items to collect as you get going but this is a good start!!