



Cotton & Chocolate Quilt Company
380 E Thousand Oaks Blvd
Thousand Oaks, CA 91360
805-371-3042

Date: _____

Day/Time: _____

Free Motion Quilting with Your Darning Foot

Supply List

Instructor: Carole Frye
carfrye@gmail.com

Required Supplies:

**-Sewing machine in good working order with a darning foot (sometimes called an embroidery foot)
Bring your Walking Foot too!!!!

- Extension table for your machine if you have one

-Supreme slider or Free Motion Glider

-Pillow or chair pad to help you be at the right height for quilting.

- Sewing machine needles for quilting. Sizes 80/12 or 75/11 sharp

**** (5-6) 12"x12" fabric / batting sandwiches using **dark** colored solid fabric with cotton batting****

-Thread that contrasts with your practice sandwiches (will help you to see the stitches while you are quilting)

-Quilting gloves (optional)

- Ruler for marking

-Marking pencil or pen for marking your practice samples

-Notebook or paper and pencil

*Sewing tools (scissors, seam ripper, all the usual things!)

Please mark all your tools with your name or initials

Be on time and come prepared

Any questions? You can contact me at carfrye@gmail.com