



Cotton & Chocolate Quilt Company  
380 E Thousand Oaks Blvd  
Thousand Oaks, CA 91360  
805-371-3042

Date: \_\_\_\_\_

Day/Time: \_\_\_\_\_

## Free Motion Quilting with Your Darning Foot

### Supply List

Instructor: Carole Frye  
carfrye@gmail.com

### Required Supplies:

**-Sewing machine in good working order with a darning foot (sometimes called an embroidery foot)**  
**\*\*Bring your Walking Foot too!!!!**

- Extension table for your machine if you have one

-Pillow or chair pad to help you be at the right height for quilting.

- Sewing machine needles for quilting. Sizes 80/12 or 75/11 sharp

**\*\* (5-6) 12"x12" fabric / batting sandwiches using **dark** colored solid fabric with cotton batting\*\***

-Thread that contrasts with your practice sandwiches (will help you to see the stitches while you are quilting)

- Ruler for marking

-Marking pencil or pen for marking your practice samples

-Notebook or paper and pencil

\*Sewing tools (scissors, seam ripper, all the usual things!)

Optional books:

Stitching Pathways by Wendy Sheppard

Texture Quilting by Christina Cameli

Optional supplies:

-Quilting gloves or Palm Paddles

-Supreme Slider or Free Motion Glider

Please mark all your tools with your name or initials

Be on time and come prepared

Any questions? You can contact me at carfrye@gmail.com