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“Get a Handle” AKA Cloth Hand Protector

A handy pouch to tie to your belt loops to keep your hands safe from touching door handles, gas pumps, etc!!

Supplies:

Sewing machine or serger

Thread to match fabric

1/3rd yard fabric will make 1 LG pouch

Fabric Dimensions for Pouch:

Large (2) 10x7in, (1) 7x7in, (2) 1.5x15in (for ties)

Medium (2) 8x5.5in, (1) 5.5x5.5in, (2) 1.5x15in (for ties)

Small (2) 6x4in, (1) 4x4in, (2) 1.5x12in (for ties)

Instructions:

Step 1: Cut all pieces for desired pouch size.

Step 2: (For Sewing Machine) Make ties by folding fabric strips lengthwise in half, press with iron. Fold edges of fabric to meet at middle center fold, press with iron. Fold again to create the folded strap, stitch with a zig-zag stitch down the center to secure folds together.

** Can also make fabric ties with an “Adjustable Bias Binder Foot” available for any Babylock/ Brother machines.**

** Can also use a 1in strip of fabric and a “Clover 12mm Bias Tape Maker” (follow instructions on package)**

(For Serger- With a Cover Stitch Feature) Make ties by setting up your serger with its cover stitch table, and thread for a narrow cover stitch. Attach a double fold bias binder accessory (your choice of size**). Following instructions with bias binder accessory, feed your fabric strips into the accessory and stitch with your serger. **fabric strip size will vary depending on which MM size bias binder you choose.

Set ties aside!

Step 3: For pocket (7x7in, 5.5x5.5in or 4x4in piece of fabric)
(If sewing) fold one edge of fabric down 1/2in and top stitch.
(If serging) serge along one edge with a 4 thread overlock stitch.



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Step 4: Stack fabric in order as follows: (used LARGE pattern size for demo)

10x7in Right Side Up with 7in side at top and bottom

7x7in Right Side Up with folded and stitched edge at TOP and bottom lined up with 1st fabric piece at bottom.

At TOP of 1st fabric piece (10x7in) pin prepared fabric ties at center top about 1in apart, 1 end of ties will line up with edge of fabric at top and ties should lay towards inside of pouch.

10x7in Right Side Down, and line up with 1st fabric piece

Pin all pieces together.

Step 5: Sew/Serge SIDES and TOP only.

Step 6: Turn pouch Right Side Out, LEAVING pocket WRONG side out. Press with iron.

Step 7: Sew/serge with a 1/2in seam allowance along bottom of pouch, TURN pocket Right Side Out to finish pouch!