



Contain Yourself

Instructor: Allison Swink

Make fabric bins perfect for all sorts of storage needs - children's toys, fabric scraps, clips and sewing supplies. A set makes a great gift for a baby shower! Contain Yourself is a By Annie pattern featuring finished edges the By Annie way.

Class Supplies

- Contain Yourself pattern By Annie pattern
- Fabric 1 yard each for lining and exterior of bin; this will make 1 large 1 medium and 2 small bins
- Fusible interfacing per pattern, either SF101 or midweight -I felt the midweight gave it a little more structure
- Soft and Stable foam stabilizer
- Scraps of vinyl (if you choose to make optional clear label pocket)
- Rotary Cutter and Mat
- Rulers in various sizes of your choice to cut both large and small pieces; one that is 22" long is very helpful
- Sewing clips, pins, seam ripper
- Both fabric and all-purpose scissors
- Marking pen suitable for your fabric; the mark should be easily removable
- Thread/bobbins in neutral or matching color for your project; keep in mind your stitching will show on the exterior of your project
- Sewing machine needle plus extras
- Standard and quarter inch sewing machine feet
- Edge stitch foot optional
- Stiletto
- Sewing machine in good working condition that you are familiar with, cords, foot pedal and instruction manual
-

Cutting Instructions Prior to Class

- Please cut all fabric, lining interfacing and soft and stable prior to class and fuse the interfacings to the lining. Steam helps the fusible interfacing adhere to the lining. I used the lines on my cutting mat to help cut out the large bin pieces. I also found it was not necessary to cut the soft and stable larger than my fabric however please do what you feel comfortable with



- If using directional fabric, please see the note under part I page 1 tip for using directional fabric
-

I am happy to answer any questions about class and fabric choices. For this and any other questions you have, please email me at swink.allison@yahoo.com

Housekeeping Notes: Quilt Patch Fabrics offers a 15% discount on class supplies. Additionally, you get a 15% discount on your purchases on the day of the class (some exclusions apply). You are welcome to bring a bag lunch. Drinks should be in spill-proof containers. Please do not put water in the classroom irons. Please do not wear perfumes or scented lotions the day of class as many people are sensitive to strong scents. Thank you!