

Bolster Pillows

Any kind of fabric can work for a quick-to-make bolster pillow—you can even use a favorite-fabric kitchen towel!

WHAT YOU NEED:

Purchased bolster pillow form

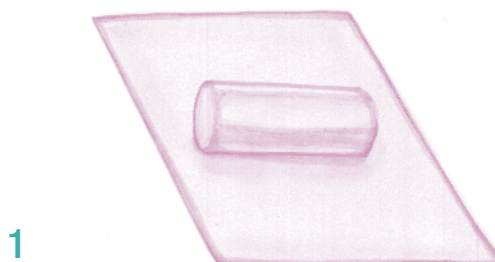
Pieces of fabric or purchased kitchen towels
approximately 20x30 inches or to fit around the pillow form with enough fabric for a 1-inch overlap (fabric that doesn't ravel or prefinished towels work well)

TO MAKE THE PROJECT:

- 1 Hem all of the edges of the fabric if necessary. Lay the fabric or towel on a flat surface. Lay the bolster pillow form on top of the fabric. See Photo 1.
- 2 Roll the fabric around the form turning the fabric under about ½ inch where the fabric overlaps. Pin in place if desired. Use a needle and thread and the running stitch (see below) to secure the back of the pillow, being careful not to sew the fabric to the pillow. Remove the pins if used. See Photo 2.
- 3 Readjust the pillow if necessary and secure with rubber bands if you like. Then tie the ends using a small piece of ribbon or a strip of fabric. Remove the rubber bands.

RUNNING STITCH

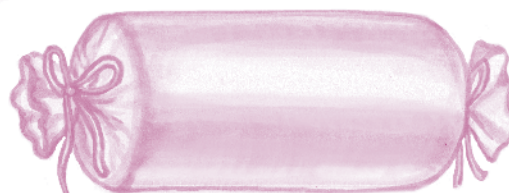
Start with the knot on the back side. Pull the needle up through the fabric, and then back down again keeping the stitches about ¼-inch apart. When you are done working the stitch, secure the end by taking a few tiny stitches over each other in the same place. Trim the excess thread.



1



2



3