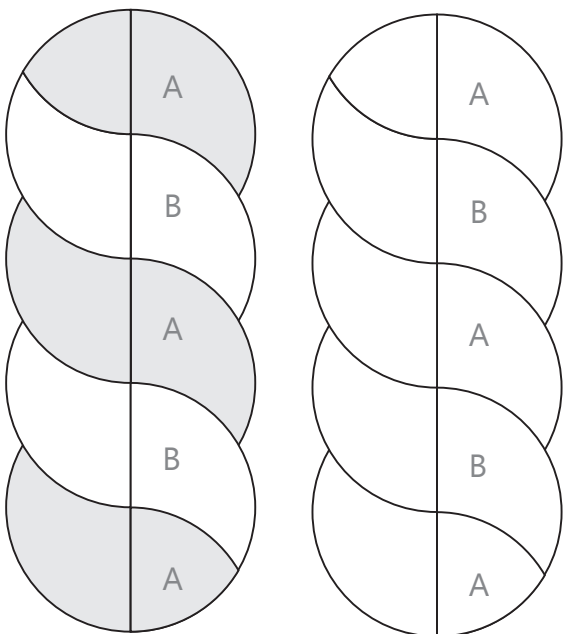


Basic Twist

Runner Workshop



Finished Size: 13 1/2" x 33 3/4"

Fabric	Cutting		Suggested Yardage
	Qty	Size	
A	2	8" x 8"	1/2 yd
	4	14 1/2" x 8" **	
B	4	14 1/2" x 8" **	1/2 yd
K Backing	8	14 1/2" x 8" **	1 yd
Fusible Fleece*	8	7" x 14"	1 yd
* FLEECE is Based on 48" width		** FABRIC is cut on the Lengthwise grain	

Supply List

✓	Item	Comments
	Braided Twist tool & book	<i>packaged together</i>
	Standard ruler	8 1/2 x 18 1/2" <i>or longer</i>
	Rotary cutter	45 mm <i>or larger</i>
	Small scissors	Best for clipping Choose a narrow sharp point
	Straight Pins	
	Thread	100% cotton <i>matching colors</i>
	Non-slip adhesive disks	True Grips™
	Sewing Machine	Don't forget the peddle!
	Quarter inch presser foot	
	Iron & Ironing surface	

Pre-cutting

You'll be steps ahead if you cut the rectangles (above) before coming to class.

Be sure you look at page 4 in the Braided Twist book for instructions for cutting lengthwise grain rectangles.

Don't skip the backing or fleece pieces. You **will** be using these in the class. This isn't a runner you take home to finish later with backing!

The rectangles of fusible fleece need to be cut precisely. I find it best to cut them a bit larger when I'm cutting up the large piece of fleece from the package, then trimming it to the exact 7" x 14" size.