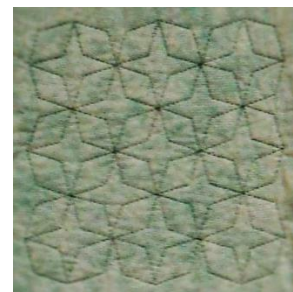


# FAUX SASHIKO BLOCK

## FOURTH OF THE SAMPLER BLOCKS SERIES

INSTRUCTOR: SUSAN NELSON



### MATERIALS LIST


Block fabric, ~14" square (will be cut down after quilting to finished size)

*Note: a plain or muted tone-on-tone print is best as the beauty of the Sashiko quilting is the prominence of the design created by the contrasting thread.*

Backing fabric, ~14" square

Batting, ~ 14" squares

Thread for quilting:

- If your machine has a hand-look quilting stitch that is pictured on your machine or in the manual like this,  bring invisible thread for the needle and regular (50 wt) cotton quilting thread or a 40 or 30 wt. machine embroidery thread for the bobbin.
- Alternative: Choose a thread color that contrasts strongly with the backing fabric, either a regular (50 wt) cotton quilting thread or a heavier thread such as 12 wt cotton thread or (recommended) 30 wt cotton or rayon machine embroidery thread.

Quilting Needle for machine, size appropriate for thread (80 or 90 for 'regular' quilting thread or 30 wt thread; 65 or 70 for invisible thread. For 12 wt thread, bring a 90 or 100 Quilting or Topstitch needle.)

Open toe presser foot recommended, otherwise, the general purpose presser foot.

The block will be quilted, then cut down to the finished size.

The sashiko design will be provided, printed on newsprint paper.

*You might want to bring two sets of fabric, backing, and batting blocks and try both the invisible thread and the regular thread techniques, if your machine has the hand-look quilting stitch discussed above.*

**Note:** other examples of Sashiko designs

