Fabric Collage Workshop using Laura Heine Pattern – Materials/Supplies

Day One (9:30-3:00, 5 1/2 hours) – Create the collage Optional Day Two (9:30-12:30, 3 hours) - Finishing the guilt

- 1. Buy a **Laura Heine collage pattern**, but NOT one of the 'Teeny Tiny' collages and NOT one of the 'WHATEVER' collage patterns. You can find patterns online at Fiberworks-Heine (https://www.fiberworks-heine.com/), at Amazon, at local area quilt shops (call around), and elsewhere on the internet by 'googling' Laura Heine Collage Patterns.
- Teeny Tiny College PA TERN Group 114 Designer Handbag and Designer Shoes by Laura Heme
- 2. If desired, buy a Laura Heine collage kit for your chosen pattern. Kits can be found online. It maybe more fun to find your own fabrics, though, and make your collage truly unique!
- 3. Obtain fabrics and other needed supplies. You will find a supply list on the back of each pattern. See examples on page 3. You can adhere to that supply list specifically or, think about some substitutions. Since I am not a certified Laura Heine instructor, I can make suggestions for alternative supplies. Please read on.
 - a. BACKGROUND The first one, or several, items in the supply list is/are BACKGROUND fabric(s). For the BACKROUND you can follow the guidance shown on the pattern, or you can make the background all one piece of fabric, or you can piece together as many smaller 'background' pieces of fabric as you wish. In other words, you can get creative in making the background. If the background is to be pieced together, that can be done at home, before the class. The pieced background needs to be a little larger than the finished size of the project.
 - b. COLLAGE FABRICS The next one to several supply items will be fabrics for creating the collage 'picture' itself. Do follow the guidance provided there. Rummage through your fabric stash and scraps (or the stashes and scraps of your sewing friends) to find suitable pieces. Only small pieces are needed. Bring way more than you think you will need and we can share with each other in class.
 - c. FOUNDATION Somewhere in the list will be 'voile' or 'Pattern Ease' foundation. Know that any lightweight woven or 'nonwoven' interfacing can be used. Do NOT use fusible interfacing and do NOT use knit interfacing. It needs to be woven or 'non-woven'. Instead of interfacing, a very lightweight cotton fabric, like batiste, could be used. It should be white, so you can see through it for tracing. You might have something suitable in your fabric stash, so you don't have to buy something special.
 - d. FUSIBLE ADHESIVE Steam-a-Seam 2 is a fusible adhesive web. Laura Heine uses, and recommends, Steam-a-Seam 2, NOT the Lite Steam-a-Seam 2, because the bond is more secure, more permanent and, in theory, need not be sewn. One nice advantage of Steam-a-Seam 2 is that it is tacky, so pieces can be temporarily stuck in place and then repositioned. The bond is made permanent with heat and steam. A disadvantage of Steam-a-Seam 2 is its cost. It is more expensive than other, non-tacky brands. If you want to use a less

expensive alternative, I suggest using Heat n Bond ULTRA. (*Not Hean n Bond Lite*.) The ULTRA bond is permanent, so edges do not have to be sewn down. Unlike Steam-a-Seam 2, Heat n Bond is not tacky, so it does not stick temporarily, but that is manageable. It may make the collage a bit stiffer than Steam a Seam 2, but as the final project is a wall hanging, pillow, or similar small project, I'm not sure that really matters. *On my Hip Hop quilt, I used Heat n Bond LITE. It does not permanently bond as well as the ULTRA, but it seems to be OK for the wall hanging*.

On Amazon, (6-18-2025) I found both Heat n Bond Ultra and Steam a Seam 2 and I compared prices. 17"x5 yds of Heat n Bond Ultra was \$11.99 **(\$2.40/yd)** while 18" x 3yds of Steam a Seam 2 was \$34.06 **(\$11+/yd)**

- e. **FABRIC GLUE** 'Fabric Fuse Glue' is recommended by Laura Heine. Probably any good brand of permanent fabric glue will work. It is used around the edges of the assembled collage to glue it to the background. Personally, I prefer to sew mine to the background, but either way works.
- f. **APPLIQUE PRESSING SHEET** Alternatively, parchment paper can be used.
- g. **SCISSORS** Heine recommends Karen K Buckley Medium size scissors and I agree. These are small, sharp, serrated-blade scissors with LARGE handles and, for cutting around small pieces, are much more comfortable to use than scissors with smaller handles,
- h. **BLACK SHARPIE PEN is NOT recommended** if your pattern has this on the list, ignore it. A #2 pencil will work fine, or a ball point pen.
- i. **OTHER SUPPLIES** listed are backing fabric, fabric for binding (or facing) the quilt, batting and thread for quilting. Note that these 'Other Supplies' are not needed for Day 1. They will be needed for the optional Day 2, i.e., for finishing the quilt.

On Day 1, bring your pattern, your kit if you bought one, and all your fabrics and supplies. NO SEWING MACHINE, though on Day 1. If you have a small steamand-dry travel/crafting iron and a pressing mat, you can bring them to class.



On the Optional Day 2, bring everything, including a sewing machine. This is 'finish the quilt' day.

Questions about anything? Just send me an email or a text message. Looking forward to seeing you in class!

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Susan Helson

EXAMPLES OF SUPPLY LISTS ON BACKS OF Laura Heine PATTERNS

Seed Pods

By Laura Heine Size: 34" W x 29" H

Supply List:

12" x 11" of 5 different Cream to yellow fabrics with slight print for backgrounds

5" x 11" of 9 additional fabrics with slight print for backgrounds

34" x 22" of 6 different black and white fabrics for the stems

5" x 21" of 21 different fabrics for the flowers. These fabrics can have a small print but must be colorful. Some of these fabrics should have dots for seeds in the flowers. Colors include golds, pinks, fuchsias, greens, teals, oranges, purples, and blues.

6" squares or scraps of 3 additional fabrics for the flowers

2" x WOF of a colorful stripe for the ground

6" square of small bees

z large butterfly

About 5 yards of 29" wide Steam a Seam 2

14 yard of Pattern Ease foundation

Karen K Buckley medium Perfect Scissors

Applique Pressing Sheet or Fuse Mat

Black Sharple pen

Quitters Preview Paper

1 yard of backing fabric

14 yard of fabric for the binding



HIP HOP

Supply List:

1 yard x 21" of 6 different fabrics for backgrounds

Scraps of many different floral fabrics for Hip Hop. You will not need very much of any single fabric, just a little bit of a lot of fabrics

18 x 27 cotton voile or Pattern Ease for Hip Hop foundation

5 yards of 12" wide Steam a Seam 2

Fabric Fuse

Applique Pressing Sheet

Karen K Buckley Perfect Scissors size medium

Black Sharpie pen

yard of backing fabric

‡ yard of fabric for the binding

Batting and threads for quilting