

# Intermediate Walk Around the Block -- Walking Foot Quilting

## Supply List

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Extend your repertoire of walking foot quilting skills and patterns in this class, designed for those who have previously taken a walking foot quilting class or are experienced in quilting with the walking foot. Samples made in class will include joining lines of stitching invisibly (for those times when your bobbin has run out or you've needed to remove stitches), matchstick quilting, radiating lines, square spirals, echoed curves, using freezer paper to get the border design just right, and using your piecing design to quilt grid designs with little or no marking.

You will need a sewing machine with a walking foot, dual feed or even feed foot for this class.

### Quilt Sandwiches

- Prepare two quilt sandwiches. One should be about 18" x about 40" (half a yard of fabric for the top and half a yard for the backing) and one about 18" x 20" (a fat quarter for the top and a fat quarter for the backing.)
  - The top fabric should be a light colored solid or near-solid fabric so that you can easily see the markings.
  - Each sandwich should be made of two layers of fabric with a layer of cotton or cotton/polyester batting in the middle. The sandwiches may be pin-basted with a few safety pins or may be spray basted.
  - See marking instructions below. The marked spaces will be used in class for making samples of various techniques. It is easier and more accurate to mark the top before it is layered with batting and backing. Having the top marked will give you more stitching time in class.

### MARKING:

Leave the smaller quilt sandwich unmarked.

On the larger (approximately 18" x 40") sandwich, mark the following spaces. Leave about an inch between the different marked spaces and about an inch between the spaces and the edge of the sandwich. How the spaces are arranged is not important. Since the markings are for making samples and not for a finished quilt, the marks do not need to be made with a marker that can be removed. Be sure that you use a marker that you can clearly see on your fabric. Marking options such as a #2 pencil, FriXion pen or blue washout marker will work well.

- Mark one square 4" x 4".
- Mark four squares 6" x 6".
  - Inside ONE of these squares, draw a grid of 1" squares.
- Mark one rectangle 3" x 6".
- Mark one rectangle 6" x 14".
- Mark one rectangle 7" x 10". Draw a grid of 1" squares inside the rectangle.
- Draw an L-shaped border, marked in 1" squares, with the top border measuring 2" x 10" and the right-hand side border measuring 2" x 10". (The four squares at the intersection of the top and right side are included in both the top and side measurements.)

### Thread

- One spool of thread and one bobbin will be adequate for class.
  - Polyester embroidery thread (size 40 – such as “trilobal polyester,” Isacord, or Superior Magnifico) works well. 40 or 50 weight cotton thread (such as Aurifil) also works well.
  - I suggest using thread in a color that is medium in value and shows up well on your quilt sandwich.

**Other supplies**

- Sewing machine, with a bobbin, foot pedal, cord and instruction manual. If your machine has a knee lift, bring it.
- Walking foot or dual feed foot for your machine, along with any accessories that came with the foot. If you have several dual feed feet, bring them all.
- Sewing machine needles:
  - Use a new needle. While almost any needle will work for class, I suggest a 90 Topstitch needle for 40 weight thread or an 80 Topstitch needle for a 50 weight thread.
- Marking tool: Pencil, washout marker, or Frixion pen that shows up clearly on your fabric
- Small scissors or thread snips
- Quilters ruler – 6" x 12" or larger

**OPTIONAL supplies** – these may be useful if you have them.

- Machine quilting gloves
- Thread stand
- If you have a large plexiglass portable table for your sewing machine, it will be very helpful. The larger your flat sewing surface, the easier it is to quilt!

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