

Piped Pillow

Mary Foral's Supply list

Questions? Email me at mjforal@yahoo.com

T-shirt or woven shirt (adult large will make a 14" or 16" pillow)

Pillow form 14" or 16"

1 pkg--Bias tape wide single fold or extra wide double fold (note: if you prefer, you can make your own bias strips from fabric. It needs to be 1 ½" wide by 2 ½ yards long.) ***

2 yds--Cable cord 5/32" or 3/16" or 1/4" or around that width (found in the Home Dec dept. of a fabric store) ***

Shape Flex Pellon SF101 (woven fusible interfacing) --1 yd for 14" pillow or 1 1/8 yd for 16" pillow

Thread to match t-shirt and bias tape

Pins

Wonder clips

Seam ripper

Scissors (for clipping corners)

Zipper foot

All-purpose foot

Universal needle size 14

Cutting Mat

Rotary cutter

Quilt ruler 3" X 18" or 6" X 24" or similar

Note: There is a cutting station and rulers that can be shared in the classroom if you do not have your own.

***I recommend preshrinking your bias tape/strip and cotton cording. Place them in warm water for about 5-10 minutes, take out of the water and then squeeze out excess water. Put them in a mesh laundry bag and dry on low to medium heat until mostly dry. If you are using a new shirt, I would recommend washing and drying that as well.

7/30/26

