



# Complete Course of Quilting Supply List

## Introduction

This 10-week quilting course teaches everything you need to know to start making your own quilts. This course covers the basics: getting to know your sewing machine, rotary cutting, fabric selection, and a variety of techniques for machine piecing quilt blocks. You make a sampler quilt and learn to sandwich, quilt, and bind your masterpiece. This is the perfect opportunity to explore the quilter's art, which is both ancient and modern!

**Finished size of sampler quilt:** 40 in. x 50½ in.

**Skill level:** Beginner

### Know before you sign up:

Most classes are a combination of discussion, demonstration, and practice. **You must have a sewing machine in good working order.** If your machine has not been serviced in the past year, please have it cleaned and oiled. Capital Quilts can clean and oil many brands of sewing machines; allow two weeks for servicing.

In addition to 10 group classes, you will have a one-hour private session with the instructor at Capital Quilts where you will be given the textbook and some practice supplies. You must bring your sewing machine to the private session, so the instructor can review the machine's operation and make sure you are comfortable using it. As time allows, the instructor can help select fabric and supplies for the class.

Once you have registered, the instructor will contact you to schedule your private session. Be prepared to follow current guidelines for face masks and social distancing. If you have any health concerns about meeting in person, please discuss them with the instructor.

### For In-Store Classes

Be ready to bring your sewing machine, cutting mat, and all supplies with you each week.

### For Zoom Classes

Zoom works on many platforms: laptops, tablets, and cell phones. Download the app/client at the Zoom website: [https://www.zoom.us/download#client\\_4meeting](https://www.zoom.us/download#client_4meeting). You are not required to create a Zoom account. Whichever platform you use, you will need to have a camera/webcam, microphone, and speakers, as well as an Internet connection. Before the first class, you will receive an email with a link to the meeting. Click on the link and connect both computer audio and video.

## Syllabus

Week 1 Introduction to Quilting, Fabric Selection & Design Walls

Private appointments scheduled between Week 1 and Week 2

Week 2 Rotary Cutting & Machine Piecing Squares

Week 3 Strip Sets

Week 4 Half-Square Triangles and Quarter-Square Triangles

Week 5 Flying Geese

Week 6 Templates and Curves

Week 7 Foundation Paper Piecing

Week 8 Setting, Sashing, Borders, Batting, Backing, Basting

Week 9 Machine Quilting

Week 10 Binding, Sleeves, Labels

## Supplies

### **Fabric**

During your private session, the instructor can assist with fabric selection (Capital Quilts staff can help at other times). If you have selected any fabrics for your quilt, bring them to the private session. Fabric must be high-quality, 100% cotton for satisfactory results.

*By the end of the private session:*

2 yards of theme fabric for blocks and borders (a good theme fabric incorporates at least 4 or 5 colors to help you coordinate the other colors)

5 to 8 assorted fat quarters that coordinate with your theme fabric. Select light, medium, and dark colors in small, medium, and large scale prints. Tone-on-tone, florals, geometrics, stripes, even plaids will also work. (You will probably add more fabrics as you see your quilt come together.)

Before the second class, wash and press all fabrics.

*For later in the course:*

$\frac{5}{8}$  yard for sashing (the strips between the blocks)

$1\frac{5}{8}$  yards for the quilt backing

$\frac{3}{8}$  yard for binding (may be your theme fabric)

$\frac{1}{4}$  yard to make a hanging sleeve

## **Required Tools**

- Sewing machine in good working order, with power cord, foot pedal, all presser feet, and manual
- ¼ in. foot (generics available at Capital Quilts)
- Walking or even-feed foot (generics available at Capital Quilts)
- Schmetz sewing machine needles, size 80/12, Microtex or Sharp
- Neutral thread (light tan or light gray), 100% cotton, 50 wt (Aurifil or Presencia)
- Bobbin filled with neutral thread
- Removable marking pencil (chalk pencil, Frixion pen, air or water erase pen)
- Rotary cutter (45 mm size or larger) with a new blade installed, plus extra blades
- Cutting mat (18 in. x 24 in. is most useful)
- Long Ruler, 6 OR 6.5 in. x 24 in. (Olfa or Creative Grids)
- Small square ruler, 6 in. x 6 in. OR 6.5 in. x 6.5 in. (Olfa or Creative Grids)
- Large square ruler, 9.5 in. x 9.5 in. OR 12.5 in. x 12.5 in. (Olfa or Creative Grids)
- Thread snips
- Seam ripper
- Silk (very thin) straight pins
- Stiletto or Tailor's awl (either sharp or rounded point)
- Quilter's Magic Wand (for half-square triangles)
- Portable design wall
- Template plastic
- Mary Ellen's Best Press

## **Optional Items**

Throughout the class, the instructor will introduce tools that make tasks easier. You may buy them as you need them.

- Grippers for rulers (to keep them from slipping)
- Carol Doak's Foundation Paper
- Add-A-Quarter ruler (for foundation paper piecing)
- Curved Safety Pins (for basting)
- 505 Spray Baste
- Quilter's gloves

## Capital Quilts Policies for All Classes

- Please do not bring visitors to class.
- Be sure to check your supply list before class. Bring all supplies with you.
- If you must cancel the class, your fee can be refunded ONLY if you have notified us at least seven days before the class. The refund will be a store credit. If someone on the waiting list can fill your place, you will receive store credit for the fee, even if you have not notified us by the deadline.
- Capital Quilts reserves the right to cancel a class due to insufficient participation. We require at least two people in a daytime class and three in an evening class. If we cancel the class for this reason, you will receive a full refund of the class fee. (You can avoid this situation by getting a friend to sign up with you!)
- If Capital Quilts cancels the class for any reason, including inclement weather, you will receive an email advising you of this situation. We also post store closings on our website, [www.capitalquilts.com](http://www.capitalquilts.com), and on Facebook. If the class is rescheduled, you will be invited to come to the new class before the class is opened to public registration. In the event you cannot take the rescheduled class, you will receive a full refund of the class fee.

