



Complete Course of Quilting Supply List

Introduction

This 10-week quilting course teaches everything you need to know to start making your own quilts. This course covers the basics: getting to know your sewing machine, rotary cutting, fabric selection, and a variety of techniques for machine piecing quilt blocks. You'll make a sampler quilt and learn to sandwich, quilt, and bind your masterpiece. This is the perfect opportunity to explore the quilter's art, which is both ancient and modern!

Finished size of sampler quilt: 42 in. x 53 in.

Skill level: Beginner

Know before you sign up: The instruction is very much hands-on. Most classes are a combination of discussion, demonstration, and practice. You must have a sewing machine in good working order that you can bring to class. If your machine has not been serviced in the past year, please have it cleaned and oiled. Capital Quilts can clean and oil many brands of sewing machines; ask a staff person. Allow two weeks for servicing.

You must be able to attend the first and second classes, because they are foundational to the rest of the course.

There are no make-up classes, unless Capital Quilts cancels a class. If you must miss a class, pick up the handout as soon as possible. Handouts are kept at the cash register.

Syllabus

Week 1	Fabric Selection & Rotary Cutting (do not bring your sewing machine)
Week 2	Machines & Machine Piecing Squares
Week 3	Strip Sets
Week 4	Half-Square Triangles and Quarter-Square Triangles
Week 5	Flying Geese
Week 6	Templates and Curves
Week 7	Foundation Paper Piecing
Week 8	Setting, Sashing, Borders, Basting, Batting, Backing
Week 9	Machine Quilting
Week 10	Binding, Sleeves, Labels

Supplies

Book (Required)

All Things Quilting, by Alex Anderson

Prior to the first class, read the following sections:

- Anatomy of a Quilt, p. 8
- In the Sewing Room, p. 10
- Fabric and Color: Choose It and Use It (pp. 18-30)
- Rev Up Your Rotary Cutter (pp. 36-38 and p. 40)

Fabric

The instructors will be available at Capital Quilts for an hour before the first class to assist with fabric selection, and Capital Quilts staff can help at other times. If you have selected any fabrics for your quilt, bring them to the first class. Fabric must be high-quality and 100% cotton for satisfactory results.

By the end of the first class:

- Theme fabric for blocks and borders (a good theme fabric incorporates at least 4 or 5 colors to help you coordinate the other colors)
1½ to 2 yards for a nondirectional theme fabric OR
1⅝ to 2 yards for a directional theme fabric
- 5 to 8 assorted fat quarters that coordinate with your theme fabric. Select light, medium, and dark colors in small, medium, and large-scale prints. Tone-on-tone, florals, geometrics, stripes, even plaids will also work.
- Before the second class, wash and press all fabrics.

For later in the course:

- ⅝ yard for sashing (the strips between the blocks)
- 1⅝ yards for the quilt backing
- ⅜ yard for binding (may be your theme fabric)
- ¼ yard to make a hanging sleeve

Tools

This is a list of basic, required tools. Additional supplies will be needed throughout the course. Items with an * are needed for the first class.

- ___ Sewing machine in good working order, with power cord, foot pedal, all feet, and the manual
- ___ ¼ in. foot (generics available at Capital Quilts)
- ___ Walking or even-feed foot (generics available at Capital Quilts)
- ___ Schmetz sewing machine needles, size 80/12 or 70/10, Microtex or Sharp

- ___ Neutral thread (light tan or light gray), 100% cotton, Aurifil or Presencia brand
- ___ Bobbin filled with neutral thread
- ___ Removable marking pencil (chalk pencil, Frixion pen, air or water erase pen)
- ___ Rotary cutter (45 mm size or larger) with a new blade installed*
- ___ Cutting mat (18 in. x 24 in. is most useful)*
- ___ Long Ruler, 6 or 6.5 in. x 24 in.*
- ___ Small square ruler, 6 in. x 6 in. or 6.5 in. x 6.5 in.
- ___ Squaring up ruler, 9.5 in. x 9.5 in. OR 12.5 in. x 12.5 in. OR larger*
- ___ Thread snips
- ___ Seam ripper
- ___ Silk (very thin) straight pins
- ___ Tailor's awl (either sharp or rounded point)

Capital Quilts Policies for All Classes

- Please do not bring visitors to class.
- Be sure to check your supply list before class. Bring all supplies with you.
- If you must cancel the class, your fee can be refunded ONLY if you have notified us at least seven days before the class. The refund will be a store credit. If someone on the waiting list can fill your place, you will receive store credit for the fee, even if you have not notified us by the deadline.
- Capital Quilts reserves the right to cancel a class due to insufficient participation. We require at least two people in a daytime class and three in an evening class. If we cancel the class for this reason, you will receive a full refund of the class fee. (You can avoid this situation by getting a friend to sign up with you!)
- If Capital Quilts cancels the class for any reason, including inclement weather, you will receive an email advising you of this situation. We also post store closings on our website, www.capitalquilts.com, and on Facebook. If the class is rescheduled, you will be invited to come to the new class before the class is opened to public registration. In the event you cannot take the rescheduled class, you will receive a full refund of the class fee.

Questions? Please contact the shop at sewit@capitalquilts or 301-527-0598.