

# Cindy Grisdela

## Contemporary Art Quilts

### Reston, VA

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### Free Motion Quilting With Style – Supply List

This is the class for you if you're ready to take the plunge into quilting your own quilts and get them done faster. We'll learn a variety of stitch motifs to use with a regular sewing machine and add interesting texture to your unfinished projects, including spirals, pebbles, fans, seashells, and waves. Plus we'll explore ways to combine motifs in the same quilted space.

- Sewing machine in good working order with the ability to drop feed dogs
- Darning or hopping foot
- Contrasting thread for quilting - I use 50 wt. for top and 40 wt. for bobbin
- 3 fat quarter size quilt sandwiches with top, batting, and backing--about 18" x 22" basted with safety pins—**please use solid fabric!**
- Portable light if you need it
- Notebook and pen or pencil
- Optional\* - quilt top you'd like to talk about for quilting ideas

\* Optional but helpful: *Artful Improv or Adventures in Improv Quilts* by Cindy Grisdela