



Complete Course of Quilting Supply List

Introduction

This 10-week quilting course teaches everything you need to know to start making your own quilts. This course covers the basics: getting to know your sewing machine, rotary cutting, fabric selection, and a variety of techniques for machine piecing quilt blocks. You make a sampler quilt and learn to sandwich, quilt, and bind your masterpiece. This is the perfect opportunity to explore the quilter's art, which is both ancient and modern!

Finished size of sampler quilt: 40 in. x 50½ in.

Skill level: Beginner

Know before you sign up:

Most classes are a combination of discussion, demonstration, and practice. **You must have a sewing machine in good working order.** If your machine has not been serviced in the past year, please have it cleaned and oiled. Capital Quilts can clean and oil many brands of sewing machines; allow two weeks or more for servicing.

In addition to 10 group classes, you will have a one-hour private session with the instructor at Capital Quilts where you will be given the textbook and some practice supplies. You must bring your sewing machine to the private session, so the instructor can review the machine's operation and make sure you are comfortable using it. As time allows, the instructor can help select fabric and supplies for the class.

Once you have registered, the instructor will contact you to schedule your private session. Be ready to bring your sewing machine, cutting mat, and all supplies with you each week.

Syllabus

Week 1 Introduction to Quilting, Fabric Selection, Vocabulary, and Design Walls

Private appointments scheduled between Week 1 and Week 2

Week 2 Rotary Cutting & Machine Piecing Squares

Week 3 Strip Sets

Week 4 Half-Square Triangles and Quarter-Square Triangles

Week 5 Flying Geese

Week 6 Templates and Curves

Week 7	Foundation Paper Piecing
Week 8	Setting, Sashing, Borders, Batting, Backing, Basting
Week 9	Machine Quilting
Week 10	Binding, Sleeves, Labels

Supplies

Fabric

During your private session, the instructor can assist with fabric selection (Capital Quilts staff can help at other times). If you have selected any fabrics for your quilt, bring them to the private session. Fabric must be high-quality, 100% cotton for satisfactory results.

By the end of the private session:

2 yards of theme fabric for blocks and borders (a good theme fabric incorporates at least 4 or 5 colors to help you coordinate the other colors)

6 to 8 assorted fat quarters that coordinate with your theme fabric. Select light, medium, and dark colors in small, medium, and large scale prints. Tone-on-tone, florals, geometrics, stripes, even plaids will also work. (You will probably add more fabrics as you see your quilt come together.)

For later in the course:

$\frac{5}{8}$ yard for sashing (the strips between the blocks)

$1\frac{5}{8}$ yards for the quilt backing

$\frac{3}{8}$ yard for binding (may be your theme fabric)

Required Tools

- ☐ Sewing machine in good working order, with power cord, foot pedal, all presser feet, and manual
- ☐ $\frac{1}{4}$ in. foot (generics available at Capital Quilts)
- ☐ Walking foot (generics available at Capital Quilts)
- ☐ Schmetz sewing machine needles, size 80/12, Microtex or Sharp
- ☐ Neutral thread (light tan or light gray), 100% cotton, 50 wt (Aurifil or Superior Pima)
- ☐ Bobbin filled with neutral thread
- ☐ Removable marking pencil (chalk pencil, Frixion pen, air- or water-erase pen)
- ☐ Rotary cutter, 45-mm, with a new blade installed, plus extra blades
- ☐ Cutting mat (18 in. x 24 in. is most useful)
- ☐ Long Ruler, 6 OR 6.5 in. x 24 in. (Olfa or Creative Grids)

- ___ Large square ruler, 9.5 in. x 9.5 in. OR 12.5 in. x 12.5 in. (Olfa or Creative Grids)
- ___ Small sewing scissors
- ___ Seam ripper
- ___ Silk (very thin) straight pins
- ___ Quilter's Magic Wand (for half-square triangles)
- ___ Portable design wall
- ___ Fabric glue stick or Elmer's glue stick
- ___ Mary Ellen's Best Press or other spray starch

Optional Items

Throughout the class, the instructor will introduce tools that make tasks easier. You may buy them as you need them.

- ___ Stiletto or tailor's awl (either sharp or rounded point)
- ___ Betty Bridge Supreme, from Steady Betty (to improve seam accuracy)
- ___ Small square ruler, 6 in. x 6 in. OR 6.5 in. x 6.5 in. (Olfa or Creative Grids)
- ___ Grippers for rulers (to keep them from slipping)
- ___ Add-A-Quarter ruler (for foundation paper piecing)
- ___ Strip Stick (for pressing)
- ___ Curved Safety Pins OR 505 Spray Baste (for basting quilt sandwiches)
- ___ Wonder Clips (for foundation paper piecing and for binding)
- ___ Quilter's gloves

Capital Quilts Policies for All Classes

- Please do not bring visitors to class.
- Be sure to check your supply list before class. Bring all supplies with you.
- If you must cancel the class, your fee can be refunded ONLY if you have notified us at least seven days before the class. The refund will be a store credit. If someone on the waiting list can fill your place, you will receive store credit for the fee, even if you have not notified us by the deadline.
- Capital Quilts reserves the right to cancel a class due to insufficient participation. We require at least two people in a daytime class and three in an evening class. If we cancel the class for this reason, you will receive a full refund of the class fee. (You can avoid this situation by getting a friend to sign up with you!)
- If Capital Quilts cancels the class for any reason, including inclement weather, you will receive an email advising you of this situation. We also post store closings on our website, www.capitalquilts.com, and on Facebook. If the class is rescheduled, you will be invited to come to the new class before the class is opened to public registration. In the event you cannot take the rescheduled class, you will receive a full refund of the class fee.