



## The Quilt Tree

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### Supply List: Quilted Sneakers!

**Instructor:** Selena Griffin and Lisa Jenner

**Date and Times:** Saturday, March 28<sup>th</sup>, 10:30am-4:30pm

When you arrive at class you will receive your sneaker kit. The kit includes sneaker soles, padded insoles, shoemaking supplies, eyelets, and the sneaker pattern and guidebook. Any incidental materials will be supplied; you just need to come prepared with your quilted uppers. You can make hi-top or classic (like Keds) or ultra-low sneakers.

Supply List*	Notes
	<i>The supply list is the same for both styles of sneakers.</i>
Fat Quarter of quilt weight cotton for upper (18" x 22")	<i>For sizes over 42, you will need a half-yard of upper and lining fabric.</i>
Fat quarter of quilt weight cotton for lining (18" x 22")	
10" square of quilt weight cotton for contrast tongue, if desired	<i>10"x12" for sizes over 42</i>
Fat quarter from which you will cut 4 pieces of of 1.75" wide bias strips to contrast or coordinate with your upper fabric	<i>Your bias can match or contrast with your exterior—your choice!</i>
1/2 yard double sided fusible foam interlining (Bosal In-R-Form, Soft 'n' Stable by Annie's, or Pellon Flex-Foam)	<i>These interfacing/interlinings give the shoes their structure. If you substitute other interfacings, or omit them all together, your shoes will be very soft and shapeless, like slippers.</i>
1/2 yard midweight woven fusible interfacing (We recommend Pellon SF101)	
Thread to match or coordinate with your fabrics.	
One pair of shoelaces to match, contrast or coordinate with your exterior fabrics. Hi-tops	<i>We will have a variety of 45" and 60" shoelaces in different colors available during class. You may choose one pair of laces as</i>

<p>require 60" laces; classic and ultra low sneakers use 45" laces.</p> <p>Ultra-fine Sharpie marker or equivalent, black.</p> <p>If you are using a dark fabric, bring a white or silver marking pencil.</p> <p>Sharp sewing scissors and paper scissors.</p> <p>About 20 wonder clips.</p> <p>Fray check.</p> <p>Seam Align Glue.</p> <p>Stiletto.</p>	<p><i>part of your kit. Others will be available for purchase.</i></p>

## Pre-class Homework:

### Cutting Chart:

18" x 22" (sizes over 42, cut 18" x 25")

Cut one from each of the following materials: Exterior fabric for uppers, lining, SF101, Fusible Foam

10" x 10" (sizes over 42, cut 10" x 12") If you want a contrasting tongue that's different from your lining, cut one from each of the following materials: Tongue fabric, lining, SF101, fusible foam

1-3/4" binding fabric strips, cut four on true bias.

Fuse the woven interfacing to the wrong side of your uppers fabric. Fuse or spray baste your foam interlining to the woven interfacing. Fuse or spray baste the fabric/interfacing/foam stack to the wrong side of your lining fabric. Quilt in a  $\frac{3}{4}$ " grid OR in  $\frac{1}{2}$ " parallel lines (lines should be parallel to the longest side of your fabric) OR in an allover meandering design OR on a longarm quilting machine. Your quilting lines should be no more than 1" apart.

**\*We are grateful when you purchase your supplies at our shop.**