

Rest Your Head

By Leanne Anderson



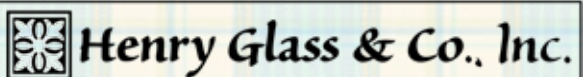
Boy Color Way



Girl Color Way

Quilt 1

A Free Project Sheet From



facebook

Finished Quilt Size: 66" x 84"
49 West 37th Street, New York, NY 10018
tel: 212-686-5194 fax: 212-532-3525
Toll Free: 800-294-9495
www.henryglassfabrics.com

REST YOUR HEAD Quilt 1

Finished Quilt Size: 66" x 84"

Fabrics in the Collection



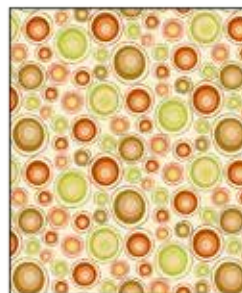
Monotone - Blue
8455-77



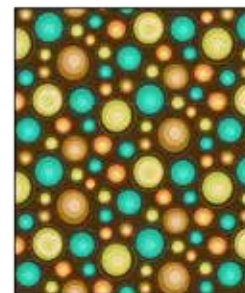
Monotone - Green
8455-66



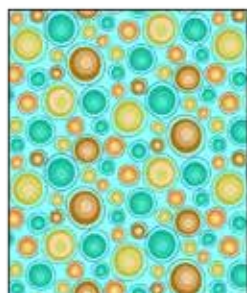
Monotone - Orange
8455-35



Dots - Cream
8454-44



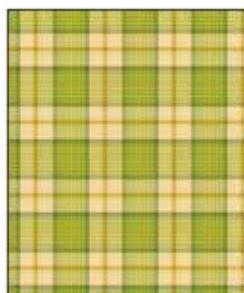
Dots - Brown
8454-38



Dots - Blue
8454-11



Plaid - Blue
8453-77



Plaid - Green
8453-66



Plaid - Orange
8453-35



Characters - Blue
8452-77



Characters - Cream
8452-44



Boy Book Panel - Green
8450P-66



Girl Book Panel - Cream
8451P-44

Select Fabrics from Starry Basics



Starry Basics - Green
8294-66



Starry Basics - Brown
8294-38



Starry Basics - Orange
8294-35



Starry Basics - Gold
8294-33

Materials

Boy Color Way

1 panel	Boy Book Panel - Green (A)	8450P-66
2 1/8 yards	Starry Basics - Green (B)	8294-66
1 1/3 yards	Plaid - Green (C)	8253-66
1 1/4 yards	Starry Basics - Brown (D)	8294-38
2/3 yard	Dots - Blue (E)	8454-11
2/3 yard	Monotone - Blue (F)	8455-77
1 yard	Character - Blue (G)	8452-77
1 yard	Monotone - Orange (H)	8455-35*
5 1/4 yards	Plaid - Blue (Backing)	8453-77

Girl Color Way

1 panel	Girl Book Panel - Cream (A)	8451P-44
2 3/4 yards	Starry Basics - Brown (B)	8294-38*
1 1/3 yards	Plaid - Blue (C)	8253-77
1 1/4 yards	Starry Basics - Gold (D)	8294-33
2/3 yard	Dots - Brown (E)	8454-38
2/3 yard	Monotone - Orange (F)	8455-35
1 yard	Dots - Cream (G)	8454-44
1/3 yard	Plaid - Orange (H)	8453-35
5 1/4 yards	Characters - Cream (Backing)	8452-44

*Includes binding

Quilt Cutting Instructions

Please note: all strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

From the Boy Book Panel - Green (Girl Book Panel - Cream) (A):

- Fussy cut (12) 6 1/2" squares, each centered on a scene.

From the Starry Basics - Green (Starry Basics - Brown) (B), cut:

- (1) 6 1/2" x WOF strip. Sub-cut strip into (24) 1 1/2" x 6 1/2" strips.
- (1) 8 1/2" x WOF strip. Sub-cut strip into (24) 1 1/2" x 8 1/2" strips.
- (4) 14 1/2" x WOF strips. Sub-cut strips into (31) 4 1/2" x 14 1/2" strips.
- Cut (8) 2 1/2" x WOF strips for binding (**GIRLS ONLY**).

From the Plaid - Green (Plaid - Blue) (C), cut:

- (10) 4" x WOF strips. Sub-cut strips into (96) 4" squares.
- (1) 5 1/4" x WOF strip. Sub-cut strip into (4) 5 1/4" squares. Cut the squares across both diagonals to make (16) triangles.

From the Starry Basics - Brown (Starry Basics - Gold) (D), cut:

- (5) 7 1/2" x WOF strips. Sub-cut strips into (48) 4" x 7 1/2" strips.

From the Dots - Blue (Dots - Brown) (E), cut:

- (3) 4 3/8" x WOF strips. Sub-cut strips into (24) 4 3/8" squares.
- (1) 5 1/4" x WOF strip. Sub-cut strip into (4) 5 1/4" squares. Cut the squares across both diagonals to make (16) triangles.

From the Monotone - Blue (Monotone - Orange) (F), cut:

- (3) 4 3/8" x WOF strips. Sub-cut strips into (24) 4 3/8" squares.
- (1) 4 7/8" x WOF strip. Sub-cut strip into (8) 4 7/8" squares. Cut the squares across (1) diagonal to make (16) triangles.

From the Character - Blue (Dots - Cream) (G), cut:

- (4) 4 1/2" x WOF strips. Sew the strips together end to end, with diagonal seams, and cut (2) 4 1/2" x 68 1/2" strips.
- (3) 4 1/2" x WOF strips. Sew the strips together end to end, with diagonal seams, and cut (2) 4 1/2" x 50 1/2" strips.

From the Monotone - Orange (Plaid - Orange) (H), cut:

- (2) 4 1/2" x WOF strips. Sub-cut strips into (16) 4 1/2" squares.
- (8) 2 1/2" x WOF strips for the binding (**BOYS ONLY**).

From the Plaid - Blue (Characters - Cream) (Backing), cut:

- (2) 92" x WOF strips for the backing. Sew the strips together and trim to make the 74" x 92" back.

Sewing Instructions

1. Place (1) 4" Fabric C square on the left side of (1) 4" x 7 1/2" Fabric D strip, right sides together (Fig. 1). Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 1). Flip open the triangle formed and press (Fig. 2). Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance.

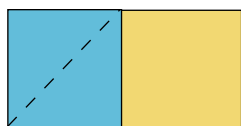


Fig. 1

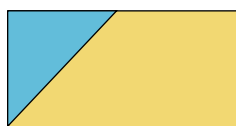


Fig. 2

2. Place another 4" Fabric C square on the right side of the 4" x 7 1/2" Fabric D strip, right sides together (Fig. 3). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 3). Flip open the triangle formed and press (Fig. 4). Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance to make (1) CDC unit.

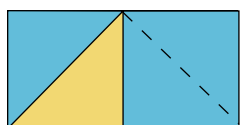


Fig. 3

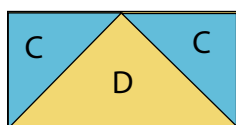


Fig. 4

3. Repeat Steps 1-2 to make (48) CDC units total.

4. Place (1) 4 3/8" Fabric F square on top of (1) 4 3/8" Fabric E square, right sides together. Draw a line across the diagonal of the top square (Fig. 5). Sew 1/4" away from each side of the drawn diagonal line (Fig. 5). Cut the two squares apart on the drawn diagonal line (Fig. 6) to make (2) EF units (Fig. 7). Trim the EF units to measure 4" square. Repeat to make (48) 4" EF units total.



Fig. 5



Fig. 6

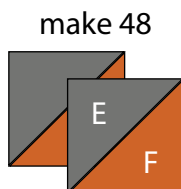


Fig. 7

5. Sew (1) 1 1/2" x 6 1/2" Fabric B strip to each side of (1) 6 1/2" Fabric A square. Sew (1) 1 1/2" x 8 1/2" Fabric B strip to the top and to the bottom of the Fabric A square. Trim the block to measure 7 1/2" square to make (1) A-block (Fig. 8). Repeat to make (12) A-blocks total.

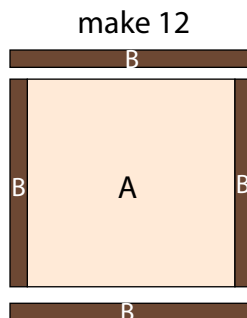


Fig. 8

6. Sew (1) CDC unit to each side of (1) A-block. Sew (1) FE unit to each end of (1) CDC unit. Repeat to make a second strip. Sew the strips to the top and to the bottom of the A-block to make (1) Block (Fig. 9). Repeat to make (12) Blocks total.

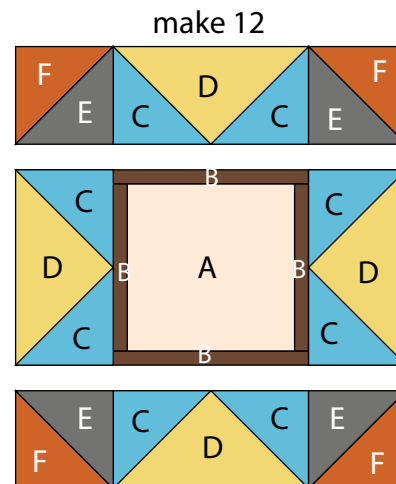


Fig. 9

7. Sew (1) Fabric F triangle, (1) Fabric E triangle and (1) Fabric C triangle together to make (1) FEC block (Fig. 10). Repeat to make (16) FEC blocks total.

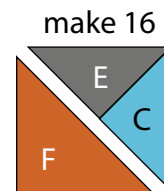


Fig. 10

8. Sew (4) FEC blocks together to make (1) Corner Block (Fig. 11). Repeat to make (4) Corner Blocks total.

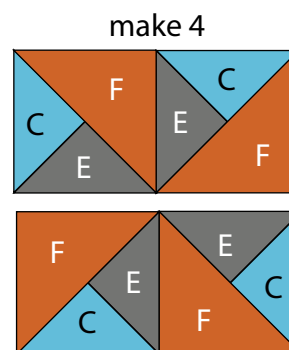


Fig. 11

9. Sew (4) 4 1/2" Fabric H squares and (3) 4 1/2" x 14 1/2" Fabric B strips together, alternating them, to make (1) HH sashing strip. Repeat to make (3) HH sashing strips total.

10. Sew (3) (3) 4 1/2" x 14 1/2" Fabric B strips and (2) 4 1/2" Fabric H squares together, alternating them, to make (1) BB sashing strip. Repeat to make a second BB sashing strip.

REST YOUR HEAD

Quilt 1

Page 3

Quilt Top Assembly

(Refer to the Quilt Layout while assembling.)

11. Sew (4) 4 ½" x 8 ½" Fabric B strips and (3) Blocks together, alternating them, to make (1) row. Repeat to make (4) rows total.

12. Sew the (4) rows and (3) HH sashing strips together, alternating them, to make the quilt top.

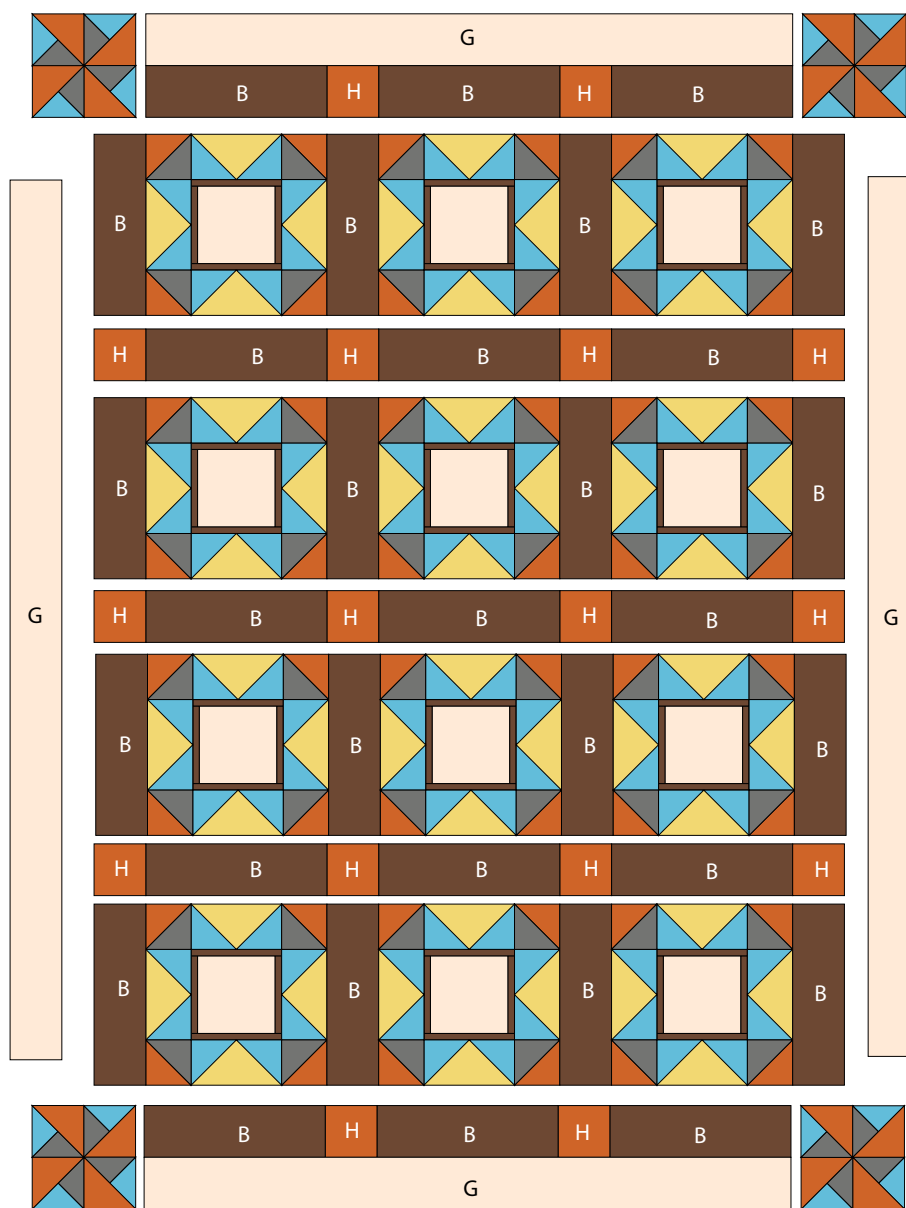
13. Sew (1) 4 ½" x 68 ½" Fabric G strip to each side of the quilt top.

14. Sew (1) 4 ½" x 50 ½" Fabric G strip and (1) BB sashing strip together lengthwise to make (1) strip. Repeat to make a second strip. Sew (1) Corner Block to each end of both strips. Sew the resulting strips to the top and to the bottom of the quilt top.

15. Layer and quilt as desired.

16. Sew the (8) 2 ½" x WOF Fabric H (**Boys**) or Fabric B (**Girls**) strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.

17. Bind as desired.



Quilt Layout