# Rest Your flecul By Leanne Anderson





Boy Place Mat #1



Boy Place Mat #2



Girl Place Mat #1



Girl Place Mat #2

#### Place Mats

A Free Project Sheet From





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Finished Place Mat Size: 13" x 18" 49 West 37th Street, New York, NY 10018 tel: 212-686-5194 fax: 212-532-3525 Toll Free: 800-294-9495

www.henryglassfabrics.com

# REST YOUR HEAD (Place Mats)

# Fabrics in the Collection



#### Select Fabrics from Starry Basics



8294-66



8294-38



Starry Basics - Green Starry Basics - Brown Starry Basics - Orange Starry Basics - Gold 8294-35



8294-33

# REST YOUR HEAD Place Mats

# Page 1

# Materials Boy Color Way

1 panel	Boy Book Panel - Green (A)	8450P-66
1/4 yard	Starry Basics - Brown (B)	8294-38
1/4 yard	Starry Basics - Green (C)	8294-66
½ yard	Character - Blue (D)	7452-77
1/4 yard	Monotone - Orange (E)	8455-35*
1/4 yard	Plaid - Green (F)	8453-66
1/4 yard	Starry Basics - Orange (G)	8294-35
⅓ yard	Monotone - Green (H)	8455-66
1/4 yard	Plaid - Blue (I)	8453-77
²⁄₃ yard	Dots - Blue (Backing)	8454-11

#### Girl Color Way

1 panel	Girl Book Panel - Cream (A)	8451P-44
½ yard	Starry Basics - Brown (B)	8294-38
½ yard	Starry Basics - Gold (C)	8294-33
⅓ yard	Plaid - Orange (D)	8453-35
⅓ yard	Monotone - Green (E)	8455-66*
½ yard	Dots - Cream (F)	8454-44
½ yard	Plaid - Blue (G)	8453-77
⅓ yard	Dots - Brown (H)	8454-38
½ yard	Starry Basics - Orange (I)	8294-35
²⁄₃ yard	Dots - Cream (Backing)	8454-44

<sup>\*</sup>Includes binding

#### You will also need:

• 1 yard of ric-rac per place mat cut into (1) 13 ½" long piece and (1) 4 ½" long piece.

#### **Quilt Cutting Instructions**

Please note: all strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

# From the Boy Book Panel - Green (Girl Book Panel - Cream) (A):

Both Color Ways

• Fussy cut (2)  $6\frac{1}{2}$ " squares.

#### From the Starry Basics - Brown (B), cut:

Both Color Wavs

- (1) 1 ½" x WOF strip. Sub-cut strip into (4) 1 ½" x 6 ½" strips.
- (1) 1 ½" x WOF strip. Sub-cut strip into (4) 1 ½" x 8 ½" strips.

#### From the Starry Basics - Green (Starry Basics - Gold) (C), cut:

Both Color Ways

- (1) 1 ½" x WOF strip. Sub-cut strip into (2) 1 ½" x 9 ½" strips and (2) 1 ½" x 7 ½" strips.
- (1)  $2\frac{1}{2}$ " x 5" strip for the binding of the pocket.

### From the Character - Blue (*Plaid - Orange*) (D), cut: Boy Color Way

- (1) 2 ½" x WOF strip. Sub-cut strip into (2) 2 ½" x 13 ½" strips.
- (1) 2 ½" x WOF strip. Sub-cut strip into (2) 2 ½" x 9 ½" strips
- (1) 4 ½" x WOF strip. Sub-cut strip into (2) 4 ½" x 6 ½" strips.
- (2) 2 ½" x WOF strips for binding (1) place mat. *Girl Color Way*
- (1) 2 ½" x WOF strip. Sub-cut strip into (2) 2 ½" x 13 ½" strips.
- (1) 2 ½" x WOF strip. Sub-cut strip into (2) 2 ½" x 9 ½" strips
- (1) 4 ½" x WOF strip. Sub-cut strip into (2) 4 ½" x 6 ½" strips.

#### From the Monotone - Orange (Monotone - Green) (E), cut:

Boy Color Way

- (2) 2 ½" x WOF strips for binding (1) place mat. *Girl Color Way*
- (4) 2 ½" x WOF strips for binding (2) place mats.

#### From the Plaid - Green (Dots - Cream) (F), cut: Both Color Ways

• (1) 5 ½" x WOF strip. Sub-cut strip into (1) 5 ½" x 13 ½" strip and (2) 1" x 4 ½" strips.

### From the Starry Basics - Orange (Plaid - Blue) (G), cut: Both Color Ways

- (1) 1 ½" x WOF strip. Sub-cut strip into (2) 1 ½" x 9 ½" strips and (2) 1 ½" x 7 ½" strips.
- (1) 2 ½" x 5" strip for binding the pocket.

### From the Monotone - Green (*Dots - Brown*) (H), cut: Both Color Ways

- (1) 2 ½" x WOF strip. Sub-cut strip into (2) 2 ½" x 13 ½" strips
- (1) 2 ½" x WOF strip. Sub-cut strip into (2) 2 ½" x 9 ½" strips.
- (1) 4 ½" x WOF strip. Sub-cut strip into (2) 4 ½" x 6 ½" strips.

#### From the Plaid - Blue (Starry Basics - Orange) (I), cut: Both Color Ways

• (1) 5 ½" x WOF strip. Sub-cut strip into (1) 5 ½" x 13 ½" strip and (2) 1" x 4 ½" strips.

#### From the Dots - Blue (Dots - Cream) (Backing), cut:

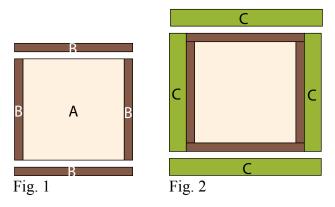
• (1) 22" x WOF strip. Sub-cut the strip into (2) 17" x 22" strips for the (2) backs.

# REST YOUR HEAD (Place Mats

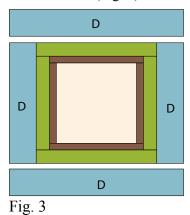
# Page 2

#### **Sewing Instructions**

- 1. Sew (1) 1 ½" x 6 ½" Fabric B strip to each side of (1) 6 ½" Fabric A square. Sew (1) 1 ½" x 8 ½" Fabric B strip to the top and to the bottom of the Fabric A square. Trim the block to measure 7 ½" square (Fig. 1) to make (1) A-block.
- 2. Sew (1) 1  $\frac{1}{2}$ " x 7  $\frac{1}{2}$ " Fabric C strip to each side of (1) A-block. Sew (1) 1  $\frac{1}{2}$ " x 9  $\frac{1}{2}$ " Fabric C strip to the top and to the bottom of the A-block (Fig 2).



3. Sew (1) 2 ½" x 9 ½" Fabric D strip to each side of the A-block. Sew (1) 2 ½" x 13 ½" Fabric D strip to the top and to the bottom of the A-block (Fig. 3).



4. Sew (1) 5 ½" x 13 ½" Fabric F strip to the right side of the A-block (Fig. 4).

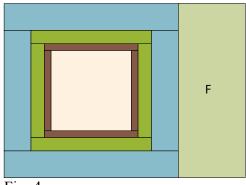
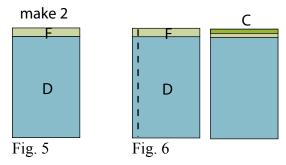


Fig. 4

- 5. Sew (1) 1" x 4 ½" Fabric F strip to the top of (1) 4 ½" x 6 ½" Fabric D strip to make (1) DF unit (Fig. 5). Repeat to make a second DF unit.
- 6. Place the (2) DF units right sides together. Stitch down the left side of the two pieces. Turn the unit right side out and press. Bind the top edge as desired with the  $2\frac{1}{2}$ " x 5" Fabric C strip to complete the DF pocket (Fig. 6).



#### **Place Mat Assembly**

(Refer to the Place Mat Layouts while assembling.)

- 7. Layer and quilt as desired.
- 8. Position the pocket onto the place mat. Stitch down the center to make (2) pockets and down the left side to hold in place (Fig. 7). You will catch the right side and bottom in the binding of the place mat.

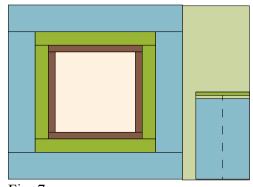


Fig. 7

9. Sew the (2) ric-rac pieces onto the place mat top as shown (Fig. 8).

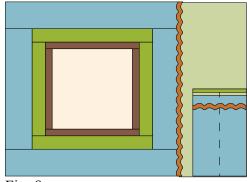


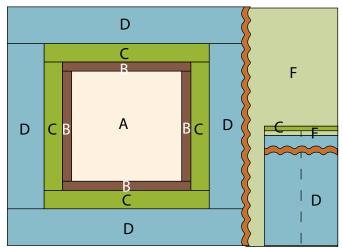
Fig. 8

# REST YOUR HEAD Place Mats

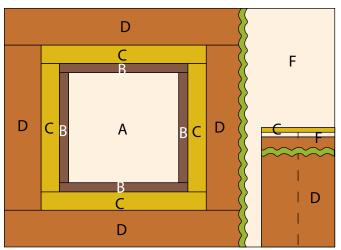
# Page 3

- 10. Sew the 2 ½" x WOF Fabric E binding strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press. *Note: Boy Place Mat #2 is bound in Fabric D*.
- 11. Bind as desired.

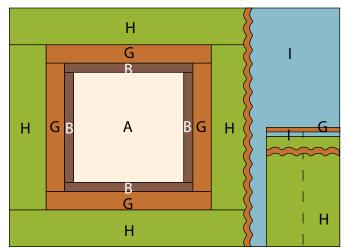
12. Using the place mat layouts for fabric identification, repeat Steps 1-11 to make the second boy place mat or the two girl place mats.



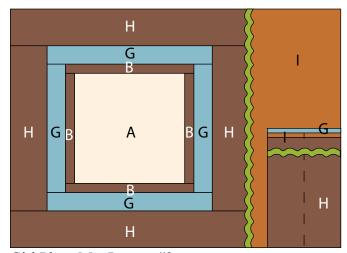
Boy Place Mat Layout #1



Girl Place Mat Layout #1



Boy Place Mat Layout #2



Girl Place Mat Layout #2