



# "A LITTLE BIT OF COUNTRY"

## LINDON CITY NEWSLETTER

MARCH 2013

### Mayor

James A. Dain

### City Center Offices

100 North State St/Upper Level  
785-5043

### Community Development

100 North State St/Lower Level  
785-7687

### Public Works

946 West Center Street  
796-7954

### Justice Court

100 North State Street  
Upper Level  
785-1971

### Police

100 North State Street  
Lower Level  
Emergency - 911  
Non-emergency Dispatch  
229-7070  
Police Department Offices  
769-8600

### Fire

Emergency - 911  
Non-emergency Dispatch  
229-7070  
Other Fire Services  
229-7327

### Aquatics Center

60 West 60 North  
610-4160

### Community/Senior Center

25 North Main  
769-8637/769-8625

### City Website

[www.lindoncity.org](http://www.lindoncity.org)  
[www.facebook.com/lindoncity](https://www.facebook.com/lindoncity)

## Spring Really Is Almost Here, Be Smart, Be Safe!

It has been a long and grueling winter, which was colder and wetter than normal here in town. As spring begins to arrive, everyone wants to get outside to enjoy the improving weather. It's probably a good time to remind everyone that there are now more people out on the streets enjoying the better weather after being cooped up for so long. Kids are playing, joggers are running, and bikers are peddling off those winter pounds.

Due to a lot of factors, Lindon residents, and all of us here in Utah, are more healthy and active than people in most areas. Utah ranked as the seventh healthiest state in the nation in 2012, with low rates of obesity and smoking. We also enjoy ranking as the ninth happiest state to live in, and the ninth most active lifestyle state. We enjoy the added benefit of living in one of the premier outdoor recreation areas in the United States. This is a good thing, that results in more people being outside, which can add up to increased road hazards and a demand for extra vigilance as we drive or recreate in the City.

If you are getting in those early morning runs or even just letting the kids run through the neighborhood, please remember, that as we grow, traffic on our streets is increasing. Auto-pedestrian/bicycle accidents, here and in other towns, are most often the fault of the pedestrian or bicyclist and often it is simply because they don't pay close enough attention or remember to follow the rules of the road. Please remember that if you are riding a bike on the streets, you are required to follow all traffic laws. That means signaling your intention to turn, stopping at stop signs, proper lane travel, and even observing the speed limit. On many of our hilly streets it is very easy to go faster than 25 miles per hour on a bike. It is a very dangerous thing to ride a bike faster than the flow of traffic, but it is common to see bikers passing cars coming down 200 South or 400 North. Take the time to remind your children to be responsible for their own safety. Remember if you are running or biking to wear high visibility clothing and that wearing helmets on bikes really does save lives. Look both ways before crossing a road and don't suddenly burst out into the street.

Humans are not the only ones who want to get outside at this time. Our pets want to get out and enjoy the warmth as well. Please take safety precautions for your animals too. Dogs should be on a leash and not allowed to run free. Keeping pets under control is effective at protecting your furry family members and may actually be saving their lives. If you run or bike, or if you are a large animal owner and enjoy riding your horse in town, please take advantage of our trail system and avoid as much traffic interaction as possible. The Lindon Heritage Trail is open and safe. It will soon be expanding to the west as trail construction toward the lake is set to begin near the end of March. The new Murdock Canal Trail is almost complete and is set to officially open very shortly. Both are great alternatives for safe recreation and can provide easy access across town and to the trails in the foothills.

All of us drive cars every day; they are a necessity of life here. I want to compliment you all, as we actually enjoy very safe streets in Lindon, and most residents really do seem to travel with safety in mind. Even though serious accidents are fairly rare, as drivers, we must remember to always be alert, put down the cell phones and pay attention as we drive. Try to minimize distractions within your car and plan for hazards far in advance. As you approach a jogger or biker try to share the road and give them a wide berth. Be prepared for any sudden un-foreseen movement and be ready to react to them.

This spring has been a long time coming! By working together to be safe we can avoid any tragedies and enjoy the coming warm months together.

Cody Cullimore, Chief of Police

### SHARE THE LOVE.....

On March 22<sup>nd</sup>, non-profit organizations across Utah County will partner together for "Love Utah Give Utah Day." On this day, we are asking members of the community to donate to the charity of their choice to help grow their community. For more information visit [www.loveutgiveut.org](http://www.loveutgiveut.org).