

Lindon City
100 N State Street
Lindon, Utah 84042



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www.lindoncity.org

Job Title: Head Coach Gymnastics (*Seasonal*) **Department:** Parks and Recreation
Pay Scale: Range 5- \$11.57-\$17.31 per hour (DOE) **FLSA Code:** Non-Exempt

Job Summary:

Under the supervision of the Recreation Supervisor and/or Recreation Coordinator, this position is engaged in teaching, planning, implementing, and creating lesson plans for all Lindon City gymnastics classes and clinics.

Duties/Responsibilities

- Good leadership skills and ability to work as part of a team.
- Ability to communicate effectively with gymnasts, parents and other members of staff.
- Ability to create successful learning process and training principles for participants under the guidance of direct supervisor.
- Ability to motivate and assist gymnasts to develop new skills safely.
- Knowledge of injury prevention - understanding how to reduce the risk of injury to gymnasts.
- Good time management skills and punctuality.

Requirements:

- Ability to create and carry out structured lesson plans for classes.
- Ability to maintain class order and ensure a safe and fun learning environment.
- Conduct skill checks for level advancement.
- Set up and take down of equipment.
- Act in a responsible and appropriate manner at all times in accordance with city policies.
- Demonstrate good coaching practices that provide participants the opportunity to learn and accelerate skills.
- Ensure that you abide by the gym rules placed by the head coach at all times and take necessary action if there is a breach in rules.

Education/Experience:

- High school graduate preferred.
- Vast experience in gymnastics and/or tumbling.
- Experience teach and/or working with youth.

Physical Requirements:

While performing the duties of this job, the employee is frequently required to stand, sit, talk, hear, read and write. This position requires an employee to walk or run. He/she may periodically need to reach, stoop, crouch, or kneel. Employee may be asked to lift/carry and/or

move equipment weighing up to 50 pounds.

Hiring Policy:

Lindon City Corporation is an Equal Opportunity Employer. Lindon City will not base its hiring decisions on non-meritorious factors such as race, color, national origin, sex, religion. Lindon City will not refuse to hire an individual who is disabled who is capable of performing the essential requirements of the position with reasonable accommodations when they do not create undue hardship.

Hiring is conditioned upon submission to and successfully passing a drug screen and background check.