

# MARCH 2024

# LINDON CITY NEWSLETTER

"A LITTLE BIT OF COUNTRY"

## Mayor

Carolyn Lundberg

## City Center Offices

100 N. State St./Upper Level  
801-785-5043

## Community Development

100 N. State St./Lower Level  
801-785-7687

## Public Works

946 West Center Street  
801-796-7954

## Justice Court

100 N. State St./Upper Level  
785-1971

## Police Department

90 North State Street Emergency -  
911

Non-emergency Dispatch  
801-229-7070

Police Dept. Offices 769-8600

## Fire/EMS

90 North State Street Emergency -  
911

Non-emergency Dispatch  
801-229-7070

Other Fire Services  
801-229-7327

## Aquatics Center

60 West 60 North  
801-610-4160

## Community/Senior Center

25 North Main  
801-769-8637/769-8625

City Website [www.lindoncity.org](http://www.lindoncity.org)  
[www.facebook.com/lindoncity](https://www.facebook.com/lindoncity)

If you haven't signed up for Lindon City's emergency notification system already please do so! Help us to be emergency ready and be able to notify all of our great citizens in the event of an emergency! Don't delay, Click [here](#) to sign up for this important service today!



A primary function of city government is to establish an appropriate, sustainable budget. We must provide for the city's needs without causing an undue tax burden and debt upon the citizens. As City leaders we must spend each dollar of tax revenue wisely and carefully. A budget is prepared for each year. A great deal of effort is expended to make certain each dollar of revenue is spent wisely and to use resources efficiently. We also desire to ensure long-term financial stability and to continue to plan for, improve, and maintain the City's infrastructure.

Lindon City has multiple infrastructure projects happening now. The city is doing a culinary water pipeline replacement along Canal Drive, a secondary water line and connection to the Provo River Aqueduct, culinary water pipeline upsizing near Main Street and Center Street, and other projects. Those of you living in these areas have had to deal with torn up roads and muddy driving conditions during these past weeks.

Thank you for your patience during construction as these necessary projects will improve the city's ability to provide culinary and secondary water to the citizens of Lindon. Lindon City has worked hard over the years to plan and provide good water sources for the water needs of our citizens. I express appreciation to our Lindon City crews who work so hard to keep the water coming and to repair broken lines as quickly as possible.

As residents of Lindon, we are blessed to live in a great community. I express my thanks to those city council leaders who have served so faithfully for many years. On December 31, 2023, three council members ended their service as members of the Lindon City Council. Thank you to Randi Powell, Daril Magleby, and Mike Vanchiere. It has been a pleasure to serve with them and see their great love for Lindon and its citizens.

Van Broderick



# Happening Now

## LINDON CENTENNIAL CELEBRATIONS

This year, Lindon City celebrates its 100th year as a city! There will be MANY fun events and programs to participate in throughout the year as we celebrate our centennial celebration! Make sure you follow [LindonRecreation.org/centennial](https://LindonRecreation.org/centennial) for all the programs and events.

You can also text "100" to 801-769-8625 to get updates on all the Centennial events and activities happening this year.



## Centennial Sponsorships

Want to be a sponsor for Lindon's Centennial Celebrations? Head to [LindonRecreation.org/100sponsor](https://LindonRecreation.org/100sponsor) to find out more information and to submit a sponsor application. Don't miss out on being a part of this grand celebration for Lindon City!

## Lindon City Centennial Tree Planting

In preparation of Lindon's 100-year centennial celebration in 2024, the Lindon City Mayor and Council members have issued a challenge to see if the city can plant 1,000 new trees or woody shrubs starting in March of 2023 until October 2024. Trees planted on private and public property count towards this goal.

You can go to [LindonRecreation.org/trees](https://LindonRecreation.org/trees) to report your tree planting or you can scan the QR code below:



## Cemetery Cleanup

Spring is on its way and we are preparing the cemetery for scheduled mowing. Please remove any non-regulation items that you would like to keep by March 30th. We will be removing all items placed in the grass area or extending over the grass area. Glass, porcelain, bottles, picture frames, or other breakable containers or objects are not allowed and will be removed and discarded. Please remember that decorations must be placed directly on top of the headstone.

Please be mindful of the regulations that are posted as you enter the cemetery.

<http://www.lindoncity.org/cemetery.htm>

## Lindon Cares

Check out our new website at [www.lindonrecreation.org/lindoncares](https://www.lindonrecreation.org/lindoncares). Lindon Cares is an evidence-based prevention coalition working to strengthen families, build community resilience, and reduce the risk of addiction, substance misuse, abuse, and suicide. We meet monthly to look at local data, review the gaps and needs in our community, and reach out with education and prevention resources. All are welcome!

Email [jjensen@lindoncity.org](mailto:jjensen@lindoncity.org)  
for more information



COMMUNITY  
BOARD

Thursday  
March 21st  
2024



Lindon Community Center  
25 N Main St, Lindon 7pm  
Everyone welcome

RSVP  
TO  
[jjensen@lindoncity.org](mailto:jjensen@lindoncity.org)





**LINDON**  
**Community**  
**FAMILY HEALTH**  
**FAIR**  
**Saturday,**  
**April 13th**  
**9am-11am**  
**Community Center**  
**25 N Main St Lindon**



Scan me!

**We would love to include some of the following:**

**Free Screenings for:**  
*Cholesterol*  
*Blood pressure*

**Information for:**  
*Car Seat Safety Checks*  
*Drowning Prevention*  
*Behavioral health*  
*Dental health*  
*Community Involvement*

We are looking for vendors and sponsors for our Community Health Fair to share information regarding the health and well-being of families in our community.

For more information:  
801-769-8625 or [jjensen@lindoncity.org](mailto:jjensen@lindoncity.org)

## Lindon Community Family Health Fair

If you haven't heard this year is Lindon's Centennial year!

We will celebrate and have city-wide events all year to bring our community together to commemorate the past and look to the future.

We will hold a Lindon Community Family Health Fair on **Saturday, April 13th from 9am-11am at the Lindon Community Center at 25 N Main St, Lindon.** We are looking for great vendors and local businesses to share resources and education for our community. Health and wellness, safety, diet and exercise, things that benefit our youth and families especially.

We will also be kicking off our Healthy Lindon plans for the remainder of the year at this event. This will include a few 5k races and even a triathlon with James Lawrence the Iron Cowboy himself! **If you would like to have a booth or sponsor/donate to this event please see the attached flyer at end of Newsletter and adjacent,** scan the QR code and we will reach out to you. We look forward to a great event that will help our community be mentally, physically, and socially stronger.

We would love to share resources from your organization at this event.

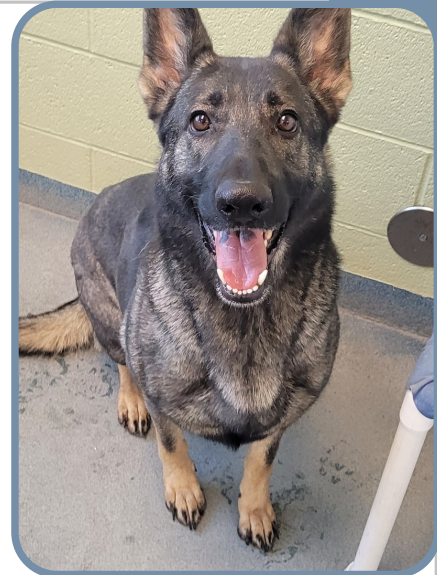
## Pet of the Month

Catherine(#3842)

**Breed:** German Shepherd  
**Age:** 3-6 Years Old  
**Gender:** Female  
**Size:** Large  
**Adoption Fee:** \$145  
**Available for Rescue:** Yes

Catherine is 3-6 years old. She has been available for adoption since 1/5/2024. Catherine is a beautiful girl. She loves to explore her surroundings and loves to go outside and play. She loves to go for walks. Catherine is very treat motivated and will do anything she can to please you. Catherine knows the commands "sit" and "stay" but she'll need additional training.

The adoption fee includes a 1-year Utah County Animal License, a 1-year rabies vaccination, up-to-date vaccination records, and a spay/neuter voucher.



Zebra Crosswalk



Parallel Open Crosswalk

## Crosswalk Laws

When driving, it's important to be mindful of pedestrians and the type of crosswalks they are using. There are laws in place to help keep pedestrians safe. Did you know that there are different types of crosswalks?

As a driver, each type of sidewalk should be treated differently.

- School Zone Crosswalks** - Typically marked by zebra-style striping, when at a school zone crosswalks a driver **must stop** and wait to let the pedestrian **cross the entire crosswalk** on both sides of the road before proceeding forward.
- Standard Crosswalk** - Typically marked by parallel solid line striping, when at a standard crosswalk a driver **must stop** and wait to let the pedestrian **cross their side of the road** before proceeding.

\*\*The average fine for this ticket: \$130\*\*

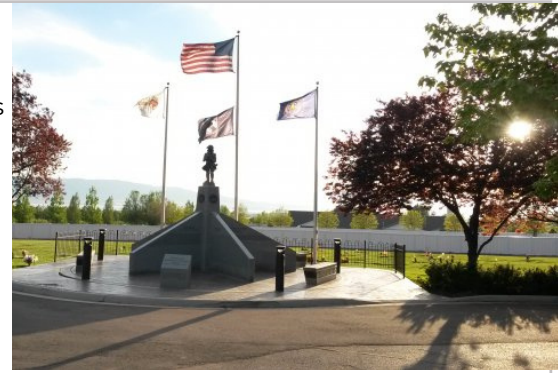
# Public Works Pointers

## Lindon City Cemetery

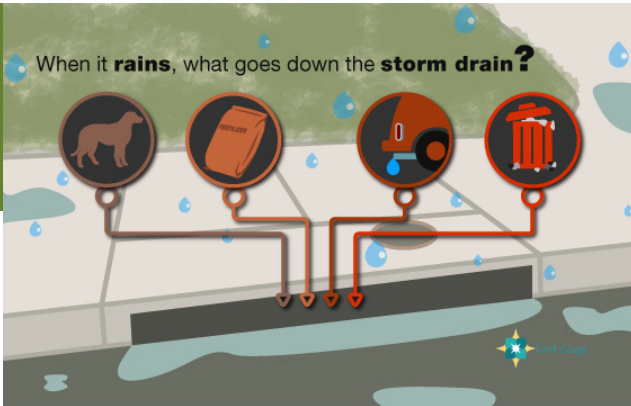
As the warmer spring weather approaches it is time for the cemetery to receive its first mowing of the year. Here is a reminder of some of the guidelines for decorations which add to the beauty and character of the cemetery and also keep our maintenance staff safe.

Grave decorations must be placed directly on top of the headstone. Any object placed in the grass area or extending over the grass area will be removed and discarded.

- Any objects driven into the ground such as wires, ornamental iron, shepherd hooks, solar lights, sticks, pegs, flags, toys, air socks, balloons, outdoor lighting, pinwheels, etc. are not permitted and will be discarded.
- Shepherd hooks or similar ornamental iron for hanging decorations are only permitted if secured to the headstone by means of holes drilled into the headstone or by other secure attachment directly on top of the headstone.
- Glass, porcelain, bottles, picture frames, breakable containers or any items deemed hazardous, inappropriate or conflicting with maintenance of a cemetery may be removed and discarded at any time by cemetery personnel.
- Outlining of headstones using bricks, rocks, flowers or other decorations or device is prohibited.



Thank you so much for your help in keeping our cemetery beautiful and safe for those who work to maintain it.



## STORMWATER

### WHAT IS IT? WHY IS IT IMPORTANT?

Stormwater is precipitation (from either rain or snow melt) that falls on impervious surfaces, like streets or the roof of our house, and flows over them and into storm drains that lead directly to our lakes and rivers.

Water flowing over hard surfaces picks up pollutants along the way. Common pollutants include yard waste, motor oil, leaf litter, trash and salt used during the winter. Runoff containing these pollutants and flowing into storm drains is NOT treated before flowing directly into our lakes and waterways.

### YOU CAN HELP KEEP OUR WATERWAYS CLEAN BY:

- Never pile landscaping materials in the street.
- Using de-icing products sparingly and according to manufacturer's instructions
- Clean leaves, sediment and trash out of gutters and dispose of in garden or trash.
- Apply lawn and garden chemicals sparingly and according to instructions

## AQUATRAX

Lindon City is partnering with AquaTrax to bring our water customers a free, easy and convenient way to monitor the CULINARY and SECONDARY (IRRIGATION) water usage online, anywhere at any time! When Customers use the City's free AquaTrax online tool customers will be able to:

For more information:

Use QR Code

Call: 801-796-7954

Email: [meter@lindoncity.org](mailto:meter@lindoncity.org)

[www.lindoncity.org/public-works---water-division.htm](http://www.lindoncity.org/public-works---water-division.htm)



Report Illegal Discharges by contacting:

Public Works 7AM-3:30 PM  
(801-796-7954)

After hrs Lindon Police Department (801-229-7070)

Email [Stormwater@lindoncity.org](mailto:Stormwater@lindoncity.org)





# Parks & Recreation programs

Head to our office website for all of our program information and online registration.

<http://www.lindonrecreation.org/recreation>



## Soccer

Sign up for Lindon's Spring Soccer league! The season is set to start April 13. Games will be held at Pioneer Park (150 S 500 E). This is a recreational league, scores, standings, and stats are not kept. Our focus is skill development in a fun, low pressure environment. Practice dates, times and location are determined by the coach. It is requested that teams practice leading up to the first game, and once during the week there after.

- **Registration:** Jan 1-March 1
- **Late Registration:** March 2-8
- **Season:** Saturdays, April 13-May 18
- **Fee:** \$40 (Kinder & Under), \$45 (1st & Up)

Visit [LindonRecreation.org/sports](http://LindonRecreation.org/sports)  
to register today!

## Baseball

Lindon City's Baseball league will be starting in June! We are providing a small-sized, recreation league to focus on skill development and sportsmanship. The league is based on helping the players develop knowledge of the game, and to help focus on fundamentals of baseball. This will provide an opportunity to learn the basics skills. All leagues are recreation, scores and standings will not be kept.

- **Registration:** Jan 1-Apr 27
- **Season:** Jun 4-27
- **Fee:** \$40

Visit [LindonRecreation.org/sports](http://LindonRecreation.org/sports)  
to register today!



## Flag Football

Lindon City's flag football league will be starting in August! We are providing a small-sized, recreation league to focus on skill development and sportsmanship. Field and team sizes are based on helping the players develop knowledge of the game, and to help focus on fundamentals of football. This will provide an opportunity to learn the basics such as lineups, play clocks, routes, and penalties. All leagues are recreation, scores and standings will not be kept.

All games will be played at Pioneer Park. **NEW THIS YEAR** - Games are played either on a Tuesday/Thursday evening between 4-6 PM to avoid conflict with Fall Soccer which happens on Saturdays. Games will be one hour, starting on the hour. Practice length and time will be at the coaches discretion.

- **Registration:** Jan 1-July 5
- **Season:** Aug 13-Sept 19
- **Fee:** \$40

Visit [LindonRecreation.org/sports](http://LindonRecreation.org/sports)  
to register today!



## Winter/Spring Programs

Need a break from the kids? The Rec classes are a great way to get kids out of the house and engaging in fun and creative programs. Head to [LindonRecreation.org/classes](http://LindonRecreation.org/classes) to see more information and to register. See below for available classes.

- Origami
- Sketching 101
- Kids Movement/Fitness
- Book Creators
- Escape Room
- and MUCH MORE!

Find out more information and register today at  
[LindonRecreation.org/classes](http://LindonRecreation.org/classes).





## Chess Club

The Lindon Community Chess Club will be held every Wednesday evening from 6:00-9:00 PM at the Lindon Community Center and is FREE! There will be an hour of instruction and two hours of game play. First time? No problem! Come learn how to play chess or improve your skill with others.

All ages are welcome. Bring your friends and come enjoy an evening of chess!

## Easter Egg Hunt

Join Lindon Parks & Rec for our annual Easter Egg Hunt on March 30 at Pheasant Brook Park!

Show up early for some fun crafts and come hunt for some Easter eggs! There will be 7,000+ eggs and the event is open for those 12 years and under. Grand prizes available for some lucky egg hunters! The event will start at 9:00 AM SHARP and is free to all. Make sure you are there on time so you do not miss the egg hunt!

Want to hunt for some eggs but you are not the right age for the main event?? Don't worry! Several prize eggs will be hidden around the town on Mar 30. Watch our social media the day of the event to see clues on where the eggs will be hidden.



## Lindon Days Junior Rodeo Royalty

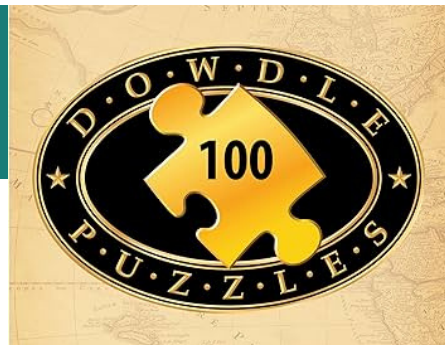
Applications are now open for the 2024 Lindon Days Junior Rodeo Royalty! Check out [LindonRecreation.org/rodeo](https://LindonRecreation.org/rodeo) for the application and more information about the competition. Applicants need to turn in their application to Shawnee Rasmussen before Saturday, April 27.

See more info about the Jr Rodeo Queen Clinic and the Queen Pageant at [LindonRecreation.org/rodeo](https://LindonRecreation.org/rodeo).

## Junior Rodeo Queen Clinic

Come learn the basics of what it takes to be a rodeo queen. We will be coaching in each portion of the pageant: appearance, modeling, speech, impromptu questions, interview, and discussing horsemanship. Horses are not required.

The event will be held on April 6 from 5:30-7:00 PM at the Lindon Community Center. See more info at [LindonRecreation.org/rodeo](https://LindonRecreation.org/rodeo).



## Purchase Dowdle Puzzles & Framed Giclee Prints

Order your puzzles and giclée prints today! There are a limited qty of puzzles that can be purchased until they are sold out. All framed giclée prints are pre-sale only. If you want to pickup your print at the unveiling event, you will need to order before March 7.

All other prints will be notified when they are available for pickup. All puzzles and prints can be picked up at or any day after the unveiling on March 25 at the Lindon Community Center. Head to [LindonRecreation.org/centennial](https://LindonRecreation.org/centennial) to purchase your puzzle or giclée prints today!

## PARKS & REC TEXTING SERVICE

Lindon Parks & Recreation has many fun and engaging programs and events to offer to the community! If you are interested in getting text notifications, please join our texting service. This is a great way to stay connected to all the programs, events, and activities Lindon has to offer!

To opt-in, please text 801-769-8625 with a keyword from the list below.

- Text **ALL** to be placed in all text groups
- Text **EVENT** for event information
- Text **POOL** for Aquatics Center info
- Text **REC** for rec programming
- Text **SPORTS** for sports info





# Senior Center

25 N Main Street Lindon, UT 84042

## THIS IS A GREAT PLACE FOR YOU TO BE!

You will find a wonderful gathering place where everyone feels comfortable and welcome, whether you are here for the first time or have been coming for years. When you come to the Senior Center, you can enjoy any of the activities that are planned for the day, including a hot lunch, exercise class, fitness room, computer lab, assorted craft projects, cards, travel, entertainment and much more.

## Weekly Activities & Classes

Bingo – Every Friday @ 12:30 pm

Cardio Drumming – Every Thursday @ 11:15 am

Easter Brunch - Friday March 15th @ 10:00 am

*For more information, please contact the Senior Center Front Desk at 801-769-8625*

## Senior Newsletter

## Senior Center Menu



# Emergency Preparedness in 2024 One Goal for Every Month

## March - Learn first aid, CPR and/or other rescue techniques.

First aid isn't only for disasters! First aid can help anyone, anywhere, anytime. I have seen CPR used on a man who had a heart attack during a musical performance, tourniquets applied due to serious wounds on the job, and successful pediatric Heimlich done by a woman who saved her neighbor's choking child.

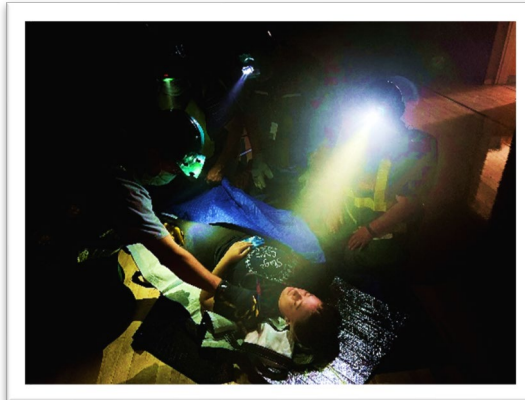
Many places offer training, including the American Red Cross.  
You can search for classes here: **Red Cross - First Aid, CPR, AED.**

Whether it's how to use an EpiPen or how to use a defibrillator, chances are high that you can ease someone's distress or even save the day if you have the right skills. What is good luck? When opportunity meets preparedness. It could be someone else's good luck to have you around if you have learned a variety of first aid and other rescue techniques!

Already learned? Practice your skills! Nothing beats muscle memory in a crisis!

If you want to learn additional emergency skills, we will have a  
**CERT class in March** ← click on link to sign up

The training is free but some basic equipment is required.  
It can be procured on your own or purchased through the city.



**CERT gives you hands-on training in basic disaster response skills, like —**

Life-Saving Rapid Assessment and First-Aid  
Disaster Medical Operations  
Fire Extinguisher Use  
Emergency Carries  
Rescue Cribbing  
Search and Rescue Operations  
Utilities Shut-Off  
Safe Debris Removal



**Want to improve your ability to help yourself, your family, and your friends in an emergency? Would you like the opportunity to respond in a real disaster or help your community now?**

In addition to learning personal emergency skills, in 2023 some of our Lindon City CERT members also ran a successful food drive, helped in a real search and recovery operation, trained to inspect buildings after an earthquake, learned how to open and operate an emergency shelter, bagged sand alongside the governor, and joined a specialty team to provide rehabilitation to Springville firefighters.

Whether you want to learn for yourself or increase your chance to serve others, CERT is a great way to get involved!  
<http://lindon-cert.eventbrite.com>

**Join our Community Emergency Response Team! Our next class starts March 14.**  
Sign-up **HERE.**





American  
Red Cross

Every drop counts. Donate blood.

# Lindon City **BLOOD DRIVE**

Friday, March 29, 2024  
11:00 am – 5:00 pm  
25 N. Main, Lindon

Scan for an appointment



Each presenting donor will receive a \$10 pet gift card to merchant of choice and be entered in to win 1 of 5, \$3000 gift cards.

For information reach out to Anita Kay (801) 367-2331

**We need you we appreciate you and most of all we thank you!**

1-800-RED CROSS | 1-800-733-2767 | RedCrossBlood.org | Download the Blood Donor App

© The American National Red Cross | 408001-01-RW



LINDON

*Community*

# FAMILY HEALTH FAIR

**Saturday,  
April 13th  
9am-11am**

**Community Center  
25 N Main St Lindon**

We are looking for vendors and sponsors for our Community Health Fair to share information regarding the health and well-being of families in our community.

For more information:  
801-769-8625 or [jjensen@lindoncity.org](mailto:jjensen@lindoncity.org)



Scan me!

**We would love to  
include some of the  
following:**

*Free Screenings for:  
Cholesterol  
Blood pressure*

*Information for:  
Car Seat Safety Checks  
Drowning Prevention  
Behavioral health  
Dental health  
Community Involvement*



**GET  
HEALTHY  
UTAH**

