



Have you seen our **NEW** patterns?
Still love our older ones?
We NEVER, EVER discontinue a pattern . . . yeah really!

Patch
Abilities

Welcome to our Wholesale Tribe

This pdf contains 5 digital patterns, all in one handy working copy for you. Save, print and make shop samples (fyi - our patterns always include basic and binding directions)



Being part of our wholesale tribe, means you'll be in "the know" about new designs and offers from us here at Patch Abilities Inc.

We print all patterns in house using our own commercial printer. This means we NEVER have to discontinue my patterns. Never. So, the patterns you make a shop sample for today, will still be available a long long time from now.

We also offer the buttons and hangers.

Whatever you see featured on pattern covers, is available at wholesale cost to you.

Yep, right along with your patterns.
One stop shopping. Great!

... and get ready for the BIGGEST perk to staying in touch with us ...

FREE digital copies of new patterns!!!

YES!!! I love you. And I love your shop. So please don't delete our emails without saving the FREE pattern copies we give you. They are given to you because I know how SAMPLES SELL product. And while I cannot make your shop samples for you, I can give you a digital copy for making shop sample and kits. NOT to be printed and sold in your store.

Ordering Product

- order direct by calling: 563-778-2101
- order direct via email: info@patchabilities.com
- order thru Checker Distributors

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Materials Needed

- 6" x 20" white dot on white grunge for background
- 1/8 yard light print for borders
- 1/8 yard of red for binding
- 8" x 24" piece for backing fabric

Scraps of cotton fabric:

- 7" x 7" dark red (bottom cup, saucer and hearts)
 - 4" x 4" white (heart on bottom cup)
 - 6" x 6" pink (saucer and hearts)
 - 6" x 6" pink valentine print (middle cup)
 - 5" x 5" red (top cup and hearts)
 - 4" x 6" white/red dot (top cup)
 - 4" x 4" brown (bird), 3" x 3" tan (bird)
- 7" x 23" of *Warm & Natural Needled Cotton* batting
 - Basting Spray - *505 Spray and Fix Temporary Fabric Adhesive*
 - 1/2 yard lightweight fusible web of your choice (such as "Heat 'n Bond Lite")
 - **Valdani**, 100% COLORFAST Hand-Dyed Threads: Machine 35 wt. colors used are: P4 - Aged White, M81 - Vibrant Reds, O178 - Tea Dyed Stone Pearle Cotton No.12 colors are: O178 - Tea Dyed Stone, 5 - Ecu
 - **Hanger option:** 6" Love hanger (cover)

Patch Abilities Definition of Skill Levels:

Easy: Perfect for those who know the basics and has a little hand embroidery experience. A small amount of hand embroidery/embellishing required.

The following products shown in photo are courtesy of:

Hanger - Ackfeld Mfg - 888-272-3135 - www.ackfeldwire.com

If you can't find these items in your local quilt shop, contact:

Merry's Stitchins: 319-827-6703 or www.merrysstitchins.com

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Love You A Latte

P188

6" x 22"

Skill Level:
EASY



Pattern formatted for personal
cutting machines

Digital Pattern
Not For Sale!

Patch Abilities, Inc.™

Let's Get Started

CUTTING YOUR FABRICS

But first, a few helpful tips:

- Prewashing fabric is NOT necessary! I cannot say this loud enough to reach everyone's ears. Please don't waste your time doing laundry when there is not one valid reason on this planet, why you would need to pre-shrink fabric for a wall hanging. So, forget every story you've been told about "must pre-wash, dry, press all fabric first". Cuz, in the case of a wall hanging, it's a load of shiz. Okay, stepping off the soapbox now . . . but seriously don't pre-wash . . . I'll find out.
- Use 100% cotton, high quality fabric.

Cutting

Measurements include 1/4" seam allowance.

From background fabric, cut:

- cut one strip - 4 x 18½"

From borders fabric, cut:

- cut one - 2¼" x 12" strip
 - subcut into two - 2¼" x 6" strips for top & bottom borders
- cut two - 1½" x 18½" strips for side borders

From binding fabric, cut:

- 2 - 2" x WOF strips (or wider if you prefer to work with wider binding)

Assembly

1. Background assembly: Sew a side border to each side of the background strip and press seams. Then sew top and bottom borders on and press the seams.
2. Applique: Trace, fuse and cut all shapes (reversed pattern sheet). If you are using a cutting machine to cut your shapes, use the appropriate pattern sheet (reversed or not reversed) for your method and follow your cutter's instructions.
3. Arrange applique pieces on background as shown in photo and layout guide. Each shape has a number that corresponds with it's placement on the layout guide. Begin with #1 and get it into

position. Then following numerical order, position each shape in relation to shape #1, according to the layout guide and cover photo. Shapes will overlap each other in places, so pay attention to the photo and layout guide. The small hearts are not labeled with a number. Simply place them anywhere you wish. When all shapes are in proper position, fuse them down to the background with your iron.

4. Now it's time to sandwich the batting between the background (quilt top) and backing fabric, wrong sides together. Don't forget to spray baste. Lay your backing fabric on a table, wrong side up. Next lay your batting on it. Then lay your quilt top on the batting, wrong side down. Smooth out any wrinkles. See how nice the layers stay together and won't shift . . . that's due to basting spray. Ahhh.
5. Machine (or hand if you prefer) applique all shapes using your preferred thread color and blanket (aka buttonhole) stitch. You are stitching thru all 3 layers, so this will serve as your "quilting". Hint: For smaller shapes, I like to adjust my stitch length and width down a bit so the stitches are narrower and closer together.
6. Bind using given instructions or your preferred method.
7. Add hanging sleeve.
8. And finally, it's time to embellish

Embellish-stitch Checklist

Great news! You only have 2 embellishments to complete to add.

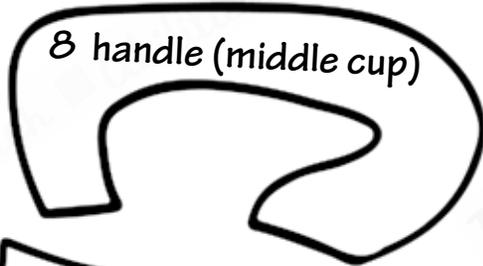
- 0178 - Tea Dyed Stone - - - Use a Lazy Daisy and straight stitch to create the bird's beak.
- 5 - Ecru - - - Use a Lazy Daisy stitch to create the bird's eye.

LAYOUT & STITCH GUIDE

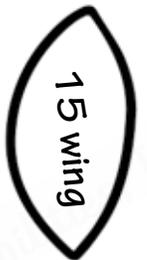
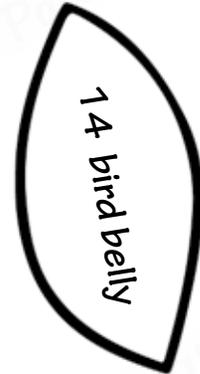
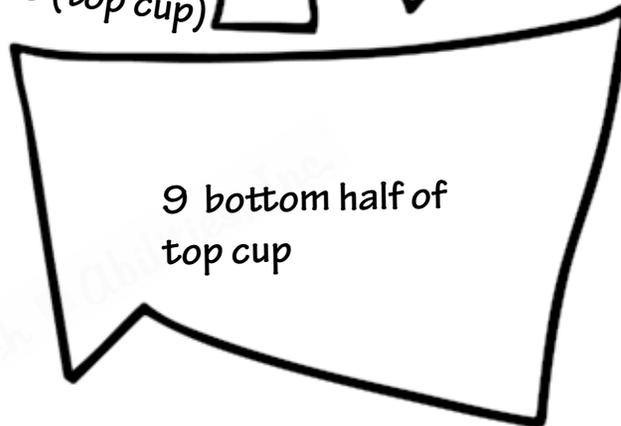
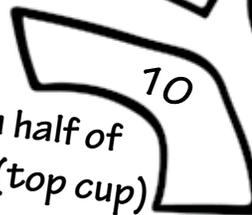


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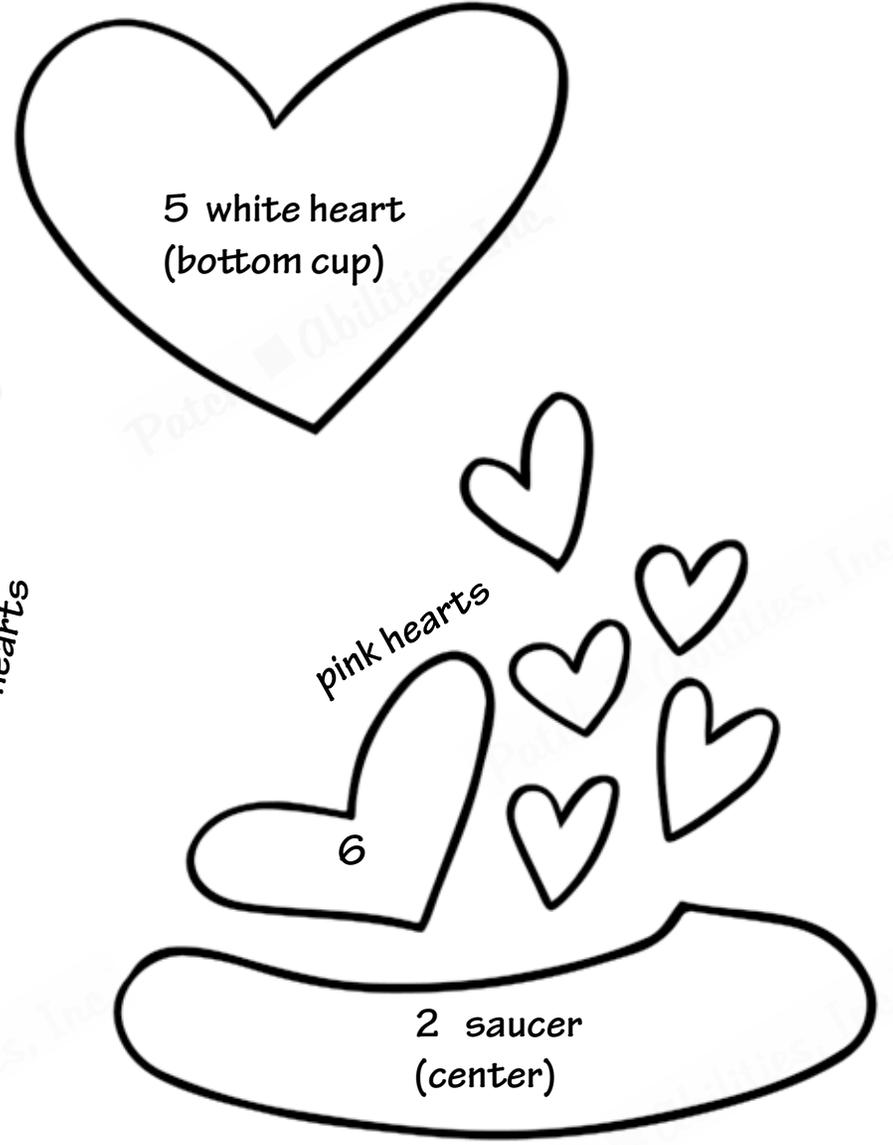
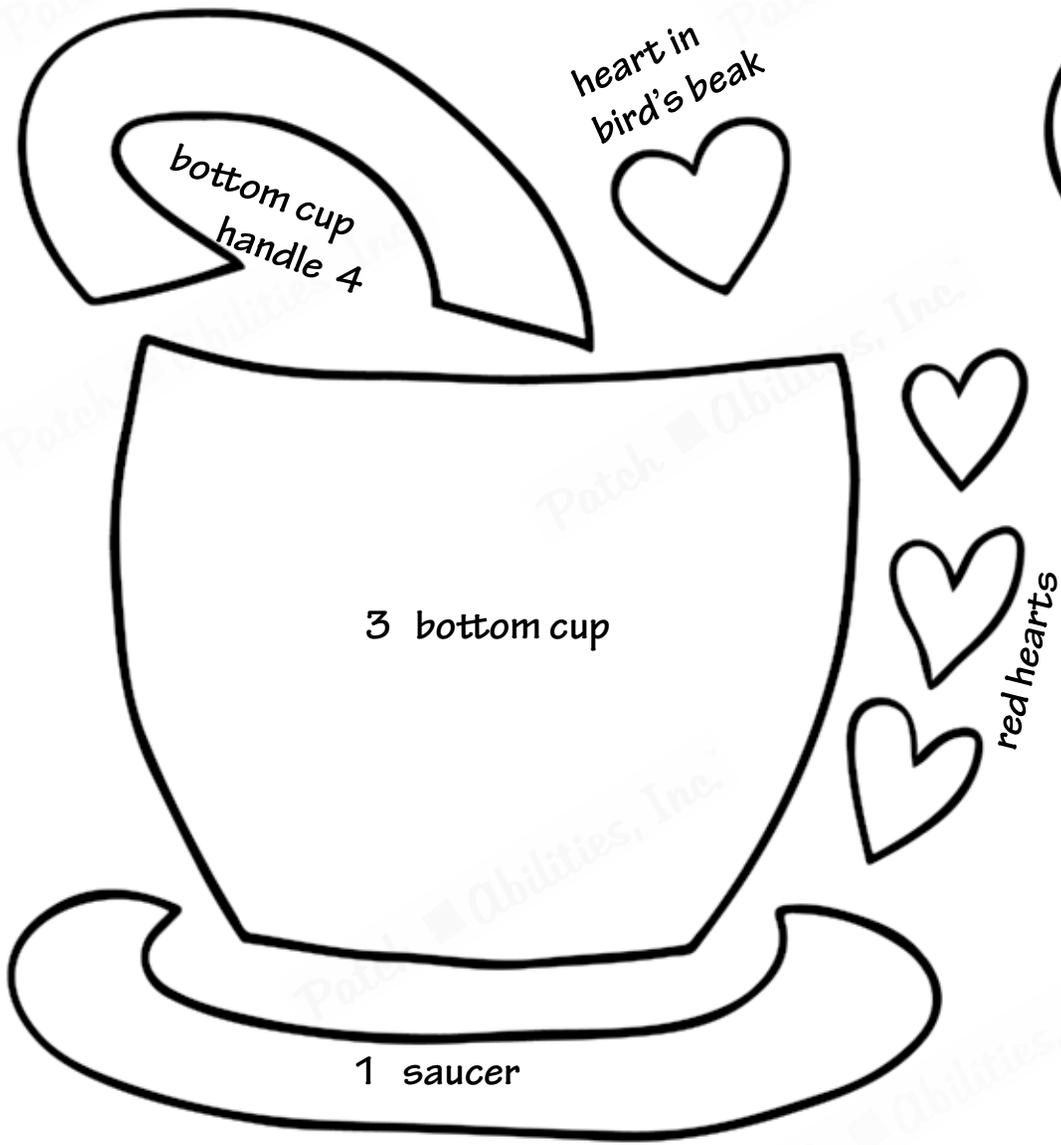
Stitch guide for
bird's beak and eye



red hearts

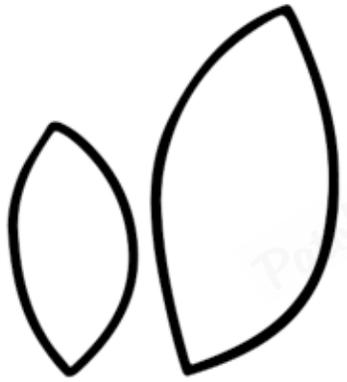
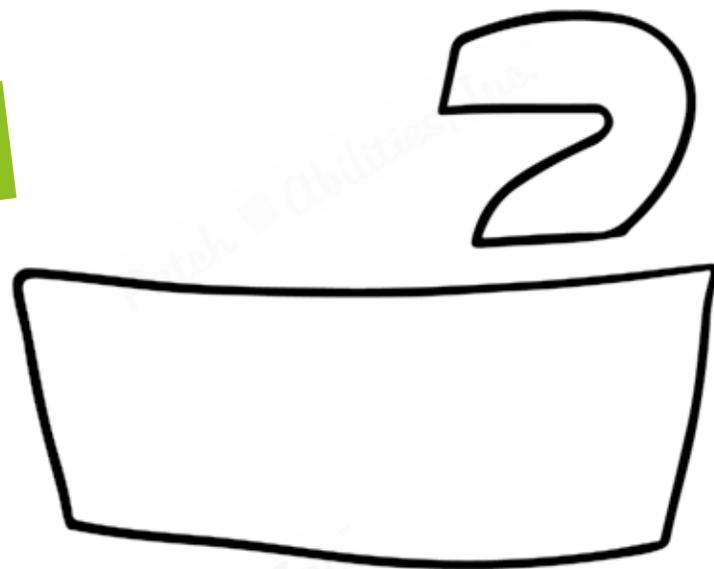
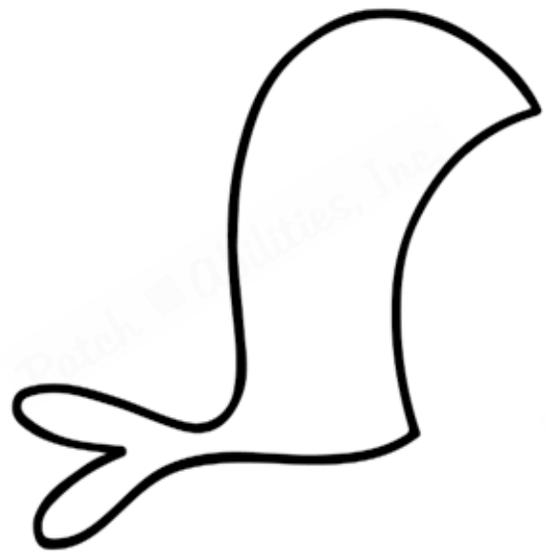


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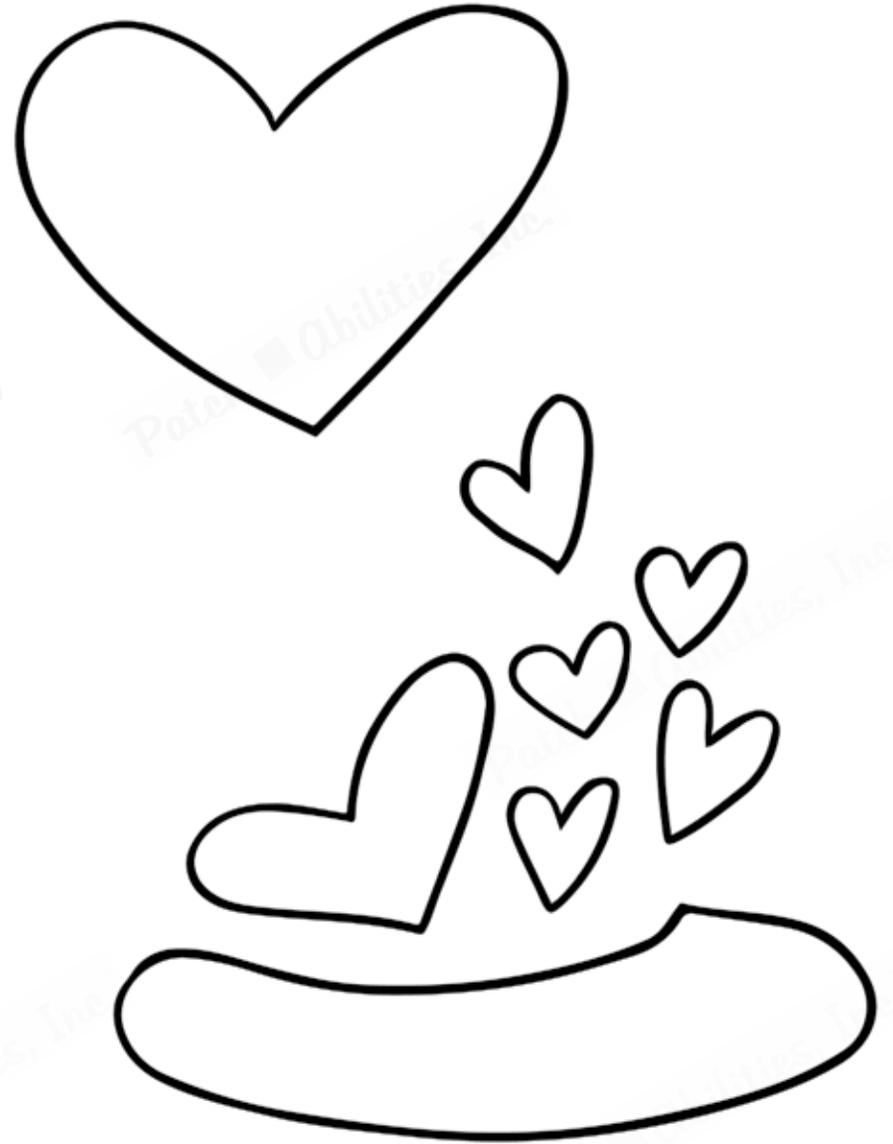
Cutter Friendly (not reversed)
Pattern Sheet

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Cutter Friendly (not reversed)
Pattern Sheet



Imagine all the Patch Abilities

Materials Needed

- fat quarter or 13" x 13" strip of light blue for background
- 1/8 yard or 3" x 22" strip of light green pieced bottom border
- 1/4 yard of green for binding and pieced bottom border

Scraps of cotton fabric:

- 9 x 11" white on off-white (bunny)
 - 4 x 4" white on white (bunny tummy)
 - 4 x 7" basket weave/brown (basket)
 - 4 x 7" pink (ears, nose, foot)
 - 2 x 5" orange (carrot)
 - 3 x 6" green (grass)
 - 4 x 4" of 3 assorted colors/prints (large & small Easter eggs)
 - 3 x 3" of 2 assorted colors/prints (small Easter eggs)
-
- 14" x 16" backing fabric
 - 13" x 15" piece of *Warm & Natural Needled Cotton* or other thin batting
 - Basting Spray - *505 Spray and Fix Temporary Fabric Adhesive*
 - 1/2 yard lightweight fusible web (such as "Heat 'n Bond Lite")
 - **Valdani**, 100% COLORFAST Hand-Dyed Thread - No. 12 perle cotton colors used:
O196 - Old Cottage Grey, O560 -Morning Grass, JP5 - Nantucket Rose
 - **Hanger option:** 12 x 14" Table Stand w/12" Carrot header
 -

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Hippity Hoppity Easter Bunny

12" x 14"

Skill Level:
EASY

Digital Pattern
Not For Sale!



Pattern formatted for personal
cutting machines

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Let's Get Started

CUTTING YOUR FABRICS

Hint: A fat eighth is $\frac{1}{8}$ th of a yard that is usually cut to measure 9" x 22" rather than the typical one-eighth yard cut of 4½" x 44". Likewise, a fat quarter is a cut to measure 18" x 22" rather than the typical quarter yard cut of 9" x 44".

Press all seams toward dark fabric, when possible. I'm going to assume you'll press all seams, so don't look for "press seam" in the directions.

Cutting

Measurements include ¼" seam allowance.

From light blue background, cut:

- one - 12 x 12" square

From light green, cut:

- one - 1½ x 20" strip

From green (binding/border fabric), cut:

- one - 1½ x 20" strip
- two - 2" x WOF strips OR 2½" x WOF strips (whichever your preference for width of binding strips) - you need enough binding strips to create approximately 60 to 64 inches of binding.

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Assembly

1. Sew the 2 - 1½ x 20" strips together



2. Subcut into 12 - 1½" blocks



3. Sew 2 of the 1½" blocks together like this, repeat to make 6 blocks.



4. Then sew all 6 blocks together to form one long pieced strip. Trim off each end so strip measures 12" long (as it comes out a little longer than 12"). This forms your bottom border.



5. Sew this to the bottom of your 12 x 12" background. Your entire background is now assembled.

6. Trace, fuse and cut all shapes (reversed pattern sheet). If you are using a cutting machine to cut your shapes, use the appropriate pattern sheet (reversed or not reversed) for your method and follow your cutter's instructions. Refer to "Basic Instructions" for help using fusible web.

7. Arrange applique pieces on background as shown in photo and layout guide. The pieces are numbered on the layout guide to help you. Begin with #1 and get it into position. Then following numerical order, position each shape in relation to shape #1, according to the layout guide and cover photo. Shapes will overlap each other in places, so pay attention to the photo and layout guide. When all shapes are in proper position, fuse them down to the background with your iron.

8. Now it's time to sandwich the batting between the background (quilt top) and backing fabric, wrong sides together. Don't forget to spray baste. Lay your backing fabric on a table, wrong side up. Next lay your batting on it. Then lay your quilt top on the batting, wrong side down. Smooth out any wrinkles. See how nice the layers stay together and won't shift . . . that's due to basting spray. Ahhh.

9. Machine (or hand if you prefer) applique all shapes using your preferred thread color and blanket (aka buttonhole) stitch. You are stitching thru all 3 layers, so this will serve as your "quilting". Hint: For smaller shapes, I like to adjust my stitch length and width down a bit so the stitches are narrower and closer together.

10. Bind using given instructions or your preferred method.

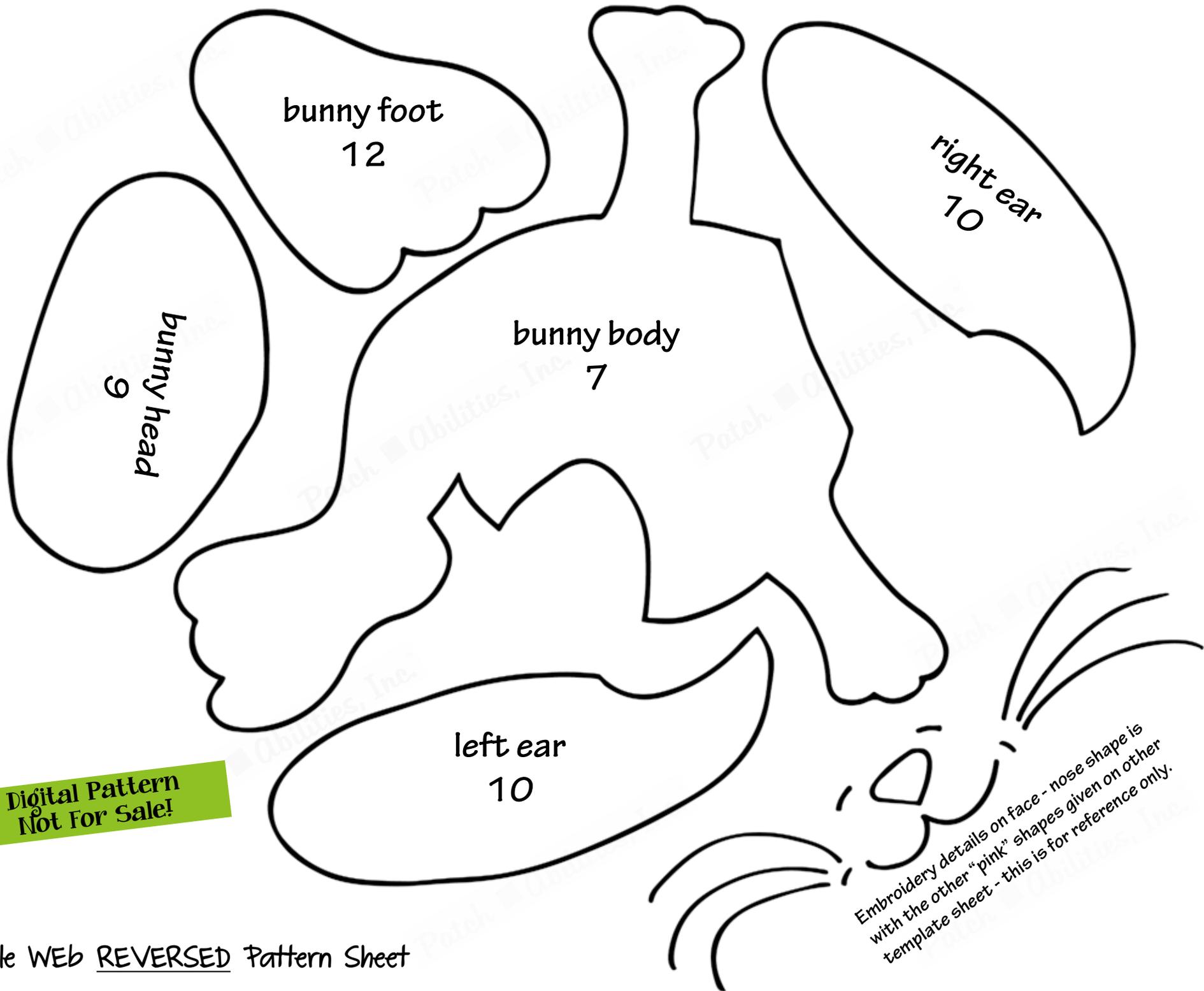
11. Add hanging sleeve.

Embellish-stitch Checklist A little embellishing and this will be complete. Use this checklist to make sure you've added the cute details.

- O126 Old Cottage Grey - Back or stem stitch bunny's smile, eyes and whiskers
- O560 Morning Grass - Back or stem stitch the carrot top (no drawing is given as it's simple enough to draw)
- JP5 Nantucket Rose - Back stitch the bunny's dimples.

LAYOUT & STITCH GUIDE





bunny foot
12

right ear
10

bunny head
6

bunny body
7

left ear
10

Embroidery details on face - nose shape is with the other "pink" shapes given on other template sheet - this is for reference only.

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Cutter Friendly (not reversed)



Cutter Friendly (not reversed)

Imagine all the Patch Abilities

Materials Needed to make one towel

- $\frac{3}{4}$ yard of toweling (natural) or 1 towel (at least 16 $\frac{1}{2}$ " wide)

Scraps of homespun fabric:

- 9" x 9" brown
- 3" x 4" pink floral (bow)
- 3" x 3" pink solid (bow, ear)
- 3" x 3" of 3 assorted prints (colored eggs)
- $\frac{1}{2}$ yard lightweight fusible web (such as "Heat 'n Bond Lite")
- **Valdani**, 100% COLORFAST Hand-Dyed Thread - Machine 35wt colors used are: P12 - Brown, P4 - Aged White

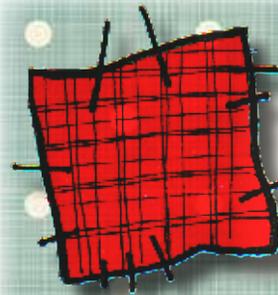
Patch Abilities Definition of Skill Levels:

* **Beginner:** For those who are first-time stitchers. Very little to no hand embroidery/embellishing required.

If you'd like the fabric kit as seen on the front cover, contact:
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Chocolate Rabbit

Towel

Skill Level:
BEGINNER



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cutting machines

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Let's Get Started

Towel Assembly

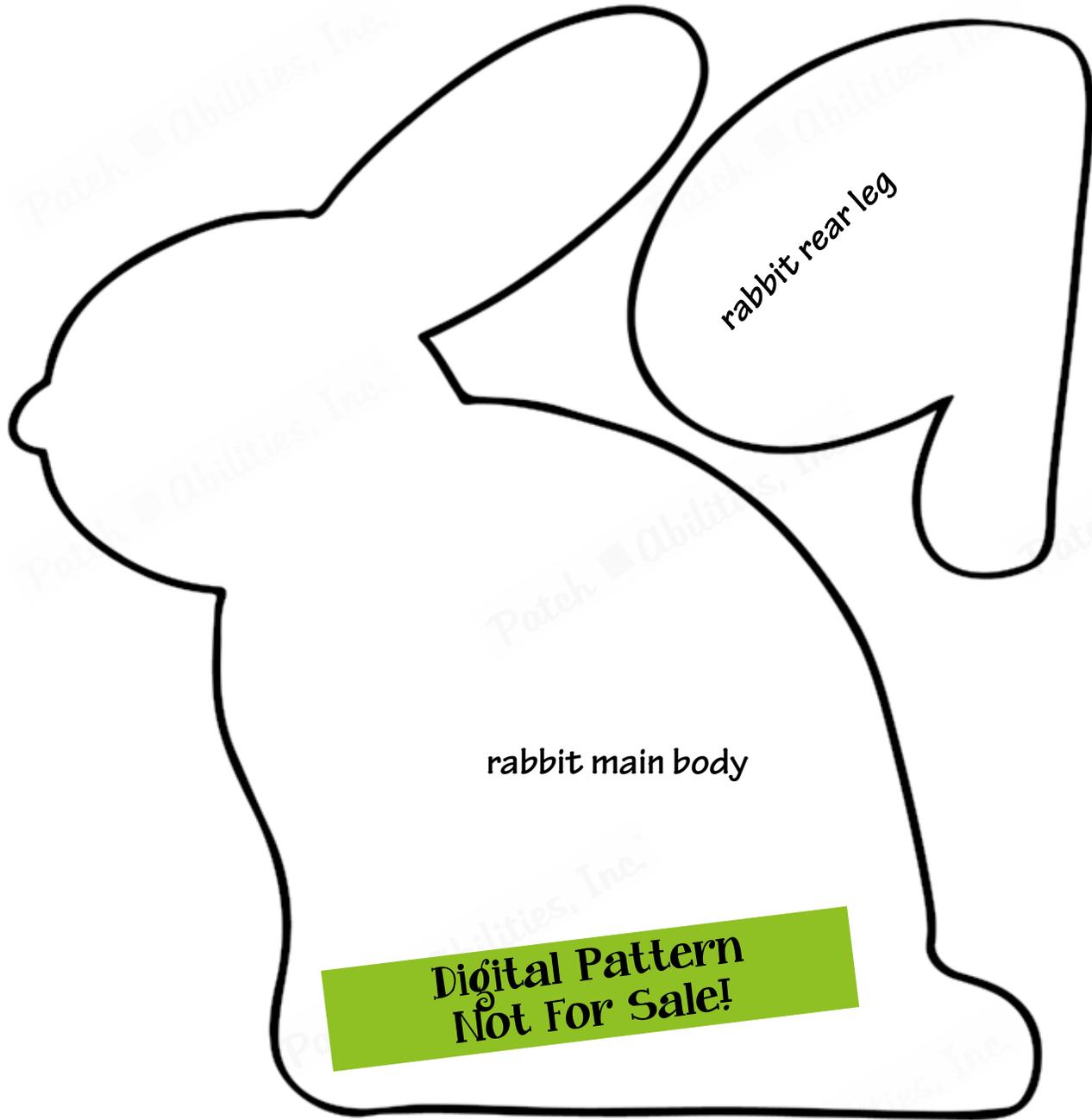
1. If you're putting this on a towel, skip to the next step. If you're working with toweling, first you need to square off and hem the ends of the towel. Hemming can be accomplished by folding under (toward back of toweling) approximately $\frac{1}{4}$ - $\frac{1}{2}$ " of the toweling and press using steam. Then fold under the toweling once more so the cut edge of the fabric is now completely hidden. Again press using steam. Then stitch the hem using a straight stitch and backstitch at each end. **Use a thread color that closely matches the color of your towel. You're goal is to make it look just like the pre-hemmed sides of the toweling.
2. **Applique Shapes:** Trace all shapes (reversed pattern sheet) onto fusible webbing. Next, cut the shapes apart leaving at least $\frac{1}{8}$ " of paper around each shape - don't cut on the lines yet. Then, iron/fuse the shapes to the wrong side of your fabric. Next, using really good, sharp scissors, cut out all shapes & position on your background. For correct shape placement/overlapping, refer to cover photo & pattern sheets. If you are using a cutting machine to cut your shapes, use the appropriate pattern sheet (reversed or not reversed) for your method and follow your cutter's instructions.
3. Arrange applique pieces on background as shown in photo and layout guide. Shapes will overlap each other in places, so pay attention to the photo and layout guide. When all shapes are in proper position, fuse them down to the background with your iron.
4. Stitch around all shapes. You can machine (or hand if you prefer) using your preferred thread color and blanket stitch. I used colors that correspond with the fabrics.

Thanks for playing along on this Patch Abilities project. I hope you found it to be a fun, easy to follow project, and most of all rewarding. This is just one of over 170 (and counting) projects we offer, which is why I invite you to

"Imagine all the Patch Abilities"

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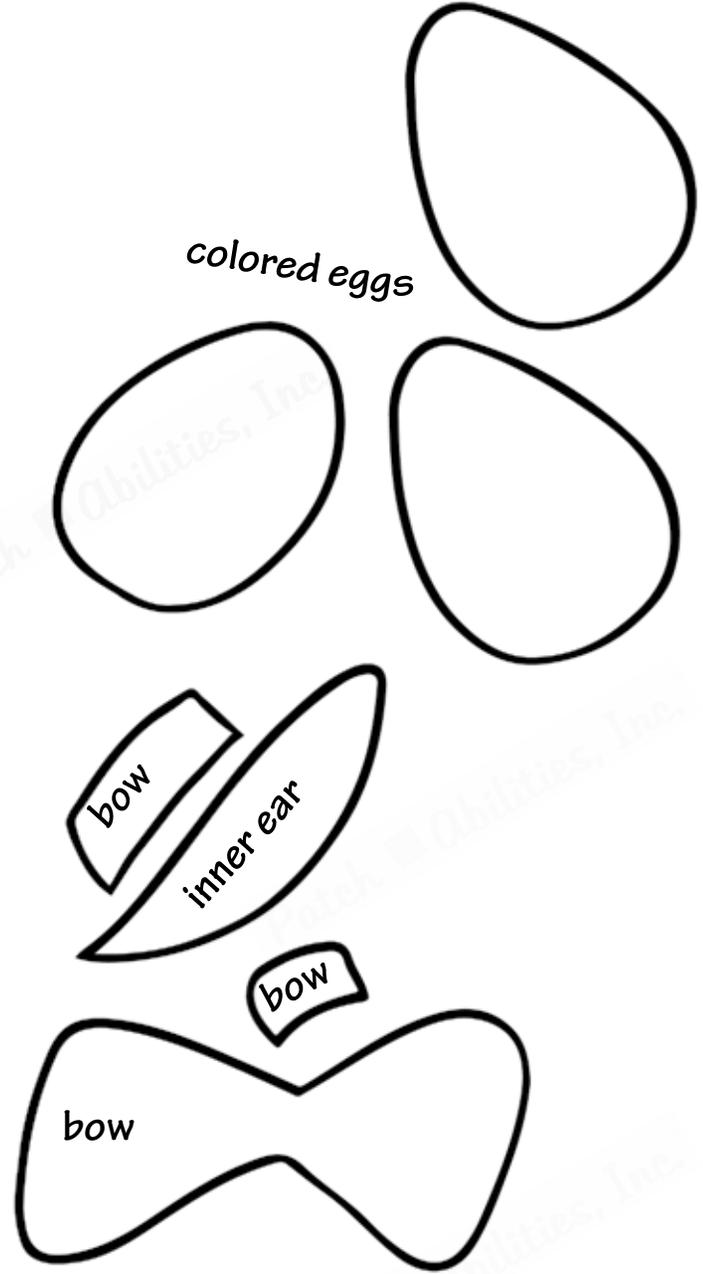




rabbit rear leg

rabbit main body

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colored eggs

bow

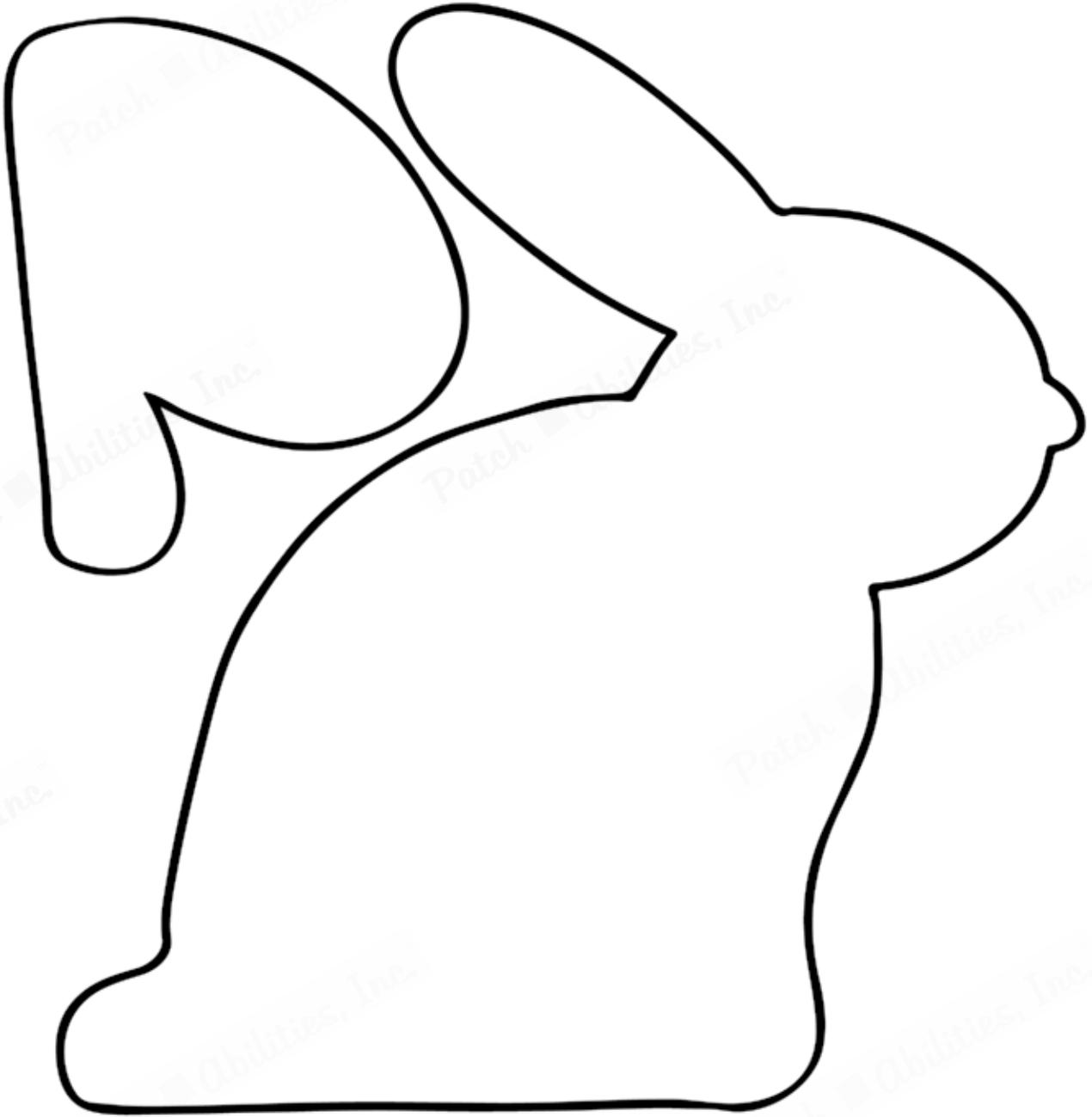
inner ear

bow

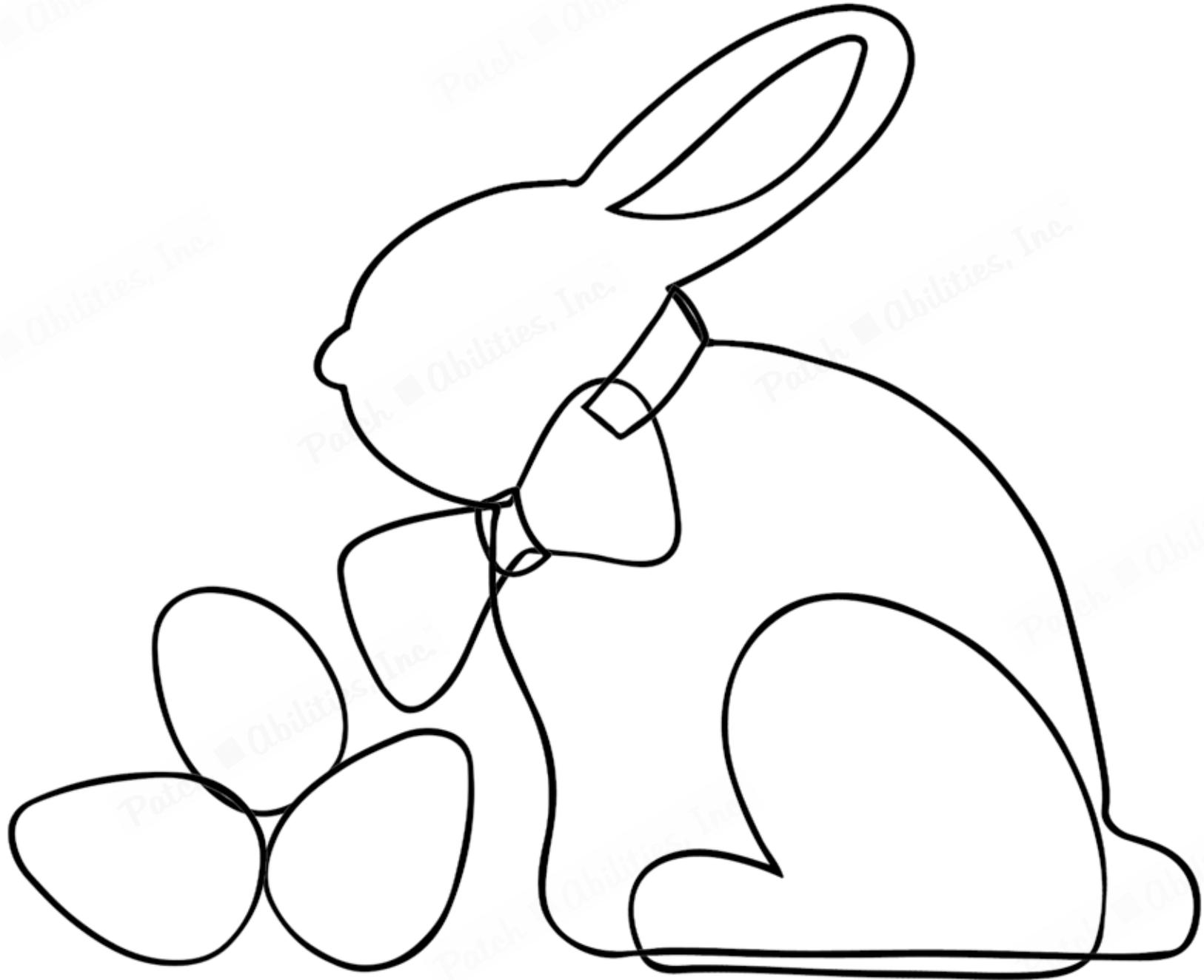
bow

Reversed

Non reversed



Full Scale Layout



Easter Bunnies Runner

12" x 32"

Skill Level:
BEGINNER

Imagine all the Patch Abilities

Materials Needed

- 1/6 yard (6" x WOF) of gray for binding
- 1/6 yard of 3 assorted pastel prints (green, blue, pink) for background
- 14" x 34" piece for backing fabric

Scraps of cotton fabric:

- 10 x 10" gray flannel (bunny ears and tails)
- 8 x 20" white grunge (bunnies)
- 7 x 7" lavender grunge (flower tails)
- 4 x 10" green (grass)
- 4 x 4" of 3 assorted brights - teal, yellow, pink strie (eggs)
- 13" x 33" of *Warm & Natural Needled Cotton* batting
- 1 yard lightweight fusible web of your choice (*such as "Heat 'n Bond Lite"*)
- Basting Spray - *505 Spray and Fix Temporary Fabric Adhesive*
- **Valdani**, 100% COLORFAST Hand-Dyed Threads: Machine Weight 35 colors are: 5-Ecru, JP12-Seaside, O562-Horizon Storm, O560-Morning Grass

Beginner: For those who are first-time stitchers. Very little to no hand embroidery/embellishing required.

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- Use 100% cotton, high quality fabric.
- WOF means width of fabric.

Cutting

Measurements include 1/4" seam allowance.

From each pastel background fabric, cut:

- cut 1 - 4½" x WOF strip - trim each strip to 32" long.

From border-binding fabric, cut:

- 2 - 2" x WOF strips (or wider if you prefer to work with wider binding)

Assembly

1. Background assembly: Sew the 3 pastel background strips together and press seams.
2. Trace, fuse and cut all shapes using lightweight fusible web. If you are using a cutting machine to cut your shapes, use the appropriate pattern sheet (reversed or not reversed) for your method and follow your cutter's instructions.
3. Arrange applique pieces on background as shown in photo and layout guide. Shapes will overlap each other in places, so pay attention to the photo and layout guide. When all shapes are in proper position, fuse them down to the background with your iron.
4. Now it's time to sandwich the batting between the background (quilt top) and backing fabric, wrong sides together. Don't forget to spray baste. Lay your backing fabric on a table, wrong side up. Next

lay your batting on it. Then lay your quilt top on the batting, wrong side down. Smooth out any wrinkles. See how nice the layers stay together and won't shift . . . that's due to basting spray. Ahhh.

5. Machine (or hand if you prefer) applique all shapes using your preferred thread color and blanket (aka buttonhole) stitch. You are stitching thru all 3 layers, so this will serve as your "quilting". Hint: For smaller shapes, I like to adjust my stitch length and width down a bit so the stitches are narrower and closer together. I used Ecru (white) thread color on all the eggs.
6. Bind using given instructions or your preferred method.

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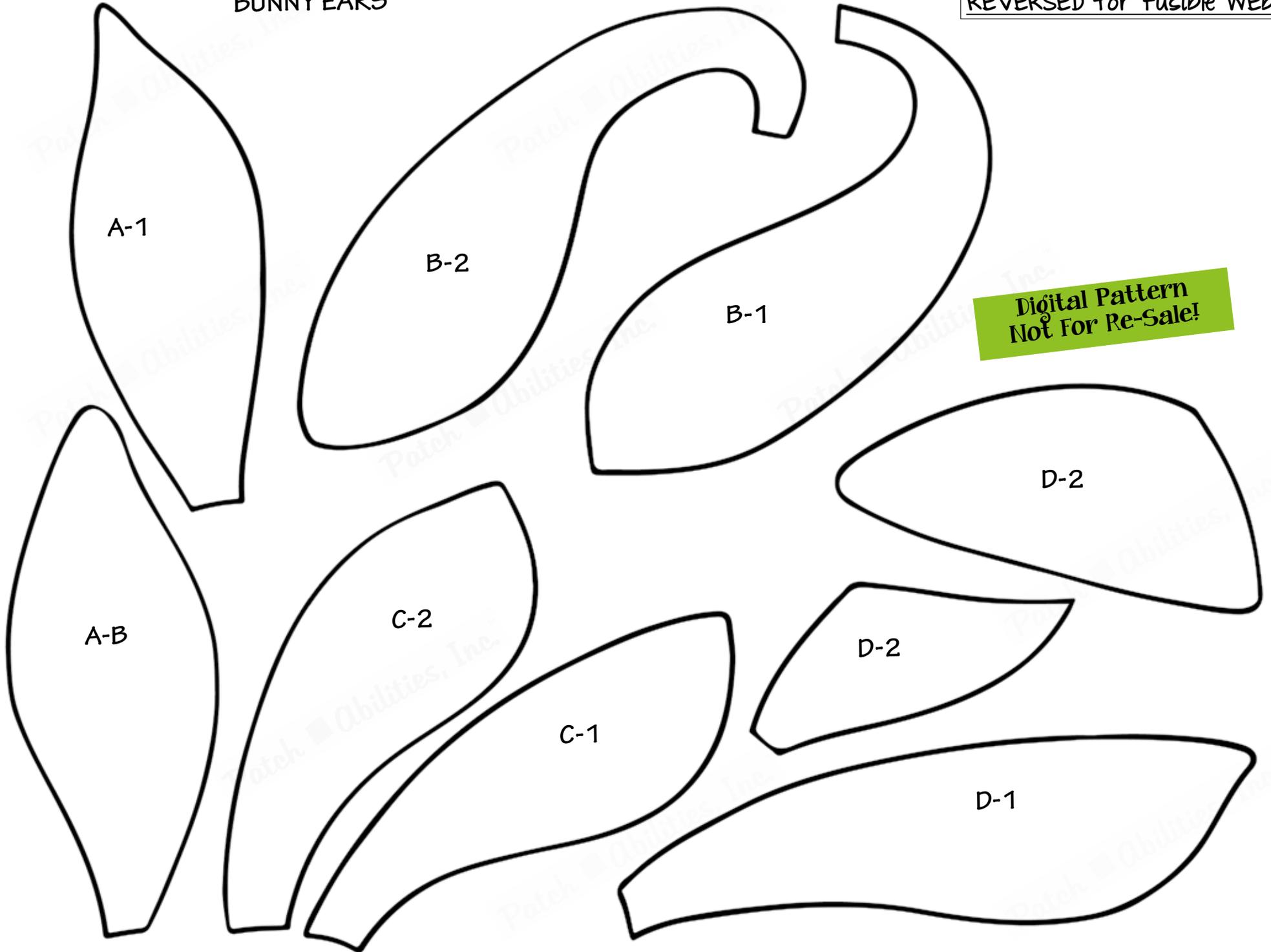
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BUNNY EARS

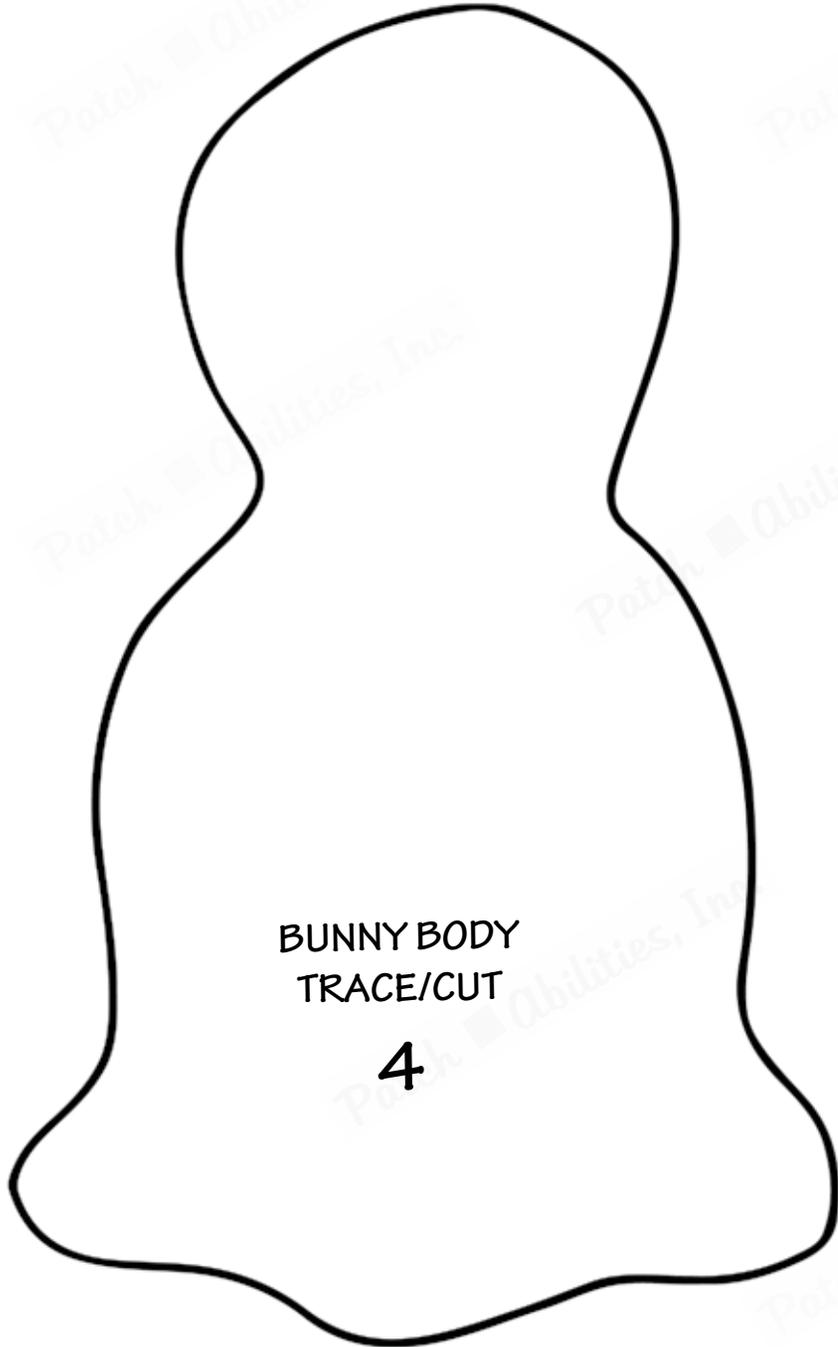
REVERSED for Fusible WEB



Digital Pattern
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REVERSED for Fusible Web

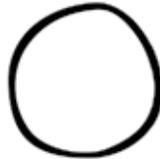
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BUNNY BODY
TRACE/CUT

4

TAIL AND FLOWER
TRACE/CUT

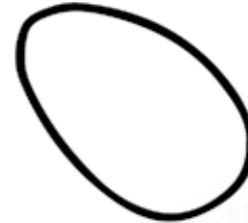


4



ASSORTED EGGS
TRACE/CUT

8 TOTAL

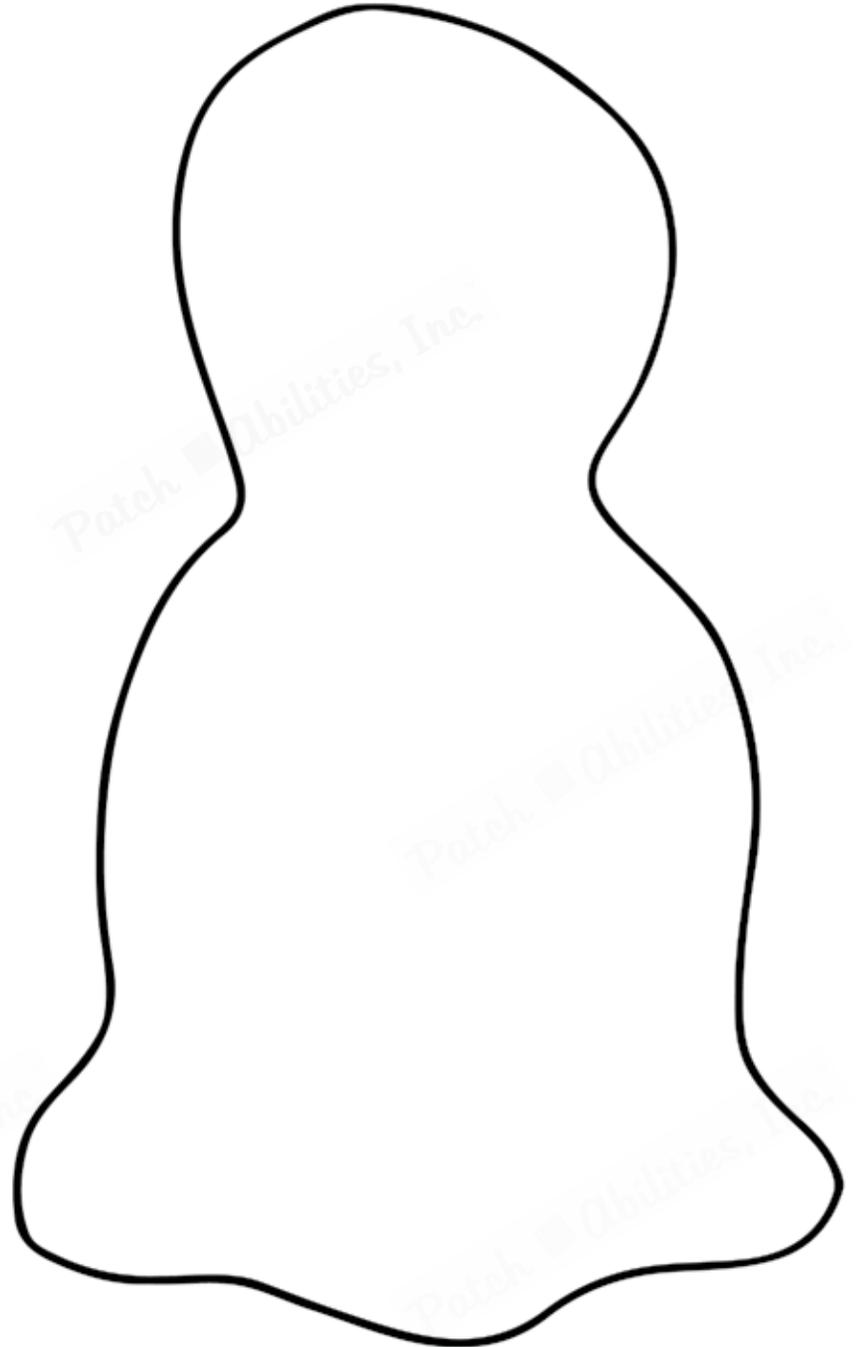
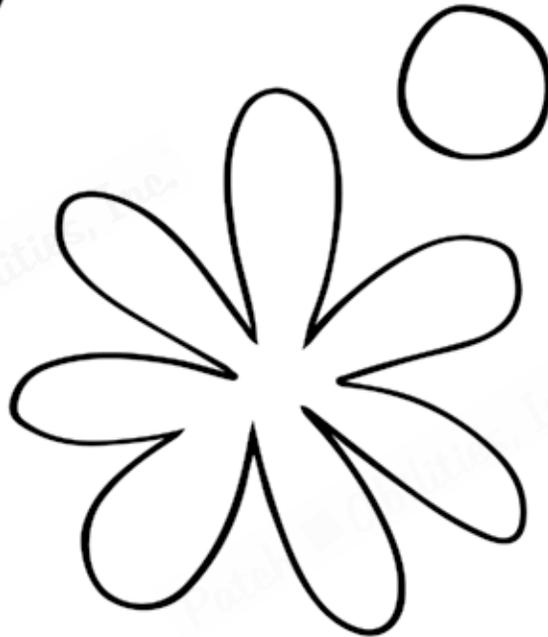


GRASS
TRACE/CUT

5



Cutter Friendly (not reversed)



Cutter Friendly (not reversed)



Imagine all the Patch Abilities

Materials Needed

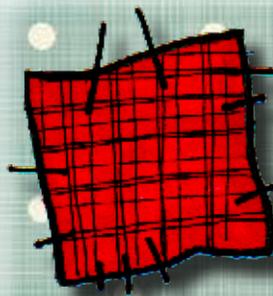
- 1/6 yard of any color for binding
- 14 x 20" of white grunge for background
- 14 x 20" of backing fabric

Scraps of cotton fabric:

- 4 x 6" of eight different colors for eggs
(green, yellow, orange, red, pink, purple, teal and blue)
- 7 x 10" navy blue for Happy Easter
- 13" x 17" of *Warm & Natural Needled Cotton* batting
- 1/2 yard lightweight fusible web of your choice (such as "Heat 'n Bond Lite")
- Basting Spray - *505 Spray and Fix Temporary Fabric Adhesive*
- **Valdani**, 100% COLORFAST Hand-Dyed Threads: Machine Weight 35 colors are: O560-Morning Grass, M12-Spring Lights (yellow), M81 Backyard Honeycomb, M43-Vibrant Reds, M1-Strawberry Cream, O562-Horizon Storm (Purple), P7-Withered Blue

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Easter Egg Rainbow

12" x 18"

Skill Level:
BEGINNER



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Digital Pattern
Not For Re-Sale!



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Let's Get Started

CUTTING YOUR FABRICS

But first, a few helpful tips:

- Prewashing fabric is NOT necessary! I cannot say this loud enough to reach everyone's ears. Please don't waste your time doing laundry when there is not one valid reason on this planet, why you would need to pre-shrink fabric for a wall hanging. So, forget every story you've been told about "must pre-wash, dry, press all fabric first". Cuz, in the case of a wall hanging, it's a load of shiz. Okay, stepping off the soapbox now . . . but seriously don't pre-wash . . . I'll find out.
- Use 100% cotton, high quality fabric.
- WOF means width of fabric.

Cutting

Measurements include 1/4" seam allowance.

From white background fabric, cut:

- cut 1 - 12" x 18" strip

From border-binding fabric, cut:

- 2 - 2" x WOF strips (or wider if you prefer to work with wider binding)

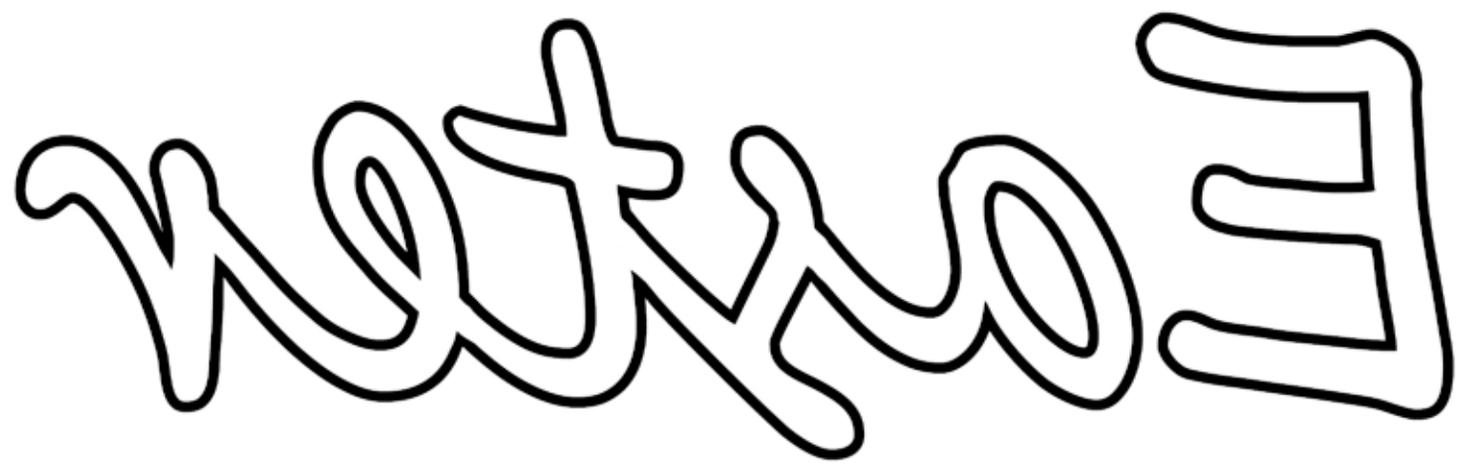
Assembly

1. Trace, fuse and cut all shapes using lightweight fusible web. If you are using a cutting machine to cut your shapes, use the appropriate pattern sheet (reversed or not reversed) for your method and follow your cutter's instructions. See tracing notes on template sheet.
2. Arrange applique pieces on background as shown in photo and layout guide. When all shapes are in proper position, fuse them down to the background with your iron.
3. Now it's time to sandwich the batting between the background (quilt top) and backing fabric, wrong sides together. Don't forget to spray baste. Lay your backing fabric on a table, wrong side up. Next lay your batting on it. Then lay your quilt top on the batting, wrong side down. Smooth out any wrinkles. See how nice the layers stay together and won't shift . . . that's due to basting spray. Ahhh.

4. Machine (or hand if you prefer) applique all shapes using your preferred thread color and blanket (aka buttonhole) stitch. You are stitching thru all 3 layers, so this will serve as your "quilting".
Hint: For smaller shapes, I like to adjust my stitch length and width down a bit so the stitches are narrower and closer together.
5. Bind using given instructions or your preferred method.

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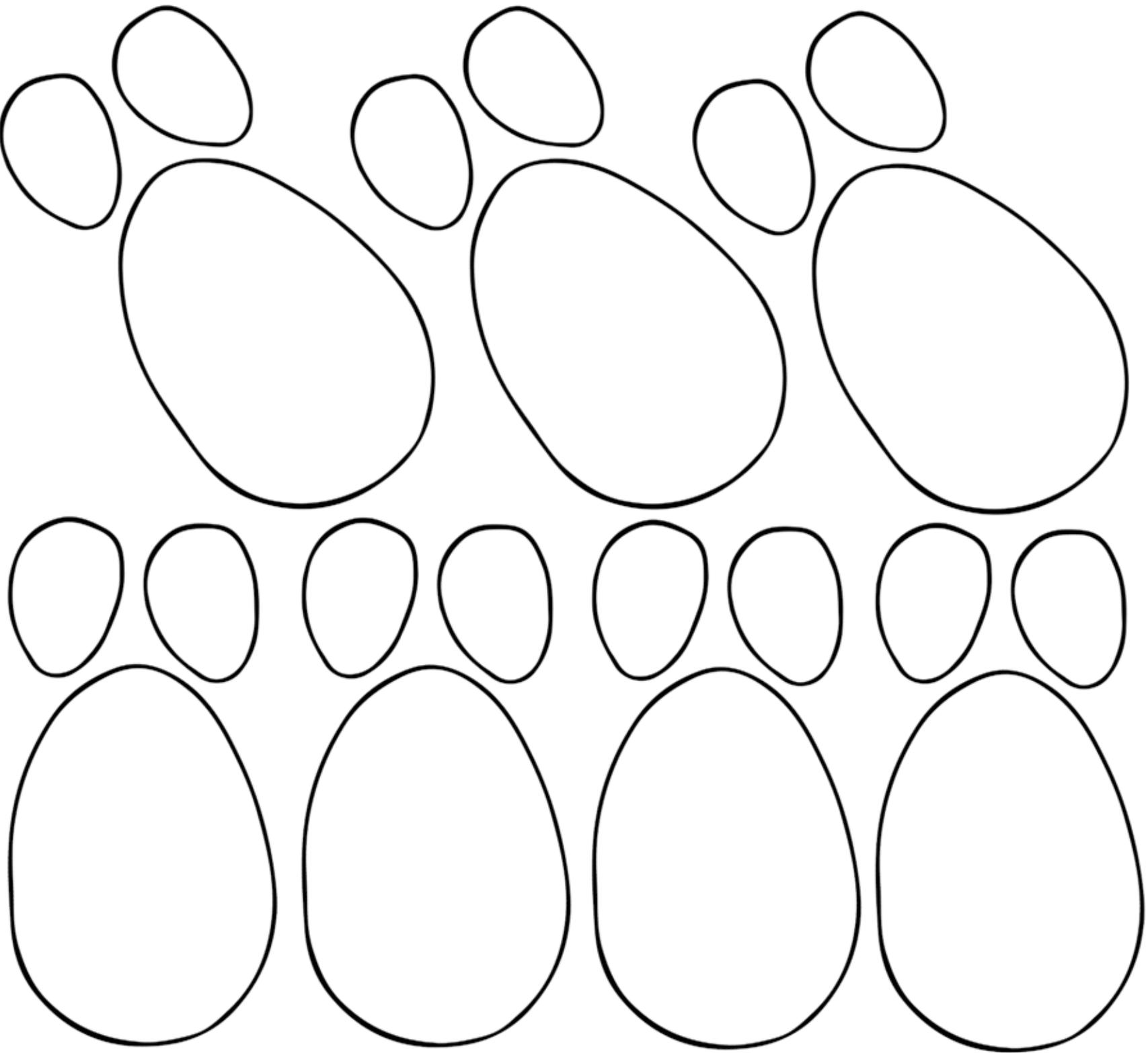
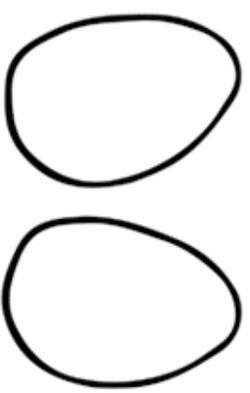
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TRACE 7 large eggs - 1 for each color (except a blue of your choice)

TRACE 16 small eggs - 2 for each color

*Notice on my model - there are 8 sets of small eggs, but 7 large eggs.



Happy
Easter

Your Basic Instructions

FABRICS

Choose high-quality, 100% cotton fabrics. Yardage requirements are based on 44" wide fabric, with a usable width of approximately 40" after trimming selvages. I don't recommend pre washing any fabrics. Always iron your fabric (folded lengthwise with matching selvages with wrong sides together) before measuring and cutting. Measure and cut your fabrics accurately. Don't cut sloppy or your finished project will look sloppy. Always, always, always use a standard 1/4" seam. Following these very basic rules and you'll be proud of your project.

FUSIBLE APPLIQUE PREP

Fusible applique is simple and fun. I use a fused applique method and blanket stitch to finish the raw edges of all the shapes. All shapes are printed actual size and reversed on the "REVERSED PATTERN SHEET" for use with the typical fusible web method. Use a lightweight, paper-backed fusible web that is suitable for sewing and if this is your first time using it, follow the manufacturer's instructions. Now here are my recommended instructions:

1. Place the fusible web, paper side up, over each applique shape on the pattern sheet, and trace the shape(s) onto the paper side. Use a pencil as it will not transfer to your hot iron. Write the name on each piece if so desired.
2. Roughly cut out all shapes leaving approximately 1/4" outside the traced lines.
3. Follow manufacturer's instructions to fuse to wrong side of fabrics. Do not remove paper backing yet.
4. Next, cut out all shapes neatly on the traced lines. Use really really sharp scissors for a clean cut.

APPLIQUE

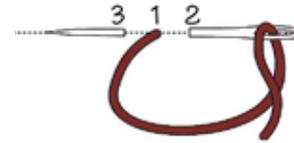
Many sewing machines have a Blanket Stitch (aka buttonhole stitch), similar to that shown on this project. Refer to your machine's manual for stitch set-up. If your machine does not have this stitch, try another decorative stitch on your machine, or do the blanket stitch by hand.

The stitches will go through all layers of the quilt you are appliqueing, thus quilting at the same time. No additional quilting is needed for this project.

HAND STITCHES

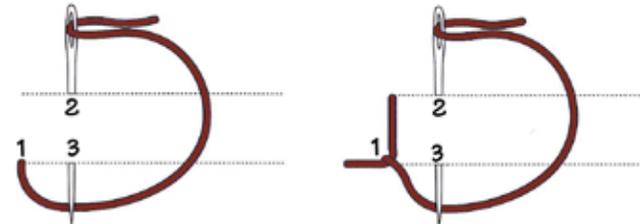
The following are all of the hand stitches that I frequently use on my projects and I've included "how to" directions for each. Not all of these are used on this project. Feel free to expand your embroidery horizons and use any decorative hand stitch of your own.

BACKSTITCH



Come up at 1, down at 2 and come back up at 3. Then continue creating your line - vary stitch length as desired. When stitching a curve, it's better to use shorter stitches to keep it tight.

BLANKET STITCH



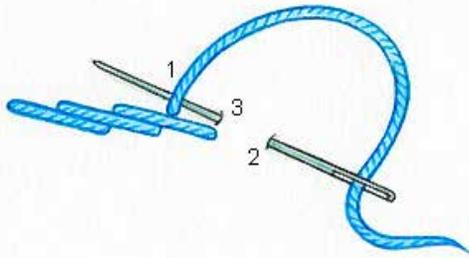
If your sewing machine does not feature this stitch, here is how to hand blanket stitch. Come up at 1 (the edge of your applique piece, but not on your piece), down at 2 (on your applique piece) and come back up at 3 (edge of your applique piece). Continue working around entire applique piece. On larger applique pieces I like to make my stitches wider/longer than I would on smaller pieces - thus vary the length/width of your stitches to make a particular applique piece "pop".

CHAIN STITCH



Work from top to bottom. Bring needle up at 1 and then reinsert needle in same hole, forming a loop. Bring needle up at 2 and pull thread to tighten loop until desired shape is achieved. Repeat multiple stitches to create a chain. To end the row make a small stitch over the last loop to hold it in place to secure thread on back.

STEM STITCH



The stem stitch is good for flower stems, lines and outlining. Bring needle up at 1 and pull thread through. Insert needle at 2 (on drawn line). Holding thread above or below work, scoop your needle to come out at 3, directly in front of last stitch (not above or below). Pull thread through. Continue to the end of your drawn line, making sure thread is always held above/below work.

LAZY DAISY



I use the lazy daisy stitch to create little loops of any kind. So - with your needle and thread, come up at the base of your "loop". Leave your thread loose to form a small loop, then go down at 1 (which is next to where you came up at the base, keeping thread loose) and come back up at 2, which will be the inside of the top of your loop. Tighten thread until your loop lays on your fabric in the shape you desire. Then, go back down at 3 (outside of the top of your loop) to secure the entire loop in place.

TRANSFER LETTERS/ WORDS TO YOUR FABRIC

This project may or may not have letters/words to embroider. If so, I have a method for tracing and transferring words onto fabric that works well for me, but as your trusty designer, I was curious about other methods out there in hand embroidery land. My research began by searching the internet for my preferred method, which I refer to as "thulling."

Well, apparently this term has been passed down to me from my quilting elders as an unofficial term, as I cannot find a definition anywhere. Hmm. Then I decided to search for "official" methods for transferring words to fabric . . . and I can honestly say that none of the methods I found are simple, easy-to-use or logical for the most part.

So, so, so, I'm going to give you directions for my tried, true and much preferred method which I call "THULLING". You can look up the term if you'd like, but save yourself the time, and add it to your quilting vocabulary.

There's one way to get the words onto your fabric without freehand drawing them, that I know of: use thulling (which looks just like wedding veil netting - I've seen it in orange and gray) or a product called *Quilter's Transfer Screen* by Dritz.

Both of these go something like this. You lay the screen or thulling over your pattern/ words on the pattern sheet. Trace the words with a permanent marker. (Hint: thulling will stretch and pull on you, whereas the transfer screen will not stretch or warp in any direction.) Now lay the thulling or screen (with your words traced upon it) on your fabric where you want the words to be embroidered. Using a chalk pencil, trace over the words again. The words are now in chalk on your fabric. The chalk easily brushes away after you've finished all your stitching. (Another hint: thulling lets more chalk transfer thru to your fabric giving pretty clear lines to follow, whereas the transfer screen allows for a somewhat limited amount of chalk thru to your fabric - thus less clear lines to follow for embroidery. Either product works well, but I've found pros and cons to both. My preference is thulling.

LAYERING & QUILTING

Cut your backing fabric and batting an inch or two larger than your quilt top on all sides. I've given you recommended dimensions in the list of materials.

I prefer "Warm & Natural" as my thin batting. It's nice and thin for quilted wall hanging projects such as . . . eh hem, uh this one. It won't bunch, it contains no glues or resins, fabrics naturally cling to it (helps to eliminate shifting of layers), it's easy to hand quilt through it, and it's made of cotton making it soft on my creative fingers.

When you're ready to sandwich the layers I highly recommend Odif's *505 Spray and Fix* to spray basting the wrong sides of the backing fabric and quilt top. Follow manufacturer's instructions. Once basted, layer the backing fabric wrong side up, batting and quilt top right side up. Spray basting will minimize shifting when applique stitching either by hand or machine. It's a little step I won't skip.

ADD HANGING SLEEVE

The easiest sleeve is a scrap of your prepared (pressed in half) binding strip, then;

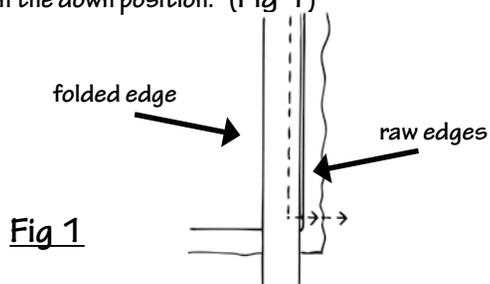
- 1) - trim off excess batting/backing fabric from all sides, to your $\frac{1}{4}$ inch seam allowance.
- 2) - cut a binding chunk that's about 3 inches shorter than the width of your hanging.
- 3) - position sleeve's raw edge along the top raw edge of BACK of hanging (after you've machine stitched the binding on top side of hanging but BEFORE you bring it around back to hand stitch in place).
- 4) - using $\frac{1}{4}$ inch seam allowance, stitch to back of hanging - yes, stitching over your binding seam.
- 5) - whip stitch the folded edge down, then move right on to whip stitching your binding on the back. The raw edge of your sleeve is hidden beneath the binding. =)

Binding Instructions

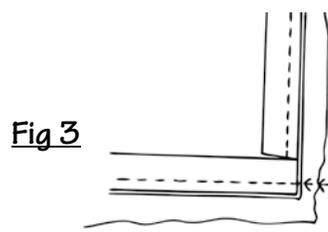
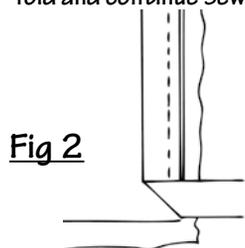


Bind using your preferred method. If you're a beginner and don't have a binding method that you like, I have 3 suggestions: 1) search on the internet for quilt binding - there are lots of videos and great instructions/tutorials out there to follow. 2) contact your local quilt shop and ask for a mini lesson on binding. Any great quilt shop worth it's weight in fabric will take the time to teach you their preferred binding method. 3) Follow these instructions to create my preferred binding.

1. Take your 2" binding strip you cut earlier, set your iron to steam and fold entire binding strip in half, wrong sides together, and press.
2. Beginning @ 10" from end of binding (using a 1/4" seam allowance), line up the raw edges of the binding strip with the raw edge of the right side of your quilt top. The folded part of the binding strip should be on the inside of the quilt top. Begin sewing about three inches from the lower right corner. Use the walking foot on your sewing machine to prevent the fabric from bunching up. If you have one available, that is. I personally do not have a walking foot for my machine, so I use the same 1/4" sewing foot that I use for sewing. The project is small so bunching is so minimal that it doesn't show on the finished binding.
3. Sew along the right side of the quilt until you've reached 1/4" from the corner. Stop. Leave needle in the down position. (Fig 1)



4. Lift your machine presser foot and turn quilt top a quarter turn to the left. Lower presser foot back down onto quilt top. Back stitch OFF of quilt top, completely off until you are on just the backing fabric. (Fig 1) Leave needle in down position and raise presser foot.
5. Fold binding back over your seam allowance as shown here in Fig 2. Then fold binding over itself matching the raw edges. (Fig 3). Your needle remains in the down position during this time. Then without lifting your presser foot, stitch onto the fold and continue sewing the binding to quilt.



6. Continue sewing binding to quilt, repeating corner steps for remaining 3 corners. Leave tails at least 10" long.



7. Overlap the binding tails and cut the lengths to what the width of the binding is. Cut a piece of the binding, unfold it and use as a guide, as seen here.



8. Now, unfold the ends and lay right sides together at a 90 degree angle with no twists, as shown here. Sew from corner to corner, with the stitch running parallel to the quilt. Trim seam allowance to 1/4" and finger press the seam open.



9. Finish sewing the binding to the quilt by sewing the opening shut.



10. Trim off edges of batting and backing to match with your 1/4" seam allowance.
11. Now you can begin to hand stitch the binding to the back side of your quilt. Beginning on one edge of the quilt, fold binding over so that it just covers your seam allowance stitching. Hand stitch into place using blindstitch. Be careful not to stitch through to the front of your quilt.

Cutting Bias Binding

a bonus tutorial to help you master binding

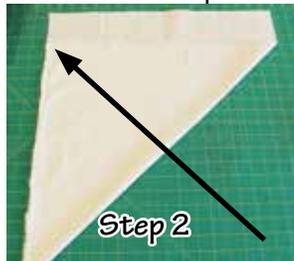
Bias binding. I was scared of it. Not scared to sew it on, but scared to cut it. I even watched my Mom cut my bias binding strips for years and I still didn't catch on. I was scared until I wanted to learn how to cut it. So I payed close attention the last time I had my Mom cut my binding (heh-hem, I'm 40 something by the way). I took pictures of each step and took great notes so I could pass it along to you.

So, if you want to cut your own bias binding, follow these cutting instructions and then go on to the "Binding Instructions" to sew the strips onto your quilt.

1. Take a fat quarter or a 1/2 yard cut of fabric. Iron out all wrinkles and lay flat on your cutting mat, with the selvage edge closest to you.

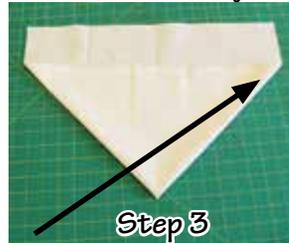


2. Take the lower right corner and fold it to the upper left corner until the left sides line up, creating a 45 degree fold. There will be a couple inches of fabric left



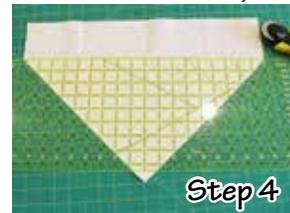
at the top.

3. Now take the lower left corner and fold it up to the upper right corner (now folded), matching the right folded edges - the corner closest to you is now a 90



degree angle..

4. Lay your ruler along the upper edge of the fabric and trim off the extra. I guess this could be an optional step and you can leave that extra fabric on . . . I'm not so sure why I thought you should trim that off, so



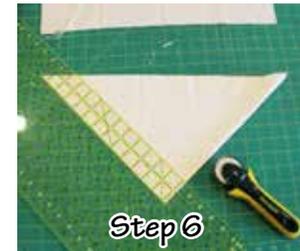
leave it on or trim it off.

5. Now lay your ruler along the left fold and trim off the



fold by about 1/8 inch.

6. Lay your ruler on the left side of your triangle, and cut 2 inch strips. Cut as many as you need.



and



7. Now move on to binding instructions.