Linen Stitch Cowl – Updated 9/18/2016



Supplies: 1 Skein Cat Mountain Fiber Arts Fusion 250 yarn. Fusion 250 consists of 50 yards each of 5 different yarns.

5.5 mm/US Size 9 circular needle, 60 cm/24 inches Gauge:16 Stitches = 4 inches

The finished cowl measures 46 inches in diameter and is 6 inches wide.

- A 35% Baby Alpaca/30% Merino/30% Bamboo/5 % Nylon (Soft Boucle)
- B 100% Wool (Smooth wool yarn)
- C 60% Merino Wool/40% Bamboo (Smooth, light sheen)
- D 75% Merino Wool/20% Silk/5% Stellina * (Šparkle)
- E 78% Mohair/13% Wool/9% Nylon (Brushed Mohair)
- * This yarn may be a Merino Wool and NEP (Tweed) blend

The order in which you use the yarns is not critical, though you will not be able to see the linen stitch pattern in the boucle yarn. As such, this pattern instructs you to use that on the outer edges of the cowl and work these rows in garter stitch.

Cast on 192 stitches with Yarn A. Join in the round, being careful not to twist.

With Yarn A

Row 1: Knit all stitches

Row 2: Purl all stitches

Row 3: Knit all stitches

Switch to Yarn B

Row 4: *Knit 1, slip 1 with yarn in front. Repeat from * around

Row 5: *Slip 1 with yarn in front, Knit 1. Repeat from * around

Repeat Rows 4 and 5 for a total of 5 rows of each of yarns B, C, and D. With Yarn E, repeat these for a total of 10 rows; this will be the middle of the cowl. Then repeat the row sequence in reverse order, for a symmetrical cowl. Work the last three rows with Yarn A in garter stitch (knit one row, purl one row, knit one row.) Cast off knitwise.

You may choose a different order or knit each yarn until it runs out, if you do not desire a symmetrical garment.